



Welcome to Southwestern College

Ph. 877-471-5756 or 505-471-5756

The mission of Southwestern College is Transforming Consciousness through Education. This schedule lists classes for degree-seeking students in Counseling, Art Therapy/Counseling, Consciousness in Action, and Art Therapy for Clinical Professionals. Degree-seeking students choose their electives from the New Earth Institute (NEI) classes.

FALL 2023 QUARTER REGISTRATION INFORMATION

Requests for Early Registration are due by 5pm, Friday 8/11/23 (no exceptions). Submit this form <https://swc.populiweb.com/router/groups/806/folders/253279/show> and supporting documentation to the Registrar registrar@swc.edu NOTE: If you have a schedule conflict between certain courses that are offered on the same day and time, or your employment, childcare, travel, health, or something else, please check for an alternate day/time for one of those courses BEFORE the Early Registration Deadline. If you are not able to take a course on the alternate day/time, you will need to submit an Early Registration request.

**Monday, 8/28: Early Registration and New Distance Students. Tuesday, 8/29: Distance Students.
Thursday, 8/31: On-Ground Students. Friday, 9/15: Interns.**

Tuition per quarter unit is \$626. There is an educational resource fee of \$300 per quarter of attendance.

NOTES: ZOOM SYNCHRONOUS courses meet at a scheduled time via Zoom. Most of the interaction occurs through Zoom during scheduled class meetings and assignments are submitted through Populi. ASYNCHRONOUS courses do not meet at a scheduled time. All coursework is completed in Populi and interactions occur through the discussion board and other interactive learning activities, which may include video reflections/responses. Assignments and learning activities are due per the course schedule and deadlines in Populi. ZOOM SYNCHRONOUS PLUS ASYNCHRONOUS courses meet at a scheduled time via Zoom and have additional asynchronous learning activities. These courses are intentionally scheduled to meet for less than the required hours to reduce time on Zoom (e.g., reducing meeting time from 4 hours to 3 hours and replacing 1 hour with asynchronous learning activities).

LAST DAY TO DROP FOR MA DEGREE COURSES: The deadline to drop without a W is Sunday of the first week of classes, October 1, 2023. The deadline for 100% refund is Sunday of the first week of classes, October 1, 2023. The deadline to withdraw from a 10-week class with a W designation is by the end of the ninth week of the quarter.

FALL 2023 QUARTER SCHEDULE

NOTE: All class times are in Mountain Daylight Time (MDT).

ADDICTION ASSESSMENT & TREATMENT IN ART THERAPY/COUNSELING (AT/CN 665-2) \$2817/4.5 quarter units

Section 1: Alisha Shelbourn, MA, LPAT, LPCC

Tuesdays, 9/26-12/5, 9am-12pm; Zoom Synchronous plus Asynchronous

Section 2: Sarah Glosenger, MA, ATR-BC, CAADC, LPC

Wednesdays, 9/27-12/6, 5-8pm; Zoom Synchronous plus Asynchronous

Section 3: Delora Putnam-Bryant, MSAT, ATR-BC

Wednesdays, 9/27-12/6, 3-6pm; Zoom Synchronous plus Asynchronous

Section 4: Alisha Shelbourn, MA, LPAT, LPCC

Thursdays, 9/28-12/7, 9am-12pm; SWC Campus plus Asynchronous

APPLIED THEORIES OF HUMAN DEVELOPMENT (CN AT 522-2) \$2817/4.5 quarter units

Section 1: Zahira Miller, MA, LPCC

Wednesdays, 9/27-12/6, 9am-12pm; SWC Campus plus Asynchronous

Section 2: Carlos Gonzalez, PhD, Licensed Psychologist

Wednesdays, 9/27-12/6, 9am-12pm; Zoom Synchronous plus Asynchronous

ART THERAPY/COUNSELING INTERNSHIP (AT/CN 698-6L.2) \$2817/4.5 quarter units

Prerequisite: Completion of all coursework.

