

## ***Capstone Mural Process Assignment - Practicum 2, Summer 2021***

### ***Earth Mother, Thunder Spirit.***

***By Kacey, Suzanne, DeeAnn, Sondra, and Rachel***

Our group agreed on many different symbols to incorporate in the final mural based on the elements of nature that we enjoy and what had been meaningful to us while at SWC. A sunset and thunderstorm were painted by Rachel, symbolizing the many beautiful/awe-inspiring moments as well as the turbulent and challenging moments experienced in graduate school.

Suzanne helped paint in some of the water with the color teal. She also painted the bottom portion of the painting which is a profile of a naked pregnant woman laying on her back painted green to look like mountains and hills. This image originated from Kacey's idea of the Earth being our mother.

DeeAnn laid out and painted the pyramid-shaped prism with the ray of white light shining in from the right side and the visible color spectrum raying outward on the left side. This image holds many meanings for DeeAnn such as self-awareness, seeing the world and the people we work with through a lens that recognizes and honors diversity, acknowledging all of the colors used in art therapy, their power to heal, their presence everywhere in nature and the personal meaning colors hold for each individual.

Kacey painted various shades of blue to form the ocean image. She helped with connecting the ocean water to the water emerging from the pitcher. The use of water was important to Kacey, as the strength and fluidity was symbolic of how she hopes to work as a practitioner. In addition, the use of water as an earth element supported the theme of incorporating nature into our mural.

The sea turtle and clay pot were painted by Sondra, symbolizing different aspects of an individual's soul. The clay pot with water coming out represents an individual pouring love and warmth onto the Earth to heal and comfort those who are hurting. The sea turtle serves as a symbol of patience, wisdom, and peace.

Thoughts on how our mural will be received by the SWC community:

Rachel's hope is that other SWC students and staff see this mural and are able to take a moment to appreciate different elements of nature.

Suzanne's hope is that this mural is a bit striking and stands out and helps people stop and consider the Earth in a more relational way.

DeeAnn's hope is that many people will view our mural for years to come, that seeing it, they will pause for a few moments in the here-and-now that they find themselves in, notice personal meanings these images have for them, remind them of the abundance, beauty and rhythms of life in every aspect of nature, leave them with a sense of joy, reverence and wonder.

Kacey hopes that those that view the mural will feel hopefully and gently held by the various elements found in our mural.

Sondra's hopes is that those who view the mural will feel relaxed, encouraged, and connected by the vibrant colors and images.