

Southwestern College *Transforming Consciousness Through Education*



HEARTLINK

Winter 2010-11

Birth of Quimby/Southwestern College

Underpinnings of SWC: Part III

Neva Dell Hunter,
Ellavivian Power
and Robert Waterman





Southwestern College

*Transforming Consciousness
Through Education*

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News and Updates

from the President, Dr. Jim Nolan

The biggest news for the College is that the Higher Learning Commission came for a long-awaited accreditation visit in November. Following an exhaustive (and exhaustive) three day series of meetings with College leadership, faculty, staff, trustees, students, alumni and community supervisors, the visiting team shared their intention to recommend the College for a ten year extension of its accreditation.

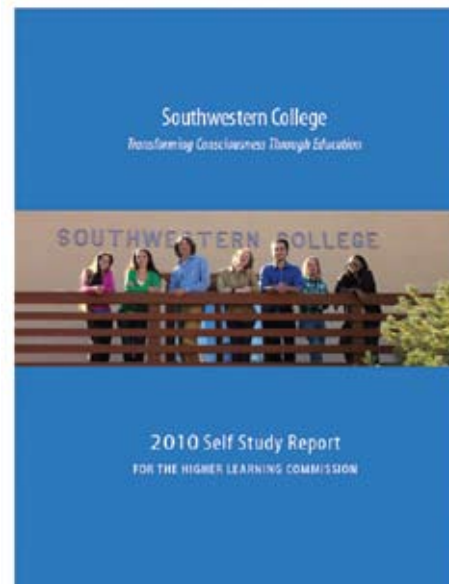
We could not be more pleased with the HLC visit. Perhaps more than ever in the history of the College’s relationship with HLC, we were able to present ourselves authentically, transparently and boldly. Indeed, it was gratifying, and a bit of a surprise, when the visiting team chair, Dr. Gar Kellom, of Winona State University, began the first meeting requesting a few minutes of meditation or ceremony, befitting the mission and spirit of the College.

The final report from HLC should arrive by the end of February, and the College will be asked to provide progress reports on the strategic plan and on assessment of student learning, which are due in 2014.

Congratulations and thanks to all involved in this epic process. Now that we have a new Art Therapy Complex, and successfully completed our Self Study and accreditation visit, we are prepared to move forward in growing the student body and expanding our sphere of influence in the world, implementing our mission through an ever-growing group of change agents, our graduates.



Visiting Site Team, clockwise from top left: Dr. John W. Byrd, Dr. Patricia Rose Brewer, Dr. Brian Nedwek, and Dr. Gar E. Kellom (Team Chair)



2010 Self Study can be viewed and/or downloaded from the College accreditation page at www.swc.edu

A Brief History of Southwestern College's Accreditation

Moving Quimby/Southwestern College from a spiritually-sourced start-up school in 1979 to full accreditation by the Higher Learning Commission took an enormous amount of work, courage, negotiating, soul-searching, institutional self-reflection, and intentional writing. In addition to the more obvious challenges in the early discussions about the prospects of accreditation for Southwestern College (late 1980's, early 1990's), the Higher Learning Commission expressed concerns that some schools which are founded by "visionary leaders" cannot hold their center and mission when that person leaves. Based significantly on this feedback, in

1996, Robert D. Waterman stepped down as president in a generous and trusting gesture to allow the College to move on beyond his own direct oversight.

Dr. Marylou Butler joined SWC in 1984 and was named Academic Vice President in 1987. She was instrumental in SWC achieving candidacy status with HLC in 1992. Under her leadership as the College's 2nd President, Southwestern College received full accreditation from the Higher Learning Commission in 1996. Again, with Dr. Butler at the helm, Southwestern College received a ten year accreditation extension in 2001. During Dr. Butler's tenure as President (1996-2005) a number of forward-thinking decisions

and developments were implemented that contributed significantly to the College's success during the 2010 HLC visit. These include: establishing the current library module, moving the Southwestern Counseling Center to Saint Michael's Drive, overseeing the purchase of land adjacent to the campus, and remodeling a small building located on that land into an art therapy studio. Our current Art Therapy Complex was constructed on that land in the past year.



Dr. Marylou Butler,
President Emerita



Campus Improvements

On campus, we have created a new IT center where Deborah John's office used to be, giving Fred Gross more room to help grow the technological infrastructure of the school. With Deborah Schroder now happily housed in the new Art Therapy Complex, her former office was combined with the small classroom in that modular unit to create a new, nicely appointed and colorful student lounge. The former student lounge is now the computer lab for the library, and the library's space and holdings have expanded significantly. All of these changes significantly upgrade the quality of the students' experience at Southwestern College.



Meditation Room and new Media Room

Ribbon Cutting

In November, Southwestern College and the Santa Fe Chamber of Commerce held a formal ribbon cutting ceremony, celebrating the Art Therapy Complex and the beautiful and unique landscaping designed by Earth Sculptress Tobi Wilde and Adam Steinberg of Sacred Earth Opus, who executed the design. Kiara Ninos was instrumental in creating much of the landscaping and was responsible for the design and construction of the Koi pond. It was a celebration of a new era at Southwestern College, and both college and community representatives enjoyed the crisp November air and the atmosphere of hope and promise for the future.



Ribbon cutting ceremony for new Art Therapy Complex.

SWC Highlights

New Faculty



Laura Lansrud-Lopez, MA, LPCC, LPAT, graduated from Southwestern College with a Master's Degree in Art Therapy. She brings much clinical and coordinating experience from both agency and private practice. She has worked with Teambuilders, Life Healing Center, Santa Fe Rape Crisis and Trauma Treatment Center, Golden Willow and other organizations. She is actively studying to

be a trainer for the National Institute for Trauma and Loss in Children. Laura currently is the Secretary of the New Mexico Art Therapy Association and the Co-Founder of "Counselors de Santa Fe", a professional Facebook-based organization for networking. Laura also holds a M.S. degree in Forensic Science from George Washington University, and B.A. from St. John's College in Liberal Arts.



