


Welcome to Southwestern College
Ph. 877-471-5756 or 505-471-5756

The mission of Southwestern College is Transforming Consciousness through Education. This schedule lists classes for degree-seeking students in Counseling, Art Therapy/Counseling, Consciousness in Action, and Art Therapy for Clinical Professionals. Degree-seeking students choose their electives from the New Earth Institute (NEI) classes.

SPRING 2026 QUARTER REGISTRATION INFORMATION

SCHEDULE FORMAT: If you are having trouble figuring out a class schedule that works for you, submit a request to studentsupport@swc.edu and a member of the Student Support Team will set up a 15-minute meeting with you. Please come prepared to the meeting with specific questions and/or ideas/strategies in mind.

HOLIDAYS: SWC operates on a 10-week quarter system. Courses that fall on holidays meet as scheduled.

EARLY REGISTRATION INFORMATION: If you have a schedule conflict between certain courses that are offered on the same day and time, your employment, childcare, travel, health, or something else, please check for an alternate day/time for one of those courses. Do not assume there will be room in the section you need. If you determine that you must get into a specific section of 1 or more courses, please fill out the [Early Registration Request](#). Requests for [Early Registration](#) are due by **5pm, Friday, February 13th** (no exceptions).

REGISTRATION DATES: You will receive an email prior to registration with your individual registration time slot based on your student designation. **Distance Students register Tuesday, March 10th. On-Ground Students register Thursday, March 12th. Internship students register Friday, March 20th.**

PROGRAM PLANNERS: If you are not able to take a course at **any time** that is offered due to any of the above reasons, please submit a [Program Planner Change Request](#) which will go directly to Michelle Lynn.

COSTS: Tuition per quarter unit is \$626. There is an educational resource fee of \$300 per quarter of attendance.

BOOK LIST: [Click here](#) for Spring 2026 Book List.

NOTES: ZOOM SYNCHRONOUS courses meet at a scheduled time via Zoom. Most of the interaction occurs through Zoom during scheduled class meetings and assignments are submitted through Populi. ASYNCHRONOUS courses do not meet at a scheduled time. All coursework is completed in Populi, and interactions occur through the discussion board and other interactive learning activities. Assignments and learning activities are due per the course schedule and deadlines in Populi. ZOOM SYNCHRONOUS PLUS ASYNCHRONOUS courses meet at a scheduled time via Zoom and have additional asynchronous learning activities. These courses are intentionally scheduled to meet for less than the required hours to reduce time on Zoom (e.g., reducing meeting time from 4 hours to 3 hours and replacing 1 hour with asynchronous learning activities).

LAST DAY TO DROP FOR MA DEGREE COURSES: The deadline to drop a class without receiving a "W" on transcript is 5pm on Monday* of the second week of the quarter (April 6th), with the exception of classes that start in the second week of the quarter. The drop deadline for classes starting in the second week of the quarter is by 5pm on the Monday* of the third week of the quarter (April 14th). Drops are effective on the date the Course Add/Drop form is initiated. Courses are considered "Dropped" and removed from student's transcript if the drop occurs by the deadline (For tuition refund information, see Refund Policy)

*If Monday is a holiday, the deadline is Tuesday.

SPRING 2026 QUARTER SCHEDULE

NOTE: All class times are in Mountain Daylight Time (MDT).

APPLIED THEORIES OF HUMAN DEVELOPMENT (CN AT 522-2)

\$2817/4.5 quarter units

Section 1: Laura Rademacher, MA, LMFT, CST, CST-S
Mondays, 3/30-6/1, 1-4pm; Zoom Synchronous plus Asynchronous
Section 2: Laura Rademacher, MA, LMFT, CST, CST-S
Tuesdays, 3/31-6/2, 1-4pm; Zoom Synchronous plus Asynchronous
Section 3: Carlos Gonzalez, PhD, Licensed
Thursdays, 4/2-6/4, 9am-12pm; **SWC Campus** plus Asynchronous
Section 4: Carolina Grace Lorenzo, MA, LPCC
Wednesdays, 4/1-6/3 9am-12pm; Zoom Synchronous plus Asynchronous

ART THERAPY/COUNSELING INTERNSHIP I (AT/CN 696)

