



Welcome to Southwestern College

The mission of Southwestern College is Transforming Consciousness through Education. This schedule lists classes for degree-seeking students in Counseling, Art Therapy/Counseling, Consciousness in Action, and Art Therapy for Clinical Professionals. Degree-seeking students choose their electives from the New Earth Institute (NEI) classes.

Ph. 877-471-5756 or 505-471-5756

WINTER 2026 QUARTER REGISTRATION INFORMATION

SCHEDULE FORMAT: If you are having trouble figuring out a class schedule that works for you, submit a request to studentsupport@swc.edu and a member of the Student Support Team will set up a 15-minute meeting with you. Please come prepared to the meeting with specific questions and/or ideas/strategies in mind.

HOLIDAYS: SWC operates on a 10-week quarter system. Courses that fall on holidays meet as scheduled.

EARLY REGISTRATION INFORMATION: If you have a schedule conflict between certain courses that are offered on the same day and time, or your employment, childcare, travel, health, or something else, please check for an alternate day/time for one of those courses. If you determine that you must get into a specific section of 1 or more courses, please fill out the Early Registration Request. *The Early Registration Process is changing – it is your responsibility to read the [new form](#) and follow all instructions. Do not assume there will be room in the section you need. Requests for Early Registration are due by 5pm, November 7, 2025 (no exceptions). Please have your supporting documentation ready to upload to the form. NOTE: Do not submit this form if you are designated as “on ground” and want to take an online section as these requests will not be granted. See designation policy in the College Catalog or the Registration folder in the Student & Career Services group on Populi.

REGISTRATION DATES: You will receive an email prior to registration with your individual registration time slot. **Monday 12/1: New Distance Students, Tuesday, 12/2: Distance Students. Thursday, 12/4: On-Ground Students. Friday, 12/5: Interns.**

PROGRAM PLANNERS: If you are not able to take a course at **any time** that is offered due to any of the above reasons, please submit a [Program Planner Change Request](#) which will go to the Student Support Team.

COSTS: Tuition per quarter unit is \$626. There is an educational resource fee of \$300 per quarter of attendance.

BOOK LIST: [Click here](#) for the Winter Quarter Book List.

NOTES: ZOOM SYNCHRONOUS courses meet at a scheduled time via Zoom. Most of the interaction occurs through Zoom during scheduled class meetings and assignments are submitted through Populi. ASYNCHRONOUS courses do not meet at a scheduled time. All coursework is completed in Populi, and interactions occur through the discussion board and other interactive learning activities. Assignments and learning activities are due per the course schedule and deadlines in Populi. ZOOM SYNCHRONOUS PLUS ASYNCRONOUS courses meet at a scheduled time via Zoom and have additional asynchronous learning activities. These courses are intentionally scheduled to meet for less than the required hours to reduce time on Zoom (e.g., reducing meeting time from 4 hours to 3 hours and replacing 1 hour with asynchronous learning activities).

LAST DAY TO DROP FOR MA DEGREE COURSES: The deadline to drop a class without receiving a “W” on transcript is 5pm on Monday* of the second week of the quarter (January 12th), with the exception of classes that start in the second week of the quarter. The drop deadline for classes starting in the second week of the quarter is 5pm on Monday* of the third week of the quarter (January 19th). Drops are effective on the date the Course Add/Drop form is initiated. Courses are considered “Dropped” and removed from student’s transcript if the drop occurs by the deadline (For tuition refund information, see Refund Policy)

*If Monday is a holiday, the deadline is Tuesday.

WINTER 2026 QUARTER SCHEDULE

NOTE: All class times are in Mountain Standard Time (MST).

