



### Welcome to Southwestern College

Ph. 877-471-5756 or 505-471-5756

The mission of Southwestern College is Transforming Consciousness through Education. This schedule lists classes for degree-seeking students in Counseling, Art Therapy/Counseling, Consciousness in Action, and Art Therapy for Clinical Professionals. Degree-seeking students choose their electives from the New Earth Institute (NEI) classes.

## FALL 2025 QUARTER REGISTRATION INFORMATION

**SCHEDULE FORMAT:** If you are having trouble figuring out a class schedule that works for you, submit a request to [studentsupport@swc.edu](mailto:studentsupport@swc.edu) and a member of the Student Support Team will set up a 15-minute meeting with you. Please come prepared to the meeting with specific questions and/or ideas/strategies in mind.

**HOLIDAYS:** SWC operates on a 10-week quarter system. Courses that fall on holidays meet as scheduled. There are no courses the week of Thanksgiving.

**EARLY REGISTRATION INFORMATION:** If you have a schedule conflict between certain courses that are offered on the same day and time, or your employment, childcare, travel, health, or something else, please check for an alternate day/time for one of those courses. If you determine that you must get into a specific section of 1 or more courses, please fill out the Early Registration Request. \*The Early Registration Process is changing – it is your responsibility to read the [new form](#) and follow all instructions. Do not assume there will be room in the section you need. Requests for Early Registration are due by 5pm, August 1, 2025 (no exceptions). Please have your supporting documentation ready to upload to the form. NOTE: Do not submit this form if you are designated as “on ground” and want to take an online section as these requests will not be granted. See designation policy in the College Catalog or the Registration folder in the Student & Career Services group on Populi.

**REGISTRATION DATES:** You will receive an email to your SWC email account prior to registration with your individual registration time slot. **Monday 8/25: New Distance Students, Tuesday, 8/26: Distance Students. Thursday, 8/28: On-Ground Students. Friday, 9/12: Interns.**

**PROGRAM PLANNERS:** If you are not able to take a course at **any time** that is offered due to any of the above reasons, please submit a [Program Planner Change Request](#) which will go to the Student Support Team.

**COSTS:** Tuition per quarter unit is \$626. There is an educational resource fee of \$300 per quarter of attendance.

**BOOK LIST:** Click here for the Fall Quarter Book List. (Book list will be available soon)

**NOTES:** ZOOM SYNCHRONOUS courses meet at a scheduled time via Zoom. Most of the interaction occurs through Zoom during scheduled class meetings and assignments are submitted through Populi. ASYNCHRONOUS courses do not meet at a scheduled time. All coursework is completed in Populi, and interactions occur through the discussion board and other interactive learning activities. Assignments and learning activities are due per the course schedule and deadlines in Populi. ZOOM SYNCHRONOUS PLUS ASYNCHRONOUS courses meet at a scheduled time via Zoom and have additional asynchronous learning activities. These courses are intentionally scheduled to meet for less than the required hours to reduce time on Zoom (e.g., reducing meeting time from 4 hours to 3 hours and replacing 1 hour with asynchronous learning activities).

**LAST DAY TO DROP FOR MA DEGREE COURSES:** The deadline to drop a class without receiving a “W” on transcript is 5pm on Monday\* of the second week of the quarter (September 29th), with the exception of classes that start in the second week of the quarter. The drop deadline for classes starting in the second week of the quarter is 5pm on Monday\* of the third week of the quarter (October 6<sup>th</sup>). Drops are effective on the date the Course Add/Drop form is initiated. Courses are considered “Dropped” and removed from student’s transcript if the drop occurs by the deadline (For tuition refund information, see Refund Policy)

\*If Monday is a holiday, the deadline is Tuesday.

