

SPRING 2026 BOOKLIST

List includes only resources that need to be purchased by students. Prices accurate as of 2/9/2026 (various sources), subject to change.

Blue highlighted books are available for purchase at the SWC Bookstore (as supplies last).

Orange highlighted books are available online at no cost however hardcopies are also available for purchase in the SWC Bookstore (as supplies last).

MASTER'S PROGRAM CLASSES

APPLIED THEORIES OF HUMAN DEVELOPMENT (CN AT 522-2)

- \$120 Kraus, K. (2008). *Lenses: Applying lifespan development theories in counseling*. Lahaska Press. ISBN 9780618370306
- \$17 Plotkin, B. (2007). *Nature and the human soul: Cultivating wholeness and community in a fragmented world*. New World Library. ISBN 9781577315513 (Limited number of copies available at no cost online.)
- \$212 Arnett, J., Jensen, L. (2018). *Human development: A cultural approach* (3rd Edition). Pearson. ISBN 978134641348

ARTS BASED RESEARCH (ATCP 598)

- \$60 Leavy, P. (2020). *Method meets art: Arts-based research practice* (3rd Edition). Guilford Press. ISBN 9781462538973 (Limited number of copies available at no cost online.)

ART THERAPY/COUNSELING INTERNSHIP 1 (AT/CN 696)

- Varies One stretched canvas, no smaller than 24" x 36" and a camera (phone cameras work). The college has acrylic and tempera paint in a variety of colors. You may wish to bring your own paint (or painting supplies) in order to have specific colors, brushes, etc. If you are taking this as a Zoom synchronous course, you will need to purchase your own painting supplies.

(ART THERAPY) PRACTICUM I & LAB: Helping Relationships w/ Individuals in AT/CN (AT/CN 656-2)

- \$165 American Psychiatric Association (2022). *DSM-5-TR: Diagnostic and statistical manual of mental disorders* (5th Edition). American Psychiatric Association. ISBN 9780890425763
- \$99/yr Time2Track subscription. Detailed information will be provided.
- Varies Please have art materials available that you enjoy using, including drawing materials and paper.

ASSESSMENT & APPRAISAL IN ART THERAPY/COUNSELING (AT/CN 664-3)

- \$54 Gilroy, A., Tipple, R., & Brown, C. (Eds.). (2012). *Assessment in art therapy*. Routledge. ISBN 9780415567961
- \$60 Horowitz, E.G. (2020). *The art therapists' primer: A clinical guide to writing assessments, diagnosis, and treatment* (3rd Edition). Charles C. Thomas Publisher. ISBN 9780398093389
- Varies #2 pencil and eraser, 8.5 x 11 paper; 12 x 18 paper, magazines with pictures of people, white glue, box of 12 Alphacolor square pastels, 8 Crayola crayons, 8 Crayola multicolor markers, 12 Mr. Sketch watercolor markers

CAREER AND LIFE DEVELOPMENT (CN AT 625-2)

- \$88 Scharf, R. (2021). *Applying career development theory to counseling* (6th Edition). Cengage. ISBN 9780357670705

COMPREHENSIVE SCHOOL COUNSELING PROGRAM DEVELOPMENT AND EVALUATION (SCN 600)

- \$123 Erford, B.T. (2019). *Transforming the school counseling profession* (5th Edition). Pearson. ISBN 9780134610597
- \$55 Murphy, J.J. (2023). *Solution-focused counseling in schools* (4th Edition). American Counseling Association. ISBN 9781556203947 (Unlimited copies available online at no cost.)

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CONSCIOUSNESS II: Cultivating the Healing Presence of Love (CN AT 531-3)

- \$9 Emerald, D. (2016). *The power of Ted: The empowerment dynamic*. Polaris Publishing. ISBN 9780996871808
- \$13 Hooks, B. (2001). *All about love: New visions*. Harper Collins Publishers. ISBN 9780060959470 (Limited number of copies available at no cost online.)
- \$17 Mindell, A. (2014). *Working with the dreaming body* (2nd Edition). CreateSpace Independent Publishing Platform. ISBN 9781500889029
- \$16 Pearson, C.S. (2015). *The hero within: Six archetypes we live by* (3rd Edition). HarperOne. ISBN 9780062515551 (Limited number of copies available at no cost online.)
- \$12 Weinhold, B. K., & Weinhold, J.B. (2017). *How to break free of the drama triangle and victim consciousness* (2nd Edition). MOTW Press. ISBN 9798218987152

COUNSELING INTERNSHIP I (CN 696)

- \$57 Corey, G., Herlihy, B. (2014). *ACA ethical standard casebook* (7th Edition). American Counseling Association. ISBN 9781556203213
- \$99/yr Time2Track subscription. Detailed information will be provided.
- Recommended:
 - \$170 Toporek, R. & Lewis, J. (2010). *ACA advocacy competencies: A social justice framework for counselors*. American Counseling Association. ISBN 9781556202933

