



SOUTHWESTERN COLLEGE & NEW EARTH INSTITUTE

CONSCIOUSNESS-CENTERED GRADUATE SCHOOL



Welcome to Southwestern College

Ph. 877-471-5756 or 505-471-5756

The mission of Southwestern College is Transforming Consciousness through Education. This schedule lists classes for degree-seeking students in Counseling, Art Therapy/Counseling, Consciousness in Action, and Art Therapy for Clinical Professionals. Degree-seeking students choose their electives from the New Earth Institute (NEI) classes.

SUMMER 2026 QUARTER REGISTRATION INFORMATION

SCHEDULE FORMAT: If you are having trouble figuring out a class schedule that works for you, submit a request to studentsupport@swc.edu and a member of the Student Support Team will set up a 15-minute meeting with you. Please come prepared to the meeting with specific questions and/or ideas/strategies in mind.

HOLIDAYS: SWC operates on a 10-week quarter system. Courses that fall on holidays meet as scheduled.

EARLY REGISTRATION INFORMATION: If you have a schedule conflict between certain courses that are offered on the same day and time, your employment, childcare, travel, health, or something else, please check for an alternate day/time for one of those courses. Do not assume there will be room in the section you need. If you determine that you must get into a specific section of 1 or more courses, please fill out the [Early Registration Request](#). Requests for [Early Registration](#) are due by **5pm, Friday, May 8th** (no exceptions).

REGISTRATION DATES: You will receive an email prior to registration with your individual registration time slot based on your student designation. **Distance Students register Tuesday, June 2nd. On-Ground Students register Thursday, June 4th. Internship students have been pre-registered for Internship II. If you have other classes you need to take you should register according to your designation (Distance June 2, Ground June 4)**

PROGRAM PLANNERS: If you are not able to take a course at **any time** that is offered due to any of the above reasons, please submit a [Program Planner Change Request](#) which will go directly to Student Support.

COSTS: Tuition per quarter unit is \$626. There is an educational resource fee of \$300 per quarter of attendance.

BOOK LIST: [Click here](#) for Summer 2026 Book List.

NOTES: ZOOM SYNCHRONOUS courses meet at a scheduled time via Zoom. Most of the interaction occurs through Zoom during scheduled class meetings and assignments are submitted through Populi. ASYNCHRONOUS courses do not meet at a scheduled time. All coursework is completed in Populi, and interactions occur through the discussion board and other interactive learning activities. Assignments and learning activities are due per the course schedule and deadlines in Populi. ZOOM SYNCHRONOUS PLUS ASYNCHRONOUS courses meet at a scheduled time via Zoom and have additional asynchronous learning activities. These courses are intentionally scheduled to meet for less than the required hours to reduce time on Zoom (e.g., reducing meeting time from 4 hours to 3 hours and replacing 1 hour with asynchronous learning activities).

LAST DAY TO DROP FOR MA DEGREE COURSES: The deadline to drop a class without receiving a "W" on transcript is 5pm on Monday* of the second week of the quarter (June 29th), with the exception of classes that start in the second week of the quarter. Drops are effective on the date the Course Add/Drop form is initiated. Courses are considered "Dropped" and removed from student's transcript if the drop occurs by the deadline (For tuition refund information, see Refund Policy)

*If Monday is a holiday, the deadline is Tuesday.

SUMMER 2026 QUARTER SCHEDULE

NOTE: All class times are in Mountain Daylight Time (MDT).