## FALL 2025 QUARTER SCHEDULE

**NOTE: All class times are in Mountain Daylight Time (MDT).**

### **ADDICTION ASSESSMENT & TREATMENT IN ART THERAPY/COUNSELING (AT/CN 665-2)**

\$2817/4.5 quarter units

**Section 1:** Micaela Wood, MA, ATR-BC, LPCC

Tuesdays, 9/23-12/2, 1-4pm; Zoom Synchronous plus Asynchronous

**Section 2:** Alisha Shelbourn, MA, LPAT, LPCC

Wednesdays, 9/24-12/3, 2:30-5:30pm, **SWC Campus plus Asynchronous**

**Section 3:** Sarah Jackson, MA, ATR-BC, CAADC, LPC

Wednesdays, 9/24-12/3, 4-7pm; Zoom Synchronous plus Asynchronous

**Section 4:** Delora Putnam-Bryant, MSAT, ATR-BC

Thursdays, 9/25-12/4, 11:30am-2:30pm; Zoom Synchronous plus Asynchronous

### **APPLIED THEORIES OF HUMAN DEVELOPMENT (CN AT 522-2)**

\$2817/4.5 quarter units

**Section 1:** Carlos Gonzalez, PhD, Licensed Psychologist

Tuesdays, 9/23-12/2, 8:30-11:30am; Zoom Synchronous

**Section 2:** Carolina Grace Lorenzo, MA, LMHC

Tuesdays, 9/23-12/2, 10am-1pm; **SWC Campus**

**Section 3:** Carolina Grace Lorenzo, MA, LMHC

Thursdays, 9/25-12/4, 10am-1pm; **SWC Campus**

### **ART THERAPY/COUNSELING INTERNSHIP (AT/CN 698-6L.2)**

\$2817/4.5 quarter units

**Prerequisite:** Completion of all coursework.

Seren Morris, MDiv, MA, ATR-BC, LPCC

9/22-12/7; Asynchronous

### **ASSESSMENT & APPRAISAL IN ART THERAPY/COUNSELING (AT/CN 664-3)**

\$2817/4.5 quarter units

**This is for students in the Art Therapy/Counseling and Art Therapy for Clinical Professionals Programs only.**

**Section 1:** Sarah Jackson, MA, ATR-BC, CAADC, LPC

Thursdays, 9/25-12/4, 9am-12pm; Zoom Synchronous plus Asynchronous

**Section 2:** Alyssa Butler, MA, ATR-BC, LPCC

Thursdays, 9/25-12/4, 12:30-3:30pm; Zoom Synchronous plus Asynchronous

### **ASSESSMENT & APPRAISAL IN COUNSELING (CN 664-4)**

\$2817/4.5 quarter units

**This is for students in the Counseling Program only.**

**Section 1:** Randal Lea, MA, LADAC

Tuesdays, 9/23-12/2, 4-7pm; Zoom Synchronous plus Asynchronous

**Section 2:** Randal Lea, MA, LADAC

Thursdays, 9/25-12/4, 4-7pm; Zoom Synchronous plus Asynchronous

**Section 3:** Amy Lueck, MA, LMHC

Fridays, 9/26-12/5, 1-4pm; **SWC Campus**

### **COUNSELING INTERNSHIP I (CN 698-8L.2)**

\$2817/4.5 quarter units

**Prerequisite:** Completion of all coursework.

Vanessa Torres McGovern, MA, LPCC

9/22-12/7; Asynchronous

### **FOUNDATIONS: HISTORY AND THEORIES OF COUNSELING (CN AT 542-4)**

\$2817/4.5 quarter units

**Section 1:** Shane Morr, MA, LMFT, CAADC

Mondays, 9/22-12/1, 9am-12pm; Zoom Synchronous

**Section 2:** Naja Druva, MS, LPCC

Tuesdays, 9/23-12/2, 9am-12pm; **SWC Campus**

**Section 3:** Greg Guerin, MA, LPC-S, LPCC

Thursdays, 9/25-12/4, 9am-12pm; Zoom Synchronous

### **HISTORY OF ART THERAPY: FOUNDERS & FOUNDATIONS (AT/CN 530)**

\$1252/2 quarter units

Melissa Diaz, MPS, ATR-BC, LCAT

Tuesdays, 9/23-12/2, 4-6pm; Zoom Synchronous

**MULTICULTURAL AWARENESS (CN AT 500-3)**

\$939/1.5 quarter units

**Section 1:** Crystal Rozelle-Bennett, MSW, LMSW

Mondays, 9/22-12/1, 5-6:30pm; Zoom Synchronous

**Section 2:** Crystal Rozelle-Bennett, MSW, LMSW

Tuesdays, 9/23-12/2, 4-5:30pm; Zoom Synchronous

**Section 3:** Naja Druva, MS, LPCCWednesdays, 9/24-10/3, 12:30-2pm; **SWC Campus****Section 4:** Naja Druva, MS, LPCCThursdays, 9/25-10/4, 1-2:30pm; **SWC Campus****PRACTICUM I & LAB: HELPING RELATIONSHIPS IN ART THERAPY/COUNSELING**

\$2504/4 quarter units

**(AT/CN 656-2 & AT/CN 656-2L) This is only for AT/CN and ATP students.****Students must register for one of the lab sections attached to their Practicum section.****Mandatory Practicum Orientation Saturday, 9/20, 10am-12pm; Zoom Synchronous****Section 1:** Julia Volonts, MA, ATR-BC, LCAT