Seren Morris, MDiv, MA, ATR-BC, LPCC

9/25-12/10; Asynchronous

ASSESSMENT & APPRAISAL IN ART THERAPY/COUNSELING (AT/CN 664-3) \$2817/4.5 quarter units

This is for students in the Art Therapy/Counseling and Art Therapy for Clinical Professionals Programs only.

Sarah Glosenger, MA, ATR-BC, CAADC, LPC

Fridays, 9/29-12/8, 9am-12pm; Zoom Synchronous plus Asynchronous

ASSESSMENT & APPRAISAL IN COUNSELING (CN 664-4) *This is for students in the Counseling Program only.* \$2817/4.5 quarter units

Section 1: Randal Lea, MA, LADAC
Tuesdays, 9/26-12/5, 4-7pm; Zoom Synchronous plus Asynchronous
Section 2: April Vogel, PhD, Licensed Psychologist
Wednesdays, 9/27-12/6, 9am-12pm; SWC Campus plus Asynchronous

COUNSELING INTERNSHIP I (CN 698-8L.2) \$2817/4.5 quarter units

Prerequisite: Completion of all coursework.
Allison Davis, PhD, LPCC
9/25-12/10; Asynchronous

FOUNDATIONS: HISTORY AND THEORIES OF COUNSELING (CN AT 542-4) \$2817/4.5 quarter units

Section 1: Greg Guerin, MA, LPC
Mondays, 9/25-12/4, 9am-1pm; Zoom Synchronous
Section 2: Micaela Wood, MA, LPCC
Mondays, 9/25-12/4, 9am-1pm; Zoom Synchronous
Section 3: Drew Hutchinson, MA, LMFT
Wednesdays, 9/27-12/6, 9am-1pm; SWC Campus
Section 4: Pamela Rice, MHR, ATR, LPC
Fridays, 9/29-12/8, 8am-12pm; Zoom Synchronous
Section 5: Allison Davis, PhD, LPCC
Fridays, 9/29-12/8, 9am-1pm; SWC Campus

HISTORY OF ART THERAPY: FOUNDERS & FOUNDATIONS (AT/CN 530) \$1252/2 quarter units

Section 1: Rob Belgrod, MPS, ATR-BC, ATCS, LCAT, LPAT
Mondays, 9/25-12/4, 9:30-11:30am; SWC Campus
Section 2: Micaela Wood, MA, LPCC
Tuesdays, 9/26-12/5, 12:30-2:30pm; Zoom Synchronous
Section 3: Sarah Glosenger, MA, ATR-BC, CAADC, LPC
Wednesdays, 9/27-12/6, 2-4pm; Zoom Synchronous
Section 4: Melissa Diaz, MA, ATR-BC, LCAT
Wednesdays, 9/27-12/6, 4:30-6:30pm; Zoom Synchronous
Section 5: Deborah John, PhD, ATR-BC, LPAT
Wednesdays, 9/27-12/6, 5-7pm; SWC Campus
Section 6: Debra Irizarry, MA, ATR-BC, LCAT
Thursdays, 9/28-12/7, 6-8pm; Zoom Synchronous

MULTICULTURAL AWARENESS (CN AT 500-3) \$939/1.5 quarter units

Section 1: Virginia Padilla-Vigil, PhD
Mondays, 10/2, 10/16, 10/30, 11/13, 12/4, 1-3:30pm; SWC Campus plus Asynchronous
Section 2: Crystal Rozelle-Bennett, MSW, LMSW
Tuesdays, 9/26, 10/10, 10/24, 11/7, & 11/28, 4:30-7pm; Zoom Synchronous plus Asynchronous
Section 3: Crystal Rozelle-Bennett, MSW, LMSW
Tuesdays, 10/3, 10/17, 10/31, 11/14, 12/5; 4:30-7pm; Zoom Synchronous plus Asynchronous
Section 4: Debra Irizarry, MA, ATR-BC, LCAT
Wednesdays, 9/27, 10/11, 10/25, 11/8, 11/29, 6-8:30pm; Zoom Synchronous plus Asynchronous