<p>ART THERAPY TECHNIQUES AND MATERIALS (AT/CN 593) Joanne Ramseyer, MA, ATR-BC, LCPC Thursdays, 6/25-8/27, 1-4pm; Zoom Synchronous</p>	<p>\$1878/ 3 quarter units</p>
<p>ART THERAPY/COUNSELING CAPSTONE PROCESS: PART I (AT/CN 637-A) <i>Must be taken with AT/CN Practicum II</i> Section 1: Chelsea Call, MA, ATR-BC, LPCC Wednesdays, 6/24, 7/22, 8/19, 9-11am; Saturday, 8/15, 8am-12pm; SWC Campus plus Asynchronous Section 2: Angela Kehm, MA, ATR-BC, LPC Wednesdays, 7/1, 7/29, 8/26, 3-5pm; Zoom Synchronous plus Asynchronous</p>	<p>\$313/.5 quarter units</p>
<p>ART THERAPY/COUNSELING INTERNSHIP II (AT/CN 697) <i>Prerequisite: Completion of all coursework and Internship I.</i> Section 1: Christina Taylor, MS, ATCS, ATR-BC, LPAT, LPC Mondays, 6/22-8/24, 2:30-5pm; Zoom Synchronous plus Asynchronous Section 2: Seren Morris, MDiv, MA, ATR-BC, LPCC Tuesdays, 6/23-8/25, 1:30-4pm; SWC Campus plus Asynchronous Section 3: Sarah Jackson, MA, ATR-BC, CAADC, LPC Wednesdays, 6/24-8/26, 4-6:30pm; Zoom Synchronous plus Asynchronous Section 4: Roxie Ehlert, MA, ATR-BC, LCPC Thursdays, 6/25-8/27, 9-11:30am; Zoom Synchronous plus Asynchronous</p>	<p>\$2817/4.5 quarter units</p>
<p>COUNSELING INTERNSHIP II (CN 697) <i>Prerequisite: Completion of all coursework and Internship I.</i> Section 1: Vanessa Torres McGovern, MA, LPCC Wednesdays, 6/24-8/26, 9-11:30am; Zoom Synchronous plus Asynchronous Section 2: Vanessa Torres McGovern, MA, LPCC Fridays, 6/26-8/28, 9:15am-12pm (no class 7/10); SWC Campus plus Asynchronous</p>	<p>\$2817/4.5 quarter units</p>
<p>GROUP DYNAMICS (CN AT 543-2) Section 1: Carlos Gonzalez, PhD, Licensed Tuesdays, 6/23-8/25, 9am-12pm; Zoom Synchronous plus Asynchronous Section 2: Katherine Jackson, PhD, LPAT, ATR-BC Wednesdays, 6/24-8/27, 4-7pm; Zoom Synchronous plus Asynchronous Section 3: Amy Lueck, MA, LMHC Fridays, 6/26-8/28, 9am-12pm; SWC Campus plus Asynchronous Section 4: Johanna Mitchell, MS, LPCC-S, LPC-SA Wednesdays, 6/24-8/27, 9am-12pm; SWC Campus plus Asynchronous</p>	<p>\$2817/4.5 quarter units</p>
<p>HELPING RELATIONSHIPS: INTEGRATED COUNSELING SKILLS (CN AT 674) Section 1: Kelly Cramer, MA, LPCC-S Mondays, 6/22-8/24, 9am-12pm, Zoom Synchronous plus Asynchronous Section 2: Greg Guerin, MA, LPC-S, LPCC Mondays, 6/22-8/24, 9am-12pm, Zoom Synchronous plus Asynchronous Section 3: Camara Mari Rajabari, MA, LMFT Tuesdays, 6/23-8/25, 9am-12pm, SWC Campus plus Asynchronous Section 4: Camara Mari Rajabari, MA, LMFT Fridays, 6/26-8/28, 9am-12pm, Zoom Synchronous plus Asynchronous</p>	<p>\$2817/4.5 quarter units</p>
<p>HERMENEUTICS OF SELF: TRANSFORMATION AND HEALING THROUGH IMAGINAL WAYS OF KNOWING (CN AT 523-4) <i>Prerequisites: CN AT 574 Psychology of Altruism: Fundamentals of Helping Relationships, CN AT 522-2 Applied Theories of Human Development, and CN AT 530-3 Consciousness I: Cultivating the Healing Power of Presence</i> Section 1: Marialuisa Diaz de Leon Z., MA, REAT, MSMT, MSME Tuesdays, 6/23-8/25, 8am-12pm; Zoom Synchronous Section 2: Kate Latimer, MA, LPCC Tuesdays, 6/23-8/25, 2-6pm; Zoom Synchronous</p>	<p>\$2504/4 quarter units</p>

Section 3: April Vogel, PhD, Licensed Psychologist

Wednesdays, 6/24-8/26, 9am-1pm; Zoom Synchronous

Section 4: Marialuisa Diaz de Leon Z., MA, REAT, MSMT, MSME

Thursdays, 6/25-8/27, 8am-12pm; Zoom Synchronous

Section 5: David Barton, PhD, LPCCFridays, 6/26-8/14, 1-5pm; **SWC Campus**. Plus Asynchronous* 8/15-8/28.

