## CONSCIOUSNESS-CENTERED GRADUATE SCHOOL 3960 San Felipe Road, Santa Fe, New Mexico 87507 www.swc.edu

The mission of Southwestern College is Transforming Consciousness Through Education.

This schedule lists required classes for FALL Quarter 2025 for all students enrolled in the PhD in Visionary Practice and Regenerative Leadership. Course Descriptions and the Required & Recommended Booklists follow the Course Schedule. Tuition per quarter unit is \$835. There is an educational resource fee of \$800 per quarter of attendance. The residency fee for VPRL 600 *Residency I: Seeking* is \$2,200.

For information on financial aid, contact <a href="mailto:financialaid@swc.edu">financialaid@swc.edu</a>
For assistance with registration, contact <a href="mailto:collegeregistrar@swc.edu">collegeregistrar@swc.edu</a>
For all other support, contact PhD Program Director <a href="mailto:annfilemyr@swc.edu">annfilemyr@swc.edu</a>

Please note for Cohort 4 incoming doctoral students the required NEW STUDENT ORIENTATION is Friday, August 29, on the campus of Southwestern College, 9 a.m. – 4 .pm.

Lunch provided.

## **REGISTRATION INFORMATION**

## Find your student group\*

Cohort 2 entered Fall 2023.

Cohort 3 entered Fall 2024.

Cohort 4 is entering Fall 2025.

**Doctoral candidates** refers to students working with their Wisdom Councils.

**Dissertating students** refers to students currently writing their dissertations.

## ONLINE REGISTRATION for these student groups is MONDAY, AUGUST 11, 9am-Midnight MT.

Dissertating students seeking continuation enroll in VPRL 920

Full-time Doctoral candidates enroll in VPRL 790

Half-time Doctoral candidates enroll in 780-B

Cohort 3 Half-time students enroll in either VPRL 610 or VPRL 620 (whichever one they did not take last year)

Cohort 4 Full-time students enroll in all three courses: VPRL 600, VPRL 610, and VPRL 620

## ONLINE REGISTRATION for these student groups is TUESDAY, AUGUST 12, 9am-Midnight MT.

Cohort 2 Half-time students enroll in VPRL 720

Cohort 2 & 3 Full-time students enroll in both courses: VPRL 710 and VPRL 720

Cohort 4 Half-time students enroll in VPRL 600 and in either VPRL 610 or VPRL 620

\*Note there are students in each cohort on individualized program planners. Please consult your program planner in Populi or meet with Ann Filemyr if you have any questions about registration.

#### **FALL 2025 COURSE SCHEDULE**

VPRL 600 RESIDENCY I: SEEKING \$835/1 quarter unit plus residency fee \$2,200

Ann Filemyr, PhD

Faculty TBD

On-ground intensive residency, Saturday, 8/30-Wednesday 9/3. Detailed schedule to follow registration.

The Southwest Sanctuary at the Chi Center

VPRL 610-2 EMBODIED COSMOLOGY FOR INQUIRY

\$2505/3 quarter units

April Vogel, PhD Tuesdays, 9/16-11/18, 4-7 pm MT Zoom Synchronous

VPRL 620 THE PHENOMENOLOGY OF VISIONARY PRACTICE & THE CALL TO SERVE

\$2505/3 quarter units

Ann Filemyr, PhD Thursdays, 9/18-11/20 4-7 pm MT Zoom Synchronous

VPRL 710 ETHICS: EMBODIED SOCIAL JUSTICE LEADERSHIP FOR VISION & REGENERATION

\$2505/3 quarter units

Marianela Medrano, PhD Mondays, 9/15-11/17, 4-7 pm MT Zoom Synchronous

VPRL 720 ADVANCED RESEARCH METHODS: REGENERATIVE INQUIRY \$2505/3 quarter units

Marna Hauk, PhD Tuesdays, 9/16-11/18, 4-7 pm MT Zoom Synchronous

VPRL 780-B REGENERATIVE VISIONARY PROJECT II-B: ACTION \$2505/3 quarter units

Wisdom Council Midwife Faculty Varied Schedules

Meetings with Midwife at least every other week. Two or more Wisdom Council Meetings to include Student/Catalyst, Midwife, Lotus, and Source. Provide weekly status updates to Wisdom Council and

tri-weekly reports to Wisdom Council and VPRL Program Leadership.