Class: Mondays, 9/22-12/1, 10am-1pm; Zoom Synchronous (also choose lab 1 or 2)

Lab 1: Fridays, 9/26-12/5, 9-11am; Zoom Synchronous

Lab 2: Fridays, 9/26-12/5, 12-2pm; Zoom Synchronous

**Section 2:** Alyssa Butler, MA, ATR-BC, LPCC

Class: Mondays, 9/22-12/1, 1-4pm; Zoom Synchronous (also choose lab 3 or 4)

Lab 3: Mondays, 9/22-12/1, 5-7pm; Zoom Synchronous

Lab 4: Tuesdays, 9/23-12/2, 9-11am; Zoom Synchronous

**Section 3:** Heather Denning, MA, LPAT, ATR-BC, ATCS, LSW

Class: Mondays, 9/22-12/1, 4-7pm; Zoom Synchronous (also choose lab 5 or 6)

Lab 5: Wednesdays, 9/24-12/3, 8-10am; Zoom Synchronous

Lab 6: Thursdays, 9/25-12/4, 5-7pm; Zoom Synchronous

**Section 4:** Seren Morris, MDiv, MA, ATR-BC, LPCCClass: Tuesdays, 9/23-12/2, 12:30-3:30pm; **SWC Campus** (also choose lab 7, 8 or 9)Lab 7: Wednesdays, 9/24-12/3, 12:30-2:30pm; **SWC Campus**Lab 8: Thursdays, 9/25-12/4, 12-1:30pm; **SWC Campus**Lab 9: Fridays, 9/26-12/5, 12-1:30pm; **SWC Campus****Section 5:** Alyssa Butler, MA, ATR-BC, LPCC

Class: Tuesdays, 9/23-12/2 12-3pm; Zoom Synchronous (also choose lab 10 or 11)

Lab 10: Wednesdays, 9/24-12/3, 9- 11am; Zoom Synchronous

Lab 11: Wednesdays, 9/24-12/3, 1- 3 pm; Zoom Synchronous

**PRACTICUM I: HELPING RELATIONSHIPS W/INDIVIDUALS IN COUNSELING (CN 656-4)**

\$2504/4 quarter units

**This is for students in the Counseling Program only.****No Lab, students meet 1 hour per week with their onsite supervisor instead of a lab.****Mandatory Practicum Orientation Saturday, 9/20, 10am-12pm; Zoom Synchronous****Section 1:** Vanessa Torres McGovern, MA, LPCCMondays, 9/22-12/1, 11am-2pm; **SWC Campus****Section 2:** Chelsea Call, MA, ATR-BC, LPCC

Tuesdays, 9/23-12/2, 9am-12pm; Zoom Synchronous

**Section 3:** Patricia "Trish" Meek, MFA, LPC, LAC, NFT

Thursdays, 9/25-12/4, 9am-12pm; Zoom Synchronous

**Section 4:** Vanessa Torres McGovern, MA, LPCCFridays, 9/26-12/5, 9:30am-12:30pm; **SWC Campus****PROFESSIONAL ETHICS IN ART THERAPY/COUNSELING (AT/CN 660-2)**

\$2817/4.5 quarter units

**This is for students in the Art Therapy/Counseling and Art Therapy for Clinical Professionals Programs only.****Section 1:** Christina Taylor, MS, ATCS, ATR-BC, LPAT, LPC

Mondays, 9/22-12/1, 9am-12pm; Zoom Synchronous plus Asynchronous

**Section 2:** Cheryl Okubo, MA, ATR-BCWednesdays, 9/24-12/3, 1-4pm; **SWC Campus****Section 3:** Angela Kehm, MA, ATR-BC, LPC

Thursdays, 9/25-12/4, 8-11am; Zoom Synchronous plus Asynchronous

**Section 4:** Debra Irizarry, MA, ATR-BC, LCAT

Thursdays, 9/25-12/4, 6-9pm; Zoom Synchronous plus Asynchronous

**Section 5:** Angela Kehm, MA, ATR-BC, LPC

Fridays, 9/26-12/5, 9am-12pm; Zoom Synchronous plus Asynchronous

**PROFESSIONAL ETHICS IN COUNSELING (CN 660-3)**

\$2817/4.5 quarter units

*This is for students in the Counseling Program only.***Section 1:** Patricia "Trish" Meek, MFA, LPC, LAC, NFT

