

# SUMMER 2025 BOOKLIST

List includes only resources that need to be purchased by students. Prices accurate as of 4/29/2025 (various sources), subject to change.

Blue highlighted books are available for purchase in the SWC Bookstore (as supplies last).

Orange highlighted books are available online at no cost, however hardcopies are also available for purchase in the SWC Bookstore (as supplies last).

## MASTER'S PROGRAM CLASSES

### ART THERAPY TECHNIQUES AND MATERIALS (AT/CN 593)

Required Resources:

- |      |  |
|------|--|
| \$80 | Albright Knash, J. (2025). <i>Art therapy as cumulative trauma repair</i> . Routledge-Taylor & Francis Group. ISBN 9781032695259   |
| \$58 | Hinz, L. (2020). <i>Expressive therapies continuum: A framework for using art in therapy</i> (2 <sup>nd</sup> ed.). Routledge-Taylor & Francis Group. ISBN 9780367280420       |
| \$65 | Moon, C. H. (2010). <i>Materials and media in art therapy: Critical understandings of diverse artistic vocabularies</i> . Routledge-Taylor & Francis Group. ISBN 9780415993135 |
| \$28 | Schroder, D. (2005). <i>Little windows into art therapy: Small openings for beginning therapists</i> . Jessica Kingsley Publishers. ISBN 9781843107781                         |

Recommended Supplies:

- Different sized paper
- Needle (multiple sizes) and Thread
- Glue Gun and Sticks
- Recycled/Salvaged Materials
- Tape (masking, duct, or packing)
- Scissors
- Drawing Materials of your choice (colored pencils, oil pastels, etc.)
- Varies Painting Materials of your choice
- 2 rolls of Plaster Strips
- Clay: Airdry/Sculpey/Model Magic/Kinetic Sand/Self-Harvested
- Shaving Cream/Food coloring/Essential Oils
- Found Objects/Natural Materials
- Hammer & Nails
- Fabric
- Wire/Feathers/Beads
- Vaseline (for mask making)
- Needle Felting Materials
- Collage Material
- Glue

### ART THERAPY/COUNSELING CAPSTONE PRESENTATIONS: PART II (AT/CN 637-B)

No required resources to purchase.

### ART THERAPY/COUNSELING CAPSTONE PROCESS: PART I (AT/CN 637-A)

No required resources to purchase.

### ART THERAPY/COUNSELING INTERNSHIP II (AT/CN 698-7L.2)

No required resources to purchase.

### COUNSELING INTERNSHIP II (CN 698-9L.2)

No required resources to purchase.

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## GROUP DYNAMICS (CN AT 543-2)

Required Resources:

- |       |   |
|-------|---|
| \$139 | Corey, M., Corey, G. & Corey, S. (2018). <i>Groups: Process and practice</i> (10 <sup>th</sup> ed.). Cengage.<br>ISBN 9781305865709 |
| \$48  | Robb, M.A. (2022). <i>Group art therapy: Practice and research</i> . Routledge-Taylor & Francis Group.<br>ISBN 9780367527778        |

## HERMENEUTICS OF SELF: TRANSFORMATION AND HEALING THROUGH IMAGINAL WAYS OF KNOWING (CN AT 523-4)

Required Resources:

- |      |   |
|------|---|
| \$20 | Rubin, R. (2023). <i>The creative act: A way of being</i> . Penguin Random House. ISBN 9780593652886                              |
| \$16 | Johnson, R. (1986). <i>Inner work: Using dreams and active imagination for personal growth</i> . HarperOne.<br>ISBN 9780062504319 |
| \$22 | Turner, T. (2017) <i>Belonging: Remembering ourselves home</i> . Her Own Room Press.<br>ISBN 9781775111207                        |

Required Supplies:

- |        |   |
|--------|---|
| Varies | Set of oil or chalk pastels<br>18x24" Drawing pad |
|--------|---|

## HELPING RELATIONSHIPS: INTEGRATED COUNSELING SKILLS (CN AT 674)

Required Resources:

- |      |   |
|------|---|
| \$96 | Ivey, A. E., Ivey, M. B., & Zalaquett, C. P. (2022). <i>Intentional interviewing and counseling: Facilitating client development in a multicultural society</i> . (10 <sup>th</sup> ed.). Cengage. ISBN 9780357622797 |
|------|---|

## HELPING RELATIONSHIPS: INTEGRATED COUNSELING SKILLS (CN AT 674)

No required resources to purchase.