PRACTICUM I & LAB: HELPING RELATIONSHIPS W/INDIVIDUALS IN ART THERAPY/COUNSELING (AT/CN 656-2) \$2504/4 quarter units

This is for students in the Art Therapy/Counseling and Art Therapy for Clinical Professionals Programs only.
Mandatory Practicum Orientation Monday, 9/25, 10am-12pm; Zoom Synchronous
Section 1: Seren Morris, MDiv, MA, ATR-BC, LPCC
Class: Mondays, 9/25-12/4, 1-4pm; Zoom Synchronous
Lab 1: Tuesdays, 9/26-12/5, 11am-1pm; Zoom Synchronous
Lab 2: Tuesdays, 9/26-12/5, 2-3:30pm; Zoom Synchronous
Section 2: Rob Belgrod, MPS, ATR-BC, ATCS, LCAT, LPAT
Class: Tuesdays, 9/26-12/5, 9:30am-12:30pm; Zoom Synchronous
Lab 3: Thursdays, 9/28-12/7, 9:30-11:30am; Zoom Synchronous
Lab 4: Thursdays, 9/28-12/7, 11:30am-1:30pm; Zoom Synchronous

Oct. 4, 2023, 2023

Section 3: Seren Morris, MDiv, MA, ATR-BC, LPCC

Class: Wednesdays, 9/27-12/6, 12-3pm; SWC Campus

Lab 5: Thursdays, 9/28-12/7, 12-1:30pm; Zoom Synchronous

Lab 6: Thursdays, 9/28-12/7, 3-4:30pm; Zoom Synchronous

PRACTICUM I: HELPING RELATIONSHIPS W/INDIVIDUALS IN COUNSELING (CN 656-4)

\$2504/4 quarter units

This is for students in the Counseling Program only.

Mandatory Practicum Orientation Monday, 9/25, 10am-12pm; Zoom Synchronous

Allison Davis, PhD, LPCC

Tuesdays, 9/26-12/5, 9am-12pm; Zoom Synchronous

No Lab, students meet 1 hour per week with their onsite supervisor instead of a lab.

PROFESSIONAL SEMINAR IN ART THERAPY/COUNSELING: PROFESSIONAL IDENTITY DEVELOPMENT (AT/CN 698-6)

\$1252/2 quarter units

Prerequisite: Completion of all coursework.

Jennifer Albright Knash, DAT, ATRL-BC, LPAT, LPC/AODA, LPCC, CCTP

Tuesdays, 9/26-12/5, 5-7pm; Zoom Synchronous

PROFESSIONAL SEMINAR IN COUNSELING I: COUNSELOR IDENTITY DEVELOPMENT (CN 698-8)

\$1252/2 quarter units

Prerequisite: Completion of all coursework.

Kate Latimer, MA, LPCC

Tuesdays, 9/26-12/5, 4:30-6:30pm, Zoom Synchronous

PROFESSIONAL ETHICS IN ART THERAPY/COUNSELING (AT/CN 660-2)

\$2817/4.5 quarter units

This is for students in the Art Therapy/Counseling and Art Therapy for Clinical Professionals Programs only.

Section 1: Tiernee Schatz, MS, ATR, LPC, NCC

Mondays, 9/25-12/4, 5-8pm; Zoom Synchronous plus Asynchronous

Section 2: Roxie Ehlert, MA, ATR-BC, LCPC

Tuesdays, 9/26-12/5, 2-6pm; SWC Campus plus Asynchronous

Section 3: Delora Putnam-Bryant, MSAT, ATR-BC

Thursdays, 9/28-12/7, 4-7pm; Zoom Synchronous plus Asynchronous

PROFESSIONAL ETHICS IN COUNSELING (CN 660-3)

\$2817/4.5 quarter units

This is for students in the Counseling Program only.