Tuesdays, 9/23-12/2, 9am-12pm; Zoom Synchronous plus Asynchronous

**Section 2:** Shane Morr, MA, LMFT, CAADC

Tuesdays, 9/23-12/2, 9am-12pm; Zoom Synchronous plus Asynchronous

**Section 3:** Johanna Mitchell, MS, LPC-SWednesdays, 9/24-12/3; 1-4pm, *SWC Campus plus Asynchronous***Section 4:** Carlos Gonzalez, PhD, Licensed PsychologistThursdays, 9/25-12/4, 9am-12pm; *SWC Campus plus Asynchronous***PROFESSIONAL SEMINAR IN ART THERAPY/COUNSELING: PROFESSIONAL IDENTITY DEVELOPMENT (AT/CN 698-6)**

\$1252/2 quarter units

**Prerequisite:** Completion of all coursework.**Section 1:** Joanne Ramseyer, MA, ATR-BC, LCPC

Tuesdays, 9/23-12/2, 9-11am; Zoom Synchronous

**Section 2:** Seren Morris, MDiv, MA, ATR-BC, LPCC

Thursdays, 9/25-12/4, 2:30-4:30pm; Zoom Synchronous

**Section 3:** Seren Morris, MDiv, MA, ATR-BC, LPCCFridays, 9/26-12/5, 9-11am; *SWC Campus***PROFESSIONAL SEMINAR IN COUNSELING I: COUNSELOR IDENTITY DEVELOPMENT (CN 698-8)**

\$1252/2 quarter units

**Prerequisite:** Completion of all coursework.

Vanessa Torres McGovern, MA, LPCC

Wednesdays, 9/24-12/3, 12:30-2:30pm; Zoom Synchronous

**PSYCHOLOGY OF ALTRUISM: FUNDAMENTALS OF HELPING RELATIONSHIPS (CN AT 574)**

\$1252/2 quarter units

*\*Sections 4, 5, and 8 start in week 2 of the quarter***Section 1:** Christina Esquibel, ED.S.

Tuesdays, 9/23 &amp; 12/2, 9am-12pm; 9/30-11/18, 9-11am; 11/4 no class; Zoom Synchronous

**Section 2:** Katherine Ninos, MA, LPCCTuesdays, 9/23 & 12/2, 2-5pm; 9/30-11/18, 2-4pm; 11/4 no class; *SWC Campus***Section 3:** Kate Latimer, MA, LPCC

Tuesdays, 9/23 &amp; 12/2, 2-5pm; 9/30-11/18, 2-4pm; 11/4 no class; Zoom Synchronous

**Section 4:** Marialuisa Diaz de Leon Z., MA, REAT, MSMT, MSME*\*Wednesdays, 10/1 & 12/3, 8-11am; 10/8-11/19, 8-10am; Zoom Synchronous***Section 5:** Marialuisa Diaz de Leon Z., MA, REAT, MSMT, MSME*\*Thursdays, 10/2 & 12/4, 8-11am, 10/9-11/20, 8-10am; Zoom Synchronous***Section 6:** April Vogel, PhD, Licensed PsychologistThursdays, 9/25 & 12/4, 9am-12pm, 10/2-11/20, 9-11am; 11/6 no class; *SWC Campus***Section 7:** Awbrey Willet, MA, LPCCThursdays, 9/25 & 12/4, 2-5pm, 10/2-11/20, 2-4pm; 11/6 no class; *SWC Campus***Section 8:** Aline Gittleman, MA, LMHC*\*Fridays, 10/3 & 12/5, 9am-12pm; 10/10-11/21, 9-11am; Zoom Synchronous***PSYCHOPATHOLOGY: DIAGNOSIS & TREATMENT OF MENTAL & EMOTIONAL DISORDERS (CN AT 581-5)**

\$2504/4 quarter units

**Section 1:** Zahira Miller, PsyD, LPCCTuesdays, 9/23-12/2, 9am-12pm; *SWC Campus plus Asynchronous***Section 2:** Johanna Mitchell, MS, LPC-S

Wednesdays, 9/24-12/3, 8-11am; Zoom Synchronous plus Asynchronous

**Section 3:** Zahira Miller, PsyD, LPCCWednesdays, 9/24-12/3, 9am-12pm; *SWC Campus plus Asynchronous***Section 4:** Elijah Chong, MA, LPCC