Gabrielle Viethen, MA, LMFT, CC, MFA, is from Germany and studied at the University of Cologne as well as at Antioch University in Yellow Springs, Ohio. She is licensed as a Marriage and Family Therapist and conducts a private practice in Santa Fe. She was Co-Founder of Children First in Santa Fe, worked at the Life Healing Center and the Santa Fe Family Center. Gabrielle also has offered classes at the University of New Mexico, Los Alamos and

co-facilitated workshops at the Milton Erickson Institute of Santa Fe. Gabrielle is teaching Career and Life Development.



Scott Thomas, Ph.D., LCSW, LADAC, CDVC3, earned a doctorate in Philosophy from the New Mexico Theological Seminary, and he holds credentials as a Licensed Clinical Social Worker, a Licensed Alcohol and Drug Addictions Counselor, and a Certified Domestic Violence Counselor III. Scott's interests include Lakota ceremonies (he is Native American) and a variety of clinical issues, including

addictions and family issues. Scott is a former Executive Director of the Santa Fe Family Center, and he has taught addictions at New Mexico Highlands University. At Southwestern, Scott currently teaches Addiction, Assessment and Treatment.

Webb Garrison, Ph.D., in earned his degree in Clinical Psychology from the Derner Institute of Advanced Psychological Studies, Adelphi University, and is a licensed Psychologist in New York and New Mexico. Webb brings a wealth of clinical and supervisory experience garnered at a long list of agencies, institutions and universities in the New York area. Webb has taught Counseling Theory and Practice and now is teaching Applied Models of Counseling.

Rebecca Holt, Ph.D., is a Psychologist (with a B.A. in Nursing) who brings decades of experience as a teacher, scholar, consultant and clinician. During her career she has demonstrated a commitment and expertise in the areas of substance abuse, family therapy, and a wide variety of psycho-educational topics such as grief, transformation, meditation and EMDR. Rebecca is teaching Theory and Practice of Family Counseling.

New Trustees

In November, Reverend **Brendalyn Batchelor**, MA, LPC was voted on to the Southwestern College Board of Trustees. Brendalyn is an ordained Unity minister. She received her master's degree in Counseling from the University of New Mexico in 1991 and has been the minister of Unity Santa Fe since December 1994 when she went from the pews to the pulpit through the Field Licensing Program. She was ordained in February 2000.



New Board of Advisors

Among our new Board of Advisors members are Art Therapy graduates **Ginna Clark** and **Stacey Frymier**, and current Counseling student, **Megan Miller**. In addition, Expressive Arts Therapist **Fiona Chang** of Hong Kong, recent president of the Buckeye (Ohio) Art Therapy Association, **Gretchen Miller**, and renowned author, teacher and founder of the International Art Therapy Association, **Cathy Malchiodi**, join the powerful group of Art Therapists to commit their support to Southwestern College. You can read more about all of them on our web site, under "People of SWC." Finally, the Board of Advisors welcomes **David Nicewonger**, who works for Multicare Health System in the state of Washington. He does shamanic, Reiki and Ecopsychological work, and his journey has included experiences with Tibetan, Navajo, Lakota and Andean mentors and cosmologies.



Top row from left to right:
Cathy Malchiodi, Ginna Clarke
and Gretchen Miller



Bottom row from left to right:
Fiona Chang, David Nicewonger
and Megan Miller



Left: Close-up of collage and Artist, Stephanie Murphy with sculpture.

Messages From the Goddess

The art of this show captures my process of recovery from a head injury that ended a 20- year nursing career. Through the making of collage paintings and assemblage sculpture I found a way to create new meaning in my life. By collecting disparate images and unrelated odds and ends and putting them together in unconventional ways, I was able to metaphorically reinvent myself. Alternating 2D work with 3D sculpture helped to “rewire” my nervous system and afforded my brain new ways of perceiving my reality. Today I am a second-year art therapy student, embarking on a new career full of hope.

Stephanie Murphy, Artist

Robert Waterman Announces Doctor of Education in Transformational Leadership for Insight University

Robert Waterman, EdD, began a new project this year with Insight University. As co-founder with Greg Stebbins, EdD, he is the Academic Vice-President, guiding the development of the curriculum and faculty. The doctorate is a blended program with on-line and face-to-face components. The courses begin in September, 2011, starting with an EdD in Transformational Leadership. This action-oriented program is for individuals who are passionate about the connection between personal, institutional, organizational and societal transformation. The focus is on the development of innovative ways to take the initiative and make a contribution in an area that the student deeply loves. Arenas of possible action are as educators, program planning, and policy development in governmental and non-governmental arenas. The research component develops skill of discovery in applied settings that contribute to our understanding of social and organizational transformation and leadership. For more information: www.insightu.net, or contact Dr. Waterman at watermanr@insightu.net.

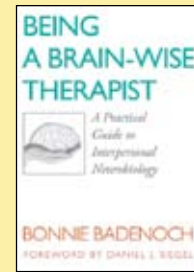
2011 Transformation and Healing Conference

Save the Dates: August 24-28, 2011

Interpersonal Neurobiology: Healing Practices for Body, Mind and Spirit

KEYNOTE SPEAKERS:

[*Saturday, August 27, 2011*]



Bonnie Badenoch, Ph.D., LMFT is the author of *Being a Brainwise Therapist*. She co-founded the Center for Nurturing Heart with Brain in Mind, and is founder and former executive director of Center for Hope and Healing. Her work as a therapist has focused on helping trauma survivors and those with significant attachment wounds reshape their neural landscape to support a life of meaning and resilience.

