



SOUTHWESTERN COLLEGE & NEW EARTH INSTITUTE

Consciousness-Centered Graduate School www.swc.edu info@swc.edu



Welcome to Southwestern College!

Ph. 877-471-5756 or 505-471-5756 FAX: 505-471-4071

The mission of Southwestern College is *Transforming Consciousness through Education*. This schedule lists classes for degree-seeking students in Counseling, Art Therapy/Counseling, Consciousness in Action, and Art Therapy for Clinical Professionals. Degree-seeking students choose their electives from the New Earth Institute (NEI) classes.

Spring Quarter Registration Information

Requests for Early Registration are due in writing to the registrar by 5pm, Friday, Feb. 17, 2023 (no exceptions).

NOTE: If you have potential conflicts with certain courses that are offered on the same day and time, please check for an alternate day/time for one of those courses BEFORE the Early Registration Deadline. If you are not able to take a course on the alternate day/time, then you will need to submit an Early Registration request.

Monday, 2/27/2023: Early Registration – morning; New Distance Students – afternoon.

Tuesday, 2/28: Current Distance Students; Thursday, 3/2, All On-Ground Students; Friday, 3/17: Interns

Tuition per quarter unit is \$625. There is an educational resource fee of \$250 per quarter of attendance.

NOTES: **ZOOM SYNCHRONOUS** courses meet at a scheduled time via Zoom. The majority of interaction occurs through Zoom during scheduled class meetings and assignments are submitted through Populi. **ASYNCHRONOUS** courses do not meet at a scheduled time. All coursework is completed in Populi and interactions occur through the discussion board and other interactive learning activities, which may include video reflections/responses. Assignments and learning activities are due per the course schedule and deadlines in Populi. **ZOOM SYNCHRONOUS PLUS ASYNCHRONOUS** courses meet at a scheduled time via Zoom and have additional asynchronous learning activities. These courses are intentionally scheduled to meet for less than the required hours to reduce time on Zoom (e.g. reducing meeting time from 4 hours to 3 hours and replacing 1 hour with asynchronous learning activities).

SPRING 2023 SCHEDULE

APPLIED THEORIES OF HUMAN DEVELOPMENT (CN AT 522-2)

\$2813/4.5 quarter units

Section 1: Greg Guerin, MA, LPC

Mondays, 4/3–6/5, 1–4pm

Zoom Synchronous plus Asynchronous

Section 2: Carlos Gonzalez, PhD, Licensed Psychologist

Mondays, 4/3–6/5, 1–4pm

Zoom Synchronous plus Asynchronous

Section 3: Rob Belgrod, MPS, ATR-BC, ATCS, LCAT, LPAT

Tuesdays, 4/4–6/6, 1–4pm

Zoom Synchronous plus Asynchronous

Section 4: Drew Hutchinson, MA, LMFT

Wednesdays, 4/5–6/7, 9am–12pm

SWC Campus plus Asynchronous

ART THERAPY/COUNSELING INTERNSHIP (AT/CN 698-6L.2)

\$2813/4.5 quarter units

Prerequisite: Completion of all coursework.

Seren Morris, MDiv, MA, ATR-BC, LPCC

Asynchronous

(ART THERAPY) PRACTICUM I & LAB: Helping Relationships w/ Individuals in AT/CN (AT/CN 656-2) \$2500/4 qtr. units

(Mandatory Practicum Orientation, Saturday, April 1, 10am–3pm, Zoom Synchronous.)

Seren Morris, MDiv, MA, ATR-BC, LPCC

Class: Mondays, 4/3–6/5, 1–4pm

Zoom Synchronous for all

Lab 1: Tuesdays, 4/4–6/6, 1–3pm

Lab 2: Wednesdays, 4/5–6/7, 1–3pm

ARTS-BASED RESEARCH (ATCP 598)

\$625/1 quarter unit

Micaela Wood, MA, LPC

Wednesdays, 4/5, 4/19, 5/3, 5/17, 5/31 & 6/7, 4–6pm

Zoom Synchronous plus Asynchronous

ASSESSMENT & APPRAISAL IN ART THERAPY/COUNSELING (AT/CN 664-3)