ADDICTION ASSESSMENT & TREATMENT IN COUNSELING (CN 565-3)	\$2817/4.5 quarter units
<i>This is only for students in the CN (Counseling) program.</i>	
Section 1: Carolina Grace Lorenzo, MA, LMHC	
Thursdays, 1/8-3/12, 10am-1pm; SWC Campus plus Asynchronous	
Section 2: Angela Kehm, MA, ATR-BC, LPC	
Fridays, 1/9-3/13, 9am-12pm; Zoom Synchronous plus Asynchronous	
 ART THERAPY TECHNIQUES AND MATERIALS (AT/CN 593)	 \$1878/ 3 quarter units
Joanne Ramseyer, MA, ATR-BC, LPCC	
Tuesdays, 1/6-3/9, 1-4pm; Zoom Synchronous	
 ART THERAPY/COUNSELING CAPSTONE PRESENTATIONS (AT/CN 637-B)	 \$313/.5 quarter units
<i>For students taking AT/CN Internship 2</i>	
<i>Prerequisite: AT/CN 637-A Capstone Murals; Completion of all classes except electives and corequisites.</i>	
<i>Corequisite: AT/CN Internship I or II</i>	
Section 1: Julia Volonts, MPS, LCAT, ATR-BC	
Mondays, 1/5, 2/9, 3/9, 9-11am; Zoom Synchronous plus Asynchronous	
Section 2: Chelsea Call, MA, ATR-BC, LPCC	
Wednesdays, 1/7, 2/11, 3/11, 9-11am; Zoom Synchronous plus Asynchronous	
 ART THERAPY/COUNSELING CAPSTONE PROCESS (AT/CN 637-A)	 \$313/.5 quarter units
<i>For students taking AT/CN Practicum II</i>	
Section 1: Alyssa Butler, MA, ATR-BC, LPCC	
Mondays, 1/5, 2/2, 3/9, 9-11am; SWC Campus	
Saturday, 3/7, 10am-2pm; SWC Campus	
Section 2: Alyssa Butler, MA, ATR-BC, LPCC and Micaela Wood, MA, ATR-BC, LPCC	
Tuesdays, 1/6, 2/3, 3/10, 1-3pm; Zoom Synchronous plus Asynchronous	
Saturday, 2/28, 10am-1pm; Zoom Synchronous plus Asynchronous	
 ART THERAPY/COUNSELING INTERNSHIP II (AT/CN 698-7L.2)	 \$2817/4.5 quarter units
<i>Prerequisite: Completion of all coursework.</i>	
Seren Morris, MDiv, MA, ATR-BC, LPCC	
1/5-3/15; Asynchronous	
 CAREER AND LIFE DEVELOPMENT (CN AT 625-2)	 \$2817/4.5 quarter units
<i>Prerequisite: CN AT 542-4 Foundations: History and Theories of Counseling</i>	
Section 1: Beth Bryce, MS, CMCS	
Tuesdays, 1/6-3/10, 4-7pm; Zoom Synchronous plus Asynchronous	
Section 2: Camara Mari Rajabari, MA, LMFT	
Wednesdays, 1/7-3/11, 9am-12pm; Zoom Synchronous plus Asynchronous	
Section 3: Camara Mari Rajabari, MA, LMFT	
Fridays, 1/9-3/13, 9am-12pm; SWC Campus plus Asynchronous	
 CONSCIOUSNESS I: CULTIVATING THE HEALING POWER OF PRESENCE (CN AT 530-3)	 \$2504/4 quarter units
<i>Prerequisite: CN AT 574, Psychology of Altruism: Fundamentals of Helping Relationships</i>	
Section 1: Katherine Ninos, MA, LPCC	
Tuesdays, 1/6-3/10, 2-5:15pm, SWC Campus ; Saturday, 1/24, 9am-12:30pm, Zoom Synchronous; Saturday, 2/28, 1-5pm, SWC Campus	
Section 2: Kate Latimer, MA, LPCC	
Tuesdays, 1/6-3/10, 2-5:15pm; Saturday, 1/24, 9am-12:30pm; Sunday, 3/1, 2-6pm; Zoom Synchronous	
Section 3: Susanne Stockman, PhD, LPCC	
Tuesdays, 1/6-3/10, 1:45-5pm; Saturday, 1/24, 9am-12:30pm; Sunday, 3/1, 10am-2pm; Zoom Synchronous	
Section 4: Marialuisa Diaz de Leon Z., MA, REAT, MSMT, MSME	
Wednesdays, 1/7-3/11, 8-11:15am; Saturday, 1/24, 9am-12:30pm; Friday, 2/27, 8am-12pm; Zoom Synchronous	

Section 5: Carolina Grace Lorenzo, MA, LMHC

Wednesdays, 1/7-3/11, 1-4:15pm; Saturday, 1/24, 9am-12:30pm; Saturday, 2/28, 10am-2pm; Zoom

Synchronous

Section 6: Christina Esquibel, ED.S.

Thursdays, 1/8-3/12, 9am-12:15pm; Saturday, 1/24, 9am-12:30pm; Sunday, 3/1, 9am-1pm; Zoom

Synchronous

Section 7: Awbrey Willet, MA, LPCC

Thursdays, 1/8-3/12, 2-5:15pm, **SWC Campus**; Saturday, 1/24, 9am-12:30pm, Zoom Synchronous; Sunday,

3/1, 1-5pm, **SWC Campus**

COUNSELING INTERNSHIP II (CN 698-9L.2)

\$2817/4.5 quarter units

Prerequisite: Completion of all coursework

V Torres McGovern, MA, LPCC

1/5-3/15; Asynchronous

FOUNDATIONS: HISTORY AND THEORIES OF COUNSELING (CN AT 542-4)