Wednesdays, 9/24-12/3, 9am-12pm; Zoom Synchronous plus Asynchronous

**Section 5:** Elijah Chong, MA, LPCC

Wednesdays, 9/24-12/3, 1-4pm; Zoom Synchronous plus Asynchronous

**PSYCHOPATHOLOGY: PSYCHOPHARMACOLOGY (CN AT 581-4)**

Jennifer Albright Knash, DAT, ATRL-BC, LPAT, LPC/AODA, LPCC, CCTP

9/22-12/7; Asynchronous

\$313/.5 quarter units

**STUDIO ART (AT/CN 594)****Section 1:** Cheryl Okubo, MA, ATR-BCWednesdays, 9/24, 10/8, 10/22, 11/5 and 11/19, 12-2pm; **SWC Campus****Section 2:** Joanne Ramseyer, MA, ATR-BC, LCPC

Thursdays, 9/25, 10/9, 10/23, 11/6, and 11/20, 2-4pm, Zoom Synchronous

\$626/1 quarter units

**FALL 2025 NEW EARTH INSTITUTE (NEI) CERTIFICATE PROGRAM COURSES****NEI CERTIFICATE PROGRAM COURSES CAN BE TAKEN:**

- By SWC graduate students for elective credit towards a graduate degree program. Please use the registration process via Populi to register for degree credit. See "NEI Course Registration Info" in the Student and Career Services Group in the File called "Electives/NEI Courses—info on how to register for them."
- By SWC students who have met their elective requirement and wish to attend for Non-Credit (NC) and pay the CE price. Use this link <https://newearth.regfox.com/nei-registration-form> to register for non-credit NEI courses at any time.
- By licensed mental health professionals for CEs approved by the New Mexico Counseling and Therapy Practice Board and NBCC. Use this link <https://newearth.regfox.com/nei-registration-form> to register for CEs.
- **REFUNDS:** 100% refund available for students who withdraw up to 72 hours before the start of a course, minus a \$50 administrative fee. No refunds will be issued less than 72 hours before the start of a course. Please contact the Registrar's Office [collegeregistrar@swc.edu](mailto:collegeregistrar@swc.edu) to process your cancellation.
- Registration for all NEI classes closes at noon the day before the class starts.

**ECOTHERAPY (TE) CERTIFICATE****WILDERNESS FAST (TE 5700)****Students approved to take this course will be registered in advance by the Registrar's Office.****Section full for this year, 2025. Reach out to Katherine Ninos to be added to the waitlist for next year.****Students using an elective for this course must have an elective in fall 2025 or have it moved to fall 2025.****Tuition for the Wilderness Fast is non-refundable after July 1, 2025.**

September 6 – 14, 2025; In person, Canon de Chelly

Mandatory Orientation Sunday, August 3, 2-4pm; SWC campus

\*Additional fee of approximately \$450 cash to be paid directly to our Navajo Guide before entering the canyon.

\$1252/2 quarter units  
or 16 CEs/non-credit +  
additional fee\*

The Wilderness Fast ceremony has long been practiced to assist with major life transitions. It is a deeply transformative experience in which participants spend four days alone with no food and a minimum of material comforts. The three stages of rite of passage (severance, threshold, and incorporation) are guided by experienced facilitators who also provide instruction in basic wilderness safety and support for this unique opportunity for personal transformation and contact with nature in a wilderness environment. The structure for the wilderness fast, taught by The School of Lost Borders and drawn from Native American cultural practices, is not identical to the specific vision quest ceremonies of any cultural group.



**Katherine Ninos, MA, LPCC**, is Executive Vice President of SWC and Director of the New Earth Institute Programs. She is an experienced clinician, ceremonialist, and consciousness teacher.

**Carol Parker, PhD, LPCC**, trained as a wilderness fast guide with the School of Lost Borders and has studied with indigenous healers from the Amazon and the Andes. Since 1997, she has led groups to sacred sites in the southwestern US, Peru, and Hawaii.





## ECOTHERAPY (TE) CERTIFICATE

### SOMATIC HEALING WITH NATURE: TRANSFORMING TRAUMA AND LIVING INTO ALIVENES (TE 5350)

Saturday & Sunday, 9/27 & 9/28, 9am-6:30pm, MDT, Zoom Synchronous

\$375/16 CEs/non-credit or  
\$1252/2 quarter units/credit

This course will explore somatic healing with nature. Somatic experiencing practices are a skillful and safe way to heal trauma. We will learn how nature offers a healing container to support the transformation and healing of trauma. Building on the practices of mindfulness with nature we will learn how to become present to the stored traumas stuck within the body, connect to the inherent potential to heal, and learn to release the unhealthy patterns of trauma to experience the fullness of our aliveness. You as the student will be invited to work to integrate these practices into the healing of your own trauma and consider ways in which your continued healing can inform ways to integrate these teachings and practices into the therapeutic container. **16 hours toward the Ecotherapy Certificate.**



