


Welcome to Southwestern College
Ph. 877-471-5756 or 505-471-5756. FAX: 505-471-4071

The mission of Southwestern College is Transforming Consciousness through Education. This schedule lists classes for degree-seeking students in Counseling, Art Therapy/Counseling, Consciousness in Action, and Art Therapy for Clinical Professionals. Degree-seeking students choose their electives from the New Earth Institute (NEI) classes.

SUMMER QUARTER REGISTRATION INFORMATION

Requests for Early Registration are due by 5pm, Friday, May 5, 2023 (no exceptions). Submit this form <https://swc.populiweb.com/router/groups/806/folders/253279/show> to the Registrar (andreapacheco@swc.edu) NOTE: If you have a schedule conflict between certain courses that are offered on the same day and time, or your employment, childcare, travel, health, or something else, please check for an alternate day/time for one of those courses BEFORE the Early Registration Deadline. If you are not able to take a course on the alternate day/time, you will need to submit an Early Registration request.

Monday, 5/22/23: Early Registration. Tuesday, 5/23/23: Distance Students.
Thursday, 5/25/23: On-Ground Students. Friday, 6/2/23: Interns.

Tuition per quarter unit is \$625. There is an educational resource fee of \$250 per quarter of attendance.

NOTES: ZOOM SYNCHRONOUS courses meet at a scheduled time via Zoom. Most of the interaction occurs through Zoom during scheduled class meetings and assignments are submitted through Populi. ASYNCHRONOUS courses do not meet at a scheduled time. All coursework is completed in Populi and interactions occur through the discussion board and other interactive learning activities, which may include video reflections/responses. Assignments and learning activities are due per the course schedule and deadlines in Populi. ZOOM SYNCHRONOUS PLUS ASYNCHRONOUS courses meet at a scheduled time via Zoom and have additional asynchronous learning activities. These courses are intentionally scheduled to meet for less than the required hours to reduce time on Zoom (e.g., reducing meeting time from 4 hours to 3 hours and replacing 1 hour with asynchronous learning activities).

SUMMER QUARTER SCHEDULE
NOTE: All class times are in Mountain Daylight Time (MDT).
ART THERAPY/COUNSELING CAPSTONE PROCESS: PART I (AT/CN 637-A) \$313/.5 Quarter Units
Must be taken with AT/CN Practicum II

Jennifer Albright Knash, DAT, ATRL-BC, LPAT, LPC/AODA, LPCC, CCTP

Mondays, 6/26, 7/17, & 8/28, 5-7pm; Zoom Synchronous

Sunday, 8/13, 10am-4pm; SWC Campus

ART THERAPY/COUNSELING CAPSTONE PRESENTATIONS: PART II (AT/CN 637-B) \$313/.5 Quarter Units
Must be taken with AT/CN Internship

Jennifer Albright Knash, DAT, ATRL-BC, LPAT, LPC/AODA, LPCC, CCTP

Wednesdays, 6/28, 4-5:30pm & 8/30, 4-5:30pm; Zoom Synchronous plus Asynchronous

ART THERAPY/COUNSELING INTERNSHIP II (AT/CN 698-7L.2) \$2813/4.5 Quarter Units
Prerequisite: Completion of all coursework.

Seren Morris, MDiv, MA, ATR-BC, LPCC

6/26-9/3; Asynchronous

COUNSELING INTERNSHIP II (CN 698-9L.2) \$2813/4.5 Quarter Units

Kate Latimer, MA, LPCC

6/26-9/3; Asynchronous

GROUP DYNAMICS (CN AT 543-2) \$2813/4.5 Quarter Units
Section 1: Drew Hutchinson, MA, LMFT

Wednesdays, 6/28-8/30, 9am-1pm; SWC Campus

Section 2: Carlos Gonzalez, PhD, Licensed Psychologist

Wednesdays, 6/28-8/30, 2-5pm; Zoom Synchronous plus Asynchronous

Section 3: Micaela Wood, MA, LPC

Wednesdays, 6/28-8/30, 2-5pm; Zoom Synchronous plus Asynchronous

Section 4: Maria Luisa Diaz de Leon Z., MA, REAT, RSME/T

Thursdays, 6/29-8/31, 9am-12pm; Zoom Synchronous plus Asynchronous

Section 5: Micaela Wood, MA, LPC

Thursdays, 6/29-8/31, 9am-12pm; Zoom Synchronous plus Asynchronous

Section 6: Roxie Ehlert, MA ATR-BC, LCPC

Thursdays, 6/29-8/31, 1-5pm; SWC Campus

HERMENEUTICS OF SELF: Transformation and Healing Through Imaginal Ways of Knowing (CN AT 523-4)