\$2817/4.5 quarter units

Section 1: Naja Druva, MS, LPCC

Mondays, 1/5-3/9, 9am-12pm; **SWC Campus** plus Asynchronous

Section 2: Greg Guerin, MA, LPC-S, LPCC

Wednesday, 1/7-3/11, 9am-12pm; Zoom Synchronous plus Asynchronous

Section 3: Shane Morr, MA, LMFT, CAADC

Wednesday, 1/7-3/11, 9am-12pm; Zoom Synchronous plus Asynchronous

FOUNDATIONS OF SCHOOL COUNSELING (SCN 500)

\$2817/4.5 quarter units

Zahira Miller, PsyD, LPCC

1/5-3/15; Asynchronous

GROUP DYNAMICS (CN AT 543-2)

\$2817/4.5 quarter units

Prerequisite: CN AT 542-4 Foundations: History and Theories of Counseling

Section 1: Randal Lea, MA, LADAC

Tuesdays, 1/6-3/10, 4-7pm; Zoom Synchronous plus Asynchronous

Section 2: Randal Lea, MA, LADAC

Thursdays, 1/8-3/12, 1-4pm; Zoom Synchronous plus Asynchronous

Section 3: Amy Lueck, MA, LMHC

Fridays, 1/9-3/13, 1-4pm; **SWC Campus** plus Asynchronous

HELPING RELATIONSHIPS: INTEGRATED COUNSELING SKILLS (CN AT 674)

\$1878/4.5 quarter units

Section 1: Greg Guerin, MA, LPC-S, LPCC

Mondays, 1/5-3/9, 1-4pm; Zoom Synchronous plus Asynchronous

Section 2: Patricia "Trish" Meek, MFA, LPC, LAC, NFT

Tuesdays, 1/6-3/10, 9am-12pm; Zoom Synchronous plus Asynchronous

Section 3: Johanna Mitchell, MS, LPC-S

Wednesdays, 1/7-3/11, 1-4pm; **SWC Campus** plus Asynchronous

Section 4: Laura Rademacher, MA, LMFT, CST, CST-S

Thursdays, 1/8-3/12, 1-4pm; Zoom Synchronous plus Asynchronous

MULTICULTURAL AWARENESS (CN AT 500-3)

\$939/1.5 quarter units

Section 1: Crystal Rozelle-Bennett, MSW, LMSW

Please note this section starts week 2.

Mondays, 1/12-3/9, 5-6:40pm; Zoom Synchronous

Section 2: Crystal Rozelle-Bennett, MSW, LMSW

Please note this section starts week 2.

Tuesdays, 1/13-3/10, 5-6:40pm; Zoom Synchronous

Section 3: Naja Druva, MS, LPCC

Thursdays, 1/8-3/12, 12:30-2pm; **SWC Campus**

Section 4: Kersti Tyson, PhD

Tuesdays, 1/6-3/10, 5-6:30pm; Zoom Synchronous

PRACTICUM II & LAB: HELPING RELATIONSHIPS W/GROUPS, COUPLES, & FAMILIES IN ART THERAPY/COUNSELING (AT/CN 657-2)

\$2504/4 quarter units

This is for students in the Art Therapy/Counseling and Art Therapy for Clinical Professionals Programs only.

Prerequisite: AT/CN Practicum I and Lab

Section 1: Alyssa Butler, MA, ATR-BC, LPCC

Class: Mondays, 1/5-3/9, 12-3pm; Zoom Synchronous (also choose Lab 1, 2, or 4)

Lab 1: Mondays, 1/5-3/9, 3:30-5:30pm; Zoom Synchronous

Lab 2: Mondays, 1/5-3/9, 6-8pm; Zoom Synchronous

Lab 4: Thursdays, 1/8-3/12, 4-6pm; Zoom Synchronous

Section 2: Alyssa Butler, MA, ATR-BC, LPCC

Class: Tuesdays, 1/6-3/10, 9am-12pm; Zoom Synchronous (must take Lab 3)

Lab 3: Thursdays, 1/8-3/12, 1-3pm; Zoom Synchronous

Section 3: Chelsea Call, MA, ATR-BC, LPCC

Class: Tuesdays, 1/6-3/10, 9am-12pm; Zoom Synchronous (also choose Lab 5 or 6)

Lab 5: Thursdays, 1/8-3/12, 9-11am; Zoom Synchronous

Lab 6: Thursdays, 1/8-3/12, 11:30am-1:30pm; Zoom Synchronous

Section 4: Seren Morris, MDiv, MA, ATR-BC, LPCC

Class: Tuesdays, 1/6-3/10, 12:30-3:30pm; **SWC Campus** (also choose Lab 7 or 8)

Lab 7: Wednesdays, 1/7-3/11, 12:30-3pm; **SWC Campus**

Lab 8: Thursdays, 1/8-3/12, 11:45-1:45; **SWC Campus**

PRACTICUM II: HELPING RELATIONSHIPS W/GROUPS, COUPLES, & FAMILIES IN COUNSELING (CN 657-4)

\$2504/4 quarter units

This is for students in the Counseling Program only.