VPRL 790 REGENERATIVE VISIONARY PROJECT III: REFLECTION \$5010/6 quarter units

Wisdom Council Faculty: Midwife, Lotus, Source Varied Schedules

Meetings with Midwife at least every other week. Two or more Wisdom Council Meetings to include Student/Catalyst, Midwife, Lotus, and Source. Provide weekly status updates to Wisdom Council and

tri-weekly reports to Wisdom Council and VPRL Program Leadership.

VPRL 920 DISSERTATION CONTINUATION \$2505/3 quarter units

Wisdom Council Faculty: Midwife, Lotus, Source Varied Schedules

Meetings with Midwife at least every other week. Two or more Wisdom Council Meetings to include Student/Catalyst, Midwife, Lotus, and Source. Provide weekly status updates and major revisions with revision charting to Wisdom Council and VPRL Program Leadership.

# VPRL COURSE DESCRIPTIONS FALL TERM 2025

## **VPRL 600 Residency I: Seeking**

#### 1 doctoral unit

The initial residency, *Seeking*, brings students together in the fall of the first year for six days. It includes a bioregional, land-based experience in rural New Mexico to experience the land as presence and begin the exploration of visionary practices. This residency launches students into fall coursework and introduces them to the first-year core faculty. Residency sessions will provide an in-depth introduction to program learning outcomes and the arc of the doctoral journey. An orientation to academic advising, student and career services, course technology, library services, financial aid, the business office, and other campus resources will be provided. Students will prepare and present preliminary material on their intended regenerative visionary project and its connection to their dissertation focus. Students will be engaged in giving each other meaningful feedback. They will explore what "breaks their hearts" and what they are intending to mend or repair – both within themselves and in the world. Students will meet with faculty and select a first-year faculty mentor. The cohort of faculty and students will begin on campus in Santa Fe then move to a retreat center. All assignments pre-residency, during residency, and post-residency are required.

## **VPRL 610-2 Embodied Cosmology**

## 3 doctoral units

Embodied cosmology is an integrative approach to understanding the universe that bridges somatic experience with cosmic awareness, emphasizing the interconnectedness between our bodily existence and the larger cosmos. Embodied cosmology recognizes that we do not just observe the universe from the outside - we are the universe becoming conscious of itself through our felt sense, inner knowing, lived experience, and regenerative designs. This course adds the lens of inquiry as a process and practice to aid in identifying how our own positionality and interests intersect with the world's calling. Contemplative practices such as meditation, movement, and somatic inquiry will be used to amplify our conscious awareness. We source the cosmological in wellspring metaphors and frames from multiple living wisdom traditions. Transformative research from the embodied cosmology perspective includes an understanding that the researcher is part of what they study, that multiple ways of knowing are valuable, and that a systems approach is vital to the inquiry process. This course will delve deeply into the work of exemplar inquirers who are regenerative leaders and visionary practitioners. This adventure fleshes out how cosmology influences which areas of study, paradigm, and methodology are embraced and expressed. We will emphasize inquirers who combine more than one paradigm, adopting a transdisciplinary approach to their areas of study. We will welcome the messy, the indeterminate, the complex, and the provisional to open up spaces that Western scientific positivism has precluded. This leads to a deeper understanding of what questions are lifegiving and how to develop one's own personal, evolving cosmology. Our own embodied cosmology can continue to provide a key lens for exploration of and research about visionary practices and regenerative leadership.

