Fall 2019 Continuing Education Classes

Earn CECs, sign up for individual classes, enhance your degree or earn a certificate in a specialty area.

INDIVIDUAL CLASSES ARE OPEN TO THE PUBLIC.

3960 San Felipe Road, Santa Fe, New Mexico

www.swc.edu  www.swc.edu/blogs
direct 505.471.5756  toll free 877.471.5756
The New Earth Institute of Southwestern College offers clinically relevant certificate classes and programs with the intention of increasing your professional marketability and career options. We proudly offer the following professional certificates:

• Addictions, Abuse and Recovery
• Applied Interpersonal Neurobiology
• Children’s Mental Health
• Ecotherapy
• Human Sexuality
• Infant Mental Health
• Trauma, Grief and Renewal

Certificate program classes can be taken individually, for CECs, or for credit by our degree-seeking Masters students. These classes are open to the public and can be taken without registering for the full certificate. In addition to the certificate programs, the New Earth Institute provides a free quarterly lecture series, featuring cutting-edge presentations on mental health issues that are trending in our field.

Finally, the New Earth Institute also offers the annual Transformation and Healing Conference, which has featured such renowned keynote speakers as Shaun McNiff, Gabor Maté, Gregg Braden, John Bradshaw, Bill O’Hanlon, James O’Dea, Sandra Ingerman, Barbara Marx-Hubbard, Bonnie Badenoch, Thomas Moore, Matthew Fox, Roshi Joan Halifax, Peter Levine, Ralph Metzner and Marion Woodman.

See Page 6 for Frequently Asked Questions about our Certificate Programs.

Registration for fall NEI classes is ongoing.
Southwestern College is an approved CEC provider for licensed counselors, art therapists and social workers.
MINDFULNESS-BASED EMOTIONAL PROCESSING (MBEP):
MINDING THE BODY, EMBODYING THE MIND
AIN 5200-3               $365/16 CECs
Friday, September 27, 2019, 6–9pm;
Saturday and Sunday, September 28 & 29, 9am–6pm

MBEP is a mindful, body-centered approach for supporting deep emotional regulation and processing. The processing is activated and maintained by the client’s and the therapist’s mindful, focused attention on the client’s somatic experience of an emotional issue or memory. The client’s emotional processing is enabled, focused, and supported through the attuned relational connection between the therapist and the client. MBEP is a practical, useful method for initiating and promoting essential emotional processing and emotional regulation. It can easily be incorporated into any therapeutic modality.

Robert Weisz, Ph.D., is a clinical psychologist and the developer of Mindfulness-Based Emotional Processing. He is the director of the Milton Erickson Institute of New Mexico and the Brainspotting and Hypnotherapy Clinic. Dr. Weisz maintains a private practice of psychotherapy, training and consultation in Santa Fe.

APPLIED INTERPERSONAL NEUROBIOLOGY
CERTIFICATE PROGRAM

THE NEUROPSYCHOLOGY OF SANDPLAY THERAPY AND TRAUMA
CMH 5050-3               $365/16 CECs
Friday, October 4, 2019, 6–9pm;
Saturday & Sunday, October 5 & 6, 2019, 9am–6pm

This course provides an overview of the neuropsychology of trauma and sandplay therapy. Students will explore the impact of trauma on the brain, body, and psyche/soul and discover how sandplay heals trauma from a neuropsychological perspective. Leading theories on trauma treatment are reviewed and applied to case studies in sandplay with an emphasis on theories rooted in neurodevelopment, depth psychology, affective neuroscience and body-centered therapies. Through participation in lecture and discussion, interaction with myth and symbol, compelling case studies, and personal artwork, journaling and other experiential activities students will have the opportunity to connect on a deep level to this work and to integrate concepts.

Lorraine Freedle, Ph.D., ABPdn, CST-T, is the clinical director of Pacific Quest, an intensive, outdoor behavioral health program for youth on the Island of Hawaii. Her private practice is Black Sand Neuropsychological Services, Inc. in Hilo, Hawaii. Dr. Freedle is the research editor for the Journal of Sandplay Therapy.
DYING TO KNOW: ISSUES OF DEATH AND DYING FOR THE PROFESSIONAL
TGR 5200 $365/16 CECs
Friday, October 25, 2019, 5:30–8:30pm
Saturday & Sunday, October 26 & 27, 2019, 9am–5:30pm
Topics covered include the natural process of dying, hospice and palliative care, the exploration of the nature and impact of different types of death, issues for survivors, funeral practices and transition rituals in a cross-cultural context.

Sara Morgan, M.A., is the Director of the Trauma, Grief and Renewal Certificate program. A deeply committed spiritual practitioner, she has made friends with grief, loss and death and found the transformational gifts within these realities. She respects all spiritual traditions and believes an open, loving heart is essential for all authentic healing.

ECOTHERAPY CERTIFICATE PROGRAM

CEREMONY, ANCIENT NARRATIVE AND HEALING
TE 5100 $365/16 CECs
Saturday, Oct. 26, 2019, 11am–9pm and Sunday, Oct. 27, 2019, 9am–5pm
Takes place outdoors on land near Santa Fe.
During this weekend we will experience the power and depth of ancient narrative and its relevance to our present day lives. We will work together as a community to create healing through building a sweat lodge and joining in the ceremony. This sharing creates a dynamic understanding of our purpose and place in the cosmos.