Prerequisite: CN 656-4, Practicum I

Section 1: V Torres McGovern, MA, LPCC

Mondays, 1/5-3/9, 11am-2pm; **SWC Campus** plus Asynchronous

Section 2: Patricia "Trish" Meek, MFA, LPC, LAC, NFT

Thursdays, 1/8-3/12, 9am-12pm; Zoom Synchronous plus Asynchronous

Section 3: V Torres McGovern, MA, LPCC

Fridays, 1/9-3/13, 9:30am-12:30pm; **SWC Campus** plus Asynchronous

PROFESSIONAL SEMINAR IN ART THERAPY/COUNSELING: PROFESSIONAL ORIENTATION (AT/CN 698-7)

\$1252/2 quarter units

Prerequisite: Completion of all coursework.

Section 1: Joanne Ramseyer, MA, ATR-BC, LPCC

Tuesdays, 1/6-3/10, 9-11am; Zoom Synchronous

Section 2: Seren Morris, MDiv, MA, ATR-BC, LPCC

Thursdays, 1/8-3/12, 2:30-4:30pm; Zoom Synchronous

Section 3: Seren Morris, MDiv, MA, ATR-BC, LPCC

Fridays, 1/9-3/13, 9-11am; **SWC Campus**

PROFESSIONAL SEMINAR IN COUNSELING II: ORIENTATION TO THE COUNSELING PROFESSION (CN 698-9)

\$1252/2 quarter units

Prerequisite: Completion of all coursework.

V Torres McGovern, MA, LPCC

Wednesdays, 1/7-3/11, 12:30-2:30pm; Zoom Synchronous

PSYCHOPATHOLOGY: DIAGNOSIS AND TREATMENT OF MENTAL AND EMOTIONAL DISORDERS (CN AT 581-5)

\$2504/4 quarter units

Section 1: Christina Taylor, MS, ATCS, ATR-BC, LPAT, LPC

Mondays, 1/5-3/19, 1-4pm; Zoom Synchronous plus Asynchronous

Section 2: Johanna Mitchell, MS, LPC-S

Wednesdays, 1/7-3/11, 9am-12pm; **SWC Campus** plus Asynchronous

Section 3: Elijah Chong, MA, LPCC

Wednesdays, 1/7-3/11, 1-4pm; Zoom Synchronous plus Asynchronous

Section 4: Laura Rademacher, MA, LMFT, CST, CST-S

Thursdays, 1/8-3/12, 9am-12pm; Zoom Synchronous plus Asynchronous

STUDIO ART (AT/CN 594)	\$626/1 quarter units
Section 1: Cheryl Okubo, MA, ATR-BC	
Tuesdays, 1/6, 1/20, 2/3, 2/17, 3/3, 10am-12pm; Zoom Synchronous	
Section 2: Cheryl Okubo, MA, ATR-BC	
Wednesdays, 1/7, 1/21, 2/4, 2/18, 3/4, 3/11, 5-7pm; Zoom Synchronous	
Section 3: Joanne Ramseyer, MA, ATR-BC, LCPC	
Thursdays, 1/8, 1/22, 2/5, 2/19, 3/5, 3/12, 1-3pm; Zoom Synchronous	
THEORIES OF ART THERAPY (AT/CN 545)	\$1878/3 quarter units
Section 1: Christina Taylor, MS, ATCS, ATR-BC, LPAT, LPC	
Mondays, 1/5-3/9, 9am-12pm; Zoom Synchronous	
Section 2: Cheryl Okubo, MA, ATR-BC	
Tuesdays, 1/6-3/10, 1-4pm; SWC Campus	
Section 3: Angela Kehm, MA, ATR-BC, LPC	
Thursdays, 1/8-3/12, 4-7pm; Zoom Synchronous	
Section 4: Sarah Jackson, MA, ATR-BC, CAADC, LPC	
Fridays, 1/9-3/13, 9am-12pm; Zoom Synchronous	
THEORY & PRACTICE OF FAMILY ART THERAPY/COUNSELING (AT/CN 663-2)	\$2504/4 quarter units
<i>This is for students in the Art Therapy/Counseling and Art Therapy for Clinical Professionals Programs only.</i>	
Section 1: Jessi Cross, MA, LPAT, ATR-BC, LPCC	
Wednesdays, 1/7-3/11, 9am-12pm; SWC Campus plus Asynchronous	
Section 2: Micaela Wood, MA, ATR-BC, LPCC	
Wednesdays, 1/7-3/11, 1-4pm; Zoom Synchronous plus Asynchronous	
Section 3: Sarah Jackson, MA, ATR-BC, CAADC, LPC	
Wednesdays, 1/7-3/11, 4-7pm; Zoom Synchronous plus Asynchronous	
Section 4: Sarah Jackson, MA, ATR-BC, CAADC, LPC	
Thursdays, 1/8-3/12, 9am-12pm; Zoom Synchronous plus Asynchronous	
THEORY AND PRACTICE OF FAMILY COUNSELING (CN 663-2)	\$2504/4 quarter units
<i>This is for students in the Counseling Program only.</i>	
Section 1: Shane Morr, MA, LMFT, CAADC	
Mondays, 1/5-3/9, 9am-12pm; Zoom Synchronous plus Asynchronous	
Section 2: Naja Druva, MS, LPCC	
Tuesdays, 1/6-3/10, 9am-12pm; SWC Campus plus Asynchronous	