\$2813/4.5 quarter units

Rob Belgrod, MPS, ATR-BC, ATCS, LCAT, LPAT

Tuesdays, 4/4–6/6, 8am–12pm

Zoom Synchronous plus Asynchronous

CAREER & LIFE DEVELOPMENT (CN AT 625-2)

\$2813/4.5 quarter units

Section 1: Zahira Miller, MA, LPCC

Wednesdays, 4/5–6/7, 9am–12pm

SWC Campus plus Asynchronous

(Cont. next page)

NOTE: All class times are in Mountain Standard Time (MST).

SPRING 2023 SCHEDULE

Section 2: Katie Brammer, PhD, LPCC , LPC

Wednesdays, 4/5–6/7, 1–4pm

Zoom Synchronous plus Asynchronous

CONSCIOUSNESS II: Cultivating the Healing Presence of Love (CN AT 531-3)

\$2500/4 quarter units

Section 1: Katherine Ninos, M.A., LPCC

Tuesdays, 4/4–6/6, 1:30–4:30pm

SWC Campus

Saturday, 4/22, 9am–2pm & Saturday, 5/27, 9am–5pm

Section 2: Susanne Stockman, PhD, LPCC

Tuesdays, 4/4–6/6, 2–5pm

Zoom Synchronous for all

Sunday, 4/23, 9am–1pm & Saturday, 5/27, 9am–5pm

Section 3: Kate Latimer, MA, LPCC

Tuesdays, 4/4–6/6, 2–5pm

Zoom Synchronous for all

Sunday, 4/23, 2–6pm; Sunday, 5/28, 10am–6pm

Section 4: MariaLuisa Diaz De Leon, MA, REAT, RSMT, RSME

Thursdays, 4/6–6/8, 9am–12pm

Zoom Synchronous for all

Saturday, 4/22, 9am–1pm & Saturday, 5/27, 9am–5pm

Section 5: Scott Van Note, MA, LMHC

Thursdays, 4/6–6/8, 2–5pm

SWC Campus

Saturday, 4/22, 9am–2pm; Sunday, 5/28, 9am–5pm

COUNSELING INTERNSHIP I (CN 698-8L.2)

\$2813/4.5 quarter units

Prerequisite: Completion of all coursework.

Kate Latimer, M.A., LPCC

Asynchronous

(COUNSELING) PRACTICUM I & LAB: Helping Relationships w/ Individuals in CN (CN 656-2)

\$2500/4 quarter units

(Mandatory Practicum Orientation Saturday, April 1, 10am–3pm on Zoom.)

Katie Brammer, PhD, LPC, LPCC

Class: Tuesdays, 4/4–6/6, 9am–12pm

Zoom Synchronous

Lab: Tuesdays, 4/4–6/6, 1–2pm

Field Supervision

HERMENEUTICS OF SELF: Transformation and Healing Through Imaginal Ways of Knowing (CN AT 523-4)

\$2500/4 quarter units

Section 1: MariaLuisa Diaz De Leon, MA, REAT, RSMT, RSME

Tuesdays, 4/4–6/6, 9am–1pm

Zoom Synchronous

Section 2: Kate Latimer, MA, LPCC

Thursdays, 4/6–6/8, 9am–1pm

SWC Campus

Section 3: April Vogel, PhD, Licensed Psychologist

Thursdays, 4/6–6/8, 1–5pm

Zoom Synchronous

MULTICULTURAL PERSPECTIVES IN AT/CN with DIVERSE POPULATIONS (AT/CN 597-2)

\$1875/3 quarter units

Section 1: Micaela Wood, MA, LPC

Mondays, 4/3–6/5, 1–4pm

Zoom Synchronous

Section 2: Debra Irizarry, MA, ATR-BC, LPAT

Mondays, 4/3–6/5, 5:30–8:30pm

SWC Campus

Section 3: Micaela Wood, MA, LPC

Tuesdays, 4/4–6/6, 9am–12pm

Zoom Synchronous

Section 4: Debra Irizarry, MA, ATR-BC, LPAT

Tuesdays, 4/4–6/6, 5:30–8:30pm

SWC Campus

Section 5: Delora Putnam-Bryant, MSAT, ATR-BC

Tuesdays, 4/4–6/6, 4–7pm

Zoom Synchronous

MULTICULTURAL PERSPECTIVES IN COUNSELING w/ DIVERSE POPULATIONS (CN 577-4)