Section 1: Denise Moore, MA, LPCC, CCTP

Tuesdays, 9/26-12/5, 1-4pm, SWC Campus plus Asynchronous

Section 2: Carlos Gonzalez, PhD, Licensed Psychologist

Thursdays, 9/28-12/7, 1-4pm; Zoom Synchronous plus Asynchronous

PSYCHOLOGY OF ALTRUISM: FUNDAMENTALS OF HELPING RELATIONSHIPS (CN AT 574)

\$1252/2 quarter units

Section 1: Jaffa Frank, PhD, LMHC

Tuesdays, 9/26 & 12/5, 9am-12pm; 10/3-11/28, 9am-11am; 10/31, no class; Zoom Synchronous

Section 2: Katherine Ninos, MA, LPCC

Tuesdays, 9/26 & 12/5, 2-5pm; 10/3-11/28, 2-4pm; 10/31, no class; SWC Campus

Section 3: Maria Luisa Diaz de Leon Z., MA, REAT, MSMT, MSME

Wednesdays, 10/4 & 12/6, 2-5pm; 10/11-11/29, 2-4pm; Zoom Synchronous

Section 4: Kate Latimer, MA, LPCC

Thursdays, 9/28 & 12/7, 9am-12pm; 10/5-11/30, 9-11am; 11/2, no class; Zoom Synchronous

Section 5: Maria Luisa Diaz de Leon Z., MA, REAT, MSMT, MSME

Thursdays, 10/5 & 12/7, 9am-12pm; 10/12-11/30, 9-11am; Zoom Synchronous

Section 6: Nina Gonzales, MA

Thursdays, 9/28 & 12/7, 2-5pm; 10/5-11/30, 2-4pm; 11/2, no class; Zoom Synchronous

Section 7: Awbrey Willett, MA, LMHC

Thursdays, 9/28 & 12/7, 2-5pm; 10/5-11/30, 2-4pm; 11/2, no class; SWC Campus

PSYCHOPATHOLOGY: DIAGNOSIS AND TREATMENT OF MENTAL AND EMOTIONAL DISORDERS (CN AT 581-5)

\$2504/4 quarter units

Section 1: Micaela Wood, MA, LPCC

Wednesdays, 9/27-12/6, 10am-1pm; Zoom Synchronous plus Asynchronous

Section 2: Jennifer Albright Knash, DAT, ATRL-BC, LPAT, LPC/AODA, LPCC, CCTP

Thursdays, 9/28-12/7, 9am-12pm; Zoom Synchronous plus Asynchronous

Section 3: Micaela Wood, MA, LPCC

Thursdays, 9/28-12/7, 11am-2pm; Zoom Synchronous plus Asynchronous

Section 4: Rochelle Calvert, PhD, CMT, SEP

Fridays, 9/29-12/8, 9am-12pm; SWC Campus plus Asynchronous

PSYCHOPATHOLOGY: PSYCHOPHARMACOLOGY (CN AT 581-4)

\$313/.5 quarter units

Allison Davis, PhD, LPCC

Jennifer Albright Knash, DAT, ATRL-BC, LPAT, LPC/AODA, LPCC, CCTP

Jefferson Davis, MD, Guest Speaker

Wednesdays, 10/18 & 10/25, 4-6pm; Zoom Synchronous plus Asynchronous

STUDIO ART (AT/CN 594)

\$626/1 quarter units

Section 1: Tiernee Schatz, MS, ATR, LPC, NCC

Mondays, 9/25, 10/9, 10/23, 11/6, 11/27, 12-2pm; Zoom Synchronous

Section 2: Tiernee Schatz, MS, ATR, LPC, NCC

Thursdays, 9/28, 10/12, 10/26, 11/9, 11/30, 4-6pm; Zoom Synchronous

Section 3: Pat Lopez, MA, LMHC

Thursdays, 9/28, 10/12, 10/26, 11/9, 11/30, 6-8 pm; SWC Campus

FALL 2023 NEI CERTIFICATE CLASSES

NOTE: NEI CERTIFICATE CLASSES CAN BE TAKEN:

- For credit, 2-quarter unit price: This has to be taken as an elective as part of your degree program: Please use the registration process via Populi to register for credit.
Please see "NEI Course Registration Info" in the Student and Career Services Group in the File called "Electives/NEI Courses—info on how to register for them".
- NC (Non-credit) by SWC students for the NC price: Classes taken for non-credit still count toward certificate completion. Use this link <https://newearth.regfox.com/nei-registration-form> to register for non-credit NEI classes any time.
- 16 CEUs available for licensed counselors and art therapists.
- Refunds of tuition will be made to students who complete the withdrawal procedure from weekend New Earth Institute/Certificate classes according to the following schedule: 100% refund up to 72 hours before class. No refunds less than 72 hours before class. A \$50 administrative fee will be deducted from all refunds. Please contact the Registrar's Office, andreapacheco@swc.edu to process your cancellation.

PSYCHEDELIC STUDIES (PS) CERTIFICATE

THE PSYCHEDELIC MOVEMENT: PIONEERS IN THE HISTORY, RESEARCH, AND CURRENT POLICY DEVELOPMENT (PS 5100)

\$375/16 CEUs/non-credit or \$1252/2 quarter units/credit

Amy Wong Hope, MA, LCSW

Saturday & Sunday, 9/30 & 10/1, 2023, 9am-6:30pm; Zoom Synchronous

This course explores the complex history of psychedelics, past and current legal status, policy development, and potential uses. A combination of lectures, discussions, readings, and experiential exercises will support students as they explore the various ways in which psychedelic compounds have been used throughout history from ancient Indigenous practices up to current controversies surrounding their therapeutic benefits. Topics covered in this course will include an overview of modern psychedelic research and how it has been influenced by Indigenous usage, the political and cultural opinions about psychedelics in the 1970s, the current legal status of psychedelic compounds across the globe, and legalization/decriminalization. The various potential uses of these substances in therapy for mental health issues and for creativity and personal growth will be discussed. Students will be invited to contribute to current debates as well as discern relevant evidence-based resources in psychedelic studies.

16 hours toward the Psychedelic Studies Certificate.



Amy Wong Hope, MA, LCSW, is the Certificate Program Director of the Psychedelic Studies Certificate. Amy is trained as an MDMA-assisted therapist through the (MAPS) Multidisciplinary Association for Psychedelic Studies and co-author of *Small Doses of Awareness: A Microdosing Companion* (due to be published spring 2024). Amy maintains a private practice with a focus on trauma-informed modalities and shame-resilience approaches that support clients in restoring emotional, somatic, and relational resiliency.

ECOTHERAPY (TE) CERTIFICATE

RHYTHMS, CYCLES, AND ELEMENTS OF HEALING WITH NATURE: FINDING OUR WAY (TE 5450)

\$375/16 CEUs/non-credit or \$1252/2 quarter units/credit

Rochelle Calvert, PhD, CMT, SEP

Friday, 10/6, 6-8pm, Saturday, 10/7, 9am-6pm, & Sunday, 10/8, 9am-4pm; AT classroom/SWC Campus

We all have the capacity to find our way with our own rhythms, cycles, and connection to nature to heal. In this course we will explore nature-based teachings and practices to connect to the rhythms, cycles, and elements of nature to heal our inner landscape and experience ways to live in a more deeply interconnected way with life. Most people are disconnected from themselves and from the health they can experience when living in balance and harmony with life. We will cultivate learning to listen to nature's rhythms and the movements of life, develop ways to integrate the cycles of the seasons into life, and explore deepening our relationship to the elements to support health physically, mentally, emotionally, and spiritually. During this course there will be an opportunity to deepen your personal relationship with nature's healing and integrate your own unique wisdom of connection with nature (i.e., gardening, ecotherapy art, animal supported therapy, plant medicines) to expand its healing potential into your ecotherapy practice to share with your clients.

16 hours toward the Ecotherapy Certificate.



