

SPRING 2024 BOOKLIST

List includes only resources that need to be purchased by students. Prices accurate as of 3/12/2024 (various sources), subject to change. TBD = To Be Determined.

Blue highlighted books are available for purchase at the SWC Bookstore as supplies last.

MASTER'S PROGRAM CLASSES

APPLIED THEORIES OF HUMAN DEVELOPMENT (CN AT 522-2)

Required Resources:

- \$103 Kraus, K. (2008). *Lenses: Applying lifespan development theories in counseling*. Lahaska Press. ISBN 9780618370306
- \$17 Plotkin, B. (2007). *Nature and the human soul: Cultivating wholeness and community in a fragmented world*. New World Library. ISBN 9781577315513
- \$164 Arnett, J., Jensen, L. (2018). *Human development: A cultural approach* (3rd Edition). Pearson. ISBN 978134641348

ART THERAPY/COUNSELING INTERNSHIP (AT/CN 698-6L.2)

No required resources to purchase.

(ART THERAPY) PRACTICUM I & LAB: Helping Relationships w/ Individuals in AT/CN (AT/CN 656-2)

Required Resources:

- \$165 American Psychiatric Association (2022). *DSM-5-TR: Diagnostic and statistical manual of mental disorders* (5th Edition). American Psychiatric Association. ISBN 9780890425763
- \$75 Heaton, J. A. (1998). *Building basic therapeutic skills: A practical guide for current mental health practice*. Jossey-Bass. ISBN 9780787939847
- \$99/yr There will be a software fee of approximately \$99.00 for a one-year subscription to Time2Track, used to track practicum and internship hours and other required paperwork. Training in this software will be provided during your practicum experience.

Required Art Supplies:

- TBD Please have art materials available that you enjoy using, including drawing materials and paper.

ARTS-BASED RESEARCH (ATCP 598)

No required resources to purchase.

ASSESSMENT & APPRAISAL IN ART THERAPY/COUNSELING (AT/CN 664-3)

Required Resources:

- \$54 Gilroy, A., Tipple, R., & Brown, C. (Eds.). (2012). *Assessment in art therapy*. Routledge. ISBN 9780415567961
- \$60 Horovitz, E.G. (2014). *The art therapists' primer: A clinical guide to writing assessments, diagnosis, and treatment*. Charles C. Thomas Publisher. ISBN 9780398093389

Required Art Supplies:

- #2 pencil and eraser
8.5 x 11 paper; 12 x 18 paper
Magazines with pictures of people
- TBD White glue
Box of 12 Alphacolor square pastels
8 Crayola crayons
8 Crayola multicolor markers
12 Mr. Sketch watercolor markers

CAREER AND LIFE DEVELOPMENT (CN AT 625-2)

Required Resources:

- \$147 Scharf, R. (2021). *Applying career development theory to counseling* (6th Edition). Cengage. ISBN 9780357670705

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COMPREHENSIVE SCHOOL COUNSELING PROGRAM DEVELOPMENT AND EVALUATION (SCN 600)

- \$112 Erford, B.T. (2019). *Transforming the school counseling profession* (5th Edition). Pearson.
ISBN 9780134610597
- \$63 Murphy, J.J. (2023). *Solution-Focused counseling in schools* (3rd Edition). American Counseling Association. ISBN 9781556203244
- ASCA Membership:
\$69/yr As a requirement of this course, you will need to become a member of ASCA in order to access the resources. A student membership is \$69.00/annual. There is also an option for monthly professional membership (\$12.95 per month).

CONSCIOUSNESS II: Cultivating the Healing Presence of Love (CN AT 531-3)

Required Resources:

- \$16 Emerald, D. (2016). *The power of ted: The empowerment dynamic*. Polaris Publishing.
ISBN 9780996871808
- \$16 Hooks, B. (2001). *All about love: New visions*. Harper Collins Publishers. ISBN 9780060959470
- \$17 Mindell, A. (2014). *Working with the dreaming body* (2nd Edition). CreateSpace Independent Publishing Platform. ISBN 9781500889029
- \$16 Pearson, C.S. (2015). *The hero within: Six archetypes we live by* (3rd Edition). HarperOne.
ISBN 9780062515551

COUNSELING INTERNSHIP I (CN 698-8L.2)

Required Resources:

- \$99/yr Time2Track subscription. Detailed information will be provided during internship orientation.

(COUNSELING) PRACTICUM I: Helping Relationships w/ Individuals in CN (CN 656-4)

Required Resources:

- \$108 Berman, P. (2018). *Case conceptualization and treatment planning: Integrating theory with clinical practice* (4th Edition). Sage Publications, Inc. ISBN 9781506331386

HERMENEUTICS OF SELF: Transformation and Healing Through Imaginal Ways of Knowing (CN AT 523-4)

Required Resources:

Choose One:

- \$20 Foster, J. (2017). *The deepest acceptance: Radical awakening in ordinary life*. Sounds True.
ISBN 9781622038657

OR

- \$16 Sardello, R. (2008). *Silence: The mystery of wholeness*. Heaven & Earth Publishing.
ISBN 9781556437939

Choose One:

- \$16 Johnson, R. (1986). *Inner work: Using dreams and active imagination for personal growth*. Harper & Row. ISBN 9780062504319

OR

- \$22 Turner, T. (2017) *Belonging: Remembering ourselves home*. Her Own Room Press.
ISBN 9781775111207

Required Art Supplies:

- TBD Set of oil or chalk pastels
18x24" Drawing pad

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HISTORY OF ART THERAPY: Founders and Foundations (AT/CN 530)

Required Resources:

- \$70 Junge, M. B. (2010). *The modern history of art therapy in the United States*. Charles C. Thomas Publisher. ISBN 9780398079413

MULTICULTURAL PERSPECTIVES IN ART THERAPY/COUNSELING w/ DIVERSE POPULATIONS (AT/CN 597-2)

Required Resources:

- \$52 Sue, D. et al. (2022). *Counseling the culturally diverse: Theory and practice* (9th Edition). Wiley. ISBN 9781119861904

MULTICULTURAL PERSPECTIVES IN COUNSELING w/ DIVERSE POPULATIONS (CN 577-4)

- \$17 Menakem, R. (2017). *My grandmother's hands: Racialized trauma and the pathway to mending our hearts and bodies*. Central Recovery Press. ISBN 9781942094470
- \$52 Sue, D. et al. (2022). *Counseling the culturally diverse: Theory and practice* (9th Edition). Wiley. ISBN 9781119861904

PROFESSIONAL SEMINAR IN AT/CN: Professional Identity Development (AT/CN 698-6)

Required Art Supplies:

- TBD One stretched canvas, no smaller than 24" x 36" and a camera (phone cameras work). The college has acrylic and tempera paint in a variety of colors. You may wish to bring your own paint (or painting supplies) in order to have specific colors, brushes, etc. If you are taking this as a Zoom synchronous course, you will need to purchase your own painting supplies.

PROFESSIONAL SEMINAR IN COUNSELING I: Counselor Identity Development (CN 698-8)

Required Resources:

- \$95 Corey, G., Herlihy, B. (2014). *ACA ethical standard casebook* (7th Edition). American Counseling Association. ISBN 9781556203213

PSYCHOLOGY OF ALTRUISM II: The Call to Serve (CINA 575)

Required Resources:

- \$17 Brown, A. M. (2017). *Emergent strategy: Shaping change, changing worlds*. AK Press. ISBN 9781849352604
- \$23 Macy, J., & Johnstone, C. (2012). *Active hope: How to face the mess we're in without going crazy*. New World Library. ISBN 9781608687107
- Each student additionally selects a third text, a work of feminist speculative fiction, science fiction, or climate fiction (cli-fi), either from the pre-approved list or in consultation with the instructor. A short list of third text possibilities includes:
- TBD Butler, O. (1995/2019). *Parable of the sower* (Earthseed, Parable 1; reissued). Seven Stories Press.
- Gearhart, S. M. (2002). *Wanderground: Stories of the hill women*. Spinsters Ink.
- Slonczewski, J. (1986). *A door into ocean* (Elysium Cycle #1). Orb.
- Starhawk. (1994). *The fifth sacred thing: A visionary novel*. Bantam.

PSYCHOPATHOLOGY: Psychopharmacology (CN AT 581-4)

No required resources to purchase.

RESEARCH METHODS AND PROGRAM EVALUATION (CN AT 598-6)

- \$112 Heppner, P. P., Wampold, B., Owen, J., Thompson, M. N., & Wang, K. T. (2016). *Research design in counseling* (4th Edition). Cengage Learning. ISBN 9780357670767

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TRAUMA AND CRISIS COUNSELING (CN AT 667)

Required Resources:

- \$37 Hardy, K. V. (2023). *Racial trauma: Clinical strategies and techniques for healing invisible wounds*. Norton Professional Books. (Ch. 5, 13-15). ISBN 9781324030430
- \$33 Porges, S. (2021). *Polyvagal safety: Attachment, communication, self-regulation* (IPNB). WW Norton. ISBN 9781324016274
- \$27 Perry, B.D. & Winfrey, O. (2021). *What happened to you?: Conversations on trauma, resilience, and healing*. Flatiron Books. ISBN 9781529068474

NEI CERTIFICATE PROGRAMS

SEX IN THE SECOND HALF OF LIFE (HS 5250)

Required Resources:

- \$13 Price, J. (2011). *Naked at our age: Talking out loud about senior sex*. Seal Press. ISBN 9781580053389

COUNSELING SKILLS FOR TRAUMA AND GRIEF (TGR 5100)

- \$52 Worden, J. W. (2009). *Grief counseling and grief therapy* (4th Edition). Springer Publishing Co. ISBN 9780826101204

ETHICAL AND CULTURAL ISSUES IN ADDICTION (AAR 5300)

No required resources to purchase.

SOMATIC HEALING WITH NATURE: Transforming Trauma and Living Into Aliveness (TE 5350)

Required Resources:

- \$22 Calvert, R. (2021). *Healing with nature: Mindfulness and somatic practices to heal from trauma*. New World Library. ISBN 9781608687367

THIS IS YOUR BRAIN ON PSYCHEDELICS: Neuroscience, Brain Plasticity, Creativity (PS 5400)

No required resources to purchase.

ALL ABOARD: Strategies for Experientially Engaging Parts Work (AIN 5350)

No required resources to purchase.

BEYOND THE BIRDS AND THE BEES: Strengthening Healthy Gender and Sexual Development in Children and Teens (CMH/HS 5017-3)

No required resources to purchase.

CONTINUING EDUCATION

THE BARE BONES: Exploring the Embodied Self in Ethical Decision Making

No required resources to purchase.

ETHICAL CONSIDERATIONS IN ECOTHEAPY: Practical, Therapeutic, and Collective

No required resources to purchase.