

# FALL 2025 BOOK LIST

List includes only resources that need to be purchased by students. Prices accurate as of 7/29/2025 (various sources), subject to change.

Blue highlighted books are available for purchase at the SWC Bookstore (as supplies last).

Orange highlighted books are available online at no cost however hardcopies are also available for purchase in the SWC Bookstore (as supplies last).

## MASTER'S PROGRAM CLASSES

### Addiction Assessment & Treatment in Art Therapy/Counseling (AT/CN 665-2)

Required Resources:

- |       |   |
|-------|---|
| \$128 | Capuzzi & Stauffer, H.E. (2020). <i>Foundations of addictions counseling</i> (4 <sup>th</sup> Edition). Pearson. ISBN 9780135166932   |
| \$12  | Miller, K.R. (2013). <i>Coming clean</i> . Chapters, 1, 3, 4, 7, 8, 9, 15, 24 & epilogue. Houghton Muffin Harcourt. ISBN 9780544320819  |
| \$75  | Miller, W., & Rollick, S. (2013). <i>Motivational interviewing: Helping people change</i> (3 <sup>rd</sup> Edition). Guilford Press. ISBN 9781609182274 (eBook available at no cost.) |

Required Art Supplies (for online sections):

Prices Paper, pencils, pastels, posterboard, magazines, glue, scissors, clay, miscellaneous supplies for  
Vary sculptures, 3D objects

### Applied Theories of Human Development (CN AT 522-2)

Required Resources:

- |       |  |
|-------|--|
| \$200 | Arnett, J., Jensen, L. (2018). <i>Human development: A cultural approach</i> (3 <sup>rd</sup> Edition). Pearson. ISBN 9780134711416  |
| \$120 | Kraus, K. (2008). <i>Lenses: Applying lifespan development theories in counseling</i> . Lahaska Press. ISBN 9780618370306  |
| \$17  | Plotkin, B. (2007). <i>Nature and the human soul: Cultivating wholeness and community in a fragmented world</i> . New World Library. ISBN 9781577315513 (Limited number of eBooks available at no cost.) |

### Art Therapy/Counseling Internship (AT/CN 698-6L.2)

No required resources.

### Assessment & Appraisal in Art Therapy/Counseling (AT/CN 664-3)

Required Resources (Required Art Supplies listed on next page):

- |       |   |
|-------|---|
| \$54  | Gilroy, A., Tipple, R., & Brown, C. (Eds.). (2012). <i>Assessment in art therapy</i> . Routledge. ISBN 9780415567961 (eBook available at no cost.)  |
| \$60  | Horovitz, E.G. (2014). <i>The art therapists' primer: A clinical guide to writing assessments, diagnosis, and treatment</i> . Charles C. Thomas Publisher. ISBN 9780398093389 (eBook available at no cost.) |
| \$114 | Hays, D. (2024). <i>Assessment in counseling: Procedures and practices</i> (7th Edition). American Counseling Association. ISBN 9781394222674 (eBook available at no cost.)                                 |

Recommended Resources:

- |       |   |
|-------|---|
| \$157 | American Psychiatric Association (2022). <i>DSM-5-TR: Diagnostic and statistical manual of mental disorders</i> (5 <sup>th</sup> Edition). American Psychiatric Association. ISBN 9780890425763 |
| \$11  | Zimmerman, M. (2013). <i>Interview guide for evaluating DSM-5 psychiatric disorders and the mental status examination</i> . Psych Products Press. ISBN 9780963382115                            |

Required Art Supplies:

Prices #2 pencil and eraser, 8.5x11 paper, 12x18 paper, magazines with pictures of people, white glue, box of  
Vary 12 Alphacolor square pastels, 8 Crayola crayons, 8 Crayola multicolor markers, 12 Mr. Sketch watercolor markers

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## Assessment & Appraisal in Counseling (CN 664-4)

Required Resources:

\$157 American Psychiatric Association (2022). *DSM-5-TR: Diagnostic and statistical manual of mental disorders* (5<sup>th</sup> Edition). American Psychiatric Association. ISBN 9780890425763

\$114 Hays, D. (2024). *Assessment in counseling: Procedures and practices* (7<sup>th</sup> Edition). American Counseling Association. ISBN 9781394222674 (eBook available at no cost.)

## Counseling Internship I (CN 698-8L.2) – Vanessa – emailed about subscription

Required Software:

\$99 Time2Track subscription. Detailed information will be provided during internship orientation.