## **VPRL 620 The Phenomenology of Visionary Practice & the Call** to **Serve**3 doctoral units

Throughout history and across cultures, powerful dreamers, mystics, and visionaries who communicate their vision and inspire action have contributed significantly to art, culture, science, religion, politics, etc., for visioning is archetypal; an innate activity of consciousness that is intentional, relational, integrative, regenerative, creative, and mysterious. Through visionary practices, we engage with the transpersonal realm to bring to conscious awareness and initial expression each student's vision-seed as an inherent, generative, and mytho-archetypal manifestation of their embodied values. The vision-seed expresses the individual's unique essence and calling. Fundamental to one's vision-seed is service within a greater whole guided by ethics of transpersonal love, discernment, reciprocity, and compassion. We experience the sourcing of this altruism, which is beyond ego or role, through myth and nature with attention to the principle of relatedness and values of regeneration. Turning

towards wound, loss, reactivity, and other challenges as meaningful, we develop capacities of courage, humility, compassion, forgiveness, resilience, and a deeply embodied experience of inner/outer meaning, interconnection, and sympoiesis. This course is designed as an invitation to greater connection or calling that can lead to renewed purpose and new ways of being, doing, and knowing. It is an experiential, exploratory opportunity for direct engagement with the phenomenology of visionary practice.

## VPRL 710 Ethics: Embodied Social Justice Leadership for Vision & Regeneration 3 doctoral units

This course includes an analysis of historical and contemporary ethical frameworks. Students will explore their inherent biases, the role of regenerative leadership in developing and maintaining ethical frameworks, and the strategies that link ethical practice to visionary principles of community and planetary justice and care. This seminar will encourage learners to explore, critique, develop, and embody their own ethical frameworks through a series of readings, reflections, and exercises. In addition to the readings put forth by the instructor, the participants will introduce materials that interest and/or trouble them. These will provide insight into the intersection of ethics and our current and future commitments to work, to each other, and to the Earth. Remembrance, regeneration, and restoration themes are explored through analysis and generation of creative counternarratives. Grappling with and healing patterns of interpersonal drama, marginalization, and intergenerational trauma nurtures relational ethics. Students research and take inspiration from contemporary examples of reparative and emergent strategies. Students will design reparations projects to achieve ethical, visionary, and just practices

## VPRL 720 Advanced Research Methods: Regenerative Inquiry

3 doctoral units

The world is calling for regeneration. Inquiry shaped by regenerative design and imaginal emergence involves deep shifts toward ways of being and knowing that honor care, complexity, collaboration, adaptation, interdependence, resilience, and systems actualizing for life-giving design and transformation. In this course, students deepen their sense of place and elaborate collective vocation. They identify potentials to iteratively design for systemic flourishing. Bridging from theory to embodied practice, students engage in advanced research methods through the lens of becoming regenerative designers, practitioners, and leaders. Students gain skills in accessing the matrix of deep imagination to translate their dreams and vision sprouts into plans for inquiry, while grappling with and becoming certified in research ethics. Learners also apply principles of respect, relationship, representation, relevance, responsibility, and reciprocity from Indigenous methodologies to develop their emerging ethical research designs. Practical skills in regenerative leadership and facilitation of biomimicry-inspired innovation support methodological clarity. Actively utilizing regenerative design processes plus methodology-specific resources moves students from sketches and précis to briefings and proposals regarding the methods of their emerging doctoral project focus.

## **VPRL 780-B Regenerative Visionary Project II-B: Action**

3 doctoral units

As a fruit of mindful design and supported articulation, the journey of the visionary and regenerative leader in the Southwestern program culminates in the realization of the visionary project. In this term, the student begins to lead their regenerative visionary project enacted in the field: whether through community engagement, conducting interviews or focus groups, facilitating design charrettes, or social entrepreneurship; or through piloting a project, a systems intervention, the making of new creative work, or a self-cultivation initiative. The visionary project action process is dynamic, and by design seeks feedback, input, guidance, and/or evaluation from members of the contexting community(ies) — or from engaged participants. So, as the student enacts vision and regeneration, they expand their circles of insight. A critical dimension of regenerative visionary project action involves maintaining a daily fieldwork journal. The student also produces an update reporting progress, actions, and initial insights at least every three weeks for their Wisdom Council dissertation committee. The term concludes with the sharing of the fieldworking journal with their Wisdom Council, plus a summary of action. This course series focused on action prepares the student for the next phase of reflection on their visionary project.