\$2500/4 Quarter Units

Section 1: Maria Luisa Diaz de Leon Z., MA, REAT, RSME/T

Tuesdays, 6/27-8/29, 9am-1pm; Zoom Synchronous

Section 2: Kate Latimer, MA, LPCC

Tuesdays, 6/27-8/29, 2-6pm; SWC Campus

Section 3: April Vogel, PhD, Licensed Psychologist

Thursdays, 6/29-8/31, 2-6pm; Zoom Synchronous

MASTER'S THESIS AND PRESENTATION (CINA 600)

\$3125/5 Quarter Units

Rahima Schmall, PhD, RN

6/26-9/3

6/29, 10am-12pm, plus other days TBD by instructor & students; Zoom Synchronous plus Asynchronous

(Art Therapy) PRACTICUM II & LAB: Helping Relationships w/ Groups, Couples & Families in AT/CN (AT/CN 657-2)

\$2500/4 Quarter Units

Seren Morris, MDiv, MA, ATR-BC, LPCC

Class: Mondays, 6/26-8/28, 1-4pm; Zoom Synchronous

Lab 1: Tuesdays, 6/27-8/29, 1-2:30pm; Zoom Synchronous

Lab 2: Wednesdays, 6/28-8/30, 1-2:30pm; Zoom Synchronous

(Counseling) PRACTICUM II & LAB: Helping Relationships w/ Groups, Couples & Families in CN (CN 657-3)

\$2500/4 Quarter Units

Katie Brammer, PhD, LPCC

Class: Tuesdays, 6/27-8/29, 9am-12pm; Zoom Synchronous

Lab: Tuesdays, 6/27-8/29, 1-2pm; Asynchronous Field Supervision

PROFESSIONAL SEMINAR IN AT/CN: Professional Orientation (AT/CN 698-7)

\$1250/2 Quarter Units

Section 1: Rob Belgrod, MPS, ATR-BC, ATCS, LCAT, LPAT

Mondays, 6/26-8/28, 6-8pm; Zoom Synchronous

Section 2: Jennifer Albright Knash, DAT, ATR-BC, LPAT, LPC/AODA, LPCC, CCTP

Tuesdays, 6/27-8/29, 5-7pm; Zoom Synchronous

Section 3: Seren Morris, MDiv, MA, ATR-BC, LPCC

Fridays, 6/30-9/1, 9-11am; SWC Campus

PROFESSIONAL SEMINAR IN COUNSELING II: ORIENTATION TO THE COUNSELING PROFESSION (CN 698-9)

\$1250/2 Quarter Units

Kate Latimer, MA, LPCC

Mondays, 6/26, 7/10, 7/24, 8/7, 8/21, 12-2pm; Zoom Synchronous plus Asynchronous

RESEARCH METHODS AND PROGRAM EVALUATION (CN AT 598-6)

\$2813/4.5 quarter units

Section 1: Randal Lea, MA

Tuesdays, 6/27-8/29, 4-7pm; Zoom Synchronous plus Asynchronous

Section 2: Katie Brammer, PhD, LPCC

Wednesdays, 6/28-8/30, 1-4pm; Zoom Synchronous plus Asynchronous

Section 3: Amy Lueck, MA, LMHC

Fridays, 6/30-9/1, 9am-12pm; SWC Campus

Section 4: Pam Rice, MHR, ART, LPC

Fridays, 6/30-9/1, 9am-12pm; Zoom Synchronous plus Asynchronous

SUMMER 2023 NEI CERTIFICATE CLASSES**NOTE: NEI CERTIFICATE CLASSES CAN BE TAKEN:**

- For credit, 2-quarter unit price: This has to be taken as an elective as part of your degree program: Please use the registration process via Populi to register for credit.
Please see "NEI Course Registration Info" in the Student and Career Services Group in the File called "Electives/NEI Courses—info on how to register for them".
- NC (Non-credit) by SWC students for the NC price: Classes taken for non-credit still count toward certificate completion. Use this link <https://newearth.regfox.com/nei-registration-form> to register for non-credit NEI classes any time.
- 16 CECs available for licensed counselors and art therapists.

