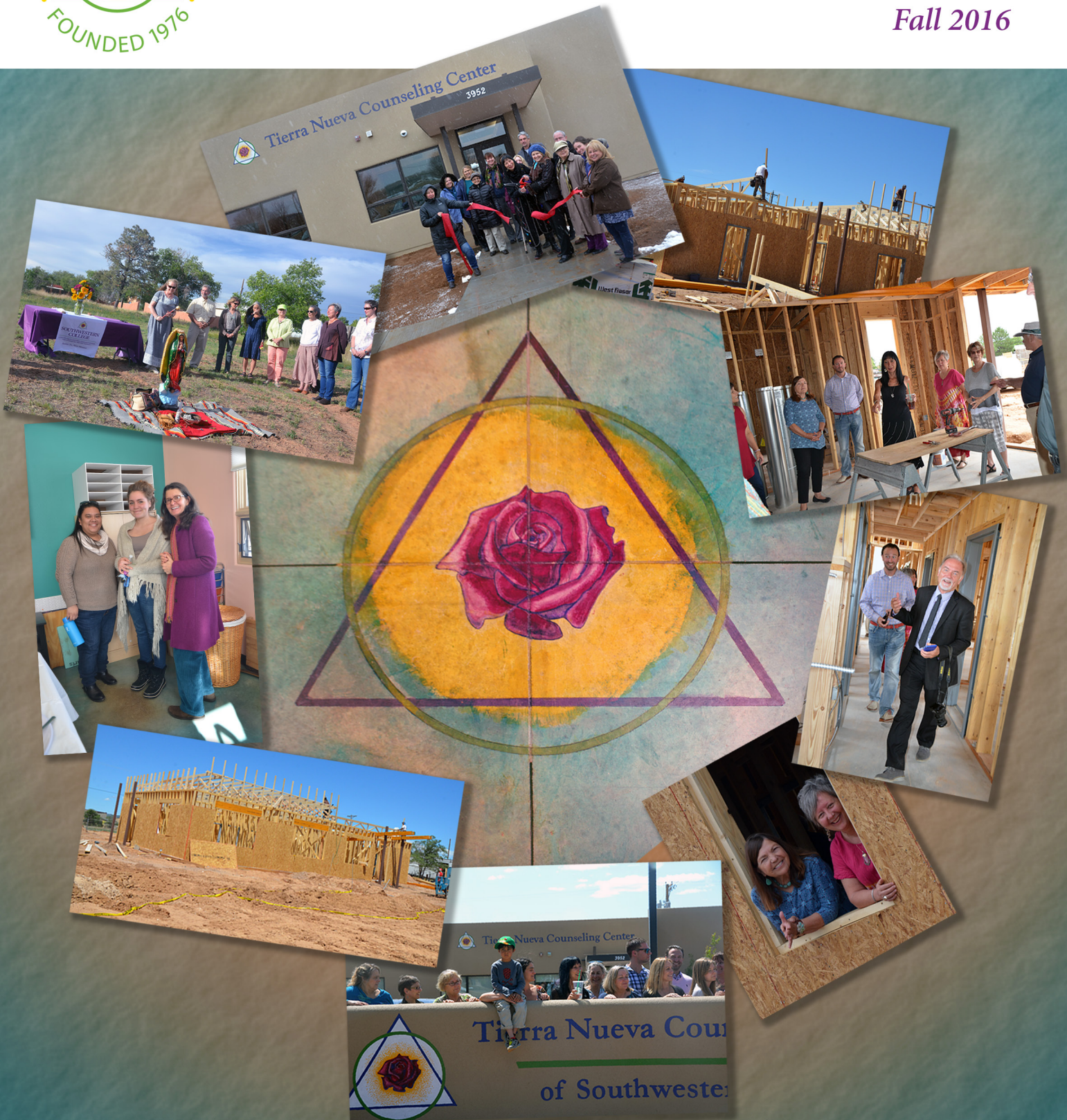


Fall 2016





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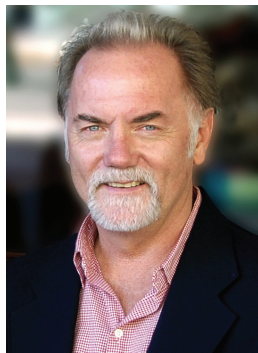
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News and Updates

from the President, **Dr. Jim Nolan**

Dear Friends and Colleagues,

Wow, wow, wow. Southwestern College/New Earth Institute is always on the move. Lots of stuff to share with you this time around.

Enrollment

This was the first year (for the 2016-17 academic year) that we ever received over 100 applications for the school, and it's the first year we ever had over 60 new students starting in the fall. We have 11 men, and that is the highest number of men we have ever had starting in the fall. 16 of the incoming students identify as non-Caucasian. The word is out. We are doing things right. It is a wild whitewater ride sometimes, and we love it.

What? Public Television?!?

That's right. Southwestern College/New Earth Institute will be featured in six-minute segments on Voices in America, a public television offering. They came to campus for a full day video shoot, and shot for eight plus hours, all over campus, in classrooms (simulated), in therapy sessions, and in interviews. It was a blast. They also created a 30-second commercial to show 800 times in the coming year on public television.