## **VPRL 790 Regenerative Visionary Project III: Reflection**

3 doctoral units

Reflective and reflexive meaning-sensing is the fount of insight for visionaries and regenerative leaders. Upon successful completion of the actions for the visionary project, doctoral students engage in reflection, metacognition, and metadiscursion. What new awarenesses are arising? What might these insights mean for systems design and visionary practice? The student continues the practice of the visionary practice journal to capture emerging reflections and connections. The doctoral journeyer applies their identified sensemaking method to their data, whether multi-cycle qualitative coding, grounded theory saturation, regenerative design, or other identified method. The student submits written and/or visual and/or media-based structured reflection to their doctoral team on actions taken and input/guidance/evaluation from participants and/or members of their community. Opportunities for sense-making, deepening inquiry, and exploration result, which suggest new avenues of research, additional information needed, new service or leadership, and other emergent possibilities. Often students will utilize member-checking to cycle their emergent insights back through the communities of their visionary project. The student also produces an update reporting progress, actions, and insights at least every three weeks for their Wisdom Council dissertation committee. This course enables the student to engage in multiple ways of knowing to produce original insights for the furtherance of the regeneration of self, place, society, interlinked systems, and the planetary.

#### **VPRL 920 Dissertation Continuation**

3 doctoral units

Dissertations offer conceptual frameworks and methods for fieldwork, share findings, and offer recommendations for innovations in visionary practice and regenerative leadership. Continuing doctoral students in the dissertation phase are supported by their Midwife (doctoral committee chair) and Wisdom Council (committee) in the birthing of their written work. Iterations of writing, refinement, review, and revision sustain progress on the final written offering of the Southwestern doctoral journey. Continued progress on tight, clear writing, strong substantiation and exemplification, and insightful visualizations are the hallmarks of this process. Students utilize project management to hone their documents and appendices. They lead collaboratively with their Wisdom Council and embedding communities to make significant progress on their goals and the articulation of their regenerative visionary practice.

## **FALL 2025**

## **VPRL PHD PROGRAM BOOK LIST**

## **FOR VRPL 600**

## **RESIDENCY I: SEEKING** (Filemyr & TBD)

Electronic selections will be provided on Populi.

#### **FOR VRPL 610-2**

## **EMBODIED COSMOLOGY FOR INQUIRY** (Vogel)

#### **REQUIRED:**

- \$28 Bateson, N. (2023). *Combining.* Triarchy Press. ISBN 978-1913743857. Site License (direct populi upload)\*
- \$22 Gumbs, A. P. (2024). *Survival is a promise: The eternal life of Audre Lorde.* Farrar, Straus, & Giroux. ISBN 978-1250390400.
- \$18 Kimmerer, R. W. (2015). *Braiding sweetgrass: Indigenous wisdom, scientific knowledge and the teachings of plants.* Milkweed Editions. ISBN 978-1571313560. Unlimited Ebook (unlimited pp. download) https://research.ebsco.com/plink/e89215c4-4b7c-3820-97fc-437557f76adf \*\*
- \$20 Prescod-Weinstein, C. (2021). *The disordered cosmos: A journey into dark matter, spacetime and dreams deferred.* Bold Type Books. ISBN 978-1541724686. *No electronic copy available.*
- \$16 Swimme, B. (2022). *Cosmogenesis: An unveiling of the expanding universe.* Counterpoint Press. ISBN 978-1640096172. Unlimited Ebook (50 pp. download). https://research.ebsco.com/plink/bf427e5c-3fdd-3801-81d7 24fa14f440d5 \*\*

#### RECOMMENDED:

- \$24 Elgin, D. (2009). *The living universe: Where are we? Who are we? Where are we going*? Berrett-Koehler. ISBN 978-1576759691. *No electronic copy available.*
- \$19 Manuel, Z.E. (2023). *Opening to darkness: Eight gateways for being with the absence of light in unsettling times.* Sounds True Publishing. ISBN 978-1683648611. *No electronic copy available.*
- Olsen, A. (2020). *Body and earth: An experiential guide.* Wesleyan University Press. ISBN 978-0819579461. Unlimited Ebook (100 pp.Download). https://research.ebsco.com/plink/7a2a5e7d-a9c9-3258-a630-bc89f0d44d9a \*\*

Other materials, articles, and selections from other books provided in Populi online.