WINTER 2026 NEW EARTH INSTITUTE (NEI) CERTIFICATE PROGRAM COURSES

NEI CERTIFICATE PROGRAM COURSES CAN BE TAKEN:

- By SWC graduate students for elective credit towards a graduate degree program. Please use the registration process via Populi to register for degree credit. See “NEI Course Registration Info” in the Student and Career Services Group in the File called “Electives/NEI Courses—info on how to register for them.”
- By SWC students who have met their elective requirement and wish to attend for Non-Credit (NC) and pay the CE price. Use this link <https://newearth.regfox.com/nei-registration-form> to register for non-credit NEI courses at any time.
- By licensed mental health professionals for CEs approved by the New Mexico Counseling and Therapy Practice Board and NBCC. Use this link <https://newearth.regfox.com/nei-registration-form> to register for CEs.
- **REFUNDS:** 100% refund available for students who withdraw up to 72 hours before the start of a course, minus a \$50 administrative fee. No refunds will be issued less than 72 hours before the start of a course. Please contact the Registrar’s Office collegeregistrar@swc.edu to process your cancellation.
- Registration for all NEI classes closes at noon the day before the class starts.

TRAUMA, GRIEF, AND RENEWAL (TGR) CERTIFICATE

COUNSELING SKILLS FOR TRAUMA & GRIEF (TGR 5100)	\$375/16 CEs/non-credit or \$1252/2 quarter units/credit
Saturday & Sunday, 1/3 & 1/4, 9am-6pm; Zoom Synchronous	

This course focuses on identifying and treating complicated grief and trauma. We will explore theories of trauma, complicated grief, and traumatic grief. Through readings, experiential exercises, guided imagery and group interactions, the students will develop skills to support a healthy grieving process for individual clients who have experienced loss, trauma, complicated grief, or traumatic grief. The

role of ritual in healing grief will be explored. Extraordinary experiences, spiritual emergency and near-death experiences will be discussed. Counseling skills to deal with these issues will be demonstrated experientially.



Rev. Ted Wiard, EdD, LPCC, CGC, is the Director of the Trauma, Grief, and Renewal Certificate program. Dr. Wiard is the founder and Director of Golden Willow Counseling and Golden Willow Retreat Center. He is also the co-author of *Witnessing Ted: The Journey to Potential through Grief and Loss* and continues to write professional articles pertaining to emotional healing. Dr. Wiard also maintains a private practice.

APPLIED INTERPERSONAL NEUROBIOLOGY (AIN) CERTIFICATE

PSYCHODRAMA RENEWED: THE BODY REMEMBERS WHAT THE MIND FORGETS (AIN 5060)

\$375/16 CEs/non-credit or
\$1252/2 quarter units/credit

Saturday & Sunday, 1/10 & 1/11, 9am–5:30pm, with working lunch; SWC Campus

Over a century ago, Dr. Jacob Levy Moreno founded the philosophy and methodology of Psychodrama, Sociometry and Group Psychotherapy on a revolutionary guiding mantra, “The body remembers what the mind forgets.” Applied Interpersonal Neurobiology now recognizes this premise as basic fact of developmental and relational neuroscience essential to transformational healing. This experiential course translates theory into practice, offering an interactive inquiry into the elegant sensory landscape of the body as our universal first language and basis for all memory. The embodied and subtle energies that shape the ‘felt sense’ of our individual and collective experience will be analyzed and explored while students practice techniques for somatic tracking and co-regulation. Psychodrama, action methods, and other group process techniques that support somatic attunement and relational engagement are introduced as tools for recognizing shifting states individually, as well as within the greater body of the collective.

Kate Cook, MA, LPCC, TEP, is the Founder of the Applied Interpersonal Neurobiology Certificate Program and a nationally certified practitioner and trainer in psychodrama, sociometry and group psychotherapy.