*The last class meeting is 8/14 followed by asynchronous work till 8/28.

MASTER'S THESIS AND PRESENTATION (CINA 600)

\$3130/5 quarter units

Prerequisite: CINA 575 or CINA 575-2 *Psychology of Altruism II: The Call to Serve*

Rahima Schmall, PhD, RN

6/22-8/30; Asynchronous

(Art Therapy) PRACTICUM II: HELPING RELATIONSHIPS IN ART THERAPY/COUNSELING (AT/CN 657-2) *The Registrar will register you for the same section of class and lab that you are currently in for Practicum I.*

\$2504/4 quarter units

Section 1: Heather Denning, MA, LPAT, ATR-BC, ATCS, LSW

Class: Mondays, 6/22-8/24, 4-7pm; Zoom Synchronous

Lab 1: Thursdays, 6/25-8/27, 5-6pm; Zoom Synchronous

Lab 2: Fridays, 6/26-8/28, 1-3pm; Zoom Synchronous

Section 2: Chelsea Call, MA, ATR-BC, LPCC

Class: Tuesdays, 6/23-8/25, 9am-12pm; Zoom Synchronous

Lab 3: Thursdays, 6/25-8/27, 9-10:30am; Zoom Synchronous

Lab 4: Thursdays, 6/25-8/27, 11:30am-1pm; Zoom Synchronous

Section 3: Angela Kehm, MA, ATR-BC, LPC

Class: Tuesdays, 6/23-8/25, 4-7pm; Zoom Synchronous

Lab 5: Wednesdays, 6/24-8/26, 12:30-2pm; Zoom Synchronous

Lab 6: Thursdays, 6/25-8/27, 12:30-2pm; Zoom Synchronous

Section 4: Seren Morris, MDiv, MA, ATR-BC, LPCCClass: Fridays, 8/26-8/28, 12:30-3:30pm; **SWC Campus**Lab 7: Wednesdays, 6/24-8/26, 12:30-2:30pm; **SWC Campus****(COUNSELING) PRACTICUM II: HELPING RELATIONSHIPS W/GROUPS, COUPLES & FAMILIES IN CN (CN 657-4) *The Registrar will register you for the same section of class that you are currently in for Practicum I.***

\$2504/4 quarter units

Section 1: Vanessa Torres McGovern, MA, LPCCMondays, 6/22-8/24, 11:30am-2:30pm; **SWC Campus****Section 2:** Patricia "Trish" Meek, MFA, LPC, LAC, NFT

Tuesdays, 6/23-8/25, 9am-12pm; Zoom Synchronous

RESEARCH METHODS AND PROGRAM EVALUATION (CN AT 598-6)

\$2817/4.5 quarter units

Section 1: Naja Druva, MS, LPCCMondays, 6/22-8/24, 9am-12pm; **SWC Campus plus Asynchronous****Section 2:** Naja Druva, MS, LPCC

Tuesdays, 6/23-8/25, 9am-12pm; Zoom Synchronous plus Asynchronous

Section 3: Randal Lea, MA, LADAC

Tuesdays, 6/23-8/25, 4-7pm; Zoom Synchronous plus Asynchronous

Section 4: Randal Lea, MA, LADAC

Thursdays, 6/25-8/27, 4-7pm; Zoom Synchronous plus Asynchronous

RESTORING ROOTS OF WHOLENESS: ECOTHERAPY AND THE RENEWAL OF PSYCHE AND PLANET (TEC 500)

\$1878/ 3 quarter units

Rochelle Calvert, PhD, CMT, SEP

Mondays, 6/22-8/10, 3-6pm, Sunday, 8/23, 9am-5pm; Zoom Synchronous plus Asynchronous

TRAUMA-FOCUSED TREATMENT (TCC 600-2)

\$1878/ 3 quarter units

Section 1: Johanna Mitchell, MS, LPCC-S, LPC-SA

Wednesdays, 6/24-8/26, 1-4pm; Zoom Synchronous

Section 2: Laura Rademacher, MA, LMFT, CST, CST-S

Thursdays, 6/25-8/27, 9am-12pm; Zoom Synchronous

NEI CERTIFICATE PROGRAMS & CONTINUING EDUCATION

NEI CERTIFICATE PROGRAM COURSES CAN BE TAKEN:

- By SWC graduate students for elective credit towards a graduate degree program. Please use the registration process via Populi to register for degree credit. See “NEI Course Registration Info” in the Student and Career Services Group in the File called “Electives/NEI Courses—info on how to register for them.”
- By SWC students who have met their elective requirement and wish to attend for Non-Credit (NC) and pay the CE price. Use this link <https://newearth.regfox.com/nei-registration-form> to register for non-credit NEI courses at any time.
- By licensed mental health professionals for CEs approved by the New Mexico Counseling and Therapy Practice Board and NBCC. Use this link <https://newearth.regfox.com/nei-registration-form> to register for CEs.
- **REFUNDS:** 100% refund available for students who withdraw up to 72 hours before the start of a course, minus a \$50 administrative fee. No refunds will be issued less than 72 hours before the start of a course. Please contact the Registrar’s Office collegeregistrar@swc.edu to process your cancellation.
- Registration for all NEI classes closes at noon the day before the class starts.

TRAUMA, GRIEF, AND RENEWAL (TGR) CERTIFICATE

THE ART OF HEALING GRIEF & TRAUMA (TGR 5300)

Saturday & Sunday, June 27 & 28, 9am-6pm MDT, Online via Zoom

\$375/16 CEs/non-credit or
\$1252/2 quarter
units/credit

This course will focus on the transformational process involved in working with people experiencing grief. Students will learn to differentiate between trauma and grief and how the brain responds to each differently. Through readings, experiential exercises, understanding of cultural competencies, guided imagery, ritual, ceremony, and mindfulness activities, participants will receive resources to be able to assess situations and provide support to individuals, families, groups, and communities experiencing loss, grief, and trauma.



Karsyn Lahann, MA, LPCC, was born in Southern NM and raised in Las Cruces, NM. She obtained both her BA in Psychology and MA in Clinical Mental Health Counseling from New Mexico State University. Karsyn relocated to Taos, NM in 2021 and has called Northern NM home since. Karsyn is a Licensed Professional Counselor, Certified Grief Counselor, NM board certified supervisor, and non-denominational minister. Karsyn is currently the Clinical Director and Caretaker of Golden Willow Retreat and has a private practice in Taos. She graduated from the Trauma Grief and Renewal Program through Southwestern College in 2023.

PSYCHEDELIC STUDIES (PS) CERTIFICATE

ETHICAL USE OF PSYCHEDELICS WITH SPECIAL POPULATIONS (PS 5310)

Saturday & Sunday, July 11 & 12, 9am-6:30pm MDT, In person with one hour lunch at Southwestern College

\$375/16 CEs/non-credit or
\$1252/2 quarter units/credit

This course provides students with an overview of the history, science, and emerging research on the ethical use of psychedelic-assisted therapy with special populations such as veterans and first responders, those experiencing distress from terminal illness, and neurodivergent clients. The unique needs of each of these groups will be examined from an informed perspective, with attention to ethical considerations regarding assessment, therapeutic applications, intervention models, and standards for safe and effective practice. Students will be invited to reflect on internalized cultural messaging and bias about these populations and analyze the efficacy of existing standards and protocols in the field of psychedelic-assisted therapy when working with special populations. Participants will learn to discern possible benefits and risks in order to ensure ethical application of psychedelic-assisted therapy when working with special populations.



Amy Wong Hope, MSW, LCSW, is the Certificate Program Director of the Psychedelic Studies Certificate. Amy is a certified Psilocybin Facilitator (InnerTrek, 2024) and MDMA-assisted therapist through the (MAPS, 2018) Multidisciplinary Association for Psychedelic Studies and co-author of *Small Doses of Awareness: A Microdosing Companion* (published Feb 2024, Chronicle Books). Amy maintains a private practice with a focus on psychedelic preparation and integration, trauma-informed modalities, and shame-resilience approaches that support clients in restoring emotional, somatic, and relational resiliency.