**Rochelle Calvert, PhD, CMT, SEP**, is the author of *Healing with Nature: Mindfulness and Somatic Practices to Heal from Trauma*. She has studied and taught mindfulness for the past 19 years and personally knows the transformational potential. Dr. Calvert currently leads courses, workshops, and treats in mindfulness and somatic experiencing in nature. As a licensed clinical psychologist and founder of New Mindful Life, she supports her clients, taking them into nature with the aid of Bertha Grace, a Sprinter van that serves as a mobile therapy office. [www.newmindfullife.com](http://www.newmindfullife.com)

## APPLIED INTERPERSONAL NEUROBIOLOGY (AIN)

### ALL ABOARD: STRATEGIES FOR EXPERIENTIALLY ENGAGING PARTS WORK (AIN 5350)

Saturday & Sunday, 10/4 & 10/5, 9am–6:30pm, MDT; **SWC Campus**

\$375/16 CEs/non-credit or  
\$1252/2 quarter units/credit

Clients often enter therapy with a sense of internal contradiction, or an inner conflict between parts of self, requiring assistance with integrating exiled or disowned parts. This course is designed to explore perspectives and skills gleaned from several experiential approaches to parts work processing, including IFS (Internal Family Systems) and AEDP (Accelerated Experiential Dynamic Psychotherapy), as well as the compassion-based parts-work practice adapted by Tsultrim Allione called “Feeding Your Demons” from Tibetan Buddhism. Parts-work models understand the outer personality structure as composed of protector parts that form early in life as survival skills, but that can later prove maladaptive to our well-being. Underneath all protectors are “exiles”-- or childhood parts-- rooted in innocence, playfulness, and love, waiting to be shown safety and an opportunity to freely feel and express dissociated feelings; to be reunited within a larger sense of self. During this weekend we will ground ourselves in the core sense of the centered-self through mindfulness and somatic practices. In watching clinical videos of parts-work sessions we will track our responses and learn ways to work with activated parts. Through dyadic work we will experientially explore how to dialogue with the parts of self that can emerge in us as clinicians while in session, practicing techniques for integrating the many and varied parts – protectors and exiles – which comprise the rich and complex human psychic ecology. **16 hours toward the Applied Interpersonal Neurobiology Certificate.**



**Scott Van Note, MA, LMHC**, is a Licensed Mental Health Counselor in private practice in Santa Fe, New Mexico, working with a broad spectrum of clients. He also worked for several years in an intensive outpatient program in Albuquerque, treating substance abuse issues, PTSD, and co-occurring disorders, while facilitating weekly anger management and relapse prevention groups. Scott’s practice incorporates AEDP along with the parts work of IFS, engaging the client’s whole person as well as the inner child, on pathways towards catharsis, reunion, and integration.

## CHILDREN’S MENTAL HEALTH (CMH) CERTIFICATE

### THE NEUROPSYCHOLOGY OF SANDPLAY THERAPY AND TRAUMA (CMH 5050-3)

Friday, 10/10, 5-8pm, Saturday 10/11 & Sunday 10/12, 10am-5pm, MDT; **SWC Campus**


\$375/16 CEs/non-credit or  
\$1252/2 quarter units/credit

This course provides an overview of the neuropsychology of trauma and sandplay therapy. Students will explore the impact of trauma on the brain, body, and psyche/soul and discover how sandplay heals trauma from a neuropsychological perspective. Leading theories on trauma treatment are reviewed and applied to case studies in sandplay with an emphasis on theories rooted in neurodevelopment, depth psychology, affective neuroscience and body-centered therapies. Through participation in lecture/discussion, interaction with myth and symbol, compelling case studies, and personal artwork, journaling and other experiential activities you will have the opportunity to connect on a deep level to this work and to integrate concepts. Training or coursework in Sandplay Therapy, such as Foundations of Jungian Sandplay Therapy (CMH 5055), is recommended prior to taking this course. Students who do not have prior training or coursework in Sandplay Therapy should contact the instructor for suggested preparations. **16 hours toward the Children’s Mental Health Certificate**



**Lorraine Freedle, PhD, LCSW, ABPdN, CST-T**, is an international sandplay teacher (STA/ISST) and executive clinical director for TeamBuilders Behavioral Health in New Mexico and Pacific Quest on Hawai’i Island. Her private practice is Black Sand Neuropsychological Services, Inc. in Hilo, Hawai’i. Dr. Freedle is the research editor for the Journal of Sandplay Therapy.