John Oleson, MA, LPC, LPCC, is an accomplished trainer and presenter on Psychodrama, health care, community and social issues.



ECOTHERAPY (TE) CERTIFICATE

ANIMATING THE SACRED: DEEPENING OUR INTERCONNECTION WITH THE EARTH (TE 5050)

\$375/16 CEs/non-credit or
\$1252/2 quarter units/credit

Saturday & Sunday, 1/17 & 1/18, 9am–6:30pm; Zoom Synchronous

The Earth is a sacred being. She reminds us that we are part of one ecosystem, of life sustaining life. Many of us experience the historical and cultural norms of cultures of domination that create separation and disconnection and reinforce a strong sense of individual identity. We often lose the sense of belonging to and with the Earth. Awakening to animate the sacredness of the Earth to move through us is a way to deepen our interconnectedness and knowing of this belonging. In this course, we will explore through deepening our presence in meditation practice, practices of Earth dreaming and Terrapsychology, ceremony/ ritual and connection to the mystery, Earth art, and deep ecology. These Earth-honoring practices for enriching our relationship with ourselves, one another, and the Earth will remind us of our deep connectedness. We will activate the sacred animacy of the Earth to move through us, to bring this into greater consciousness. We will examine the ways that we are disconnected and blocked. We will identify and practice releasing resistance and barriers to this divine truth that we are part of all life as we open embodied pathways allowing the transformative and healing qualities of life to move through us. We will explore these mutual, life-giving practices of connectedness as acts of regenerative remembrance. During the course, you will have the opportunity to develop and deepen your personal relationship with the sacred aliveness of the Earth and learn to bring this alive into the ecotherapy work you plan to share with your clients.



Rochelle Calvert, PhD, CMT, SEP, is the author of *Healing with Nature: Mindfulness and Somatic Practices to Heal from Trauma*. She has studied and taught mindfulness for the past 19 years and personally knows the transformational potential. Dr. Calvert currently leads courses, workshops, and treats in mindfulness and somatic experiencing in nature. As a licensed clinical psychologist and founder of New Mindful Life, she supports her clients, taking them into nature with the aid of Bertha Grace, a Sprinter van that serves as a mobile therapy office.

www.newmindfullife.com

HUMAN SEXUALITY (HS) CERTIFICATE

UNDERSTANDING AND WORKING WITH SEXUAL TRAUMA (HS 5700-2)

Saturday & Sunday, 2/7 & 2/8, 9am–6:30pm; Zoom Synchronous

\$375/16 CEs/non-credit or
\$1252/2 quarter units/credit

It is vital that mental health professionals know how to support their clients as they process experiences of sexual trauma and define what healing means to them. Clinical professionals specializing in sexuality need to understand the complexity and impact of sexual trauma on mental health and the sexual self. This course will discuss the prevalence of sexual trauma and how it effects people of all ages, genders, abilities, backgrounds, cultures, orientations, and ethnicities. Students will build skills in working with the emotional and physical impact of trauma, such as dissociation and dysregulation. Students will also learn how to help clients recognize and express their desires and boundaries, work with clients' partners and relationship systems within a therapeutic setting, and how to design clinical policies and therapeutic practices that support clients' autonomy and sense of agency. This course will examine how reclaiming pleasure can be a part of the healing process for many, and how the "self-of-the-therapist" and/or transference/counter-transference effects therapy, especially as many clinicians drawn to this work have had their own experiences of sexual trauma.



Laura Rademacher, MA, LMFT, CST, CST-S, is the Director of the Human Sexuality Certificate program. She is an AASECT certified sex and relationship therapist with over 15 years of experience as a sex-positive sexual health educator. She is the author of *"The Principles of Pleasure: Working with the Good Stuff as Sex Therapists and Educators."*

PSYCHEDELIC STUDIES (PS) CERTIFICATE

THIS IS YOUR BRAIN ON PSYCHEDELICS: NEUROSCIENCE, BRAIN PLASTICITY, CREATIVITY (PS 5400)

Saturday & Sunday, 2/14 & 2/15, 9am–6pm; Zoom Synchronous

\$375/16 CEs/non-credit or
\$1252/2 quarter units/credit

This course examines the neuroscience of psychedelic compounds. Students will examine the processes by which psychedelic compounds interact with the brain, and how this interaction can lead to profound changes in perception, cognition, emotion, behavior, and creativity. Students will learn about the specific neural pathways and mechanisms that underlie the effects of psychedelic compounds. Through readings, lectures, discussions, students will examine the scientific research on the therapeutic potential of psychedelic compounds, as well as their use in spiritual and creative contexts. Students will critically evaluate which psychedelic compounds may be best suited to different mental health conditions, for referral purposes. Students will examine the neuroscience of expanded states of consciousness (ego dissolution, mystical/transcendent experiences) and why these experiences have the potential to cause lasting changes in the brain. Students will explore the complex interplay between brain chemistry and the subjective experience of the client. Participants will develop a discerning eye in evaluating research and science around psychedelic-assisted therapy and identify the sources and qualities that form their opinion on the neuroscience of psychedelic compounds for personal growth, mental health conditions, and more.