\$2817/4.5 quarter units

Prerequisite: Completion of all coursework.
Section 1: Christina Taylor, MS, ATCS, ATR-BC, LPAT, LPC
Mondays, 3/30-6/1, 2:30-5pm; Zoom Synchronous plus Asynchronous
Section 2: Seren Morris, MDiv, MA, ATR-BC, LPCC
Tuesdays, 3/31-6/2, 1:30-4pm; **SWC Campus** plus Asynchronous
Section 3: Sarah Jackson, MA, ATR-BC, CAADC, LPC
Wednesdays, 4/1-6/3, 4-6:30pm; Zoom Synchronous plus Asynchronous
Section 4: Roxie Ehlert, MA, ATR-BC, LCPC
Thursdays, 4/2-6/4, 9-11:30am; Zoom Synchronous plus Asynchronous

(ART THERAPY) PRACTICUM I & LAB: Helping Relationships w/ Individuals in AT/CN (AT/CN 656-2 and AT/CN 656-2L)

\$2504/4 quarter units

Prerequisite: Completion of ePortfolio; Completion of all CN AT and AT/CN classes except those approved for corequisites.

Mandatory Practicum Orientation Saturday, March 28, 10am-12pm via Zoom.

Section 1: Heather Denning, MA, LPAT, ATR-BC, ATCS, LSW
Class: Mondays, 3/30-6/1, 4-7pm; Zoom Synchronous (**Please also register for lab #1 or #2 that goes with this class.**)
Lab 1: Thursdays, 4/2-6/4, 5-7pm; Zoom Synchronous
Lab 2: Fridays, 4/3-6/5, 1-3pm; Zoom Synchronous
Section 2: Chelsea Call, MA, ATR-BC, LPCC
Class: Tuesdays, 3/31-6/2, 9am-12pm; Zoom Synchronous (**Please also register for lab #3 or #4 that goes with this class.**)
Lab 3: Thursdays, 4/2-6/4, 9-11am; Zoom Synchronous
Lab 4: Thursdays, 4/2-6/4, 11:30am-1:30pm; Zoom Synchronous
Section 3: Angela Kehm, MA, ATR-BC, LPC
Class: Tuesdays, 3/31-6/2, 4-7pm; Zoom Synchronous (**Please also register for lab #5 or #6 that goes with this class.**)
Lab 5: Wednesdays, 4/1-6/3, 12:30-2:30pm; Zoom Synchronous
Lab 6: Thursdays, 4/2-6/4, 12:30-2:30pm; Zoom Synchronous
Section 4: Seren Morris, MDiv, MA, ATR-BC, LPCC
Class: Fridays, 4/3-6/5, 12:30-3:30pm; **SWC Campus** (**Please also register for lab #7 that goes with this class.**)
Lab 7: Wednesdays, 4/1-6/3, 12:30-2:30pm; **SWC Campus**

ARTS-BASED RESEARCH (ATCP 598)

\$626/1 quarter Unit

Sarah Jackson, MA, ATR-BC, CAADC, LPC
Tuesdays, 3/31-6/2, 9-10am; Zoom Synchronous

ASSESSMENT & APPRAISAL IN ART THERAPY/COUNSELING (AT/CN 664-3)

\$2817/4.5 quarter units

Prerequisite: CN AT 581-5 Psychopathology: Diagnosis and Treatment of Mental and Emotional Disorders

Section 1: Alyssa Butler, MA, ATR-BC, LPCC **Cancelled**
Mondays, 3/30-6/1, 1-4pm; **SWC Campus** plus Asynchronous
Section 2: Alanna Burke-Sindlinger, MA, ATR-BC, LPAT, LPCC
Thursdays, 4/2-6/4, 4-7pm; Zoom Synchronous plus Asynchronous
Section 3: Sarah Jackson, MA, ATR-BC, CAADC, LPC
Fridays, 4/3-6/5, 9am-12pm; Zoom Synchronous plus Asynchronous

CAREER AND LIFE DEVELOPMENT (CN AT 625-2)

\$2817/4.5 quarter units

*Prerequisite: CN AT 542-4 Foundations: History and Theories of Counseling***Section 1:** Beth Bryce, MS, CMCS

Mondays, 3/30-6/1; 4-7pm; Zoom Synchronous plus Asynchronous

Section 2: Beth Bryce, MS, CMCS

Tuesdays, 3/31-6/2, 1-4pm; Zoom Synchronous plus Asynchronous

Section 3: Camara Mari Rajabari, MA, LMFT

Wednesdays, 4/1-6/3, 12:30-3:30pm; Zoom Synchronous plus Asynchronous

Section 4: Amy Lueck, MA, LMHCFridays, 4/3-6/5, 9am-12pm; **SWC Campus** plus Asynchronous**COMPREHENSIVE SCHOOL COUNSELING PROGRAM DEVELOPMENT AND EVALUATION (SCN 600)**