## HUMAN SEXUALITY (HS) CERTIFICATE

<b>EROTIC INTELLIGENCE AND PLEASURE LITERACY (HS 5400)</b>	\$375/16 CEs/non-credit or \$1252/2 quarter units/credit
Saturday & Sunday, 10/18 & 10/19, 9am-6:30pm, MDT; Zoom Synchronous	
Because much traditional (abstinence only) sex education is associated with managing risk (pregnancy prevention, HIV) and discouraging sexual expression in young adulthood, there are often gaps in knowledge with regard to erotic intelligence. This course emphasizes helping clients to develop a more conscious, less shame-laden relationship to pleasure. Participants will refine their skills in articulating their own desires and improving communication with sexual partners. It will also help clinicians to enhance their own sexual intelligence, learn about anatomy, physiology, sex toys and role-playing, as well as sex-positive ways to impart this kind of information to clients. <b>16 hours toward the Human Sexuality Certificate.</b>	
	<b>Laura Rademacher, MA, LMFT, CST, CST-S</b> , is the Director of the Human Sexuality Certificate program. She is an AASECT certified sex and relationship therapist with over 15 years of experience as a sex-positive sexual health educator. She is the author of <i>"The Principles of Pleasure: Working with the Good Stuff as Sex Therapists and Educators."</i>

## TRAUMA, GRIEF, AND RENEWAL (TGR) CERTIFICATE

<b>ETHICS, SELF-COMPASSION &amp; PROFESSIONAL ISSUES (TGR 5600)</b>	\$375/16 CEs/non-credit or \$1252/2 quarter units/credit
Saturday & Sunday, 10/25 & 10/26, 9am-6pm, MDT; Zoom Synchronous	
This is course will cover the basic principles of care for the dying person, hospice philosophy and practice, exploration of the impact of different kinds of deaths, issues for survivors, the family system, and the psychology of death throughout the lifespan. We will explore both knowledge and beliefs about death, and how to help others in their dying journey. We will explore the questions of "What dies and What doesn't?", mortality and immortality. The groundwork of the weekend will include our own consciousness, views, values, and concerns regarding death and dying. <b>16 hours toward the Trauma, Grief, and Renewal Certificate.</b>	
	<b>Instructor TBA</b>

## PSYCHEDELIC STUDIES (PS) & ADDICTION, ABUSE, AND RECOVERY (AAR) CERTIFICATES

<b>EMERGING TRENDS IN PSYCHOPHARMACOLOGY: ETHICAL USE OF PSYCHEDELICS AND OTHER SUBSTANCES IN ADDICTION TREATMENT (PS/AAR 5500)</b>	\$375/16 CEs/non-credit or \$1252/2 quarter units/credit
Saturday & Sunday, 11/15 & 11/16, 9am-6pm, MST; Zoom Synchronous	
This course will provide participants with an overview of the history, science and current ethical perspectives on psychedelic compounds used in the treatment of addiction. Ethical considerations regarding therapeutic application and intervention models and assessing problematic versus therapeutic use of substances will also be explored. Students will be invited to examine internalized cultural messaging and bias at a micro level, while engaging in critical analysis of the effects of the "War on Drugs" on policy, research, treatment, and popular opinion at the macro level. New research and therapeutic models involving psilocybin, ketamine and ibogaine as substances showing the potential to successfully treat opioid, methamphetamine, tobacco, alcohol, and other additions will be explored. <b>16 hours toward the Psychedelic Studies Certificate &amp; 16 hours toward the Addiction, Abuse, and Recovery Certificate</b>	
	<b>Amy Wong Hope, MSW, LCSW</b> , is the Certificate Program Director of the Psychedelic Studies Certificate. Amy is a certified Psilocybin Facilitator (InnerTrek, 2024) and MDMA-assisted therapist through the (MAPS, 2018) Multidisciplinary Association for Psychedelic Studies and co-author of <i>Small Doses of Awareness: A Microdosing Companion</i> (published Feb 2024, Chronicle Books). Amy maintains a private practice with a focus on psychedelic preparation and integration, trauma-informed modalities, and shame-resilience approaches that support clients in restoring emotional, somatic, and relational resiliency.