We will be doing final edits with them soon, and will put some version of the video on our web site. Stay tuned!



CACREP

We have been exploring the possibility (and costs) of pursuing CACREP (Council for the Accreditation of Counseling and Related Educational Programs) accreditation. We see a lot of advantages, and we are exploring any potential disadvantages or complications to heading in that direction. CACREP has become more powerful in some states back east (especially), and we want to make sure we make the very best decisions for our alumni, students, and future students.

Tierra Nueva Counseling Center Clinic

We are still moving cautiously toward making Tierra Nueva a community mental health center that accepts third party payments (Medicaid, Blue Cross/Blue Shield, etc.) Why?

1) The College currently underwrites about \$125,000.00 a year to keep that training arm of the College running, 2) We will be able to hire some independently licensed (possibly LMHCs in the future) alumni to offer counseling and art therapy services such as Medicaid and other insurance companies/providers, 3) We will create an income stream (or at least offset some of the costs of running Tierra Nueva) so that we can build other new things, like buildings!

There are a lot of steps, and permits, and licenses, and hoops, and regulators, and on and on, but we believe we can do it. We want to become an even more significant participant in the mental/behavioral health world of Santa Fe, and especially the southwestern quadrant of the city. We will keep you posted in social media and in other ways as well, as we move on down this road.

What's new at Tierra Nueva

by Laura Lansrud-López



Tierra Nueva Counseling Center of Southwestern College celebrated its grand opening in January and has made many exciting changes this year. The hallways are bathed in sunshine from the central skylight, our counseling rooms are elegant and cozy, and each art therapy room is delightfully well-stocked with art supplies and a sink. Students relax, prepare for sessions, and write progress notes at one of the six study carrels across from our two large classrooms. They can prepare lunch in the kitchenette, easily walk to class on campus, and enjoy the flowers as our landscaping evolves. Tierra Nueva has 12 session rooms where students meet with approximately 75 clients from the community each week. After a year-long hiatus in order to assess community needs and reorganize how we provide supervision and oversight, we resumed licensed counseling services by hiring a counselor with an LMHC this summer, and plan to add a licensed art therapist to the team this fall. We also have two independently-licensed on-site supervisors who provide individual and group supervision for our interns. The growth has been fantastic!



However, our new building and location are not the only changes – we have also initiated a more rigorous process and timeline for conducting comprehensive biopsychosocial assessments, creating measurable and objective treatment plans in collaboration with our clients, and tracking progress. These improvements in our requirements for clinical documentation have brought the counseling center on par with standards in the field, and will prepare our students for the demands of client care in today's complex world. We have also begun the transition to electronic health records (EHRs). Not only will this transition benefit Tierra Nueva and our clients, but will undoubtedly benefit our students – the ability to skillfully use an EHR has become a critical “competency” in the field and a requirement of the Affordable Care Act (ACA).

The implementation of ACA continues to impact and shape the way art therapy and counseling services are delivered in this country, and Tierra Nueva is committed to staying current with these trends. The use of technology for clinical documentation, coordinating care with other agencies, and staying current with best practices and standards... these are just a few of our focus areas as we prepare students for their future work. Yet what truly sets Tierra Nueva apart is our commitment to reflective practice and spiritually-sourced, consciousness-centered care.

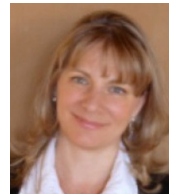
Welcome New Board of Trustees

Victor Nelson, M.Div., S.T.M., LMFT, is a pastoral counselor and marriage and family counselor. He has been an adjunct faculty member at the Christian Theological Seminary in Indianapolis and Utah State University in Logan, Utah. He recently became the executive director of the Pastoral Counseling Center in Santa Fe, NM. He teaches Counseling Theory and Practice at SWC.



Sherry Young, Ph.D., CSAT, is Senior Clinical Outreach Director for Elements Behavioral Health for the Central US. She has worked for several companies in the behavioral health and addictions field since 2006. Additionally, between 1997 and 2015, she provided ongoing consultation for therapists and counseling practices focused on sustainable growth. She is a visionary who is a highly skilled educator, a strategist in business development, an advocate for recovery and personal growth and inspires excellence and collaboration in all her relationships.

Shara Moscinska, M.A., LPCC, is a psychotherapist in private practice, specializing in community mental health and spiritual development. She has over 15 years of clinical and administrative experience at various agencies in NM and she has been an instructor for the U.S. Department of Justice, Office for Victims of Crime (OVC) National Victim Assistance Academy, co-creating the OVC Sexual Assault Advocate/Counselor Training. She has facilitated trainings throughout the U.S. on crisis intervention, trauma resolution, developing resilience, spiritual development, communication, ethics and self-care. Ms. Moscinska is the new non-voting faculty member of the board.