[*Sunday, August 28, 2011*]



Self-published books:

- The Qi to Unlocking Trauma and Limiting Behaviors
- Neurological Approaches to Dream Work, Art and Sandplay
- The Body Evolving Spirit

Lee Cartwright, MA, has developed Shifting Consciousness Through Dimensions (SCTD), a neurological system for transforming trauma and personal limitation. He has written 3 books on SCTD. Lee believes that working with clients and teaching is a sacred privilege. Lee is an SWC alum and will present on Instinctual Trauma at the conference.

The T & H Conference is offered at a low cost to the community. Continuing education credits (CEC's) are available for counselors, art therapists and social workers.

As you can see, the upcoming classes in each of the five Certificate Programs offered through SWC are rich and diverse. They are clinically relevant and personally transformative. We believe that each of these programs is very distinctive in what it has to offer counselors, social workers, health care practitioners and those of you who participate for your own healing and education. The Directors of each program are passionate educators and practitioners. They invite local professionals in the field as well as nationally and internationally known teachers to enrich each of these intensive training programs. You may want to complete an entire specialty area (200 hours) or you may choose to take whichever class is of interest to you. Either way, you can only gain from the experience. Below is a sample of the amazing classes that will be offered this spring. Please see our web site for the full spring schedule at www.swc.edu.



Upcoming Weekends

CHILDREN'S MENTAL HEALTH

Therapeutic Art -Making with Families

Friday, 3/25, 5:30 – 9:30pm
Saturday and Sunday, 3/26 and 3/27, 9:00am – 6:00pm
\$429/20 CECs or \$858/2 quarter units

In the context of the development and nurturing of the therapeutic family relationship, participants will explore the use of art-based genograms, family time lines, boundary experientials and games. Participants will learn strength-based concepts for family communication, through playful art-based activities. There is much information present when family members make art together. We will explore how to integrate what happens in session, with what happens in the family's home life experience.



Deborah Schroder, M.S., ATR-BC, LPAT, is the Chair of the Art Therapy Program at SWC. She is the author of *Little Windows Into Art Therapy: Small Openings for Beginning Therapists*. She is currently the art therapy representative to the New Mexico Counseling and Therapy Licensing Board.

TRANSFORMATIONAL ECOPSYCHOLOGY

Turtle Wisdom: A Native Guide For Authentic Healers

Friday, 5/6, 6:00 – 8:00pm
Saturday and Sunday, 5/7 and 5/8
9:00am–6:00pm

\$429/20 CECs or \$858/2 quarter units

This will be a powerful weekend of ancient sacred teachings for assuming greater responsibility as humanity stands at the crossroads of escalating physical illnesses, emotional imbalances, social injustices and increasing spiritual revolution.

Learn the 5 major powers of Ohki's Native Medicine Wheel and the 4 obstacles to consciousness, as well as the 5 wounds & corresponding fears, for an enhanced understanding of human struggles. Explore Native precepts of healing, purification, balance and protection to become a stronger healer in your field. Discover, through inner journeys, meditations, prayers and breathing practices, the returning wisdom of our Sacred Earth Turtle.



Ohki S. Forest is a vision-holder of Mohawk descent living in Chiapas, Mexico, where she collaborates with indigenous Mayas. Trained & initiated by Maya, Mongolian & Canadian shamans, Ohki has taught Medicine Wheel & Spiritual Warrior ways for 30 years. She is the author of "Dreaming the Council Ways: True Native Teachings from the Red Lodge." Her sacred wisdom and knowledge of Earth Ways have inspired thousands.



Program Director,
Dr. Carol Parker

GRIEF, LOSS AND TRAUMA

Bereavement Support, Programs and Interventions

Friday, 5/13, 5:00pm – 9:00pm

Saturday and Sunday, 5/14 and 5/15, 9:30am – 5:30pm

GCH 504-6 \$429/20 CECs or \$858/2 quarter units

This class describes the range of services available in community settings to assist individuals and groups prior to a traumatic loss and to respond when a loss has occurred. Interventions are studied that address death, trauma, loss, crisis and transition. Bereavement programs for hospice and support groups will be explored.



Janet Schreiber, Ph.D., is the founder and director of SWC's Grief, Loss and Trauma Certificate Program. She has taught and trained counselors and other health professionals for over 35 years.

GIFT OF GRIEF *(based in Albuquerque)*

Helping Grieving People: Assessment and Intervention

Friday, 4/15, 6:00pm – 9:00pm

Saturday and Sunday, 4/16 and 4/17, 9:00am – 6:00pm

GGC 5100 \$429/20 CECs or \$858/2 quarter units

This course focuses on understanding and differentiating the level of complexity in grief and loss and how, through human resiliency, loss and grief can become an experience of hope and transformation. Assessment skills and intervention strategies for use in grief counseling are introduced.

(Counts as 20 contact hours toward the Gift of Grief Certificate.)



Carol Frank, M.A., LPCC, RN, BSN is certified in End of Life Care by the American Academy of Pain Management. She maintains a private practice with a specialty in grief, loss and trauma and is an adjunct faculty member at SWC.

Location: Adelante Development Center, NE Entrance,
3900 Osuna Rd. NE, Albuquerque, NM 87109

INTERPERSONAL NEUROBIOLOGY, SOMATICS AND ACTION METHODS

Working Experientially with Attachment through the Lens of Interpersonal Neurobiology

Friday, 5/27, 6:00pm – 9:00pm

Saturday and Sunday, 5/28 and 5/29, 9:00am – 6:00pm

IN 5200 \$429/20 CECs or \$858/2 quarter units

Understanding the neurobiology of attachment and coming to a deep experience of our own implicit attachment patterns are the twin goals of this class. Fostering whole-brained learning, Kate Cook and Bonnie Badenoch will act as guides along this path of increased awareness of the brain processes activated by attachment; the lasting traces of our earliest experiences; the make up of our inner community and the means by which we can move toward increasing security in ourselves and with our clients. Through art, sand tray, action methods and reflection, we will offer both hemispheres experiences that will deepen learning and make this wisdom available for application in the counseling room.