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## NEW EARTH INSTITUTE COMMUNITY LECTURES

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## WHEN A GODDESS ERUPTS: PELE IN THE PSYCHE OF WOMEN

Presented by Lorraine Freedle, PhD LCSW, ABPdN, CST-T

Tuesday, September 30, 6-8pm; via Zoom

Myths and cultural stories are pregnant with archetypal energies—often emerging in times of individual or collective crisis to help people connect with one another, process trauma, and build resilience. Central to Hawaiian culture is the mythology of Pele, the revered goddess of fire and volcanic activity. She embodies the archetype of destruction and creation and shapes our inner and outer landscapes.

This lecture reveals how Pele

manifests in the psyche and sandplay therapy to bring forth psychological healing and new perspectives during troubled times. With vivid images, case material, and storytelling Dr. Lorraine Freedle will share insights from her newly released book, *When a Goddess Erupts: Pele in the Psyche of Women*. Join us to discover how the fierce energies of creation, destruction, and rebirth mirror your own untold story- and how honoring inner eruptions can lead to renewal.



**Lorraine Razzi Freedle, PhD** is a resident of East Hawai'i Island, licensed clinical psychologist and social worker, pediatric neuropsychologist, and sandplay teacher (STA/ISST) who practices and lectures at the crossroads of depth psychology and neuroscience. She serves on faculty at Southwestern College in Santa Fe, NM and the Trauma Research Foundation. Author of [\*When a Goddess Erupts: Pele in the Psyche of Women\*](#) and many [research articles](#) on sandplay, neuropsychology, and trauma, Dr. Freedle also co-produced *Fire and Sand*, an award-winning documentary featuring mobile sandplay in disaster response. She is the Chief Clinical Officer for TeamBuilders Behavioral Health in New Mexico and provides clinical oversight to several behavioral health organizations. Dr. Freedle is the research editor for the *Journal of Sandplay Therapy* and serves on the boards of the Sandplay Therapists of America (STA, past president) and the International Society for Sandplay (ISST, president-elect). Her private practice is Black Sand Neuropsychological Services in Hilo, Hawai'i. [www.lorrainefreedle.com](http://www.lorrainefreedle.com)

## MYCELOPAUSE: UNCOVERING THE MAGIC OF MENOPAUSE WITH PSILOCYBIN

Presented by Patricia Singh, PhD, LPCC and Kelly McGinty, MSN, FNP Tuesday, October 14, 6-8pm; via Zoom

A training designed for therapists interested in the intersection of psychedelic-assisted therapy and women's midlife mental health. This talk explores how psilocybin can support emotional transformation during menopause—a stage often marked by grief, identity shifts, and profound psychological changes. Participants will learn about the emerging science behind psilocybin's impact on neuroplasticity, mood regulation, and trauma resolution, with a focus on how these mechanisms can be uniquely applied to menopausal experiences. Rooted in both clinical practice and lived experience, the session also addresses ethical considerations, integration techniques, and trauma-informed care. This talk invites therapists to reframe menopause not as a decline, but as a rite of passage—one that psilocybin may illuminate with renewed meaning, spiritual insight, and inner vitality. Ideal for clinicians curious about psychedelic medicine, women's health, and supporting clients through transformative life transitions.



**Dr. Patricia Singh, LPCC** is a licensed psychotherapist, clinical supervisor, and nationally recognized leader in psychedelic-assisted therapy, addiction recovery, and trauma-informed care. Based in Albuquerque, New Mexico, she leads A New Awakening, a behavioral health practice serving at-risk and justice-involved populations through community-based care. Dr. Singh is also the co-founder of Trip HoM, a pioneering organization dedicated to ethical psychedelic harm reduction, where she develops programs that support deep healing through expanded states of consciousness. With over two decades of experience, she has trained clinicians and lay counselors, designed trauma-informed systems of care, and championed integrative practices that honor the mind, body, and spirit. Her work focuses on helping individuals—particularly women in midlife—navigate life transitions such as menopause through the lens of psychedelic integration and spiritual transformation.

**Kelly McGinty, MSN, FNP** is a board-certified Family Nurse Practitioner and co-founder of Trip HoM, a psychedelic-assisted care collective focused on harm reduction, education, and integrative healing. After more than a decade of serving in emergency departments, Kelly shifted her focus to holistic and functional medicine, inspired by her healing journey through burnout and the use of sacred plant medicine. A graduate of Gonzaga University and certified in psychedelic-assisted therapy through the California Institute of Integral Studies, she blends Western medicine with ancestral wisdom, Reiki, herbalism, and nature-based healing. Kelly's practice supports women, first responders, end-of-life patients, and those facing treatment-resistant mental health challenges. Her work is rooted in a passion for social justice and a commitment to helping women reclaim inner strength and healing through powerful rites of passage, such as menopause.