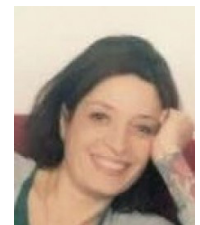


Nancy Jaylek Solotkin, J.D. What I'm leaving behind: a legal career, perfectionism (except for spelling), blame, shame, zero sum games, inflation and deflation. What I'm moving toward: becoming a brain-wise group therapist and psychodramatist incorporating applied improvisation; a safe place to call home. The rest of the (short) story: I know that I don't know what I don't know. Passions: psychodrama, improvisation, curiosity, group process, the SWC writing group, feedback, embodied transformation, poetry, and poets. My vision of the good life: belonging to a community of wise, kind, creative comrades and being students and teachers to each other. What I'm known for: self-disclosure, quirky creativity, spontaneity, fierce authenticity, incisive thinking, willingness to be vulnerable, clever (sometimes wacky) humor, taking responsibility. Ms. Solotkin is the new voting student member of the board.



Welcome New Faculty

Sepi Majd, M.A. (Art Therapy, SWC,) ATR, LPCC, received her B.F.A. in fine arts and photography from the Corcoran School of Art and Design in Washington DC. Ms. Majd specializes in trauma-informed care, addiction, mood disorders and PTSD, and has worked with clients from all social and economic backgrounds. She is certified in Moti-



Welcome New Faculty (continued)

vational Interviewing, and is in the process of finalizing her SandPlay therapy certification. In addition to teaching, she is currently working as a crisis counselor at the emergency department of Christus St. Vincent Hospital in Santa Fe.

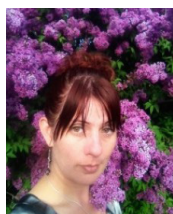
Katherine Paras, M.S., ATR-BC, LPAT, APP, received her M.S. degree in Psychiatric Art Therapy from Hahnemann Medical College, following undergraduate work at Rhode Island



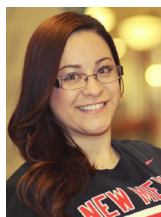
School of Design and Philadelphia College of Art (B.F.A.). She has been practicing art therapy since 1973, and she is one of the founding faculty of New York University's Graduate Art Therapy Program. Additional trainings she has received include Bioenergy Work, Polarity Therapy, Craniosacral Therapy, and Therapeutic Touch. Guided

by the principles of integrative medicine and mental health, Ms. Paras is teaching Professional Seminar in Art Therapy.

Francesca Rose Bottos, M.A. (SWC), LPCC, is a native-born New Mexican and has been deeply influenced by the culture and diversity in which she has grown up. She has been the executive director, program developer and youth group facilitator at the nonprofit *BackTalk* for seven years. As a counselor with Southwest Family Guidance Center she has worked with families and individuals of diverse backgrounds. She is devoted to incorporating creativity, interpersonal neurobiology, music, group work and social and emotional intelligence into her practice. Currently Ms. Bottos is in private practice at Living Waters Institute.

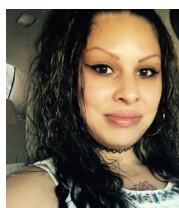


Welcome New Staff



Gabriella Tafoya-Torrez, B.S., joined SWC as the new academic assistant to the registrar. In May she received her degree in Human Development & Family Relations from UNM. She shares: "I am most at peace when I am helping others, which has made it easy for me to find a home at SWC. I am able to help faculty and students alike since I am both a staff member and a fellow student. I love holding babies, petting dogs and giving hugs. I am motivated by challenges, inspired by creativity and excited to see the positive contributions I will make both within and beyond the academic setting."

Nova Kennett, B.A., was born in Turkey and had the privilege of living in many different countries. She graduated from a boarding school in Switzerland and moved to New Mexico in 2007, recently graduating from Southern New Hampshire University with a BA in Mathematics. She is currently working towards an associates degree in accounting. She feels blessed to have found her place here at SWC, where she has the opportunity to work with very wonderful and accepting people. Outside of accounting, Nova really enjoys the art of sewing and quilting, getting outdoors, camping, hiking and fishing.



Pamela Martinez, A.A., received her degree in Human Services from Santa Fe Community College. She is honored to be apart of the SWC team as the assistant to the financial aid office. Assisting students in the financial aid process has been a remarkable experience for her. SWC students and fellow staff have been an inspiration to her and she feels blessed to have the opportunity to work with them. As a native New Mexican, her favorite qualities about the Land of Enchantment are the scenic beauty, diversity and rich history.

Harry Charger

Memorial/Reflections

I first met Orrie Harry Charger, whose Lakota name was Wa'Anatann, the Charger, in the summer of 2003. He was a member of the Sans Arc band of the Lakota Nation and lived in Eagle Butte, S.D. I had heard about Harry from Dr. Jay Navarro, Sequoyah Trueblood and others who told stories describing him as an intercessor who communicated directly with the grandfathers.

Harry was born in 1930 at Promise, SD. Times were hard and like so many native youth, Harry was sent to government boarding schools where his language and ways were not allowed and where trauma and abuse were the norm. In spite of the pain and suffering that he carried, Harry was a healer and had been given a vision which he agreed to follow. His work followed the Lakota Lifeways as taught through Lakota Star Knowledge.