Amy Wong Hope, MSW, LCSW, is the Certificate Program Director of the Psychedelic Studies Certificate. Amy is a certified Psilocybin Facilitator (InnerTrek, 2024) and MDMA-assisted therapist through the (MAPS, 2018) Multidisciplinary Association for Psychedelic Studies and co-author of *Small Doses of Awareness: A Microdosing Companion* (published Feb 2024, Chronicle Books). Amy maintains a private practice with a focus on psychedelic preparation and integration, trauma-informed modalities, and shame-resilience approaches that support clients in restoring emotional, somatic, and relational resiliency.

ADDICTIONS, ABUSE, AND RECOVERY CERTIFICATE

CLINICAL SKILLS: EVIDENCE-BASED PRACTICES IN THE TREATMENT OF CO-OCCURRING DISORDERS (AAR 5100)

Saturday & Sunday, 2/21 & 2/22, 9am–6pm; Zoom Synchronous

\$375/16 CEs/non-credit or
\$1252/2 quarter units/credit

Addiction treatment increasingly requires the use of evidence-based practice in order to meet standards of care and ensure quality of service to those struggling with substance use and abuse. This clinical population often experiences co-morbidity, or the experience of co-occurring mental health issues, compounding the complexity, acuity, and need for effective and holistic treatment methods. This course provides students with clinical skills that allow them to assess and treat addiction with co-occurring mental health issues. Students will be provided with an overview of evidence-based practices and theoretical approaches to treating co-occurring disorders common in addiction treatment. Holistic and alternative approaches will be discussed and compared with evidence-based models keeping in mind cultural considerations as well as standards of care.



Richard Pelfrey, MS, LADAC, LADAC is a trauma-informed counseling practitioner and seasoned addictions counselor with 15 years of experience supporting individuals in reclaiming wholeness. His work blends traditional recovery models with holistic, experiential approaches—including AEDP, Brainspotting, Kundalini Yoga, the Wim Hof Method, and earth-based ceremonial practices rooted in Toltec wisdom. Richard is also certified in Trauma, Grief, and Renewal through Southwestern College, and brings a deep reverence for transformational change and artistry in life.

NEW EARTH INSTITUTE (NEI) COMMUNITY LECTURES

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THE ETHICAL FOUNDATION OF INTERN SUPERVISION: TEACHING NOT EXPLOITING with Kate Bunch, MS, LPCC

Wednesday, January 14th, 6-8pm; via Zoom

Recognizing that interns are in a vulnerable learning phase, and that clients are also vulnerable, a strong ethical framework in supervision is essential to prevent harm and ensure high-quality care. This Community Lecture explores the ethical foundation of intern supervision in mental health, emphasizing education and professional development over exploitation. It outlines the investment supervisors make in future professionals through knowledge transfer, skill development, ethical guidance, and professional identity formation. This training also details the primary goals of interns in gaining supervised clinical experience, grounding in competency building rather than solely billing hours. Highlights include the reciprocal benefits of a teaching-focused supervision model for both interns and supervisors, in the broader mental health profession. The focus is on the ethical relevance of intern supervision, covering client well-being, professional integrity, fostering competent clinicians, and legal compliance.



Kate Bunch, a Licensed Professional Clinical Counselor (LPCC) in New Mexico, is a passionate entrepreneur. She is a Registered Play Therapist Supervisor (RPT-S), an Endorsed Infant Mental Health specialist, Endorsed REflective Supervisor (IMHE-III RS/C), and an EMDRIA-approved consultant. Kate has developed a clinic, Trauma Treatment Center, in New Mexico and has had her model of therapy published in the Journal of Counselor Practice, the Journal of Trauma Studies in Education, and The Journal of Trauma Studies in Education. Kate is a contributing author and editor for Professional's Guide to Trauma-Informed Decision Making (2024). Kate owns Mind Body Trauma Institute. The institute's primary focus is to support the training and development of providers across genres from a holistic and trauma-focused approach. It offers training that focuses on developing an understanding of trauma and the lasting effect of trauma on providers themselves. Kate is the founder of The Jackie Project, a non-profit started in honor of her Grandmother. The Jackie Project is developing ways to increase access to treatment for underserved areas in New Mexico and working to support continued efforts in complex trauma research. Kate was awarded the George R. Kepler 2019 Outstanding Counselor of the Year from the New Mexico Counseling Association and the Behavioral Health Worker—Child Welfare and Juvenile Justice Excellence Award for 2023 from The Children's Law Institute.