Rochelle Calvert, PhD, CMT, SEP, is the author of *Healing with Nature: Mindfulness and Somatic Practices to Heal from Trauma*. She has studied and taught mindfulness for the past 19 years and personally knows the transformational potential. Dr. Calvert currently leads courses, workshops, and treats in mindfulness and somatic experiencing in nature. As a licensed clinical psychologist and founder of New Mindful Life, she supports her clients, taking them into nature with the aid of Bertha Grace, a Sprinter van that serves as a mobile therapy office. www.newmindfullife.com

HUMAN SEXUALITY (HS) CERTIFICATE

ANATOMY OF COUPLE'S THERAPY (HS 5900)

\$375/16 CEUs/non-credit or \$1252/2 quarter units/credit

Laura Rademacher, MA, LMFT, CST, CST-S

Saturday & Sunday, 10/14 & 10/15, 9am-6:30pm; Zoom Synchronous

Drawing from the work of Resmaa Menakem, John and Julie Gottman, and Ester Perel, this course introduces participants to current theories and practices for working with couples. Particular emphasis is placed on helping clients develop a capacity for mutual recognition and empathic attunement. Students will practice renegotiating the relationship based on a more conscious understanding of each partner's individual subjectivity using Resmaa Menakem's somatic concept of the five anchors for clients and therapists alike to remain present and effective during conflict. Connections between consent and pleasure, and the dichotomy of safety versus passion will be examined. Students are introduced to diverse ways of working with couples' desire discrepancies, infidelities, and loss of interest.

16 hours toward the Human Sexuality Certificate.



Laura Rademacher, MA, LMFT, CST, CST-S, is the Director of the Human Sexuality Certificate program. She is an AASECT certified sex and relationship therapist with over 15 years of experience as a sex-positive sexual health educator. She is the author of *"The Principles of Pleasure: Working with the Good Stuff as Sex Therapists and Educators."*

CHILDREN'S MENTAL HEALTH (CMH) CERTIFICATE

THE NEUROPSYCHOLOGY OF SANDPLAY THERAPY AND TRAUMA (CMH 5050-3)

\$375/16 CEUs/non-credit or \$1252/2 quarter units/credit

Lorraine Freedle, PhD, Licensed Psychologist, LCSW, ABPdN, CST-T

Friday, 10/27, 5-8pm, Saturday 10/28, 10am-6pm, Sunday, 10/29, 10am-6pm; AT classroom/SWC Campus

This course provides an overview of the neuropsychology of trauma and sandplay therapy. Students will explore the impact of trauma on the brain, body, and psyche/soul and discover how sandplay heals trauma from a neuropsychological perspective. Leading theories on trauma treatment are reviewed and applied to case studies in sandplay with an emphasis on theories rooted in neurodevelopment, depth psychology, affective neuroscience, and body-centered therapies. Through participation in lecture/discussion, interaction with myth and symbol, compelling case studies, and personal artwork, journaling, and other experiential activities you will have the opportunity to connect on a deep level to this work and to integrate concepts. Training or coursework in Sandplay Therapy, such as Foundations of Jungian Sandplay Therapy (CMH 5055), is recommended prior to taking this course. Students who do not have prior training or coursework in Sandplay Therapy should contact the instructor for suggested preparations.

16 hours toward the Children's Mental Health Certificate.



Lorraine Freedle, PhD, LCSW, ABPdN, CST-T, is an international sandplay teacher (STA/ISST) and executive clinical director for TeamBuilders Behavioral Health in New Mexico and Pacific Quest on Hawai'i Island. Her private practice is Black Sand Neuropsychological Services, Inc. in Hilo, Hawai'i. Dr. Freedle is the research editor for the Journal of Sandplay Therapy.

TRAUMA, GRIEF, AND RENEWAL (TGR) CERTIFICATE

THE ART OF HEALING GRIEF AND TRAUMA (TGR 5300)

\$375/16 CEUs/non-credit or \$1252/2 quarter units/credit

Rev. Ted Wiard, EdD, LPCC, CCMHC

Saturday & Sunday, 11/11 & 11/12, 2023, 9am–6pm; Zoom Synchronous

This course will focus on the transformational process involved in working with people experiencing grief. Students will learn to differentiate between trauma and grief and how the brain responds to each differently. Through readings, experiential exercises, understanding of cultural competencies, guided imagery, ritual, ceremony, and mindfulness activities, participants will receive resources to be able to assess situations and provide support to individuals, families, groups, and communities experiencing loss, grief, and trauma.