Kate Cook, M.A., LPCC, TEP is a nationally board certified trainer and practitioner of psychodrama, sociometry and group psychotherapy. She is the founder and director of the INSAM Certificate Program. Kate has integrated her experience and studies in neurobiology into her teaching and work. She maintains a private practice and is a consultant and educator.



Bonnie Badenoch, Ph.D., LMFT is the author of *Being a Brainwise Therapist*. She co-founded the Center for Nurturing Heart with Brain in Mind, and is founder and former executive director of Center for Hope and Healing. Her work as a therapist has focused on helping trauma survivors and those with significant attachment wounds reshape their neural landscape to support a life of meaning and resilience.





Katherine Ninos and Robert Waterman, 1988

In the past several *Heartlinks*, we have traced the lineages and influences of Quimby/Southwestern College back through Phineas Parkhurst Quimby and New Thought, Ralph Waldo Emerson, Rudolf Steiner, Hindu scriptures, John Dewey, Emma Curtis Hopkins, Madame Blavatsky, Carl Jung and beyond. (For access to those *Heartlinks*, see the Southwestern College website at www.swc.edu).

In this *Heartlink*, we move closer to the era during which the college was dedicated and founded. Three of the key people from that time are introduced here: Neva Dell Hunter, Ellavivian Power and Robert Waterman. Others who were instrumental in developing the original curriculum and who were there when the college opened its doors in 1979 are mentioned.



Neva Dell Hunter

Neva Dell Hunter was a metaphysical teacher and practitioner who offered karmic readings, aura balancing, and who founded the Quimby Light Center in

Reflections on College history

by **Katherine Ninos** Vice President, Southwestern College

Alamogordo, New Mexico in the early 1960's. The Quimby Center eventually led to the founding of Quimby/Southwestern College.

In the 1940's, Hunter offered readings and teachings in Detroit, Michigan, later going on the road offering workshops, lectures and healings all over the country. She along with others, amassed a significant library of metaphysical, philosophical and spiritually-based texts over the course of several years. This collection became the Quimby Metaphysical Library, housed today as the Quimby Memorial Library at Southwestern College. In the early 1960's, once settled in Alamogordo, she offered weekly teachings/gatherings on Sundays, individual readings and balancings during the week, and a series of summer conferences.

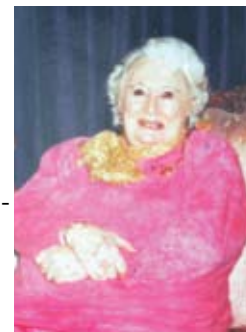
Neva Dell Hunter was a "trance channel" who received information, teachings and karmic readings from a consciousness that spoke through her that identified himself as Dr. Ralph Gordon. Dr. Gordon stated that he had been Quimby in a past life. Please note that modern day trance channelers include Esther Hicks, who works with Abraham, Jane Roberts, who worked with Seth, J.Z Knight, who channeled Ramtha, and many others who have worked in this manner. To some, this may sound mystical or simply incredible, yet many religious and spiritual people throughout history have had direct access to great teachers, saints and luminaries. Indeed, each of us knows the "light bulb moment", the flash of intuition, the epiphany, in which an unknown, unidentified source of inspiration or knowing connects

the dots, offers a solution or an understanding, which our personality was not able to capture at the mundane level. We would argue that all of these experiences are related in nature, in that the veils between earth plane experiences and spiritual, divine, or other realms or levels are removed or made more permeable, and information or inspiration passes between worlds. Indeed, in traditional prayer, we are often in effect asking for information, insights, answers or help to pass between the higher realms and our earth level experience.

Neva Dell Hunter worked with what she identified as the School of the Divines, of which the Quimby Light Center was the earth-plane expression. She also worked with a team of 144 evolved persons across all disciplines and fields of endeavor in her effort to create a light action that would transform consciousness in the world.

Ellavivian Power

had been a Unity teacher in Kansas City and was well versed in New Thought and metaphysical teachings. She began researching and studying the aura (the energy fields surrounding the physical body) in 1945 as a new approach to healing (energy medicine). Ellavivian had her own way of communicating with the Divine and had been "given" what she called a "Fifty Year Plan" for transforming the world. She was "told" that she was meant to give this plan to a



Ellavivian Power, 1999

teacher and she would know who this was upon meeting. She met Neva Dell Hunter in 1958 and received a karmic reading from Dr. Gordon. This changed the course of her life. She knew that Neva Dell was the teacher that she was to give the fifty year plan to. She moved to Alamogordo with her family and together with Neva Dell developed the healing practice of aura balancing. In her book, *The Auric Mirror* the foreword is written by Neva Dell and in it she states that all students at the Quimby Center were challenged to consider their extrasensory faculties and to increase the auric flow, thereby having a divine contact to aid in understanding the needs of humanity.



Robert Waterman, c. 1985

It was into this world that **Robert Waterman** was invited when a friend of his, Muriel Engel, introduced him to Neva Dell Hunter and John Roger (founder of the Movement

of Spiritual Inner Awareness) in Santa Barbara in the mid 1960's. Robert was a young man in a pivotal place in life, open to the calling of Spirit. He received an aura balancing from Neva Dell Hunter and Joseph Steftich, and found it very healing and transformative. He was so impressed with the efficacy of the balancing that he returned to school, successfully finished his undergraduate work at UCSB, and then moved to Alamogordo to study aura balancing and other teachings with Neva Dell Hunter, Ellavivian Power and others.