## Foundations: History and Theories of Counseling (CN AT 542-4)

Required Resources:

\$173 Neukrug & Hays, E., & Hays, D. G. (2023). *Counseling theory and practice* (3<sup>rd</sup> Edition). Cognella Academic Publishers. ISBN 9781793567697

## History of Art Therapy: Founders and Foundations (AT/CN 530)

Required Resources:

\$70 Junge, M. B. (2010). *The modern history of art therapy in the United States*. Charles C. Thomas Publisher. ISBN 9780398079413

Recommended Art Supplies:

Prices Multi-sized paper, painting supplies, drawing supplies, scissors, glue (sticks and/or hot), found

Vary objects/recycling, collage materials, sculpting supplies, art materials that are new to you that you have been wanting to explore

## Multicultural Awareness (CN AT 500-3)

Required Resources:

\$16 Taylor, S. R. (2021). *The body is not an apology: The power of radical self-love* (2<sup>nd</sup> Edition). Berrett-Koehler. ISBN 9781523090990

## Practicum I & Lab: Helping Relationships in Art Therapy/Counseling (AT/CN 656-2 & AT.CN 656-2L)

Required Resources:

\$157 American Psychiatric Association (2022). *DSM-5-TR: Diagnostic and statistical manual of mental disorders* (5<sup>th</sup> Edition). American Psychiatric Association. ISBN 9780890425763

\$42 Moon, B. L. (2016). *Introduction to art therapy: Faith in the product* (3<sup>rd</sup> Edition). Charles C. Thomas. ISBN 9780398091439

Required Art Supplies:

Varies Please have art materials available that you enjoy using, including drawing materials and paper.

Required Software:

\$99 Time2Track subscription. Used to track practicum and internship hours and other required paperwork.

## Practicum I: Helping Relationships with Individuals in Counseling (CN 656-4)

Required Resources:

\$45 Luke, M.W.A. C. (2018). *Practicum in counseling*. Cognella, Inc. ISBN 9781516531783

Recommended Resources:

\$37 Mullan, J. (2023). *Decolonizing therapy: Oppression, historical trauma, and politicizing your practice*. W. W. Norton. ISBN 9781324019169

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### Professional Ethics in Art Therapy/Counseling (AT/CN 660-2)

Required Resources:

- \$133 Corey, G., Corey, M.S., Corey, C., & Callahan, P. (2019). *Issues and ethics in the helping professions* (11<sup>th</sup> Edition). Brooks/Cole. ISBN 9780357622599
- \$50 Moon, B. & Nolan, E. (2020). *Ethical issues in art therapy* (4<sup>th</sup> Edition). Charles C. Thomas. ISBN 9780398093143 (eBook available at no cost.)

Recommended Art Supplies (for online synchronous students):

- Prices Multi-sized paper, legal paper (8.5" x 14") for Zine, painting supplies, drawing supplies, scissors, glue
- Vary (sticks and/or hot), found objects/recycling, sculpting supplies, collage materials, art materials that are new to you that you have been wanting to explore

### Professional Ethics in Counseling (CN 660-3)

Required Resources:

- \$133 Corey, G., Corey, M.S., Corey, C., & Callahan, P. (2019). *Issues and ethics in the helping professions* (11<sup>th</sup> Edition). Brooks/Cole. ISBN 9780357622599

### Professional Seminar in Art Therapy/Counseling: Professional Identity Development (AT/CN 698-6)

Required Art Supplies:

- One stretched canvas, no smaller than 24" x 36", camera (phone cameras work). The college has acrylic and tempera paint in a variety of colors. You may wish to bring your own paint (or painting supplies) in order to have specific colors, brushes, etc. If you are taking this as a Zoom synchronous course, you will need to purchase your own painting supplies.