In 2003 I invited Harry to teach a class through the T-Eco Psychology program. He accepted the invitation because he had a dream that he was to share the 7 Rites of the Lakota with our community. Harry came to the college three times over the years, bringing many teachings and ceremonies to include the Opagi Pi or Pipe Ceremony and the Inipi or



Harry Charger and Katherine Ninos

Sweat Lodge Ceremony. He invited our community to attend the Healing of Mother Earth and Sun Dance Ceremony at Charger Camp in South Dakota and some of us were fortunate to have had that experience. I began my many pilgrimages to pray in this ceremony in 2008. My personal transformation has been immeasurable and my love for Harry, the Charger family and my brothers and sisters who gather to pray in this way knows no bounds. Harry told me that he had a strong connection with the mission, values and purpose of Southwestern College and he prayed for us. I feel his presence and will always be grateful to have spent time with this great man.

Voices in America



Earlier this year, "Voices in America" came to do a full day video shoot around Southwestern College/New Earth Institute/

Tierra Nueva campus. Voices in America is a company that creates informational and educational pieces for public television stations. The pieces become the bridge material between full feature stories, and are typically around six minutes long, with shorter commercial pieces that run throughout the year.

The experience was nothing short of a blast. We worked with them for months, figuring out who would be the three or four spokespersons for the school, and then arranging for them to witness and video tape a variety of typical campus scenes and



situations. Myself, (President Jim Nolan), Executive Vice President and Director of New Earth Institute Katherine Ninos, Vice President of Academic Affairs & Dean Dr. Ann Filemyr, and student Scott Van



Note were the spokespersons. Dozens of students, faculty, alumni, staff, and community members were involved as well.



The footage we have seen is extremely high quality, and they managed to capture the message,

mission, and meaning of Southwestern College better than we even hoped. Personal interviews, classroom scenes, art therapy directives, drumming session at the fire pit, students strolling across campus, or



shooting the breeze, sand-tray work, couples therapy, and more. It was a wild day of action, fun, videography and photography, and helping America learn more about Southwestern College!



Voices did all video work, but student Beth Lykins and I had cameras, and we were both shootin' fools all day, capturing the spirit of the celebratory day at the school...



We will let you know when you can expect the

pieces to start showing up on public television. We are currently still in editing mode, but that should be finished by early September. Then the entire country gets a chance to hear about Southwestern College/New Earth Institute!



Tierra Nueva Opening

I woke up one morning

a couple years ago and asked myself "I wonder what we pay in rent at the Counseling Center?" I should have known, but I didn't. I emailed Cheryl in the Business Office. She said "I'll get back to you." She got back. "Fifty grand, give or take."



Newly purchased land

I called Katherine,

and said: "We pay fifty grand in rent and services for the Counseling Center---wouldn't you think we could buy a place for that kind of money? Ten years, that's a half a million bucks?"

Not everybody knows it, but Katherine is really smart about money.

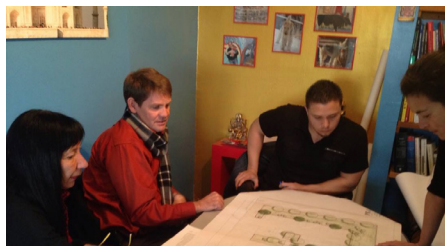
"Makes sense to me", she said. "Let's check it out."



First ceremony held on the new land

We started by getting

hold of Betty Beachum, friend of the College, veteran of several vision quests, and a real estate person. She drove us all over town for weeks, looking at places that were not quite right, for all kinds of different reasons. Crummy setting, bad sound-proofing challenges, too much in office condo fees, this and that.



Meeting with the architects

One of us said

"You know, we just bought 4 ½ acres of land—what about that?" We discussed some notion we had that we needed the Counseling Center to be central in Santa Fe, on a bus route. A little discovery work told us 1) the southside had more need than anywhere else, and 2) we were on a bus route, so anybody could get there.

(Flashback: Ed Nagel, renegade Libertarian educator, owner of the property next to Southwestern College, walks into my office, says "I want to sell you my land. I am about alternative education, and so are you. I wanted you to have first dibs on it. No attorneys, no real estate people. I'll give you a price well below market value." I said "Hi, Ed, good to see you."



Katherine Ninos during construction

The conversation went on in all manner of unlikely directions, and Katherine and I basically ignored a lot of advice to be really wary of this "deal", blah, blah, blah. We very intentionally and consciously talked about all of this, and both felt that trusting the universe (and Ed) was the way to go. Ultimately, Ed sold us the land, well below market value, and it was all more than good. It felt good to practice what we teach.

End of Flashback.)

So we had cleared the property,

held ceremony on it, prayed on it, dug out the propane tank, and walked on the land, asking for guidance. Katherine and I came to an easy and unanimous (2 out of 2) decision: Build on the new property.

& Updates

by Jim Nolan, Ph.D. & Katherine M. Ninos

We consulted with the Board of Trustees (they agreed with us), then with Bob Krieger, who had built the Art Therapy building. He told us about Gabriel Browne, a “design/builder” guy, from Praxis Architects. I met Gabe, and we hit it off. Gabe, with help from Fernando Garcia, designed the building. This took months and months and months, a million meetings with me, Katherine, Ann Filemyr, Debbie Schroder, Laura Lansrud-López, and others, and we got the thing designed.

John Rehders, salt-of-the-earth-rancher-Santa-Fe-builder-guy, recommended by Board of Trustees member Jim Cutropia, was selected to build the building, and that was exactly the correct decision. He built the building, sooner than promised or expected, and all went well.