Robert traveled with Neva Dell around the country as she delivered lectures, teachings and karmic readings. By the early 1970's, there was a clear interest at the

Quimby Center in creating a school, and it had also become clear that Robert was the one chosen to launch such an initiative.

Through a transmission from Dr. Gordon in 1977, Neva Dell outlined the key elements of the new school and Robert was more formally given the blessing and charge to found it. By this time Robert had completed his ED.D. at New Mexico State University. His dissertation was on Values and Philosophical Characteristics of Transpersonal Teachers. His challenge was to establish a school whose curriculum would in some way address the key elements given in the transmission, to incorporate truths from lineages and influences that have been mentioned in former *Heartlink* articles and to deliver



Marya Foley, 1988

this curriculum through a model of transformational, experiential education. He developed the original curriculum with a team of other gifted and inspired teachers to including

Marya Foley and **Ron Hulnick** who had also been drawn to Alamogordo to study with Neva Dell Hunter and Ellavivian Power while achieving their doctoral degrees. In 1979, the College offered its first courses to a class of twelve students. At that time, I (Katherine Ninos) came to Alamogordo as one of the original twelve. Inspired by Rudolf Steiner, Dr. Marya Foley developed and taught a course entitled *The Evolution of Consciousness and the Nature of Change*, which was the seed for other consciousness-based courses that I later developed. Dr. Ron Hulnick, along



Ron Hulnick and Neva Dell Hunter, c. 1978

with his wife, Dr. Mary Hulnick, developed and taught counseling courses infused with spiritual psychology. The Hulnicks left Quimby College after its inaugural year, moving to California, where they became president and chief academic officer of the University of Santa Monica, which was founded by John Roger in 1976.



Dr. Ron Hulnick and Dr. Mary Hulnick

Dr. Marya Foley remained with the College for three years. She relocated to California in 1982 and is now teaching at the University of Santa Monica. Neva Dell Hunter died in 1978, never witnessing the actualization of this dream. Robert Waterman and Katherine Ninos moved the College to Santa Fe in 1981 with the blessing of Ellavivian Power, Muriel Engel and many others who had been long time members of the Quimby Light Center and who had supported the creation of the new College.



Neva Dell Hunter

Neva Dell Hunter, DDiv: Courage of the Heart

by **Robert Waterman**

as a phantom long held privately in her heart and distorted her capacity to give and receive love. Few could see that her bravado was a mask for her doubt.

Quimby Center was an extension of her sense of self, her longing to be seen as a source of the good, of wisdom and of love. Protecting her shadow distorted her leadership style in a way that was confusing to others and sometimes hurtful. By not dealing with the shadow, she needed to be regarded as the one that had the access to higher wisdom which she then used as authority; consequently, we were all out of alignment to some extent. Deception is corrosive and corruptive to the spirit. My consideration in saying this is to acknowledge the graciousness of the higher purpose. I see it as a tragedy. Her shadow limited the extent to which she could appreciate the full scope of her service.

One time she was blasting me because I wasn't complying. She was very powerful, so if I had responded in kind, I would have been done for. One day, I tried a third option, I focused past the anger (as if it were an illusion) into the reality of her heart. In confronting her tirade toward me, I entered the warm wind of her boundless love. I was amazed by what I felt. The anger dissolved in thin air and we just stood there. I was able to challenge her, matching her love to love. She was able to relent and to hear me. That was our last fight. It was like we had broken through a barrier that protected the shame. That same barrier conditioned the loving. The barrier was gone that day.

At the end of her life, she had a stroke that forced her to be vulnerable and receive unconditionally from others. She could not speak or direct. She could not get angry. She had to receive and be done for in terms of our

sense of what was needed out of our love for her. It was blissful to be around her because the love moved through her without compromise, without the limitation of her judgment and control. Perhaps this was atonement. It was certainly reconciliation. This went on for six months. She regained some speech and said that she was told by spirit that when she could speak again her karma was done. She asked to be checked into the hospital. She dressed up and was radiant as we wheeled her into the hospital. On the way in a person was so struck by how good she looked that he said: "are you going home?" her eyes became moist and she said radiantly: "yes I am." Later they brought her dinner and she gently and assertively pushed it all aside except for the pecan pie (a favorite). She took a bit and died ten minutes later.

So, there we were at her daughter's gravesite. I was privileged to be that witness. For years after her death, I kept my distance because I believed that my time with her had distorted my perception in some ways and that I would have done better without the experience. I now see that as a somewhat limited viewpoint. I was with Dr. Hunter to resolve my own arrogant tendencies to silently judge, hide my shadows and compensate for my lack of courage. With her I became strong in myself and was able to see past the decoy of coercive love and find the love that is truly there. I always had choice. Now I choose love. True, the loss of her daughter made a shadow between her and those she loved. We could say that a great work was done despite the shadow. Today I say that a great work was enabled by the shadow. We all have a higher service and the need to transform our limitations. Her loss compelled her to serve and fulfill

Early in my apprenticeship with Dr. Hunter, my role was to drive her on her circuit around the US. Winter we toured the West and in summer we went East. One time while in Michigan, she directed me to drive to a local cemetery (she lived her early years in Michigan). She began telling me about her daughter who died as an infant. She was extremely vulnerable and humble as she told me that, as a young woman, her doctor told her that the only way to correct her health was to have a child. I don't remember what the illness was, but pregnancy was considered a remedy. The remedy worked, but her daughter died as an infant. Dr. Hunter was shaken deeply by this. Her longing for life was at the cost of her daughter's life.