TRAUMA, GRIEF, AND RENEWAL (TGR) CERTIFICATE**TRAUMA THEORY, PROCESS, AND INTERVENTIONS (TGR 5400)**

\$375/16 CECs/non-credit or
\$1250/2 quarter units/credit

Rev. Ted Wiard, EdD, LPCC

Saturday & Sunday, 7/1 & 7/2, 2023, 9am–6:30pm; Zoom Synchronous

This course will introduce current trauma theories, PTSD and many prevalent modalities of trauma treatment and traumatic grief. We will explore the neurobiology of trauma and its effects on the brain, the body, the mind, and emotional functioning. Participants will be introduced to many of the tools and interventions and their appropriate applications presently being used in trauma counseling, with some emphasis on somatic experiencing. Traumatic grief and loss and the trauma of facing one's own death will also be introduced. The interventions discussed will be framed in the context of a sequential three-stage treatment model. Experiential exercises will assist students in exploring and assessing the effect of trauma in their own lives. Vicarious trauma and therapist self-care will also be explored.

16 hours toward the Trauma, Grief, and Renewal Certificate.



Rev. Ted Wiard, EdD, LPCC, is the Director of the Trauma, Grief, and Renewal Certificate. Dr. Wiard is the founder and Director of Golden Willow Counseling and Golden Willow Retreat Center. He is also the clinical director for Rio Grande Alcohol and Drug Treatment Program. Dr. Wiard also maintains a private practice.

ADDICTIONS, ABUSE, AND RECOVERY (AAR) CERTIFICATE**EMERGING TRENDS IN PSYCHOPHARMACOLOGY: ETHICAL USE OF PSYCHEDELICS AND OTHER SUBSTANCES USED TO TREAT ADDICTION (AAR 5800-2)**

\$375/16 CECs/non-credit or
\$1250/2 quarter units/credit

Amy Wong Hope, MA, LCSW

Saturday & Sunday, 7/22 & 7/23, 2023, 9am–6:30pm; Zoom Synchronous

This course will provide participants with an overview of the history, science and current ethical perspectives on psychedelic compounds used in the treatment of addiction. Ethical considerations regarding therapeutic application and intervention models and assessing problematic versus therapeutic use of substances will also be explored. Students will be invited to examine internalized cultural messaging and bias at a micro level, while engaging in critical analysis of the effects of the “War on Drugs” on policy, research, treatment, and popular opinion at the macro level. New research and therapeutic models involving psilocybin, ketamine and ibogaine as substances showing the potential to successfully treat opioid, methamphetamine, tobacco, alcohol, and other addictions will be explored. **16 hours toward the Addictions, Abuse, and Recovery Certificate.**



Amy Wong Hope, LCSW, is the Certificate Program Director of the Psychedelic Studies Certificate. Amy is trained as an MDMA-assisted therapist through the (MAPS) Multidisciplinary Association for Psychedelic Studies and co-author of *Small Doses of Awareness: A Microdosing Companion* (due to be published spring 2024). Amy maintains a private practice with a focus on trauma-informed modalities and shame-resilience approaches that support clients in restoring emotional, somatic, and relational resiliency.

CHILDREN'S MENTAL HEALTH (CMH) CERTIFICATE**CREATIVE THERAPIES FOR CHILDREN AND ADOLESCENTS: ART, PUPPETS, AND NATURE (CMH 5600)**

\$375/16 CECs/non-credit or
\$1250/2 quarter units/credit

Cynthia Fulreader, MA, LPC

Saturday & Sunday, 8/19 & 8/20, 2023, 9am–6:30pm; AT classroom on SWC Campus

Children and adolescents have varying social, emotional, relational, and mental health needs that are different from adults. This course will explore a wide range of creative approaches to assessment and intervention with children and adolescents, including expressive arts, play therapy, puppetry, eco-therapy, and “Creative Gestalt.” Various tools and techniques for supporting children and adolescents in the therapeutic setting, including creative use of the therapy room and outdoor environments, will be examined as powerful players in a child's experience of counseling and therapy. Participants will also experience opportunities for self-healing work with their own inner child or inner adolescent.