\$2817/4.5 quarter units

Zahira Miller, PsyD, LPCC

3/30-6/7; Asynchronous

CONSCIOUSNESS II: Cultivating the Healing Presence of Love (CN AT 531-3)

\$2504/4 quarter units

*Prerequisite: CN AT 530-3, Consciousness I: Cultivating the Healing Power of Presence***Section 1:** Katherine Ninos, MA, LPCCTuesdays, 3/31-5/26, 2-5pm; Tuesday, 6/2 (**last class**), 2-6pm; Saturday, 4/18, 9am-2pm; Saturday, 5/23, 10am-6pm; **SWC Campus****Section 2:** Susanne Stockman, PhD, LPCCTuesdays, 3/31-5/26, 2-5pm; Tuesday, 6/2 (**last class**), 2-6pm; Sunday, 4/19, 10am-2pm; Sunday, 5/24, 10am-6pm; Zoom Synchronous**Section 3:** Marialuisa Diaz de Leon Z., MA, REAT, MSMT, MSMEWednesdays, 4/1-5/27, 8-11am; Wednesday, 6/3 (**last class**), 8am-12pm; Friday, 4/17, 8am-12pm; Saturday, 5/23, 8am-4pm; Zoom Synchronous**Section 4:** Carolina Grace Lorenzo, MA, LPCCWednesdays, 4/1-5/27, 1-4pm; Wednesday, 6/3 (**last class**), 1-5pm; Saturday, 4/18, 9am-1pm; Saturday, 5/23, 9am-5pm; Zoom Synchronous**Section 5:** Christina Esquibel, ED.S.Thursdays, 4/2-5/28, 9am-12pm; Thursday, 6/4 (**last class**), 9am-1pm; Saturday, 4/18, 9am-1pm; Saturday, 5/23, 9am-5pm; Zoom Synchronous**Section 6:** Kate Latimer, MA, LPCCThursdays, 4/2-5/28, 1-4pm; Thursday, 6/4 (**last class**), 1-5pm; Friday, 4/17, 1-5pm; Friday, 5/22, 10am-6pm; Zoom Synchronous**Section 7:** Awbrey Willett, MA, LPCCThursdays, 4/2-5/28, 2-5pm; Thursday, 6/4 (**last class**), 2-6pm; Saturday, 4/18, 9am-2pm; Sunday, 5/24, 10am-6pm; **SWC Campus****COUNSELING INTERNSHIP I (CN 696)**

\$2817/4.5 quarter units

*Prerequisite: Completion of all classes except electives and corequisites.***Section 1:** V. Torres McGovern, MA, LPCCFridays, 4/3-6/5, 9:30am-12pm; **SWC Campus** plus Asynchronous**Section 2:** V. Torres McGovern, MA, LPCC

Wednesdays, 4/1-6/3, 8:30-11am; Zoom Synchronous plus Asynchronous

(COUNSELING) PRACTICUM I: Helping Relationships w/ Individuals in CN (CN 656-4)

\$2504/4 quarter units

*Prerequisite: Completion of ePortfolio Part I; Completion of all CN AT classes except those approved for corequisites***Mandatory Practicum Orientation Saturday, March 28, 10am-12pm via Zoom.****Section 1:** V. Torres McGovern, MA, LPCCMondays, 3/30-6/1, 11:30am-2:30pm; **SWC Campus****Section 2:** Patricia "Trish" Meek, MFA, LPC, LAC, NFT