(You can't imagine how important that last sentence was. Or maybe you can...)

The building was done in December of 2015, and Tierra Nueva opened its doors officially on January 4th of 2016.



Jim Nolan and John Rehders



Ceremony activating the rose

We loved the building, and we still do. It has a dozen therapy offices, two classrooms, six student cubicles, the Director's office, and space for storing records.

Laura Lansrud-López, LPCC, LPAT, ATR-BC, alumna and former Trustee and Advisor of Southwestern College, is now the Clinical Director.

Thanks to all of those who came before us who made it possible. Now we have practicum and internship experiences, right here in this community setting, and it is really great having a totally integrated campus.

In the not-too-distant future, Tierra Nueva is going to become a fully functioning Mental/Behavioral Health Center. We intend to take Medicaid and other insurances, and hire independently licensed graduates of the school to provide counseling and art therapy services. We are working closely with consultant Shannon Freedle and attorney Yolanda Gallegos to move this initiative forward.



Grand opening, January 2016

It is an exciting time for all of us, but especially for the students of Southwestern College and the clients of Tierra Nueva Counseling Center of Southwestern College.



Tierra Nueva Counseling Center, August 2016

THE NEW EARTH INSTITUTE

of Southwestern College

TRANSDIMENSIONAL TEACHINGS FOR THE WORLD COMMUNITY

Our certificates can enhance your careers by opening up opportunities within agencies and/or helping you create a new market in your private practice.

Tuition for certificate classes is \$350 per class (20 CECs) making them very affordable as well as transformational and clinically relevant.

If you are interested in more information about these certificates, please contact Dru Phoenix at admissions@swc.edu or 505-471-5756 ext. 6815.



Katherine Ninos, M.A., Executive Vice President and Director of The New Earth Institute



Trauma, Grief and Renewal

120 contact hours
6 classes

Director
Janet Schreiber, Ph.D.
JanetSchreiber@swc.edu



Applied Interpersonal Neurobiology

120 contact hours
6 classes

Director
Kate Cook, M.A., LPCC, TEP
KateCook@swc.edu



Children's Mental Health

120 contact hours
6 classes

Director
Cynthia Fulreader, M.A., LPC
CynthiaFulreader@swc.edu



Transformational Eco-Psychology

80 contact hours
4 classes

Director
Ann Filemyr, Ph.D.
AnnFilemyr@swc.edu



Infant Mental Health

80 contact hours
4 classes

Director
Michelle Daly, M.S., ATR, LPCC, IMH-E®
MichelleDaly@swc.edu



Human Sexuality

120 contact hours
6 classes

Director
Ginna Clarke, M.A., ATR-BC, LPCC
GinnaClark@swc.edu



Deborah Good



Jack Lehman



Krishna Madappa



Seren Morris Clancy & Deborah John



Kate Cook



Brendalyn Batchelor



Thom Allena



Ted Wiard



Ann Filemyr



Rahima Schmall



Deborah Schroder

Pictorial Reflections on the 2016
TRANSFORMATION AND HEALING CONFERENCE
At the Crossroads of
Human Potential



Vanessa Torres



Brian Serna



Carol Parker



Reflections on the 2016 **TRANSFORMATION AND HEALING CONFERENCE** At the Crossroads of Human Potential

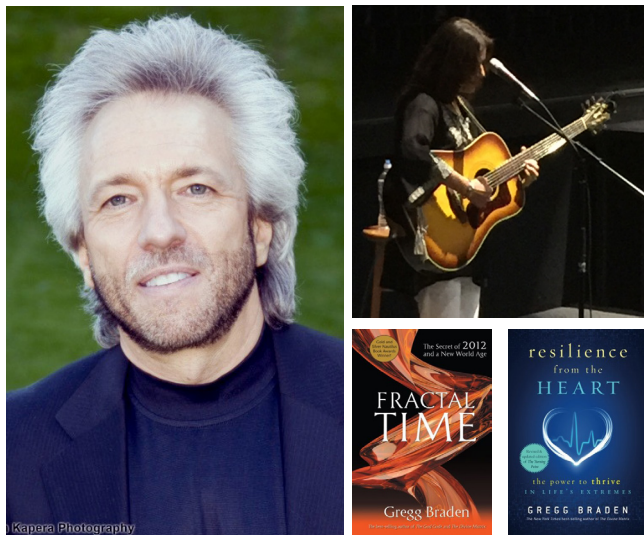
by Jim Nolan, Ph.D. & Katherine M. Ninos

One night we were sitting in Capitol Grill in Santa Fe, and I saw this very distinctive looking man come into the restaurant. I said "If I'm not mistaken, that's Gregg Braden." He came up and sat at the next table, and I asked "Excuse me, are you Gregg Braden?" To which he responded "Would it be a good thing if I were?"

Thus began the journey of bringing Gregg to Southwestern College's Transformation & Healing Conference.

The Transformation & Healing Conference for 2016 was a celebration of the heart. Like nobody else, keynote presenter Gregg Braden brings together matters of science and matters of spirit, and weaves them together to make it clear that they are not separate topics, separate phenomena. Besides being a bona fide scientist and spiritual anthropologist, Gregg is an extraordinary entertainer, and his storytelling skills amplify and enhance the presentation, allowing the attendants to access deep teachings in a remarkable fashion. Gregg's many books can be found easily on Amazon.