ADDICTIONS, ABUSE, AND RECOVERY (AAR) CERTIFICATE HUMAN SEXUALITY (HS) CERTIFICATE

ETHICAL AND CULTURAL ISSUES IN ADDICTION (AAR 5300)

Saturday & Sunday, July 18 & 19; 9am-6pm MDT, Online via Zoom

\$375/16 CEs/non-credit or
\$1252/2 quarter
units/credit

Students will explore the ethical issues that are shared with other fields in psychotherapy and those that are unique to the addiction treatment arena. Issues such as professional boundaries, confidentiality (HIPAA and 42 CFR), and cultural considerations (colonization, historical trauma, and class issues) will also be explored.



Richard Pelfrey, MS, LMHC, LADAC is a trauma-informed counseling practitioner and seasoned addictions counselor with over a decade of experience supporting individuals in reclaiming wholeness. His work blends traditional recovery models with holistic, experiential approaches, including AEDP, Brainspotting, Kundalini Yoga, the Wim Hof Method, and earth-based ceremonial practices rooted in Toltec wisdom. Richard is also certified in Trauma, Grief, and Renewal through Southwestern College, and brings a deep reverence for transformational change and artistry in life.

ECOTHERAPY (TE) CERTIFICATE

OUR ECOLOGICAL CRISIS: HEALING THE TRAUMA OF THE EARTH (TE 5800)

Saturday & Sunday, August 1 & 2, 9am-6:30pm MDT, Online via Zoom

\$375/16 CEs/non-credit or
\$1252/2 quarter
units/credit

The earth is experiencing trauma in the form of our current ecological crisis, which directly impacts the health and wellbeing of humanity. The relationship between the earth's suffering and our own will be examined as well as how to awaken care and compassion in order to heal the trauma of our disconnection from the earth. We will discuss how healing can occur through activism and participation in environmental movements locally and globally. Therapeutic processes for reconnecting with the Earth to support clients who may be experiencing eco-grief or eco-anxiety related to ecological trauma.



Rochelle Calvert, PhD, CMT, SEP, is the author of *Healing with Nature: Mindfulness and Somatic Practices to Heal from Trauma*. She has studied and taught mindfulness for the past 19 years and personally knows the transformational potential. Dr. Calvert currently leads courses, workshops, and treats in mindfulness and somatic experiencing in nature. As a licensed clinical psychologist and founder of New Mindful Life, she supports her clients, taking them into nature with the aid of Bertha Grace, a Sprinter van that serves as a mobile therapy office. www.newmindfullife.com

CHILDREN'S MENTAL HEALTH (CMH) CERTIFICATE

CREATIVE THERAPIES FOR CHILDREN & ADOLESCENTS (CMH 5600-2)

Saturday & Sunday, August 22 & 23, 9am-6pm MDT, Online via Zoom

\$375/16 CEs/non-credit or
\$1252/2 quarter
units/credit

Children and adolescents have varying social, emotional, relational, and mental health needs that are different from adults. This course explores a wide range of creative approaches to assessment and intervention with children and adolescents. Various tools and techniques for supporting children and adolescents in the therapeutic setting, including creative use of the therapy room and outdoor environments, will be examined as powerful players in a child's experience of counseling and therapy. Participants will also experience opportunities for self-healing work with their own inner child or inner adolescent.



Kate Latimer, MA, LPCC is the Director of the New Earth Institute and faculty at Southwestern College. She is the course leader for "Hermeneutics of Self: Transformation and Healing Through Imaginal Ways of Knowing" and holds certificates in Applied Interpersonal Neurobiology and Ecotherapy. She is also trained in sand tray, play therapy, DBT, CBT, EMDR and Brainspotting. In addition to operating from a trauma-informed, culturally sustaining lens, Kate brings curiosity, empathy, authenticity and humor to her work as a teacher and counselor. She believes in the power of personal responsibility and individual healing but also recognizes the need for social justice and systemic change in our communities in order to support overall well-being in the larger collective.