16 hours toward the Children's Mental Health Certificate.



Cynthia Fulreader, MA, LPC, is the Director of the Children's Mental Health Certificate Program. She has over 35 years professional experience as a child and family therapist and has been a bilingual school counselor and program consultant. She maintains a private practice in Santa Fe.

ECOTHERAPY (TE) CERTIFICATE

WILDERNESS FAST (TE 5700)

\$1250/2 quarter units or 16 CECs
Additional fees of \$447 cash to be paid
directly to our Navajo Guide before entering
the canyon
Tuition for the Wilderness Fast is non-
refundable after 7/28/23

Katherine Ninos, MA, LPCC and Carol Parker, PhD, LPCC

Sunday, 8/6/23, 2-4pm Mandatory Orientation in AT classroom on SWC campus

Saturday, 9/2 – Sunday, 9/10, 2023; Canyon de Chelly, Arizona

The Wilderness Fast ceremony is a deeply transformative experience in which participants spend four days alone with no food and a minimum of material comforts. The three stages of rite of passage (severance, threshold, and incorporation) are guided by experienced facilitators who also provide instruction in basic wilderness safety and support for this unique opportunity for personal transformation and contact with nature in a wilderness environment. The structure for the wilderness fast as taught by The School of Lost Borders and drawn from Native American cultural practices, is not identical to the specific vision quest ceremonies of any cultural group. This year's Fast is currently full. If you would like to be on the list for 2024 or 2025, please email katherineninos@swc.edu.

16 hours toward the Ecotherapy Certificate.



Katherine Ninos, MA, LPCC, is Executive Vice President of SWC and Director of the New Earth Institute Programs. She is an experienced clinician, ceremonialist, and consciousness teacher.

Carol Parker, PhD, LPCC, training as a wilderness fast guide with the School of Lost Borders and has studied with indigenous healers from the Amazon and the Andes. Since 1997, she has led groups to sacred sites in the southwestern US, Peru, and Hawaii.

NOTE: All class times are in Mountain Daylight Time (MDT).



SOUTHWESTERN COLLEGE & NEW EARTH INSTITUTE

Consciousness-Centered Graduate School www.swc.edu info@swc.edu



Community Lecture Sponsored by the New Earth Institute

Free and Open to the Public or \$20 for 2 CECs

Tuesday, June 27th, 6 - 8pm via Zoom

Ethical Considerations Regarding Psychedelic-Assisted Therapy

Presented by Amy Wong Hope, LCSW

This lecture will explore ethical considerations that mental health professionals should be aware of regarding the emerging field of psychedelic assisted therapy. Participants will receive support with fielding questions from clients and learn how to participate in collaborative care with adjunct providers in service to clients who are considering or engaging in this form of therapy. Stages and qualities that make psychedelics a third-wave pharmacological intervention, including information about treatment frameworks, scientific research, ethical and cultural considerations, accessibility, the state of legality here in NM will be discussed.

RSVP to lecture@swc.edu or register /pay for CECs online at <https://newearth.regfox.com/community-lecture>



Amy Wong Hope is a licensed clinical social worker and director for the psychedelic studies certificate program at the New Earth Institute at Southwestern College in Santa Fe, New Mexico. She is the coauthor of *Small Doses of Awareness: A Microdosing Companion*, which Chronicle Press will publish in spring 2024. She has a private psychotherapy practice focusing on evidence-based practices that support resolving the effects of trauma on neurobiology and attachment styles and restoring resiliency in her clients' lives. She completed her postgraduate fellowship at the Trauma Center at JRI in Boston and is an Albert Schweitzer Fellow for Life. She has advanced training in EMDR, Sensorimotor Psychotherapy, Brainspotting, Internal Family Systems, and mindfulness. Amy is an MDMA-Assisted Therapy therapist trained through the Multidisciplinary Association for Psychedelic Studies (MAPS) at California Institute for Integral Studies (CIIS) and she holds a Diversity, Culture and Social Justice in Psychedelics certification from Chacruna Institute. Her MSW is from Simmons College.