## MASTER'S THESIS AND PRESENTATION (CINA 600)

No required resources to purchase.

## (Art Therapy) PRACTICUM II & Lab: HELPING RELATIONSHIPS W/ GROUPS, COUPLES & FAMILIES IN AT/CN (AT/CN 657-2)

Required Supplies:

- |        |  |
|--------|--|
| Varies | Whatever art supplies already on hand at home. |
|--------|--|

## (Counseling) PRACTICUM II: Helping Relationships w/Groups, Couples & Families in CN (CN 657-4)

Required Resources:

- |      |   |
|------|---|
| \$95 | Chen, M., & Rybak, C. (2017). <i>Group leadership skills</i> (2 <sup>nd</sup> ed.). Sage Publications, Inc.<br>ISBN 9781506349305 |
|------|---|

## (Art Therapy) PROFESSIONAL SEMINAR IN Art Therapy/Counseling: Professional Orientation (AT/CN 698-7)

Required Supplies:

- |        |  |
|--------|--|
| Varies | Please have art materials available that you enjoy using, including drawing materials and paper. |
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## **(Counseling) PROFESSIONAL SEMINAR IN COUNSELING II: ORIENTATION TO THE COUNSELING PROFESSION (CN 698-9)**

Recommended Resources:

- |      |  |
|------|--|
| \$95 | Corey, G., Herlihy, B. (2014). <i>ACA ethical standard casebook</i> (7 <sup>th</sup> ed.). American Counseling Association. ISBN 9781556203213                     |
| \$70 | Toporek, R. & Lewis, J. (2010). <i>ACA Advocacy Competencies: A social justice framework for counselors</i> . American Counseling Association. ISBN 978-1556202933 |

## **RESEARCH METHODS AND PROGRAM EVALUATION (CN AT 598-6)**

Required Resources:

- |       |   |
|-------|---|
| \$104 | Heppner, P. P., Wampold, B., Owen, J., Thompson, M. N., & Wang, K. T. (2016). <i>Research design in counseling</i> (4 <sup>th</sup> ed.). Cengage. ISBN 9780357670767 |
| \$50  | Kapitan, L. (2017). <i>Introduction to art therapy research</i> (2 <sup>nd</sup> ed.). Routledge-Taylor & Francis Group. ISBN 9781138912854                           |

## **TRAUMA 2: EXPERIENTIAL APPROACHES TO TRAUMA TREATMENT (TCC 600)**

Required Resources:

- |      |  |
|------|--|
| \$34 | Hardy, K. V. (2023). <i>Racial trauma: Clinical strategies and techniques for healing invisible wounds</i> . Norton Professional Books. (Ch. 5, 13-15). ISBN 9781324030430 |
| \$17 | Porges, S. (2021). <i>Polyvagal safety: Attachment, communication, self-regulation</i> (IPNB). Norton Professional Books. ISBN 9781324016274                               |

## **NEI CERTIFICATE PROGRAMS**

### **Polyvagal Theory Embodied: A Deep Dive into PVT using Art and Action Methods (AIN 5310)**

No required resources to purchase.

### **Restoring Hope: Suicide and Self-Harm Prevention and Intervention for Youth (CMH 5095)**

No required resources to purchase.

### **Theories of the Grief Process (TGR 5500-2)**

Required Resources:

- |      |   |
|------|---|
| \$34 | Neimeyer, Robert A. (2012). <i>Techniques of grief therapy: Creative practices for counseling the bereaved</i> . Routledge-Taylor & Francis Group. ISBN 9780415807258 |
|------|---|

### **Compulsion or Coping Skill? What To Do When Sex, Tech, and Other Behaviors Get Out of Control (AAR 5420)**

No required resources to purchase.

### **Navigating Ethical Practice in the Wild West of Psychedelics - Safety and Risk Reduction in an Emerging Landscape (PS 5300)**

No required resources to purchase.

### **Walking With Ancestors: Healing Our Relations (TE 5250)**

Required Resources:

- |      |   |
|------|---|
| \$24 | Seed, J., Macy, J., Fleming, P. and Naess, A. (2007). <i>Thinking like a mountain: Towards a council of all beings</i> . New Society Publishers. ISBN 9781897408001 |
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### **WILDERNESS FAST (TE 5700)**

Required Resources:

\$15	Foster, S. and Little, M. (1984). <i>The trail to the sacred mountain: A vision fast handbook for adults</i> . Lost Borders Press.
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