## **FOR VPRL 620**

## THE PHENOMENOLOGY OF VISIONARY PRACTICE AND THE CALL TO SERVE\_(Filemyr) REQUIRED:

<sup>\*</sup>Full text available in Populi – not through the library.

<sup>\*\*</sup> Available digitally through the library with unlimited access.

- \$17 brown, a. m. (2017). *Emergent strategy: Shaping change, changing worlds.* AK Press. ISBN 978-1849352604 \*\*
- **\$24** Curtice, K. B. (2023). *Living resistance: An Indigenous vision for seeking wholeness everyday*. Brazos Press. ISBN 978-1587435713. *No electronic copy available.*
- **\$15** Emoto, M. (2005). *The hidden messages in water.* Atria Books. ISBN 978-0743289801 \*
- \$16 Levoy, G. M. (1998). *Callings: Finding and following an authentic life.* Harmony. ISBN: 978-0609803707. *No electronic copy available.*
- \$23 Macy, J., and Johnstone, C. (2022). Active hope: How to face the mess we're in with unexpected resilience and creative power (2<sup>nd</sup> ed). New World Library. ISBN 978-1608687107 \*
- \$16 Yunkaporta, T. (2021). *Sand talk: How Indigenous thinking can save the world.* HarperOne. ISBN 978-0062975621. *No electronic copy available.* 
  - \*\* Available digitally through the library with unlimited access
  - \* Available digitally through the library with *limited* access:

Active Hope (2nd. ed.) Macy & Johnstone (2022) (5 simultaneous users, Download allowance = 100 pages per session); The Hidden Messages in Water Emoto (2005) (6 simultaneous users; Download allowance = 25 pages per session)

#### FOR VPRL 710

## ETHICS: EMBODIED SOCIAL JUSTICE LEADERSHIP FOR VISION & REGENERATION (Medrano) REQUIRED:

- brown, adrienne maree. (2020). *We will not cancel us, and other dreams of transformative justice*. AK Press. ISBN-13: 9781849354226. \*\*UNLIMITED ACCESS:

  https://search.ebscohost.com/login.aspx?direct=true&db=nlebk&AN=2576748&site=ehost-live&scope=site&ebv=EK&ppid=Page--1
- \$37 Duran, Eduardo. (2019). *Healing the soul wound: Trauma-Informed counseling for Indigenous communities* (2<sup>nd</sup> ed.). Teacher's College Press. ISBN:978-0807761397. \*LIMITED ACCESS: https://search.ebscohost.com/login.aspx?direct=true&db=nlebk&AN=2294140&site=ehost-live&scope=site&ebv=EB&ppid=pp\_Cover\_
- \$ 8 Emerald, David. (2016). *The power of TED (the empowerment dynamic).* Polaris. ISBN: 978-0996871808. \*\*UNLIMITED ACCESS:
  https://search.ebscohost.com/login.aspx?direct=true&db=nlebk&AN=2088180&site=ehost-live&scope=site&ebv=EK&ppid=Page-\_\_-1
- \$25 Simpson, Leanne. (2011). *Dancing on our turtle's back: Stories of Nishnaabeg re-creation, resurgence and a new emergence.* Arbeiter Ring. ISBN: 978-1894037501.
- **\*LIMITED ACCESS:** https://search.ebscohost.com/login.aspx?direct=true&db=nlebk&AN=2595572&site=ehost-live&scope=site&ebv=EK&ppid=Page-\_\_-2
- \$48 Jigsaw: Tucci, Joe et al (Eds.). The handbook of trauma-transformative practice: Emerging therapeutic frameworks for supporting individuals, families, or communities impacted by violence and abuse.

  Jessica Kingsley. ISBN: 978-1787755772.

## RECOMMENDED:

\$18 Menakem, Resmaa. (2017). My grandmother's hands: Racialized trauma and the pathway to mending our hearts and bodies. Central Recovery Press. \*\*UNLIMITED ACCESS: https://search.ebscohost.com/login.aspx?direct=true&db=nlebk&AN=1700394&site=ehost-live&scope=site&ebv=EK&ppid=Page-\_-1

Other materials, articles, and selections from other books provided in Populi online.

