

FALL 2023 BOOK LIST

Counseling & Art Therapy (CN AT) Classes

CN AT 500-3 Multicultural Awareness

- \$29 American Psychological Association. (2021). *APA 7th manual made easy: Full concise guide simplified for students: Updated for the APA 7th edition (Student citation styles)*. Appearance Publishers.
ISBN **9781716136351**
- \$18 Menakem, R. (2017). *My grandmother's hands: Racialized trauma and the pathway to mending our hearts and bodies*. Central Recovery Press. ISBN **9781942094470**
- \$18 Taylor, S. R. (2021). *The body is not an apology: The power of radical self-love* (2nd ed.). Berrett-Koehler.
ISBN **9781523090990**

CN AT 522-2 Applied Theories of Human Development

- \$77 Capuzzi, D., & Stauffer, M. (2016). *Human growth and development across the life span: Applications for counselors*. 1st Ed. Wiley. ISBN **9781118984727**
- \$35 Gephardt, S. (2015). *Why love matters: How affection shapes a baby's brain*. 2nd Ed.
ISBN **9780415870535**
- \$18 Siegel, D. (2013). *Brainstorm: The power and purpose of the teenage brain*. Jeremy P. Tarcher/Penguin. ISBN **9780399168833**

CN AT 542-4 Foundations: History & Theories of Counseling

- \$130 Neukrug & Hays, E., & Hays, D. G. (2023). *Counseling theory and practice* (3rd ed.). Cognella Academic Publishers. ISBN **9781793567697**

CN AT 574 Psychology of Altruism: Fundamentals of Helping Relationships

- \$16 Dass, R., & Gorman, P. (2003). *How can I help? Stories and reflections on service*. ISBN **9780394729473**
- \$20 Larson, E. (1984). *Stage II recovery: Life beyond addiction*. ISBN **9780866834605**
- \$10 Ruiz, D. M. (1997). *The Four Agreements*. ISBN **9781878424310**

CN AT 581-5 Psychopathology: Diagnosis and Treatment of Mental and Emotional Disorders

- \$174 American Psychiatric Association (2022). *DSM-5-TR: Diagnostic and statistical manual of mental disorders (5th Edition, text revision)*. American Psychiatric Association. ISBN **9780890425763**
- \$102 Barnhill, J.W. (2023). *DSM-5-TR clinical cases*. Washington, DC: American Psychiatric Association Publishing. ISBN **9781615373611**
- \$11 Bernstein, R.B. & Jacobs, E. (2022). *DSM-5-TR overview: A quick study laminated reference guide*.
ISBN **9781423248934**
- \$44 Wiger, D.E. (2021). *The psychotherapy documentation primer*. Hoboken, NJ: John Wiley & Sons. (referred to as PDS on court outline) ISBN **9781119709848**
- \$72 Wiger, D.E. (2009). *The clinical documentation sourcebook: The complete paperwork resource for your mental health practice*. Hoboken, NJ: John Wiley & Sons. (referred to as CDS on course outline)
ISBN **9780470527788**

Art Therapy/Counseling (AT/CN) Classes

AT/CN 530 History of Art Therapy: Founders & Foundations

- \$70 Junge, M. B. (2010). *The modern history of art therapy in the United States*. Charles C. Thomas Publisher.
ISBN **9780398079413**

AT/CN 594 Studio Art

- \$20 Dunnewold, J. (2016). *Creative strength training*. North Light Books. ISBN **9781440344954**
- \$16 Stanton, P. (2018). *Conscious creativity*. Leaping Hare Press. ISBN **9781782406341**

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AT/CN 656-2 Practicum I & Lab: Helping Relationships with Individuals in Art Therapy/Counseling

- \$174 American Psychiatric Association (2022). *DSM-5-TR: Diagnostic and statistical manual of mental disorders (5th Edition, text revision)*. American Psychiatric Association. ISBN **9780890425763**
- \$75 Heaton, J. A. (1998). *Building basic therapeutic skills: A practical guide for current mental health practice*. San Francisco: Jossey-Bass. ISBN **9780787939847**
- \$42 Moon, B. L. (2016). *Introduction to art therapy: Faith in the product*. 3rd Ed. Springfield, IL: Charles C. Thomas. ISBN **9780398091439**
- \$44 Wiger, D. E. (2021). *The psychotherapy documentation primer*. 4th Ed. Hoboken, NJ: John Wiley & Sons, Inc. ISBN **9781119709848**