Scott Thomas, Ph.D., LCSW, LADAC, CDVC3, is an experienced clinician whose experience includes work in psychiatric hospitals, treatment centers and on the Eight Northern Pueblos. He grew up learning from spiritual elders on the Cheyenne River Reservation. In his practice he utilizes depth psychology techniques combined with traditional wisdom teachings.
CLINICAL SKILLS: USING EXPRESSIVE THERAPIES TO TREAT ADDICTION  
TE 5100  $365/16 CECs  
Saturday, November 9 & Sunday, November 10, 2019, 9am–6pm

Students will explore the expressive therapies that are utilized to assist persons with addiction issues. Specific modalities that will be covered include two-dimensional art directives, mask making, and others. Students will experiment with the integration of art with other approaches including evidence-based practices.

**Brian Serna, M.A., LPCC, LADAC,** is the Director of the Addictions, Abuse and Recovery program. He is an international trainer and consultant in Evidence-Based Practices, ethics and cultural issues in behavioral healthcare. His company, Serna Solutions LLC, provides consultation services and direct behavioral health services to adults, adolescents and families.

**Carrie Ishee, ATR-BC, LPCC, LPAT,** has vast experience working with clients suffering from trauma and all forms of addiction. She specializes in coaching trauma survivors and those challenged by addictive behavior to move past their triggers and their stories into lives filled with depth, meaning, and purpose.

HUMAN SEXUALITY CERTIFICATE PROGRAM

TOUCH AND EMBODIMENT  
HS 5800  $365/16 CECs  
Friday, November 15, 2019, 6–9pm;  
Saturday and Sunday, November 16 & 17, 2019, 9am–5:30pm

This course expands participant’s awareness and sensation through breath, movement, touch and communication. Drawing from body-based therapies like somatic experienting, Hakomi, Five Rhythms and mindfulness-based practices, participants will learn methods for becoming more attuned to physical sensation and thus more fully embodied. Participants will be encouraged to explore messages from the body and develop a deeper relationship to pleasure and sensation through body-based awareness and diverse practices facilitated by many different body-based therapists. Finally, participants will learn how to apply these techniques and interventions to help clients become more safely embodied and enhance their sexual/sensual lives.

**Ginna Clark, Psy.D., ATR-BC, LPCC,** is the Director of the Human Sexuality Certificate Program. She is a member of the American Art Therapy Association. Ms. Clark received her doctorate from the Institute of Contemporary Psychoanalysis and Psychotherapy in Los Angeles, California.
COMMUNITY LECTURES – FREE and Open to the Public
or $20 at the door for 2 CECs

WEDNESDAY, OCTOBER 2, 2019, 6-8 PM, SWC Campus
ART AS WELLNESS
Craig Thomas McAdams, M.A., LPCC

In this lecture, Craig Thomas will take you on a journey showing how art became wellness for him, both personally and professionally. Learn about the history of the Learning Center at Meow Wolf from its start as an educational center, to its transformation into a community center that promotes art as wellness for all ages, while utilizing the fantastical environment of the immersive House of Eternal Return art exhibit for inspiration and perception shifts. Discover the parallel journey of Craig Thomas’ art becoming wellness, the implementation of his Southwestern College education, his experience as a clinical counselor, and his personal/professional non-traditional use of art and performance to inspire transformation within the Learning Center.

Craig Thomas McAdams, M.A., LPCC. His experience includes 8 years as a clinical counselor working in the addiction recovery field as well as counseling children, families and couples, addressing trauma, grief, anger management and behavioral issues. He currently has a private practice called SuperNova Counseling and is the Education Coordinator for the David Loughridge Learning Center at Meow Wolf in Santa Fe, NM. He is also a professional actor.

To reserve a seat, please RSVP to lecture@swc.edu

WEDNESDAY, OCTOBER 23, 2019, 6-8 PM, SWC Campus
EMPOWERING THE COURAGEOUS VOICE OF OUR CLIENTS:
WHISTLE BLOWING IN THESE TIMES
Rev. Robin Duda, M.S.W., M.S.

In this lecture, Robin will discuss her experiences with clients that have come forward within their families, churches and communities, exposing their deepest secrets around issues of pedophilia, incest, sexual abuse, ritual abuse, pornography and date rape. She will speak about how to support healing instead of punishment, how to stop the cycle of denial and abuse with love, and how to empower truth, creating reconciliation and safety for all.

Rev. Robin Duda, M.S.W., M.S., is the co-founder of Sustainable Love Training and Guidance Center. She is ordained as a licensed minister through the Center for Soulful Living. For the past thirty years she has developed and trained practitioners in a certification program in Soul Alchemy.™ She is dedicated to the empowerment, evolution and freedom of all humans.

To reserve a seat, please RSVP to lecture@swc.edu
Our New Low Residency
M.A. in Art Therapy for Clinical Professionals

- This Master’s degree is available to clinical professionals who already have at least a Master’s degree in social work, counseling or other clinical degree. The program will be offered online with low residency beginning in the Fall of 2020.

- Licensed therapists who love the concept of art and healing and want to expand their repertoire of skills would benefit from this program.

- The Art Therapy Credentials Board states that individuals with post-master’s or post-doctoral coursework in art therapy can obtain the ATR-BC and be fully credentialed as an art therapist.

- This distance learning format is a cohort model, where students will meet with their peers in-person during the residencies and interact online through meaningful discussion, sharing art, and collaboration throughout the year.

Email admissions@swc.edu for more information.

Program Features:
- 66.5 quarter units
- Practicum/Internship
- Capstone Projects
- Transformational, experiential learning approach shared by faculty & students
- On-line/low residency designed to accommodate working professionals
- Possibility for transfer credit

Please contact Dru Phoenix, Director of Enrollment Services, to apply to this program. email: admissions@swc.edu.
Visit www.swc.edu to learn more about our other Master’s degree programs.