Tuesdays, 3/31-6/2, 9am-12pm; Zoom Synchronous

<p>HERMENEUTICS OF SELF: Transformation and Healing Through Imaginal Ways of Knowing (CN AT 523-4) <i>Prerequisites: CN AT 574, Psychology of Altruism: Fundamentals of Helping Relationships; CN AT 522-2, Applied Theories of Human Development; and CN AT 530-3 Consciousness I: Cultivating the Healing power of Presence</i> Section 1: Marialuisa Diaz de Leon Z., MA, REAT, MSMT, MSME Tuesdays, 3/31-6/2, 8am-12pm; Zoom Synchronous Section 2: April Vogel, PhD, Licensed Psychologist Tuesdays, 3/31-6/2, 9am-1pm; SWC Campus</p>	\$2504/4 quarter units
<p>HISTORY OF ART THERAPY: Founders and Foundations (AT/CN 530) Section 1: Joanne Ramseyer, MA, ATR-BC, LCPC Mondays, 3/30-6/1, 4-6pm; Zoom Synchronous Section 2: Joanne Ramseyer, MA, ATR-BC, LCPC Tuesdays, 3/31-6/2, 9-11am; Zoom Synchronous Section 3: Cheryl Okubo, MA, ATR-BC Wednesdays, 4/1-6/3, 9:30-11:30am; SWC Campus</p>	\$1252/2 quarter units
<p>MULTICULTURAL PERSPECTIVES IN ART THERAPY/COUNSELING w/ DIVERSE POPULATIONS (AT/CN 597-2) <i>Prerequisite: Multicultural Awareness (CN AT 500-3)</i> Section 1: Cheryl Okubo, MA, ATR-BC Wednesdays, 4/1-6/3, 1-4pm, SWC Campus Section 2: Christina Taylor, MS, ATCS, ATR-BC, LPAT, LPC Thursdays, 4/2-6/4, 9am-12pm; Zoom Synchronous Section 3: Angela Kehm, MA, ATR-BC, LPC Thursdays, 4/2-6/4, 4-7pm; Zoom Synchronous Section 4: Angela Kehm, MA, ATR-BC, LPC Fridays, 4/3-6/5, 9am-12pm; Zoom Synchronous</p>	\$1878/3 quarter units
<p>MULTICULTURAL PERSPECTIVES IN COUNSELING w/ DIVERSE POPULATIONS (CN 577-4) <i>Prerequisite: CN AT 500-3, Multicultural Awareness</i> Section 1: Shane Morr, MA, LMFT, CAADC Mondays, 3/30-6/1, 9am-12pm; Zoom Synchronous Section 2: Naja Druva, MS, LPCC Tuesdays, 3/31-6/2, 9am-12pm; SWC Campus Section 3: Elijah Chong, MA, LPCC Wednesdays, 4/1-6/3, 1-4pm; Zoom Synchronous Section 4: Naja Druva, MS, LPCC Mondays, 3/30-6/1, 9am-12pm; SWC Campus</p>	\$1878/3 quarter units
<p>PSYCHOLOGY OF ALTRUISM II: The Call to Serve (CINA 575-2) <i>Prerequisite: CN AT 574 Psychology of Altruism: Fundamentals of Helping Relationships</i> April Vogel, PhD, Licensed Psychologist Thursday, 4/2, 9am-12pm; Thursdays, 4/9-6/4, 10am-12pm; Zoom Synchronous plus Asynchronous</p>	\$1878/3 quarter units
<p>PSYCHOPATHOLOGY: Psychopharmacology (CN AT 581-4) Patricia "Trish" Meek, MFA, LPC, LAC, NFT 3/30-6/7; Asynchronous</p>	\$313/0.5 quarter units
<p>RESEARCH METHODS AND PROGRAM EVALUATION (CN AT 598-6) Section 1: Randal Lea, MA, LADAC Tuesdays, 3/31-6/2, 4-7pm; Zoom Synchronous plus Asynchronous Section 2: Johanna Mitchell, MS, LPC-S Wednesdays, 4/1-6/3, 9am-12pm; Zoom Synchronous plus Asynchronous Section 3: Carlos Gonzalez, PhD, Licensed Wednesdays, 4/1-6/3, 9am-12pm; SWC Campus plus Asynchronous</p>	\$2817/4.5 qtr. units
<p>THEORY AND PRACTICE OF FAMILY COUNSELING (CN 663-2) Section 1: Naja Druva, MS, LPCC Fridays, 4/3-6/5, 9am-12pm; SWC Campus plus Asynchronous</p>	\$2504/4 quarter units

Section 2: Camara Mari Rajabari, MA, LMFT
 Wednesdays, 4/1-6/3, 4-7pm; Zoom Synchronous plus Asynchronous

Foundations of Trauma-Informed Care (TCC 500-2)

\$1878/3 quarter units

Prerequisites: CN AT 542-4 Foundations: History and Theories of Counseling; CN AT 581-5 Psychopathology: Diagnosis and Treatment of Mental and Emotional Disorders