16 hours toward the Trauma, Grief, and Renewal Certificate.



Rev. Ted Wiard, EdD, LPCC, is the Director of the Trauma, Grief, and Renewal Certificate. Dr. Wiard is the founder and Director of Golden Willow Counseling and Golden Willow Retreat Center. He is also the clinical director for Rio Grande Alcohol and Drug Treatment Program. Dr. Wiard also maintains a private practice.

ADDICTIONS, ABUSE, AND RECOVERY (AAR) CERTIFICATE

HOLISTIC MODELS & BIOPSYCHOSOCIAL ASPECTS OF ADDICTION AND RECOVERY (AAR 5000-2)

\$375/16 CEUs/non-credit or \$1252/2 quarter units/credit

Jennifer Albright Knash, DAT, ATRL-BC, LPAT, LPC/AODA, LPCC, CCTP

Saturday & Sunday, 12/2 & 12/3, 9am–6:30pm; Zoom Synchronous

This course is designed to equip students with an overview of holistic approaches to understanding the biological, psychological, and social aspects of addiction. Students will examine vulnerability to addictive patterns and cycles stemming from genetic predispositions, family systems, trauma, and ideas of spiritual malady. The disease concept, chemical addiction, self-medication, and process addiction will also be explored. Participants will examine theories of substance recovery in conjunction with experiential treatment techniques.

16 hours toward the Addictions, Abuse, and Recovery Certificate.



Dr. Albright Knash, DAT, ATRL-BC, LPAT, LPC/AODA, LPCC, CCTP, resides in Cudahy, Wisconsin near Milwaukee where she operates a small private practice; her focus has been working with children, adolescents, and adults who have experienced cumulative trauma. She graduated in 2003 from Southwestern College and received her doctor in 2017; her dissertation described utilizing art therapy as a bottom up processing intervention for cumulative trauma repair in the framework of Bruce Perry's Neurosequential Model of Therapeutics. Throughout Dr. Albright Knash's career, she has worked with experiential methods such as art therapy and somatic work to address addictive patterns while simultaneously empowering clients in the process of trauma repair.

NOTE: All class times are in Mountain Daylight Time (MDT).

Please next page for

Ethical Decision Making with Multiple Relationships: When to Lean In and When to Run for the Hills



SOUTHWESTERN COLLEGE & NEW EARTH INSTITUTE

Consciousness-Centered Graduate School www.swc.edu info@swc.edu



Community Lecture Sponsored by the New Earth Institute

Free and Open to the Public or \$20 for 2 CEUs

Tuesday, November 7, 2023, 6 - 8pm via Zoom

Ethical Decision Making with Multiple Relationships: When to Lean In and When to Run for the Hills

Presented by Kate Latimer, MA, LPCC

Multiple relationships can be daunting and confusing for counselors and clients alike. While ethical codes caution that they should be avoided, the reality is that sometimes we must find ways to navigate the complex social dynamics that arise when multiple relationships catch us in the crosshairs. Living in a small town, working in a milieu environment, and engaging in community activities can exacerbate these challenges and make counselors feel like they need to hide away at home so they don't bump into a client at the gym, at a restaurant, a party, or other location. Boundaries need to be assessed, asserted, and maintained in these situations, but where to we draw the line? How do we proceed without doing harm, protect the therapeutic container, and honor our humanity as relational beings? Join Kate Latimer, MA, LPCC, for an exploration of how we can navigate multiple relationships through ethical decision making, consultation, and compassionate dialogue.

Register for lecture or register/pay for CEUs online at <https://newearth.regfox.com/community-lecture>

Questions: lecture@swc.edu



Kate Latimer, MA, LPCC, has presented locally and nationally on various topics related to ethical practice in mental health. She has worked as a mental health counselor and educator for nearly two decades while living in New Mexico. She specializes in trauma informed care, integrating transpersonal and somatic approaches with cognitive behavioral therapy as a supervisor and in direct client work.