### Professional Seminar in Counseling I: Counselor Identity Development (CN 698-8)

Required Resources:

- \$95 Corey, G., Herlihy, B. (2014). *ACA ethical standard casebook* (7<sup>th</sup> Edition). American Counseling Association. ISBN 9781556203213

Recommended Resources:

- \$80 Toporek, R. & Lewis, J. (2010). *ACA advocacy competencies: A social justice framework for counselors*. American Counseling Association. ISBN 9781556202933

### Psychology of Altruism: Fundamentals of Helping Relationships (CN AT 574)

Required Resources:

- \$16 Dass, R., & Gorman, P. (2003). *How can I help? Stories and reflections on service*. Alfred A. Knopf. ISBN 9780394729473 (Limited number of eBooks available at no cost.)
- \$18 Larson, E. (1984). *Stage II recovery: Life beyond addiction*. HarperOne. ISBN 9780866834605 (Limited number of eBooks available at no cost.)
- \$10 Ruiz, D. M. (1997). *The four agreements*. Amber-Allen Publishing. ISBN 9781878424310

Recommended Resources:

- \$12 Frankl, V. E. (2006). *Man's search for meaning*. Beacon Press. ISBN 9780807014271 (Limited number of eBooks available at no cost.)
- \$14 Weinhold, B.K. & Weinhold, J.B. (1989). *Breaking free of the co-dependency trap*. Stillpoint. ISBN 9781577316145 (Limited number of eBooks available at no cost.)

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### **Psychopathology: Diagnosis and Treatment of Mental and Emotional Disorders (CN AT 581-5)**

Required Resources:

- \$157 American Psychiatric Association (2022). *DSM-5-TR: Diagnostic and statistical manual of mental disorders* (5<sup>th</sup> Edition). American Psychiatric Association. ISBN 9780890425763
- \$110 Barnhill, J.W. (2023). *DSM-5-TR clinical cases*. American Psychiatric Association Publishing. ISBN 9781615373611
- \$10 Bernstein, R.B. & Jacobs, E. (2022). *DSM-5-TR overview: A quick study laminated reference guide*. QuickStudy Reference Guides. ISBN 9781423248934 (eBook available at no cost.)

### **Psychopathology: Psychopharmacology (CN AT 581-4)**

Required Resources:

- \$23 Preston, J., Moore, B.A., & Johnson, J. (2024). *Clinical psychopharmacology: Made ridiculously simple*. Medmaster, Inc. ISBN 9781935660743

### **Studio Art (AT/CN 594)**

Required Resources:

- \$23 Dunnewold, J. (2016). *Creative strength training*. North Light Books. ISBN 9781440344954 (Limited number of eBooks available at no cost.)
- \$18 Stanton, P. (2018). *Conscious creativity*. Leaping Hare Press. ISBN 9781782406341 (Limited number of eBooks available at no cost.)

Required Art Supplies:

Art materials that are new to you, that you have been wanting to explore

Prices Multi-sized paper, painting supplies, drawing supplies, scissors, glue (sticks and/or hot), found

Vary objects/recycling, sculpting supplies

## NEI Certificate Programs

### **Wilderness Fast (TE 5700)**

Required resources:

- \$15 Foster, Steven and Little, Meredith (1996). *The trail to the sacred mountain: A vision fast handbook for adults*. Lost Borders Press.

### **Somatic Healing with Nature: Transforming Trauma and Living into Aliveness (TE 5350)**

Required resources:

- \$22 Calvert, R. (2021) *Healing with nature: Mindfulness and somatic practices to heal from trauma* (pp. 85-193). New World Library. ISBN 9781608687367 (Limited number of eBooks available at no cost.)
- \$24 Levine, P.A. (2010). *In an unspoken voice: How the body releases trauma and restores goodness* (pp. 3-133). North Atlantic Books. ISBN 9781556439438 (Limited number of eBooks available at no cost.)

### **All Aboard: Strategies for Experientially Engaging Parts Work (AIN 5350)**

No required resources.

### **The Neuropsychology of Sandplay Therapy and Trauma (CMH 5050-3)**

Required resources:

- \$46 Kalff, D. M. (2020). *Sandplay: A psychotherapeutic approach to the psyche*. Analytical Psychology Press. ISBN 9781734658262

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### **Erotic Intelligence and Pleasure Literacy (HS 5400)**

Required resources:

- \$30 Rademacher, L. & Hoskins L. (2017). *The principles of pleasure: Working with the good stuff as sex therapists and educators*. Routledge. ISBN 9781138884823

### **Ethics, Self-Compassion, and Professional Issues (TGR 5600)**

Required resources:

- \$28 Howard, R. A., & Korver, C.D. (2008). *Ethics for the real world: Creating a personal code to guide decisions in work and life*. Harvard Business Press. ISBN 9781422121061 (eBook available at no cost.)

### **Emerging Trends in Psychopharmacology: Ethical Use of Psychedelics and Other Substances in Addiction Treatment (PS/AAR 5500)**

No required resources.