Section 1: Johanna Mitchell, MS, LPC-S
 Wednesdays, 4/1-6/3, 1-4pm; Zoom Synchronous

Section 2: Justine Mastin, MA, LMFT
 Thursday, 4/2-6/4, 9am-12pm; Zoom Synchronous

NEI CERTIFICATE PROGRAMS & CONTINUING EDUCATION

NEI CERTIFICATE PROGRAM COURSES CAN BE TAKEN:

- By SWC graduate students for elective credit towards a graduate degree program. Please use the registration process via Populi to register for degree credit. See “NEI Course Registration Info” in the Student and Career Services Group in the File called “Electives/NEI Courses—info on how to register for them.”
- By SWC students who have met their elective requirement and wish to attend for Non-Credit (NC) and pay the CE price. Use this link <https://newearth.regfox.com/nei-registration-form> to register for non-credit NEI courses at any time.
- By licensed mental health professionals for CEs approved by the New Mexico Counseling and Therapy Practice Board and NBCC. Use this link <https://newearth.regfox.com/nei-registration-form> to register for CEs.
- **REFUNDS:** 100% refund available for students who withdraw up to 72 hours before the start of a course, minus a \$50 administrative fee. No refunds will be issued less than 72 hours before the start of a course. Please contact the Registrar’s Office collegeregistrar@swc.edu to process your cancellation.
- Registration for all NEI classes closes at noon the day before the class starts.

CHILDREN’S MENTAL HEALTH (CMH) CERTIFICATE

ATTACHMENT: THE HEART OF WELL-BEING (CMH 5250)

Saturday & Sunday, March 28 & 29, 9am-6:30pm; Zoom Synchronous

\$375/16 CEs/non-credit or
 \$1252/2 quarter units/credit

This course examines the foundations of early parent-child relations in order to recognize primary attachment imprints affect child development, interpersonal relational patterns, and future well-being. Considering heart-opening, ethical, and cross-cultural practices, students identify early disruptions that can be repaired and strengthened through attuned counseling, promoting healing and security through healthy attachments between children and care-givers. Experiential processes designed to strengthen healthy attachment will support both personal and professional development.



Kate Latimer, MA, LPCC is the Director of the New Earth Institute and faculty at Southwestern College. She is the course leader for “Hermeneutics of Self: Transformation and Healing Through Imaginal Ways of Knowing” and holds certificates in Applied Interpersonal Neurobiology and Ecotherapy. She is also trained in sand tray, play therapy, DBT, CBT, EMDR and Brainspotting. In addition to operating from a trauma-informed, culturally sustaining lens, Kate brings curiosity, empathy, authenticity and humor to her work as a teacher and counselor. She believes in the power of personal responsibility and individual healing, but also recognizes the need for social justice and systemic change in our communities in order to support overall well-being in the larger collective.

TRAUMA, GRIEF, AND RENEWAL (TGR) CERTIFICATE

DYING TO KNOW: ISSUES OF DEATH & DYING FOR THE PROFESSIONAL (TGR 5200)

Saturday & Sunday, April 11 & 12, 9am-6pm; Zoom Synchronous

\$375/16 CEs/non-credit or
 \$1252/2 quarter units/credit

This course identifies the basic principles of care for the dying person, hospice philosophy and practice, exploration of the impact of different kinds of deaths, issues for survivors, the family system, and the psychology of death throughout the lifespan. Students explore both knowledge and beliefs about death, and how to help others in their dying journey. Questions of “What dies and What doesn’t?” as well as mortality and immortality are discussed. The groundwork of the weekend includes our own consciousness, views, values, and concerns regarding death and dying.



Karsyn Lahann, MA, LPCC, was born in Southern NM and raised in Las Cruces, NM. She obtained both her BA in Psychology and MA in Clinical Mental Health Counseling from New Mexico State University. Karsyn relocated to Taos, NM in 2021 and has called Northern NM home since. Karsyn is a Licensed Professional Counselor, Certified Grief Counselor, NM board certified supervisor, and non-denominational minister. Karsyn is currently the Clinical Director and Caretaker of Golden Willow Retreat and has a private practice in Taos. She graduated from the Trauma Grief and Renewal Program through Southwestern College in 2023.