\$1875/3 quarterunits

Section 1: Roxie Ehlert, MA, ATR-BC, LCPC

Mondays, 4/3–6/5, 10am–1pm

SWC Campus

Section 2: Crystal Rozelle-Bennett, MSW, LMSW

Mondays, 4/3–6/5, 4:30–7:30pm

Zoom Synchronous

NOTE: All class times are in Mountain Standard Time (MST).

PROFESSIONAL SEMINAR IN AT/CN: Professional Identity Development (AT/CN 698-6) \$1250/2 quarter units

Section 1: Rob Belgrod, MPS, ATR-BC, ATCS, LCAT, LPAT

Mondays, 4/3–6/5, 6–8pm

Zoom Synchronous

Section 2: Jennifer Albright Knash, DAT, ATRL-BC, LPAT, LPC/AODA, LPCC, CCTP

Tuesdays, 4/4–6/6, 5–7pm

Zoom Synchronous

Section 3: Seren Morris, MDiv, MA, ATR-BC, LPCC

Fridays, 4/7–6/9, 9–11am

SWC Campus

PROFESSIONAL SEMINAR IN COUNSELING I: Counselor Identity Development (CN 698-8) \$1250/2 quarter units

Marika Dillon, MA, ATR-BC, LPC

Mondays, 4/10, 4/24, 5/8, 5/22 & 6/5, 12–2pm

Zoom Synchronous plus Asynchronous

PSYCHOLOGY OF ALTRUISM II: The Call to Serve (CINA 575)

\$1875/3 quarter units

Marna Hauk, PhD

Tuesdays, 4/4, 4/11, 4/25, 5/9, 5/23 & 6/6, 6–7:15pm

Zoom Synchronous plus Asynchronous

PSYCHOPATHOLOGY: PSYCHOPHARMACOLOGY (CN AT 581-4)

\$313/.5 quarter units

Kate Latimer, MA, LPCC; Jennifer Albright Knash, DAT, ATRL-BC, LPAT, LPC/AODA, LPCC, CCTP

Jefferson Davis, MD, Guest Presenter

Wednesday, 4/19 & Wednesday, 4/26, 4–6pm

Zoom Synchronous plus Asynchronous

RESEARCH METHODS AND PROGRAM EVALUATION (CN AT 598-6)

\$2813/4.5 quarter units

Section 1: Randal Lea, MA

Tuesdays, 4/4–6/6, 4–7pm

Zoom Synchronous plus Asynchronous

Section 2: Amy Lueck, MA, LMHC

Fridays, 4/7–6/9, 9am–12pm

SWC Campus plus Asynchronous

SPRING 2023 NEI CERTIFICATE CLASSES

NOTE: NEI CERTIFICATE CLASSES CAN BE TAKEN:

- For NC (Non-credit) by SWC students for the NC price. Classes taken for non-credit still count toward certificate completion. Use the link below to register for non-credit NEI classes any time.
- For the 2 quarter unit price if it is taken as an elective as part of your degree program. Please use the registration process via Populi to register for credit.

Registrations for NEI Certificate Program classes are ongoing and can be completed online at <https://newearth.regfox.com/nei-registration-form>.