DEPTH HYPNOSIS: A CATALYTIC PATH TO TRANSFORMATION IN PSYCHOTHERAPY AND SPIRITUAL COUNSELING

with Isa Gucciardi, PhD, Joanna Adler, PsyD, Laura Chandler, and Juliana Sloane, MA
Tuesday, February 17th, 6-8pm; via Zoom

Join us for a dynamic panel exploring the power and potential of Depth Hypnosis as a catalytic psychospiritual counseling modality rooted in Buddhist and shamanic wisdom, hypnotherapy, and transpersonal psychology.

This event brings together Isa Gucciardi, PhD (author, teacher, and creator of the Depth Hypnosis modality) with Joanna Adler, PsyD (clinical psychologist and Depth Hypnosis practitioner and teacher), Laura Chandler (Executive Director of the Foundation of the Sacred Stream and Depth Hypnosis practitioner and teacher), and Juliana Sloane (Depth Hypnosis practitioner and Buddhist teacher), for a rich exploration of the modality's applications in counseling, psychedelic integration, and spiritual care.

Together, they will reflect on the growing impact of Depth Hypnosis in the therapeutic and spiritual fields, including its role in trauma resolution, altered states integration, and the cultivation of deeper self-awareness and empowerment. The conversation will highlight Isa Gucciardi's new book *Depth Hypnosis: A Path to Healing, Power, and Transformation*, co-authored with Laura Chandler, which offers an in-depth introduction to this impactful modality. The panel will also discuss a recent article published in the Journal of Psychedelic Studies

examining the efficacy of Depth Hypnosis in psychedelic preparation and integration, expanding the conversation around ethical and effective support for altered state experiences.

The event will conclude with a brief experiential practice, giving attendees a direct introduction to the inner landscape accessed through Depth Hypnosis.

Isa Gucciardi, PhD, holds advanced degrees in cultural and linguistic anthropology, comparative religion, and transpersonal psychology. She is the creator of the Depth Hypnosis™ therapeutic model and the Coming to Peace™ conflict resolution process. A pioneer in integrating shamanic and Buddhist traditions into clinical settings, Isa is the Founding Director of the Foundation of the Sacred Stream, a school for consciousness studies based in Berkeley, California. Her work has helped thousands of people globally to transform suffering and awaken greater self-awareness. Isa is the author of *Depth Hypnosis: A Path to Healing, Power, and Transformation*, *Coming to Peace*, and *The New Return to the Great Mother*. She teaches and lectures nationally and internationally, and her work continues to inspire both clinicians and seekers to deepen their healing and spiritual journeys.

Joanna Adler, PsyD, is a licensed clinician and Depth Hypnosis Practitioner with over two decades of experience bridging Western psychology with spiritual and shamanic wisdom traditions. Joanna holds a Doctorate in Clinical Psychology and is deeply engaged in mentoring emerging Depth Hypnosis Practitioners. Through her private practice and public teaching, Joanna offers a grounded, compassionate presence and a deep understanding of trauma, attachment, and transformation. Her work focuses on helping people uncover and access their inner wisdom, navigate altered states with integrity, and reconnect to their innate capacity for healing and empowerment.

Laura Chandler is the Executive Director of the Foundation of the Sacred Stream, a writer, teacher, podcast host, and award-winning songwriter. With a background in publishing, media, and the healing arts, she brings over two decades of experience to her integrative work in spiritual counseling and education. Laura co-authored *Depth Hypnosis: A Path to Healing, Power, and Transformation* with Isa Gucciardi, PhD, and is a core faculty member in the Depth Hypnosis Foundation Training program. She is also the host of the *Sacred Stream Radio Podcast*, where she interviews leading voices in psychology, spirituality, and consciousness studies. Through her teaching, writing, and music, she offers accessible tools for transformation, helping individuals connect with their inner wisdom and navigate change with depth and clarity.

Juliana Sloane, MA, is a Santa Fe-based Depth Hypnosis practitioner, coach, and Buddhist teacher whose work and teaching weaves together ancient wisdom traditions and client-centered approaches that support neuroplastic change in the nervous system. A teacher in the Theravada Buddhist lineage, Juliana leads meditation classes and retreats throughout California and the Southwest, including at Spirit Rock Meditation Center, Albuquerque Insight Meditation Center, Durango Dharma Center and Insight Meditation Tucson. With an academic background in Gender Studies and Buddhist chaplaincy, Juliana brings a trauma-informed lens to her work with individuals navigating spiritual emergence, chronic illness, anxiety and trauma, and more. Her writing has also been featured in *Tricycle Magazine* and *Spirituality & Health*.