## **FOR VPRL 720**

## **ADVANCED RESEARCH METHODS: REGENERATIVE INQUIRY (Hauk)**

#### **REQUIRED**

- \$28 Aizenstat, Stephen. (2023). The imagination matrix. Sounds True. ISBN: 978-1-64963-002-5.
- **\$53** Ethan, Iain. (2004). *A guide to imagework: Imagination-Based research methods.* Routledge. doi:10.4324/9780203490136. ISBN: 978-0415235389.
  - \*\*UNLIMITED ACCESS ELECTRONICALLY\*\*
  - $https://search.ebscohost.com/login.aspx? direct=true\&db=nlebk\&AN=106400\&site=ehost-live\&scope=site\&ebv=EB\&ppid=pp\_C$
- **\$22** Hersey, Tricia. (2022). *Rest is resistance: A manifesto.* Little, Brown Spark. ISBN: 978-0316365215. *One eCopy will be available.*
- **\$82** Mang, Pamela, Haggard, Ben, & Regenesis. (2016). *Regenerative development and design: A framework for evolving sustainability.* Wiley. ISBN: 978-1118972861.
  - \*\*UNLIMITED ACCESS ELECTRONICALLY\*\*
  - $https://search.ebscohost.com/login.aspx? direct=true\&db=nlebk\&AN=1336363\&site=ehost-live\&scope=site\&ebv=EB\&ppid=pp\_C1\\$
- **\$36** Kovach, Margaret. (2021). *Indigenous methodologies: Characteristics, conversations, and contexts* (2nd ed.). University of Toronto Press. ISBN: 978-1487525644.
  - \* Ebook Permalink https://search.ebscohost.com/login.aspx?direct=true&db=nlebk&AN=2968775&site=ehost-live&scope=site&ebv=EB&ppid=pp Cover

#### **RECOMMENDED**

- \$129 CITI Program, *Social-Behavioral-Educational (SBE) Foundations Training* in Research Ethics with Certificate (Additional sections are optional. More information will be provided during class.)
- \$30 Jaouad, Suleika. (2025). *The book of alchemy: A creative practice for an inspired life*. Random House. ISBN: 978-0593734636.
- \$16 Wilson, Shawn. (2008). *Research is ceremony: Indigenous research methods.* Fernwood Publishing. ISBN: 978-1552662816. *No electronic copy available.*

Other materials, articles, and selections from other books provided in Populi online.

#### **FOR VPRL 780-B and 790**

The VPRL 780 Regenerative Visionary Project II: Action and VPRL 790 Regenerative Visionary Project III: Reflection courses have independent lists of materials determined by the Student/Catalyst, their Midwives, and their Wisdom Councils, according to their action generation/data gathering methods and reflected in their Approved Revised Dissertation Proposals and their Approved Regenerative Visionary Project Plans, as well as, when relevant, their Approved Institutional Review Board Proposals.

#### **FOR VPRL 920**

This course has independent lists of materials determined by the Student/Catalyst, their Midwives, and their Wisdom Councils, according to their methodologies and reflected in their Approved Revised Dissertation Proposals and their Approved Regenerative Visionary Project Plans, as well as, when relevant, their Approved Institutional Review Board Proposals. Other supportive materials, articles, and selections from books provided in Populi online.

#### Required

- American Psychological Association. (2019). *Publication manual of the American Psychological Association* (7th ed.). American Psychological Association. ISBN 978-1433832178.

  No college-provided electronic access available. We suggest getting the spiral bound version.
- \$52 Bloomberg, L. D., and Volpe, M. (2018). *Completing your qualitative dissertation: A road map from beginning to end* (4<sup>th</sup> ed.). Sage. ISBN: 978-1544336527 \*LIMITED ACCESS: Available digitally through the library with limited access (6 simultaneous users)

  https://research.ebsco.com/linkprocessor/plink?id=c539210a-3ec8-3af2-b0dd-9958b1bfe585

Other materials, articles, and book selections provided in Populi online.