Forgiveness is precious. She had not visited the grave since the burial. She seemed young in the telling. It was like something in her had waited by the graveside for her return. As she spoke of her daughter that day and opened her heart to me about what had happened, I experienced the depth of her caring and how much her relationship to her daughter had shaped her. Even then, she did not forgive herself and that had its effect on how she related to others. The event lived

her loving. Each serves the other. There is no separation in the unifying texture of unconditional love. So-called good and bad are the two feet upon which we strive to fulfill the motivations of our hearts.

When we found her daughter's grave that day, she was not sure at first that it was the one. The small tree that grew at the time of the burial, now held the small plot in massive roots. The metaphor was clear. Her daughter's death set within her a trajectory that continues to unfold and share its blessings. From that loss a great soul awakened to its purpose, a purpose that continues to unfold and unravel the seductive limitation of the heart that says we must protect our wounds. We are not intended to be small. That was one thing she knew for sure. The tree by the grave did not stay small. Her shame, though a lingering sadness, made her vigilant. Isolation was not the remedy. We were large together. In retrospect our shortcomings were our strengths.

When I see what Southwestern College is becoming, I see the strength the shadows made. Love supports in a way that nothing else can. Could it not also be the healing of a great heart? Consider that it was her daughter's purpose to heal her mother through giving her life and that giving her life was her way of giving her love. What greater joy could have been hers by fully receiving the gift of life given to her by her daughter's selfless love? Perhaps that was the truly difficult truth that was too much to accept. The healing was to get past the contracted love paradigm of the ego into the limitless sea of love that is the foundation of life. The birth and death was collaboration rather than a failing. Then the challenge is one of developing ability to receive. Either way the challenge for Dr. Hunter was surrender and living in gratitude.

Passing is more than the transition of death. It is a passing on. The passing on to us is the sacrifice of all that is not true for that which is eternally true. The quality that was passed on to me was the courage of the heart. May that be received in all of us.

Robert Waterman

by **Jim Nolan**

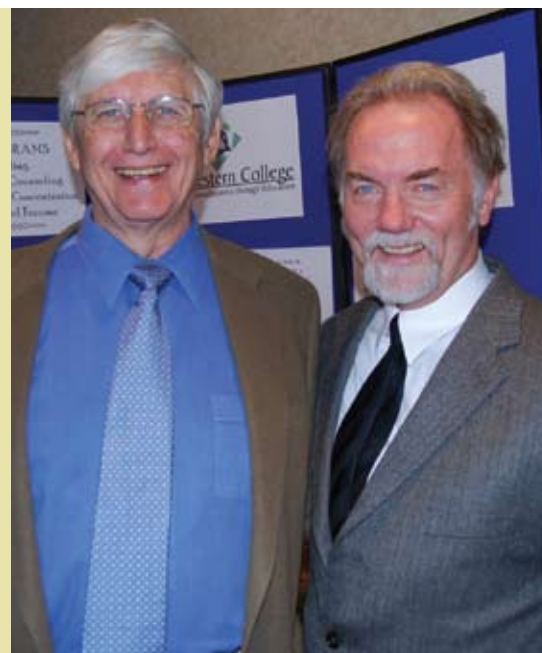
Robert Frost's poem "Birches", feels both whimsical and archetypal. A central image is of a boy ascending (literally and figuratively) into the ethereal, into higher branches and realms, followed by a joyous swing out on birch branches back to the earth, to ground-ness. A cycle of consciousness repeated over and over, on increasingly supple, familiar and trusted branches.

So I experience Robert Waterman, the sometimes bigger-than-life founder of Quimby College. Robert hangs out in coffee shops with his laptop, ever creating, ever re-working the only curriculum there is, "Consciousness" (Robert is fond of saying that.) He also climbs nimbly out into dimensions few of us know anything about. He seems equally comfortable in both, as if they are both the same place. (I am reminded here of Phineas Quimby's comment on his own impending passing: "I do not dread the change any more than if I were going on a trip to Philadelphia." (By the way, I love that even with all the other more colorful and ceremony-infused influences that also move through the school, Robert never loses his love of Quimby, New Thought and Emerson.)

To an outside observer of the level of forms, Robert and I probably could not appear more different. Sometimes, from that level, I wonder how it must be for him to watch others preside over this light action, over Quimby/Southwestern College, to which he has given so much of his own life and energy (on all levels). Of course he has moved on and created other curricula of the soul, but still...

Whatever his own internal experience is, Robert has been generous, gracious and supportive toward me and incredibly so toward the College. He offers guidance, words of experience, and bemused observations in the gentlest and most unattached manner. Indeed, it reminds me of the Fourfold Way for approaching life experiences: Show up, pay attention, tell the truth and don't be attached to the outcome. Robert is good at that. He drifts in with a slightly other-worldly presence, brings what he is meant or moved to bring, and saunters on. I have a deep appreciation for Robert Waterman at a professional, energetic, and probably especially at a personal level. He did not have to be as welcoming and warm and big-brotherly as he has been with me. It means a lot. It is really important to the College too.

Perhaps the image in my mind that most captures Robert (for me) is one of Robert the Elder offering an esoteric observation on whatever topic is in the field, then breaking into Buddha-laughter as Robert the Boy swings on the birch branches out into the ether, landing safely back on the ground, ever amused and curious.