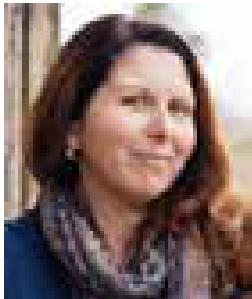
ECOTHERAPY (TE) CERTIFICATE

MINDFULNESS OF THE BODY, MIND AND HEART WITH NATURE (TE 5600)

Saturday & Sunday, April 25 & 26, 9am-6:30pm; Zoom Synchronous

\$375/16 CEs/non-credit or
\$1252/2 quarter units/credit

This course will explore the foundations of mindfulness with nature. Learning to practice mindfulness with nature we will awaken to experience the health of the body, mind, and heart. Nature is an ever-present expression of life in which we will explore various mindfulness meditation practices that will bring us into more intimacy and reciprocity with ourselves and the Earth. Mindfulness in nature is an opportunity to meet your inner conditions as they are- to learn to kindly relate and respond to live into your true nature and potential for healthy living. From this embodied understanding of connection with ourselves and the Earth we will examine various ways these practices can be introduced into the therapeutic process.



Rochelle Calvert, PhD, CMT, SEP, is the author of *Healing with Nature: Mindfulness and Somatic Practices to Heal from Trauma*. She has studied and taught mindfulness for the past 19 years and personally knows the transformational potential. Dr. Calvert currently leads courses, workshops, and treats in mindfulness and somatic experiencing in nature. As a licensed clinical psychologist and founder of New Mindful Life, she supports her clients, taking them into nature with the aid of Bertha Grace, a Sprinter van that serves as a mobile therapy office. www.newmindfullife.com

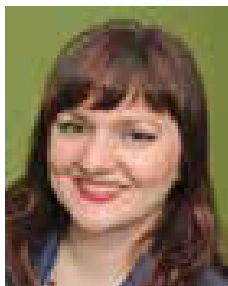
HUMAN SEXUALITY (HS) CERTIFICATE

EROTIC DEFIANCE: HOLDING SPACE FOR DARING SEXUAL EXPRESSION (HS 5150)

Saturday & Sunday, May 2 & 3, 9am-6:30pm; Zoom Synchronous

\$375/16 CEs/non-credit or
\$1252/2 quarter units/credit

Clients from marginalized and misunderstood sexual identities/communities need culturally informed mental health professionals who understand, and are sensitive to, the dynamics of oppression and liberation. Artists belonging to socially unaccepted sexual communities have used erotic themes in their art to challenge societal norms of sexuality and gender and have been catalysts for social justice movements throughout history. This course explores the methods these artists have used to claim space for a wider diversity of sexual expression and how mental health professionals can use these methods to create space for clients' explorations of the erotic. Students gain greater understanding of unconventional sexual expression, such as BDSM/kink, fetishes, and ecosexuality, as well as the discrimination marginalized groups have often faced. Examples of art addressing AIDS advocacy/Queer liberation, art as expression of feminism, art that expands our perceptions of gender/sexual identity, and art that challenges the dominant patriarchal colonial lens are analyzed as students identify methods of liberation that can transfer from art to therapeutic practice. Students also have the chance to highlight the work of an erotic artist (visual art, film, theater, drag, music, etc.) they feel inspired by and consider how they can incorporate the spirit of this art into their practice. Implicit bias is investigated and assessed through reflective practice to increase awareness of what it's like to be a "sexual outsider" and cultural proficiency in working with a wide variety of sexual expressions.



Laura Rademacher, MA, LMFT, CST, CST-S, is the Director of the Human Sexuality Certificate program. She is an AASECT certified sex and relationship therapist with over 15 years of experience as a sex-positive sexual health educator. She is the author of *"The Principles of Pleasure: Working with the Good Stuff as Sex Therapists and Educators."*

ADDICTIONS, ABUSE, AND RECOVERY (AAR) CERTIFICATE

A CULTURE OF ADDICTION: SYSTEMIC AND ECOLOGICAL PERSPECTIVES ON ADDICTION AND RECOVERY (AAR 5050)

\$375/16 CEs/non-credit or
\$1252/2 quarter units/credit

Saturday & Sunday, May 9 & 10, 9am–6pm; In person at Southwestern College

How has the dominant cultural paradigm promoted and perpetuated a culture of addiction across the socio-economic spectrum? How do we break out of the dominant cultural paradigm in order to decentralize our theoretical understanding of addiction and recovery? How do we support healing and recovery while living in a toxic and traumatizing industrial cultural complex? In this course, students analyze the etiology of addiction through the lens of modern culture, using relevant contemporary professional literature, and systemic ecological theoretical models. Mainstream approaches to addictions treatment and its historical roots are examined and strategies for detoxifying from dominant cultural programming are explored. Cultural considerations and comparisons regarding treatment access and approaches for both privileged and marginalized populations are discussed. Students also gain pragmatic clinical skills for decentralizing treatment, in order to apply innovative and holistic trauma informed interventions that can help guide clients back to lasting sustainable healing and recovery.