Gregg's talented wife, Martha Reich (herself a graduate of the Southwestern College Grief and Loss Certificate program) offered lovely, haunting songs and guitar before the afternoon session.



On Sunday, local healer Lee Cartwright dazzled the crowd (as usual) with his unique, Lee-informed presentation on how to mend a broken heart. Again, bringing together a deep foundation of scientific knowledge with unexpected forays into the transpersonal interconnections between the human heart and the natural world, Lee held the attendants in a place of wonder and awe. At various points, the group healing involved group movement to Aretha Franklin's "Respect" and Gladys Knight's "I Heard It Through the Grapevine." You kind of had to be there. It was awesome.

Other perennial presenters included, from left to right below, Dr. Robert Waterman, Dr. Scott Thomas, Dr. Robert Weisz, and Dr. Janet Schreiber.



The Writing Group at SWC

by Ann Filemyr, Ph.D., VP of Academic Affairs and Dean,
Program Director, Transformational Eco-Psychology Program

Writing freely, openly, creatively and in community is a potentially healing act. Writing practice as defined by Natalie Goldberg, includes learning how to ignore the yammering inner critic, get out of the way and allow the mind to reveal itself upon the page. Natalie believes handwriting is closer to the heart's truth. So typically with pen in hand we pounce upon the empty page and pour out whatever rises up in us at that moment. The write cannot be planned in advance. You step into the fast-flowing river of your own thought-rush and feeling-slow and see what can come together in this instantaneously integrative process. (Note: Some do use computers.)



I began teaching what I then called 'freewriting' in the 1980s as an inner city high school teacher working with 'at-risk' teens. They were single mothers, recovering addicts, former streetwalkers. They were young women sharing the experience of urban poverty: They were African American, Native American, Puerto Rican, Mexican and white 14, 15 and 16 year old survivors. Writing with them in journals we made together broke open the world. From stony silence rose up a brave inner voice crying to be heard. On those pages we wept and sang, danced and mourned. Love, trouble, betrayal and joy were openly expressed and held by the listening of the small group. Since then I have led writing groups in maximum security men's prisons, nursing homes, senior centers, libraries, hospitals and at Antioch College, the Institute of American Indian Arts, and now here at Southwestern College.

Beginning last fall we met every week in the Art Studio, our creative hive. The door was always open for newcomers and first-timers. Over the course of this first year, we have had about 30 different participants with a core group of five. Here are some of the reasons why SWC students and faculty have found our writing group to be meaningful.

What the Writing Group has Meant to Me by Jaylek Ahn

While difficult to put into just a few words, I am so grateful for the depth of emotion, opening, closing, re-opening, awe and reverence that I've experienced in the presence of fellow writers that have come to mean so much to me, as has this weekly writing group. Not only, in retrospect, has this group been a primary outlet and source for integration during my first year at Southwestern College -- this spectacular, mesmerizing, bewildering, tear-provoking and laughter-invok-



ing year, but it has given me, in fact granted me, with grace, acceptance, and warmth of holding; a place to belong, to truly feel myself welcome, with permission to be or not to be, to read or not to read, and to allow all that I am, all I have buried, all I (still) grieving and all I am (still) craving to come to light. While each and every person in this group has been integral to my personal process, I feel compelled to be entirely forthcoming (a reputation I'm confident I've earned) about the fact that the facilitation of this group by writer, poet, teacher, and mentor Ann Filemyr has been so very important to me. I am so grateful. And, more will be revealed.

Current Student Profile Beth Lykins

When I was accepted into the Art Therapy and Counseling program at SWC for Fall 2015, I asked my husband which program planner he thought might be best for me. Should I try to get finished as soon



as possible, or should I stretch it out over three and a half years? His reaction was to ask me, "Do you want to have time for sunsets?" That simple question reminded me that I was embarking on a new part of my life and I am in charge of how I frame that experience. I had been a college professor for a decade and I had grown accustomed to the hectic pace. Burnout and bureaucracy had become a way of life and I reminded myself that the decision to go back to school was a choice, not an obligation. Why be in a rush? I chose the longest plan of study and I am so glad I did! I have time to be a graduate assistant, take photographs of this amazing place in which I now live, and be truly present to the world around me. I am able to take time to integrate what I am learning and feeling, and I also have had time to work on certificates in **Trauma, Grief, and Renewal**, and **Transformational Eco-psychology**, as well as be involved in the **writing group** on campus. Attending the writing group has become a ritual that is crucial to me on my path of self care and compassion and I am so very grateful for the words, community, and witnessing that takes place there. Much healing happens and by sharing these inner landscapes with the other members of the group, I am reminded that I am not alone. As a result of the wonderful experiences we have had in the writing group, Jaylek Ahn and I are co-editing SWC's inaugural **literary journal**, due to be published in early 2017! Here's to two and a half more years of exploration, participation, growth, community, writing, creating, and of course, being present for the most amazing sunsets!