APPLIED INTERPERSONAL NEUROBIOLOGY (AIN) CERTIFICATE

ALL ABOARD: STRATEGIES FOR EXPERIENTIALLY ENGAGING PARTS WORK (AIN 5350)

Scott Van Note, MA, LMHC

\$375/16 CECs or \$1250/2 quarter units

Saturday & Sunday, 4/29 & 4/30, 2023, 9am–6:30pm

SWC Campus

Clients often enter therapy with a sense of internal contradiction, or an inner conflict between parts of self, requiring assistance with integrating exiled or disowned parts. This course is designed to explore perspectives and skills gleaned from several experiential approaches to parts work processing, including IFS (Internal Family Systems) and AEDP (Accelerated Experiential Dynamic Psychotherapy), as well as the compassion-based parts-work practice adapted by Tsultrim Allione called “Feeding Your Demons” from Tibetan Buddhism. Parts-work models understand the outer personality structure as composed of protector parts that form early in life as survival skills, but that can later prove maladaptive to our well-being. Underneath all protectors are “exiles”-- or childhood parts-- rooted in innocence, playfulness, and love, waiting to be shown safety and an opportunity to freely feel and express dissociated feelings; to be reunited within a larger sense of self. During this weekend we will ground ourselves in the core sense of the centered-self through mindfulness and somatic practices. In watching clinical videos of parts-work sessions we will track our responses and learn ways to work with activated parts. Through dyadic work we will experientially explore how to dialogue with the parts of self that can emerge in us as clinicians while in session, practicing techniques for integrating the many and varied parts – protectors and exiles – which comprise the rich and complex human psychic ecology. 16 contact hours toward the Applied Interpersonal Neurobiology Certificate.



Scott Van Note, MA, LMHC, is a Licensed Mental Health Counselor in private practice in Santa Fe, New Mexico, working with a broad spectrum of clients. He also worked for several years in an intensive outpatient program in Albuquerque, treating substance abuse issues, PTSD, and co-occurring disorders, while facilitating weekly anger management and relapse prevention groups. Scott's practice incorporates AEDP along with the parts work of IFS, engaging the client's whole person as well as the inner-child, on pathways towards catharsis, reunion, and integration.

SPRING 2023 NEI CERTIFICATE CLASSES

ECOTHERAPY (TE) CERTIFICATE

OUR ECOLOGICAL CRISIS: HEALING THE TRAUMA OF THE EARTH (TE 5800)

Rochelle Calvert, PhD, CMT, SEP

\$375/16 CECs or \$1250/2 quarter units

Friday, 5/5, 6–8pm; Saturday, 5/6, 9am–6pm; Sunday, 5/7, 2023, 9am–4pm Offered via Zoom

The earth is experiencing trauma in the form of our current ecological crisis, which directly impacts the health and wellbeing of humanity. The relationship between the earth's suffering and our own will be examined as well as how to awaken care and compassion in order to heal the trauma of our disconnection from the earth. We will discuss how healing can occur through activism and participation in environmental movements locally and globally. Therapeutic processes for reconnecting with the Earth to support clients who may be experiencing eco-grief or eco-anxiety related to ecological trauma.

16 contact hours toward the Ecotherapy Certificate.



Rochelle Calvert, PhD, CMT, SEP, is the author of *Healing with Nature: Mindfulness and Somatic Practices to Heal from Trauma*. She has studied and taught mindfulness for the past 19 years and personally knows the transformational potential. Dr. Calvert currently leads courses, workshops and treats in mindfulness and somatic experiencing in nature. As a licensed clinical psychologist and founder of New Mindful Life, she supports her clients taking them into nature with the aid of Bertha Grace, a Sprinter van that serves as a mobile therapy office. www.newmindfullife.com

TRAUMA, GRIEF & RENEWAL (TGR) CERTIFICATE

DYING TO KNOW: ISSUES OF DEATH AND DYING FOR THE PROFESSIONAL (TGR 5200)

Rev. Ted Wiard, EdD, LPCC

\$375/16 CECs or \$1250/2 quarter units

Saturday & Sunday, 5/13 & 5/14, 2023, 9am–6:30pm

Offered via Zoom

Topics covered include the natural process of dying, hospice and palliative care, the exploration of the nature and impact of different types of death, issues for survivors, funeral practices and transitional rituals in a cross-cultural context.

16 contact hours toward the Trauma, Grief and Renewal Certificate.