Richard Pelfrey, MS, LADAC, LADAC is a trauma-informed counseling practitioner and seasoned addictions counselor with over a decade of experience supporting individuals in reclaiming wholeness. His work blends traditional recovery models with holistic, experiential approaches, including AEDP, Brainspotting, Kundalini Yoga, the Wim Hof Method, and earth-based ceremonial practices rooted in Toltec wisdom. Richard is also certified in Trauma, Grief, and Renewal through Southwestern College, and brings a deep reverence for transformational change and artistry in life.

PSYCHEDELIC STUDIES (PS) CERTIFICATE

NAVIGATING ETHICAL PRACTICE IN THE WILD WEST OF PSYCHEDELICS: SAFETY & RISK REDUCTION IN AN EMERGING LANDSCAPE (PS 5300)

\$375/16 CEs/non-credit or
\$1252/2 quarter units/credit

Saturday & Sunday, May 16 & 17, 9am–6:30pm; Zoom Synchronous

This course challenges students to apply ethical considerations in psychedelic-assisted therapy to enhance safety and reduce risk. Through reflective practice, this course helps students identify and deconstruct myths and biases they may hold from historical and cultural influences. The extent and limitations of professional roles and scope of practice are examined, while considering the scientific and cultural resources used to inform ethical decision-making. Students explore topics of sustainability, appropriation, and other social justice issues and identify best practices for determining client readiness, appropriateness of fit, and informed consent.



Amy Wong Hope, MSW, LCSW, is the Certificate Program Director of the Psychedelic Studies Certificate. Amy is a certified Psilocybin Facilitator (InnerTrek, 2024) and MDMA-assisted therapist through the (MAPS, 2018) Multidisciplinary Association for Psychedelic Studies and co-author of *Small Doses of Awareness: A Microdosing Companion* (published Feb 2024, Chronicle Books). Amy maintains a private practice with a focus on psychedelic preparation and integration, trauma-informed modalities, and shame-resilience approaches that support clients in restoring emotional, somatic, and relational resiliency.

APPLIED INTERPERSONAL NEUROBIOLOGY (AIN) CERTIFICATE

CULTIVATING NEW NEURAL PATHWAYS FOR PERSONAL & SOCIAL CHANGE THROUGH PSYCHODRAMA (AIN 5150)

\$375/16 CEs/non-credit or
\$1252/2 quarter units/credit

Saturday & Sunday, May 30 & 31, 9am–5:30pm; **SWC Campus with working lunch**

This course explores the intersection of Interpersonal Neurobiology (IPNB), Psychodrama, Sociodrama, and Action Methods to facilitate personal and social change. Students will engage in embodied, relational practices to examine implicit and explicit storylines, trauma, and co-regulation. By interweaving mindfulness and somatic awareness, participants learn to access the wisdom of the embodied brain to cultivate healing change on personal and societal levels. The curriculum emphasizes how to engage the transpersonal aspects that can coalesce a group into a synchronized wholistic “autonomic healing center,” opening us to expended states of consciousness, creativity, and wisdom.



Diana Zumas, MA, LPC, LPCC, is the Director of the Applied Interpersonal Neurobiology Certificate Program. Diana has 17 years of psychodrama, sociometry, and group psychotherapy training. She has a psychotherapy private practice in Santa Fe, NM.

NEW EARTH INSTITUTE COMMUNITY LECTURES

Free and Open to the Public or \$20 for 2 CEs

Register and/or pay for CEs online at <https://newearth.regfox.com/community-lecture>

Questions: lecture@swc.edu

INTRODUCTION TO MINDFULNESS BASED SOMATIC EMOTIONAL PROCESSING

Presented by Roberto Weisz, PhD and Daniel Blackwood, MA, LPCC

Tuesday, April 14, 6-8pm; via Zoom

This community lecture coincides with the release of Dr. Weisz’s new book, “Mindfulness Based Somatic Emotional Processing: A Guide for Patients and Therapists,” and introduces the basic working principles of MBSEP, a simple and accessible practice for emotional regulation and emotional processing. Using felt sense attention and mindful witnessing to identify and monitor the experience of emotions in the body, therapists and clients can learn how to manage and process emotionally charged events, memories and situations. When we can approach, digest, and integrate, rather than avoid, difficult feelings, we can access the deeper truths within our emotions, and we develop a more positive relationship with them.