This photo is the view from my office/studio window

Wild Heart

by Heather Leigh GALLERY

This year, Wild Heart Gallery held exhibitions each quarter. In the fall and spring, we exhibited Capstone project artwork by our graduating art therapy students. This work was an integration of their personal and academic learning, as well as their work with clients. In the winter we sponsored our annual faculty and staff art exhibit with work represented from full-time faculty, part-time faculty, as well as finance, library, and admissions staff. We also exhibited altered books that were created by students in our Professional Ethics in Art Therapy/Counseling course.



Jessica Morris - Universal Wisdom

In May we had our culminating all-campus exhibit, Honoring the Spectrum of Self, which was held in conjunction with our multicultural courses in both programs. The artists investigated the sacred pieces which formed the journey of knowing the self, community, and other, including values or beliefs which shaped one's individual identity, as well as recognition of the belonging to the collective. The exhibit began with an opening night of planned and spontaneous performances. Spoken word, song, and video filled the large art therapy classroom. Vibrant conversations filtered into the Wild Heart Gallery, where guests could examine the installed works of Chelsea Call, Elijah Chong, Seren Clancy, Beth Lykins, Jessica Morris, Crystal Norberto, and Brittnee Page. An interactive piece was located on one wall of the gallery, where audience members could express their ideas on the questions of self with provided drawing media.



Beth Lykins - Cosmic Connection



Art Therapy Capstone! by Deborah Schroder

It's been fascinating to see the art continue on "the wall" as Capstone Murals have continued this year. This year, in March, instead of doing an indoor Capstone Class project, the weather allowed us to be outside. Students tackled the opening in the wall that had been made to provide access to Tierra Nueva. Now, both sides are colorful, welcoming expressions of encouragement, greeting those who are heading to Tierra Nueva, and those returning to the college. In August, students continued painting, heading toward the opening and one can begin to imagine what the long painted surface will eventually look like. It's an amazing work of art, a combination of the spirit and energy of many students/artists!



Art Therapy (continued)



Capstone Presentation Evenings *by Deborah Schroder*

Capstone Presentation Evenings continue to be delightful opportunities to view and understand what our Art Therapy/Counseling students have experienced. In March, 2016, we actually had so many presentations that we needed three evenings, which were packed with lively and informative presentations. In August there were two, and our interns continue to use this Capstone Project as a way to deeply explore, and share, the reflections on their client work during internship.



ALUMNI Profiles

2006

Carrie May Ezell, M.A., Ph.D., works at University of Alabama at Birmingham at the Employee Assistance and Counseling Center as an art therapist seeing individuals, couples, families, and groups. Additionally, she works at University of Alabama in Tuscaloosa for the 'Art to Life' program. This program pairs UA Honors College students with older adults who have Alzheimer's or other dementias. Together they participate in art therapy sessions while collecting life stories. Recently Carrie completed her Ph.D. in Expressive Therapies at Lesley University and is continuing research projects with UA and UAB. Carrie is specifically focused on the care of older adults and is in the 2017 Geriatric Scholar class at UAB.

2007

Nicholas Brown, M.A. LPCC. Sometimes it is difficult to believe that I have been working in community mental health at The Life Link (TLL) in Santa Fe for nearly ten years now. After signing on for an internship there to work with the Intensive Out-patient Program back in 2006, I thought I would soon move onward, developing my own practice like some of those go-getter peers of mine, who moved toward private practice quickly upon graduation. My slow-as-molasses approach found me getting my LPCC about nine years after graduation, and now I am gradually developing a creative private practice. My focus includes the wide range of mental health issues, trauma, addiction, codependency, and spirituality. I offer EMDR, DBT, CBT, and Ecotherapy, within a Process Oriented Psychology and Hakomi informed structure. I work with clients wanting to explore the use of nature, mindfulness, video and clay as therapy tools to create new stories of healing. (www.nicholas11tigers.com) What I have learned over the years at TLL is that the co-occurring disorder clients are a difficult population to serve well, as there is so much that can go wrong, when addiction, poverty, abuse, trauma, legal issues, and other factors are in the mix. For me the agency paperwork is significant, compensation is lower, and it is easy to get burned out if self-care is not prioritized. The deeper



transpersonal surrounding all of us doing this work as therapists or clients points to the truth that wherever we are on the wheel of life, we are in the right place to flow farther down the stream of life to our ultimate ocean, moving on as needed to transformation and acceptance.

2009

David Hudson, M.A., ATR-BC, LPCC, worked for the U.S. Dept. of Veterans Affairs as a Readjustment Counseling Therapist from 2009 to 2014. As a specialist in the treatment of chronic, combat-related post-traumatic stress disorder and military sexual trauma, he utilized a variety of modalities and interventions in long- and short-term psychotherapy. While working at the VA, he served veterans from the conflicts in Iraq, Afghanistan, the Persian Gulf, Vietnam, Korea and World War II, as well as active-duty military personnel. David also counseled bereaved families who lost a loved one to combat, couples and spouses of veterans. He conducted outreach to underserved and homeless populations of veterans, provided briefings to professionals who interface with veterans and was involved in clinical program development within the Readjustment Counseling Services Division of the VA Medical System. David is the recipient of an Outstanding Service Award from the Army National Guard for his work with the Yellow Ribbon Program, a federal initiative serving active-duty personnel pre- and post-deployment. He helped locally implement the Vet Success Program (a federal program bringing counseling services to veterans on college campuses), organized a presentation given by Sharon Salzburg at the Albuquerque VAMC and presented at an international symposium of the Council of College and Military Educators in San Diego, CA. Currently, he is on extended retreat in Southeast Asia, India and Nepal where he is studying contemplative traditions, their philosophies and meditation techniques for application in the domain of mental health. He recently participated in the 3rd International Conference on Body, Mind and Life held at the Institute of Tibetan Medicine (Men-Tsee-Khang)



in Dharamsala, India, where he served as a consultant to mental health providers for the Tibetan refugee population.