Dr. Robert Waterman, President Emeritus and Dr. Jim Nolan, President

2010 Graduation

Southwestern College Awarded 39 Masters' Degrees during the 29th annual graduation ceremony on Saturday, November 6th, 2010 at the James Little Theater. Art Therapy/Counseling Program Chair Deborah Schroder and faculty member Deborah John presented Masters of Arts in Art Therapy to 19 graduates. Masters of Arts in Counseling were presented to 17 graduates by Academic Dean, Dr. Antonio Nuñez and Counseling Program Chair Dr. Carol Parker. Director of the Certificate Program in Grief, Loss and Trauma, Dr. Janet Schreiber, awarded 3 graduates a Masters of Arts in Counseling with a concentration in Grief, Loss and Trauma.



Graduate Chris Johnson



Vice President Katherine Ninos addresses the graduates



Graduate Andrew Fearnside



Graduate Elsa Backstrom and Academic Dean Antonio Nuñez



Graduates Natlie Bieser-Collison and Jessica Sirois



Graduate Attiana Virella-Fuentes and Librarian Leslie Monsalve-Jones



President Dr. Jim Nolan, Trustee Ann Filemyr



2010 Art Therapy/Counseling Graduates



Graduates Heather Wulfers and Trish Ebbert



Counseling Chair Dr. Carol Parker, Graduates Lisa Kadel and Stephen Koch



Graduate Matt Vieyra



Graduate Theresa Seffrin



Graduates Carol Mackiewicz, and Lorien Snellings



Graduates Mary de Haas and Tess Amy Gaudet



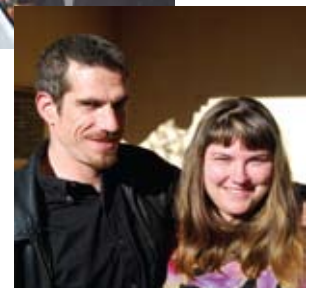
Graduates Teresa Tinney and Tara Tormey



2010 Counseling Graduates



Middle: Graduate Judith Brey



Right: Graduate Aimee Thompson

ALUMNI Profiles

2009

Zachary Campbell

has been working in Coon Rapids, MN as the Assistant Director of Housing with Services for Mary T. Inc. Mary T. Inc. provides enhanced lifestyles through affordable rental housing, apartments for seniors, residential living, supportive services, hospice, and home health care. Zachary lives in Plymouth, MN with his wife and two children. Zachary will be focusing on developing Mary T. Inc's marketing team, quality operations management and occupancy for Housing with Services' Catered Living, Senior Housing and market rate Villas and Townhomes. Zachary can be reached at zachc@marytinc.com or 763-862-5446.



2008

Barbara Moncivais,

Art Therapy. "I am currently living in Colorado, have my own practice and will start at Pacifica Graduate

Institute to work on my Ph.D. in Depth Psychology with emphasis in Psychotherapy. I also facilitate a divorced/separated group and a bereavement group for persons in the community." chicabam2@msn.com



2007

Nicholas Brown

continues to work as a therapist at Life Link in Santa Fe where he also runs an anger management group and two core addictions groups.



2005

Jeffery Kempel is living in Happy Valley, Oregon, working for Clackamas County Community Health, Adult Integrated Treatment

Team. Father of two beautiful kids - Reese (son) age 5, Mia (daughter) age 4.

"Happily divorced and everything that comes with that. Recently returned to Southwestern for an autism weekend class, happy to see the pulse continues to beat strong and flow the blood of consciousness development."



Jeffrey Piacitelli

05, "I'm happily living in a cabin on 26 acres in the Siskiyou Mountains with my blue heeler Chaz. I currently work as the Clinical Supervisor for an ACT

Team that serves SMI clients in Josephine County, Oregon (we're always looking for quality clinicians! www.optionsonline.org). My light-figure was/is Christopher McCandless."

2004

Trixie Pujol, LPC,

"As most of you know, I am very passionate about the field of autism and helping to raise awareness in Nairobi, Kenya about autism as well as advocating to support families and individuals affected by autism. I am a founding member of a society called Autism Awareness Kenya."



2003



Karen Kral, M.A., LPCC and Mark Lersch,

M.A., LPCC '03, have moved to a beautiful 5-acre property north of Boulder, Colorado, and are looking forward to learning how to live more harmoniously with the earth. Their business, CoreQuest Personal Development Services, focuses on teaching people how to align with their deepest truth and to act from that place. Mark and Karen use Inner Bonding as their primary model, and offer group intensives as well as individual telephone sessions. Mark, a 2nd degree blackbelt in Aikido, is searching for a new Aikido community with which to practice, and is looking forward to eventually starting an Aikido dojo of his own. Karen and Mark's web site, with contact information, is www.CoreQuestPotential.com, corequest@live.com

1999

James Lengerich, "I graduated from SWC in the last few months of the last year of the last millennium ie:1999. I owe a lot of gratitude to SWC, for my experience there set the foundation for what was to come in these last 12 years, and the thread that was set onto the loom of my life then has continued to evolve into a weaving I could never have imagined. For this a thousand and one thank yous go to Katherine Ninos and her two ontology classes. Little did I know then how big an influence both my light figure James, the brother of Jesus, with the class blessing he did through me and the presentation of my tribe to conduct a shamanic journey for the class would be.