Robert Weisz, PhD, is a retired Clinical Psychologist, consultant, and trainer with 50 years of experience. He is co-author of MINDFULNESS-BASED SOMATIC EMOTIONAL PROCESSING; A Guide for Patients and Therapists, published in May 2026 by Healing Arts Press, and co-author (with Deuter) of Hypnotic Healing Journeys, published by Health Communications Inc. (1998, 1999, 2000, 2001). Robert has taught through Southwestern College, the University of New Mexico School of Medicine, Webster University, the University of Wyoming, and NM Highlands University. He had a private practice of psychotherapy in Santa Fe from 1983 to 2022 and was a Director of the Milton Erickson Institute for Clinical Hypnosis and Behavioral Sciences of New Mexico from 1981 to 2021. Robert managed a Community Mental Health Center in Gillette, Wyoming from 1973 to 1979.



Daniel Blackwood, MA, LPCC has been working in the field for 40 years and is the founder and Chief Lantern Holder for the Evolution Group, Inc., in Albuquerque, New Mexico, a family behavioral health organization since 1998.

Daniel provides therapy, clinical supervision, consulting, presents at international, national, regional, and statewide conferences, and provides training and technical assistance on topics related to advances in adult mental health and recovery from trauma, addictive disorders, co-occurring disorders, disordered gambling, sexual addiction, and partner betrayal. Daniel is co-author of Mindfulness-Based Somatic Emotional Processing, Integrity Recovery™, now in its 3rd edition, and is working on a new book on living life with honor.

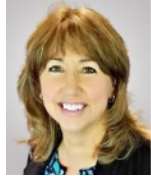
He holds certifications from the International Institute for Trauma and Addiction Professionals, Reconsolidating Traumatic Memories (RTM), and is trained in EMDR, Brainspotting, Mindfulness-Based Somatic Emotional Processing, and Seeking Safety.

**THE ARCHETYPE OF CREATION AND DESTRUCTION:
LESSONS FROM PELE, THE HAWAIIAN GODDESS OF THE VOLCANO**

Presented by Lorraine Freedle, PhD

Tuesday, April 21, 6-8pm; via Zoom

Myths and cultural stories are pregnant with archetypal energies—often emerging in times of individual or collective crisis to help people connect with one another, process trauma, and build resilience. Central to Hawaiian culture is the mythology of Pele, the revered goddess of fire and volcanic activity. She embodies the archetype of destruction and creation and shapes our inner and outer landscapes. This lecture reveals how Pele manifests in the psyche and sandplay therapy to bring forth psychological healing and new perspectives during troubled times. With vivid images, case material, and storytelling Dr. Lorraine Freedle will share insights from her newly released book, *When a Goddess Erupts: Pele in the Psyche of Women*. Join us to discover how the fierce energies of creation, destruction, and rebirth mirror your own untold story- and how honoring inner eruptions can lead to renewal.



Lorraine Razzi Freedle, PhD is a resident of East Hawai'i Island, licensed clinical psychologist and social worker, pediatric neuropsychologist, and sandplay teacher (STA/ISST) who practices and lectures at the crossroads of depth psychology and neuroscience. She serves on faculty at Southwestern College in Santa Fe, NM and the Trauma Research Foundation. Author of *When a Goddess Erupts: Pele in the Psyche of Women* and many research articles on sandplay, neuropsychology, and trauma, Dr. Freedle also co-produced *Fire and Sand*, an award-winning documentary featuring mobile sandplay in disaster response. She is the Chief Clinical Officer for TeamBuilders Behavioral Health in New Mexico and provides clinical oversight to several behavioral health organizations. Dr. Freedle is the research editor for the *Journal of Sandplay Therapy* and serves on the boards of the Sandplay Therapists of America (STA, past president) and the International Society for Sandplay (ISST, president-elect). Her private practice is Black Sand Neuropsychological Services in Hilo, Hawai'i.
www.lorrainefreedle.com