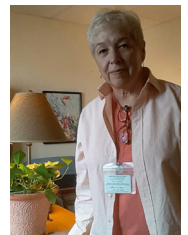
2012

Karen Wennberg, M.A., LPCC, LPAT. I am happy to say that after having several commuting jobs around New Mexico, I now work close to home at the Santa Fe Community Guidance Center. As a mental health therapist I'm providing individual counseling to adults. Additionally, I run a relapse prevention group as well as two art therapy-focused classes: Expressing Through Art and Self-Esteem Building for Women. In 2015 I attained the LPCC and LPAT, as well as the ATR. My next step is adding the final credential: my Board Certification for ATR. Artistically, my spouse and I have been helping out at Meow Wolf to create their immersive exhibition, The House of Eternal Return.



2014

Pat Lopez, M.A., LMHC. I am honored to report that I am now employed by the Jemez Nation. My title is Medical Behavioral/Art Therapist. I work with the medical providers at Jemez Health Medical Center. I work with members of the Jemez tribe and many others, as we provide services to many native people here in the Jemez Valley. I am excited to bring art therapy to the Jemez Nation. This tribe is well known for its artistic history, so it is an exciting challenge to use art media to find a healing path for those who need it. I will continue to research and create art directives that will honor traditional medicine here on the pueblo. In many ways, my journey as an art therapist has just begun. I recently discovered that my personal native heritage is Muskogee Creek. My grandmother was not allowed to claim her mothers' nation, but I can and I have started the process of enrollment. I am very happy to be a Southwestern grad and I thank you for this opportunity to share my wonderful practice experience!



2015 Graduation



Graduation keynote speaker, Jason Holley

Southwestern College awarded 58 Master's degrees during the 34th annual graduation ceremony on Saturday, November 7, 2015 at the James A. Little Theater.



Graduation Invocation given by Ondé Chymes

Art Therapy/Counseling Chair Deborah Schroder and Art Therapy faculty member Heather Leigh awarded 37 Master of Arts in Art Therapy/Counseling degrees.

Master of Arts in Counseling degrees were awarded to 21 graduates by Counseling Program Chair Laura Lansrud-López and Vice-President of Academic Affairs and Dean Ann Filemyr.



Art Therapy/Counseling graduates, top row, starting left: Roxanne Mercurio, Sarah Gilyan, Brittany Koukol, Laura Bailey, Mariana Marachlian, Diane Chavez, Hope Fowler, Linda Hooper, Candice Ayles, Britt Masters, Phoebe Clark, Angelita Cortez, Julie Wesson, Alanna Sindlinger, Hannah Kleese, Stephanie Cabrera, Miran Cadden; bottom row, starting left: Heather Leigh, Art Therapy faculty, Deb Schroder, Program Chair for Art Therapy/Counseling Program, Michelle Murphy, Lisa Paradis, Rosemary Emrich, KaSandra Verett, Brandi Brussel, Christina Calderón



Counseling graduates, top row, starting left: Julia Gonzalez, Aprill Aronie, Jacob Gotwals, Teresa Flanagan, Vanessa Torres, Charlene Dobbins, Inessa Mil'berg, Mary Evans, Susan Hayre; **bottom row, starting left:** Laura Lansrud-López, Chair of the Counseling Program, Megan Orr, Mailin Miranda, Joyce Rubinfeld

In Memoriam



Kintree Whitecloud
June 9, 1949 - Dec. 28, 2015
Kintree Whitecloud died on December 28, 2015 from complications of diabetes. She graduated from the College in 1987 after having served as the College Librarian for several years. She was born in Nebraska on June 9, 1949. Kintree maintained a thriving private practice in Mental Health Counseling, first in Santa Fe and then in Albuquerque for 30 years. A memorial service is scheduled for Sunday, February 21, 2016 at the Unitarian Church in Albuquerque. Beloved by family, friends, clients, and her animals, Kintree will be greatly missed by all who benefitted by her joyfulness, presence, and Light.



Nicole (Osterhaus) Fahy
March 20, 2016
From a very early age, Nicole knew she would pursue a career in psychology and counseling. After earning her bachelor's degree in under four years from the University of Minnesota-Twin Cities, she relocated to Santa Fe, New Mexico, where she earned her Master's Degree in Counseling from SWC in 2000. Nicole was a licensed professional counselor practicing first in Minneapolis, Minnesota, and then in Door County, Wisconsin, where she developed a therapy style all her own. Upon relocating to Asheville in 2008, Nicole worked as the outpatient therapist for Tapestry, a residential program for women with eating disorders, and opened her own practice.



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