AT/CN 660-2 Professional Ethics in Art Therapy/Counseling

- \$102 Corey, G., Corey, M.S., Corey, C., & Callahan, P. (2019). *Issues and ethics in the helping professions*, 10th Ed. Brooks/Cole. ISBN **9780357670552**
- \$50 Moon, B. & Nolan, E. (2020). *Ethical issues in art therapy*, 4th Ed. Charles C. Thomas. ISBN **9780398093143**

AT/CN 664-3 Assessment & Appraisal in Art Therapy/Counseling

- \$54 Gilroy, A., Tipple, R., & Brown, C. (Eds.). (2012). *Assessment in art therapy*. Routledge. ISBN **9780415567961**
- \$55 Hays, D.G. (2017). *Assessment in counseling: A guide to the use of psychological assessment procedures*. American Counseling Association. ISBN **9781556203688**
- \$60 Horovitz, E.G. (2014). *The art therapists' primer: A clinical guide to writing assessments, diagnosis, and treatment*. Charles C. Thomas Publisher. ISBN **9780398093389**

AT/CN 665-2 Addiction Assessment & Treatment in Art Therapy/Counseling

- \$19 Bien, M., & Bien, B. (2002). *Mindful recovery: A spiritual path to healing from addiction*. New York: J. Wiley & Sons. ISBN **9780471442615**
- \$109 Capuzzi & Stauffer, H.E. (2020). *Foundations of addictions counseling*. 4th Edition Upper Saddle River, NJ: Pearson. ISBN **9780135166932**
- \$75 Miller, W., & Rollick, S. (2013). *Motivational interviewing: Helping people change*. (3rd Ed.). New York: Guilford Press. ISBN **9781609182274**
- \$18 Twerski, A. J., M.D. (1997). *Addictive thinking: Understanding self-deception*. (2nd Ed.). ISBN **9781568381381**
- \$12 Miller (2013). *Coming clean*. ISBN **9780544320819**

Counseling (CN) Classes

CN 660-3 Professional Ethics in Counseling

- \$102 Corey, G., Corey, M.S., & Corey, C. (2015). *Issues and ethics in the helping professions*. 10th Ed. Brooks/Cole. ISBN **9780357670552**

CN 656-4 Practicum I: Helping Relationships with Individuals in Counseling

- \$174 American Psychiatric Association (2022). *DSM-5-TR: Diagnostic and statistical manual of mental disorders (5th Edition, text revision)*. American Psychiatric Association. ISBN **9780890425763**
- \$115 Teyber, E. & Teyber, F. H. (2017). *Interpersonal process in therapy*, (7th Ed.). Cengage Learning. ISBN **9781305271531**
- \$44 Wiger, D. (2022). *The psychotherapy documentation primer* (4th Ed.). Wiley and Sons. ISBN **9781119709848**

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CN 664-4 Assessment & Appraisal in Counseling

\$174 American Psychiatric Association (2022). *DSM-5-TR: Diagnostic and statistical manual of mental disorders (5th Edition, text revision)*. American Psychiatric Association. ISBN **9780890425763**

\$55 Hays, D. (2017). *Assessment in counseling: Procedures and practices* (6th Ed.). John Wiley & Sons, Inc. Publisher. ISBN **9781556203688**

CN 698-8 Professional Seminar in Counseling I: Counselor Identity Development

\$174 American Psychiatric Association (2022). *DSM-5-TR: Diagnostic and statistical manual of mental disorders (5th Edition, text revision)*. American Psychiatric Association. ISBN **9780890425763**

NEI Certificate Programs

TE 5450 Rhythms, Cycles, and Elements of Healing with Nature: Finding Our Way

\$22 Calvert, R. (2021). *Healing with Nature: Mindfulness and Somatic Practices to heal from trauma*. Part 3 and 4 (pp.147-247). New World Library. ISBN **9781608687367**

HS 5900 Anatomy of Couple's Therapy

\$23 Menakem, R. (2023)., *Monsters in love: why your partner sometimes drives you crazy-and what you can do about it*. Central Recovery Press. ISBN **9781949481792**

TGR 5300 The Art of Healing Grief and Trauma

\$60 Bartman, Sandra L. (1999). *Grief and the healing arts*. Routledge. ISBN **9780895031983**

\$18 Poteat, Carol with Wiard, Ted. *Witnessing Ted: The journey to potential through grief and loss*. CreateSpace. ISBN **9781461046127**