I still do some counseling and healing by cleansing the aura of lingering imprints from previous wounds and traumas. I also

Look for more Alumni Profiles on the web site: Visit www.swc.edu and look for 'Alumni Lounge' Under 'People of SWC' If your update didn't get printed in this Heartlink it will be online.

facilitate experiential workshops and seminars that teach Indigenous Healing Arts. However, it is ceremony and spirit work which occupies most of my time these days. For 8 years now I have been pouring water and giving water blessings (James) to those who attend the frequent sweat lodges that I offer to the community twice monthly. The sweat lodge ceremonies have the blessing of an Apache and an Ojibwa medicine man, Taos Pueblo elders and various Spirits including James, the brother of Jesus, Mary Magdalene, Tonantzin (Lady of Guadalupe) Michael the Archangel and others. I offer what I call Spirit Drumming sessions weekly. I facilitate yearly vision quests in a traditional manner, and conduct monthly Munay-Ki Fire Ceremonies from the Quechua lineage of the high Andes. This ceremonial

and teaching work has taken me to various parts of this country, to Germany, Mexico, Colombia and Peru. I lead groups and tours to ancient sacred sites to do ceremony with various indigenous elders in South America, Mexico and the Southwest. I also provide the spiritual component in the healing of grief for clients at the Golden Willow Retreat Center directed by Ted and Marcella Wiard. I have attended meetings of the World Council of Elders, Priests and Shamans. I also have been called upon to lead initiations and rites of passage ceremonies as well as weddings and funerals. I can be reached at 575-776-1150 or jiml@taosnet.com"

1996

Jennifer Alexander Lyons "I completed my internship in Maine, and graduated in 1996. We remained in Maine and I opened

a private practice. With my clients there I had the opportunity to deal with sexual dysfunctions, entrenched denial, and even possession during this period.

My love, however, was to be more directly linked to spiritual development. I created a six-week running workshop called, "Developing a Healing Presence" and along with a retired surgeon gave weekend workshops called, "Circling the Soul: Coming Home to Yourself."

We moved from the Mid-Coast area to the western mountain and lakes area, and built a new home. Very soon thereafter, Bob, my husband, had a heart attack, and we retired to Green Valley, Arizona in 2003. I have taken part in many small study groups that focus on meditation, dream study and spiritual development. I am presently writing the book of my life's purpose."

Sue Shaffer, LPCC, 2002

light figure- Kuan Yin, Assistant Clinical Director/MST Therapist at Teambuilders Counseling Services

"I'm writing to let you know how exciting it is to work at TeamBuilders Counseling Services, an agency that employs many Southwestern Alum. We have a wide representation of graduates in a variety of positions at Teambuilders. I am inspired by the level of commitment and dedication they reflect. We sure are a skilled and talented bunch! It has been fun to sit around and muse about the light figures that we worked with. I asked that folks send me their graduation dates and light figures and received a limited response but here are the grads names, their current roles at Teambuilders and some of their light figures."

Johanna Renicek, LPCC, 2001, light figure- Kahlil Gibran is Clinical Supervisor of the Clayton, Raton, and Las Vegas offices.

Chad Reznicek, LPCC 2000, light figure- Meister Eckhart is MST Supervisor in Las Vegas.

Jani Drewfs, LPCC 2006, light figure- Sophia, is an Outpatient Therapist in Santa Fe, Las Vegas and Española.

Steve Nojek, LMHC, 2008, light figure- Sekhmet, is a Family Services Therapist in Rio Rancho.

Ted Wiard, LPCC, Clinical Supervisor Taos.

Kate Worman, LMHC, Program Coordinator & Family Services Therapist in Taos.

Meira Petersen, LMHC, MST Therapist Santa Fe and Espanola.

Katie Weber, LMHC, MST Therapist Santa Fe and Española.

Laura Bassett, LMHC, Family Services Therapist Santa Fe.

Seren Morris, LPCC, Outpatient Therapist Santa Fe.

Lori Moody, LPCC, Family Services Therapist Española.

Jennifer Good (b.1974 - d.2010)



Before coming to SWC Jennifer worked with kids in a homeless shelter, seeing & reflecting

their inner strengths and resources, while providing & maintaining safe emotional boundaries for them.

Jennifer moved from Massachusetts to Santa Fe to start the Art Therapy Program at SWC in the Fall of 2006. She was diagnosed with cancer during her studies and continued on a part-time basis for a period of time.

She saw every challenge as an opportunity to know herself and her Soul's Journey more intimately. We remember her fondly with deep love and respect.

Website: Be sure to check out the new Calendar on the website. It shows upcoming classes. Also, if you haven't checked out the 'Important Resource Links' on the site, please do so. There is a wealth of knowledge for professional development, employment, health and healing and much more. www.swc.edu



Rosemary England

(b.1954 - d.2011)



Beloved therapist and educator, Rosemary England died on February 12, 2011. She graduated from Southwestern College with a MA in Art Therapy in 1996. She was a prolific learner and a dedicated educator. Rosemary' taught at various schools in Santa Fe, but fulfilled her lifelong dream of developing her own school with a unique holistic approach to teaching young people when she started REACH the Children. She touched the lives of thousands of children and their families and her legacy continues to this day. The reverberations of her love and kindness will positively ripple and multiply through those she touched and continue to make the world a better place.

Jeanne Richards

(b. 1959 - d. 2011)

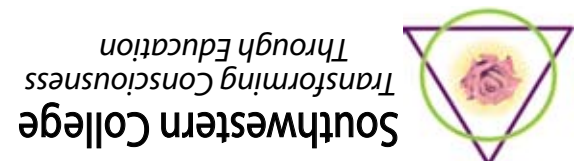


Southwestern College alumna Jeanne Richards died comfortably in her sleep at approximately 2 a.m. on Monday, February 21, 2011. Her daughter, Jessica was with her at the Hospice Center in Louisville, CO and witnessed her mother's peaceful transition.

Jeanne received a MA in Counseling in 2005 as well as a certificate in Grief, Loss and Trauma in 2004. She was the Coordinator of Southwestern Counseling Center prior to moving to Colorado. Jeanne was diagnosed with Stage IV uterine and ovarian cancer in April of 2010 and spent many months researching and participating in numerous treatment options. While doing the necessary work to try to save her own life, Jeanne was also learning how to befriend cancer and to recognize that her opportunity for "healing" extended beyond the body to realms she considered to be more important than the body alone. Jeanne lived a full life and transitioned with presence. She will be missed.

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