MICROCREDENTIAL: MINDFULNESS-BASED SOMATIC EMOTIONAL PROCESSING (MBSEP)

Friday & Saturday, July 24 & 25, 9am-4:30pm; Online via Zoom

\$450/13 CEs

Mindfulness Based Somatic Emotional Processing (MBSEP) is a simple, elegant, and accessible practice which activates, supports, and maintains deep, safe, and effective emotional processing and regulation. This practice engages the client in somatically based processing of emotionally charged experiences, memories, and beliefs. Emotional processing is the heart and soul of effective and productive therapeutic intervention. MBSEP is an effective and powerful alternative to traditional, cognitively based methods in counseling and psychotherapy. The simple and elegant approach can be used to shift from cognitively focused interventions to a somatic, body-centered approach. Practitioners who have been trained in MBSEP report that it is not only the therapeutic tool they prefer to use the most with their clients; it is an excellent resource for themselves as therapists, as a way of enabling them to be more present, attuned, and resonant with their clients. In this experiential two-day training, practitioners will learn the foundations and the tools of MBSEP. Participants will witness a demonstration, and they will have multiple opportunities to practice the MBSEP approach with each other and will receive expert feedback to support their practice.



Luke Higgins, MA, LPCC was born and raised in Santa Fe, New Mexico. He achieved a bachelor’s degree in Theater and Dance at the University of New Mexico before relocating to Los Angeles, CA for several years. Unforeseen circumstances led to his return to New Mexico in 2008 where he was introduced to Brainspotting and found eventual mentorship in a Brainspotting trainer, Dr. Robert Weisz. During this mentorship, Dr. Weisz began and continued the development of the Mindfulness-Based Somatic Emotional Processing approach. Mr. Higgins had the benefit of working directly with Dr. Weisz as a recipient of the approach during its early development. Throughout this period, Mr. Higgins completed a graduate degree in Counseling Psychology through Southwestern College in 2013. Mr. Higgins currently works as a therapist, trainer, and Clinical Director through Serna Solutions, a New Mexico behavioral health agency. Therapeutically, Mr. Higgins works with individuals who are experiencing difficulties related to psychological trauma, depression, disruptive anxiety, and/or disruptive substance use behavior. His approach to treatment often involves the utilization of brain/body-based therapies such as Brainspotting, Mindfulness-Based Somatic Emotional Processing (MBSEP), and EMDR. Mr. Higgins is also certified as a Reconsolidation of Traumatic Memories practitioner, which is an evidenced based neurological procedure, very different from other trauma processing modalities. Mr. Higgins also incorporates cognitive behavioral approaches into his work with clients. As a trainer, Mr. Higgins continues to develop a training focused on the Neurobiology of Trauma and related clinical applications, which is closely linked to his involvement in the development and delivery of the Mindfulness-Based Somatic Emotional processing clinical training. Additionally, Mr. Higgins provides trainings on the Community Reinforcement Approach, which is an evidenced based practice for the treatment of addiction issues. The spirit of MBSEP remains a foundation for all therapeutic work Mr. Higgins facilitates and engages in personally.

ECOTHERAPY (TE) CERTIFICATE

WILDERNESS FAST (TE 5700) *Pre Registration for Fall 2026*

Students approved to take this course will be registered in advance by the Registrar’s Office.
Section full for this year, 2026. Reach out to Katherine Ninos to be added to the waitlist for next year.
Students using an elective for this course must have an elective in fall 2026 or have it moved to fall 2026.
Tuition for the Wilderness Fast is non-refundable after July 1, 2026.

\$1368/2 quarter units or 16 CEs/non-credit + additional fee*

September 5 – 13, 2026; In person, Canon de Chelly
 Mandatory Orientation Sunday, August 2, 2-4:30pm; SWC campus
 *Additional fee of approximately \$450 cash to be paid directly to our Navajo Guide before entering the canyon.

The Wilderness Fast ceremony has long been practiced to assist with major life transitions. It is a deeply transformative experience in which participants spend four days alone with no food and a minimum of material comforts. The three stages of rite of passage (severance, threshold, and incorporation) are guided by experienced facilitators who also provide instruction in basic wilderness safety and support for this unique opportunity for personal transformation and contact with nature in a wilderness environment. The structure for the wilderness fast, taught by The School of Lost Borders and drawn from Native American cultural practices, is not identical to the specific vision quest ceremonies of any cultural group.



Katherine Ninos, MA, LPCC, is the Executive Vice President and Director of MA in Consciousness in Action. She is an experienced clinician, ceremonialist, and consciousness teacher.



Carol Parker, PhD, LPCC, training as a wilderness fast guide with the School of Lost Borders and has studied with indigenous healers from the Amazon and the Andes. Since 1997, she has led groups to sacred sites in the southwestern US, Peru, and Hawaii.