(COUNSELING) PRACTICUM I: Helping Relationships w/ Individuals in CN (CN 656-4)

- \$76 Woodside, M. and Luke, C. (2018). *Practicum in counseling*. Cognella. ISBN 9781516531783
- Recommended:
 - \$22 Mullan, J. (2023). *Decolonizing therapy: Oppression, historical trauma, and politicizing your practice*. W. W. Norton. ISBN 9781324019169

FOUNDATIONS OF TRAUMA-INFORMED CARE (TCC 500-2)

- \$165 American Psychiatric Association (2022). *DSM-5-TR: Diagnostic and statistical manual of mental disorders* (5th Edition). American Psychiatric Association. ISBN 9780890425763

HERMENEUTICS OF SELF: Transformation and Healing Through Imaginal Ways of Knowing (CN AT 523-4)

- \$20 Rubin, R. (2023). *The creative act: A way of being*. Penguin Press. ISBN 9780593652886
- \$16 Johnson, R. (1986). *Inner work: Using dreams and active imagination for personal growth*. Harper & Row. ISBN 9780062504319 (Limited number of copies available at no cost online.)
- \$22 Turner, T. (2017). *Belonging: Remembering ourselves home*. Her Own Room Press. ISBN 9781775111207
- Varies Set of oil crayons, 18x24" drawing pad

HISTORY OF ART THERAPY: Founders and Foundations (AT/CN 530)

- \$70 Junge, M. B. (2010). *The modern history of art therapy in the United States*. Charles C. Thomas Publisher. ISBN 9780398079413

MULTICULTURAL PERSPECTIVES IN ART THERAPY/COUNSELING w/ DIVERSE POPULATIONS (AT/CN 597-2)

- \$52 Sue, D., et al. (2022). *Counseling the culturally diverse: Theory and practice* (9th Edition). Wiley. ISBN 9781119861904

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MULTICULTURAL PERSPECTIVES IN COUNSELING w/ DIVERSE POPULATIONS (CN 577-4)

- \$17 Menakem, R. (2017). *My grandmother's hands: Racialized trauma and the pathway to mending our hearts and bodies*. Central Recovery Press. ISBN 9781942094470 (Unlimited copies available online at no cost.)
- \$52 Sue, D. et al. (2022). *Counseling the culturally diverse: Theory and practice* (9th Edition). Wiley. ISBN 9781119861904

PSYCHOLOGY OF ALTRUISM II: The Call to Serve (CINA 575-2)

- \$10 Macy, J., & Johnstone, C. (2012). *Active hope: How to face the mess we're in without going crazy*. New World Library. ISBN 9781577319726 (Limited number of copies available at no cost online.)
- \$18 Quaglia, J. (2025). *From self-care to we-care: The new science of mindful boundaries and caring from an undivided heart*. Shambhala. ISBN 9781645473473 (Limited number of copies available at no cost online.)

PSYCHOPATHOLOGY: Psychopharmacology (CN AT 581-4)

- \$19 Preston, J., Moore, B.A., & Johnson, J. (2023). *Clinical psychopharmacology: Made ridiculously simple* (10th Edition). Medmaster. ISBN 9781935660743

RESEARCH METHODS AND PROGRAM EVALUATION (CN AT 598-6)

- \$104 Heppner, P. P., Wampold, B., Owen, J., Thompson, M. N., & Wang, K. T. (2016). *Research design in counseling* (4th Edition). Cengage Learning. ISBN 9780357670767
- \$50 Kapitan, L. (2017). *Introduction to art therapy research* (2nd Edition). Routledge. ISBN 9781138912854

THEORY AND PRACTICE OF FAMILY COUNSELING (CN 663-2)

- \$85 Nichols, M. & Davis, S. (2021). *Family therapy: Concepts and methods* (12th Edition). Pearson. ISBN 9780135843062 (Only available as eBook or print text rental through various sources.)

NEI CERTIFICATE PROGRAMS

DYING TO KNOW: ISSUES OF DEATH & DYING FOR THE PROFESSIONAL (TGR 5200)

- \$11 Cope, D. (2008). *Dying: A natural passage*. Three Whales Publishing. ISBN 9780978750657
- \$13 Poteat, C. & Wiard, T. (2007) *Witnessing Ted: The journey to potential through grief and loss*. CreateSpace Independent Publishing Platform. ISBN 9781461046127

MINDFULNESS OF THE BODY, MIND, AND HEART WITH NATURE (TE 5600)

- \$20 Coleman, M. (2006) *Awake in the wild: Mindfulness as a path to self-discovery*. New World Library. ISBN 97891930722552 (Limited number of copies available at no cost online.)