Rev. Ted Wiard EdD, LPCC, is the Director of the Trauma, Grief and Renewal Certificate. Dr. Wiard is the founder and Director of Golden Willow Counseling and Golden Willow Retreat Center. He is also the clinical director for Rio Grande Alcohol and Drug Treatment Program. Dr. Wiard also maintains a private practice.

HUMAN SEXUALITY (HS) AND CHILDREN'S MENTAL HEALTH (CMH) CERTIFICATES

ADOLESCENT SEXUALITY: NAVIGATING SELF, RELATIONSHIP AND PARTS UNKNOWN (HS/CMH 5350)

Laura Rademacher, MA, LMFT, CST, CST-S, AASECT

\$375/16 CECs or \$1250/2 quarter units

Saturday & Sunday, 5/20 & 5/21, 2023, 9am–6:30pm

Offered via Zoom

Young people navigate important issues around sexuality, often with little or no sexual education or valuable guidance on the topic. This course will cover sexual development from puberty to adulthood from a psychosocial, attachment informed, relational perspective. Students will learn strategies for working with young people needing guidance and support with sexuality and sexual including assessment, communication, consent, sexual health and safety. We will explore how humor and creative techniques can create a more relaxed atmosphere of trust and empowerment, as well as taking fear and anxiety out of a potentially triggering topic. Participants will explore their own comfort and discomfort with sexual issues affecting adolescents and transference/countertransference will be addressed. Finally, we will explore ethics and rules regarding young people such as confidentiality concerns and reporting.

16 contact hours toward both the Human Sexuality and Children's Mental Health Certificates.



Laura Rademacher, M.A., LMFT, CST, CST-S, AASECT, is the Director of the Human Sexuality Certificate program. She is an AASECT certified sex and relationship therapist with over 15 years of experience as a sex-positive sexual health educator. She is the author of *"The Principles of Pleasure: Working with the Good Stuff as Sex Therapists and Educators."*

ADDICTIONS, ABUSE & RECOVERY (AAR) CERTIFICATE

CLINICAL SKILLS: USING EXPRESSIVE THERAPIES TO TREAT ADDICTION (AAR 5600)

Alisha Shelbourn, MA, LPAT, LPCC

\$375/16 CECs or \$1250/2 quarter units

Saturday & Sunday, June 3 & 4, 2023, 9am–6:30pm

SWC Campus

Students will explore the expressive therapies that are utilized to assist persons with addiction issues. Specific modalities that will be covered include two-dimensional art directives, mask making, and others. Students will experiment with the integration of art with other approaches including evidence-based practices.

16 Contact hours toward the Addictions, Abuse and Recovery Certificate.



Alisha Shelbourn, MA, LPAT, LPCC, has been a therapist for over 15 years, and has a diverse background working with children, families, and individuals at varying stages of treatment and recovery. She has many years' experience in the trauma recovery and addictions fields, including residential and outpatient programs. She currently maintains a private practice and an intensive outpatient program focused on treating addictions and trauma.



Community Lecture Sponsored by the New Earth Institute

Free and Open to the Public or \$20 for 2 CECs

Tuesday, April 18, 6 - 8pm via Zoom

Ethical Considerations for Counseling Suicidal Children:

Screening, Assessment, and Safety Planning

Presented by Katie Brammer, PhD, LPC, LPCC

Professional counselors are legally required to take steps in preventing client suicide, and yet evidence-based literature, training efforts, and supervision concerned with effectively screening, assessing, and intervening suicidal children remains negligible. Addressing suicide among children requires counseling professionals to cultivate developmentally appropriate awareness, knowledge, and skills to ethically work with youth and families. In this presentation, participants will learn common suicide warning signs and risk factors for children, developmentally suitable screening and assessment tools, and ethical interventions and safety planning skills to provide support to youth who are suicidal and their families.

RSVP to lecture@swc.edu or register yourself here: <https://newearth.regfox.com/nei-registration-form>



Katie Brammer PhD, LPC, LPCC, (She, Her, Hers) is a Counselor Educator with a background as both a Mental Health Clinician and School Counselor. She views her teaching, scholarship, counseling, and supervisory practices as holistic and collaborative, and tailors transformational approaches into her work with the anticipation that needs of each individual are met.

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