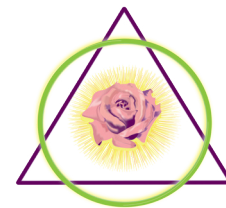


Southwestern College THE HEARTLINK



MESSAGE FROM PRESIDENT

Ann Filemyr

Welcome to Spring term 2024! We welcomed 23 new students into the MA degree programs this quarter.

In our Spring Heartlink, Graduation 2023 is showcased as are the newest murals and artwork of our Art Therapy students. We have just achieved national recognition by the National Board of Certified Counselors as a provider of Continuing Education for Counselors across the country. And the Presidential Search Committee has completed its national search for a new President, Dr. Thom Chesney, PhD, who introduces himself in this issue. Thom



will begin on July 29.

As we get ready to take another giant step forward, let's take a look back. We are empowered by our unique mission, *Transforming Consciousness through Education*. Even as we embrace change, what remains constant are our values, vision, and mission. So let's look back over the primary accomplishments of the College during the first four presidencies. Let's look back over the past four years of focused work on Diversity, Equity, Inclusion & Belonging as we reconfirm our commitment to this important community cultural work.

March 19 marked the official beginning of Spring. It was also the day the sun moved into the sign of Aries, the first sign of the zodiac, making it the astrological New Year. Spring is also a window of time with special holidays for many world religions.

Ramadan, celebrated by Moslems worldwide, is the first of this series of holidays and began the evening of March 10 and will end on April 9. The Passover Holiday is celebrated by Jewish people from sundown on Monday, April 22, ending after nightfall on April 30. Easter Sunday is celebrated by Christians on March 31, and marks the culmination of Lent, which began with Ash Wednesday on February 14 and will end on March 28 as Good Friday is recognized on March 29.

These holy days are important to millions of people on our small, precious planet. If you celebrate any of them, please know that we support you. We recognize these holy days bring familial, cultural, and religious traditions. Specific times may be set aside for prayer, singing, fasting, special foods, shared meals, mourning, remembering, reflection, community celebrations and being together. Let us respect all the ways we recognize our relationships. Let us be enriched by the many ways people connect with Source, by whatever name you know the Enduring Presence, Life Force, Spirit of Life, the Indwelling, the Outpouring, the One. Or perhaps you are most familiar with one of these names: God, Allah, Yahweh, Creator, Creatrix, Great Mystery, Jesus, Buddha, Eostre/Ostara (the ancient Germanic Goddess of Spring, Dawn and Fertility who held as sacred hares, rabbits, eggs, and other symbols often connected with Easter celebrations). Or perhaps you best know Source by no name at all.

Let us pause, whatever our beliefs and traditions, and honor each other. I am grateful for the amazing diversity in our community. I affirm and celebrate all we can learn from our different cultures, histories, and personal stories. I believe our diversity makes us stronger just as the ecological diversity in a field or forest gives it greater capacity to be resilient and adapt to change. We are better together. Current efforts in our country to erase the richness of our differences and disappear the often-painful histories of our forebears do not serve us or our children. We can simultaneously celebrate all that makes us different and all that unites us as human beings who care about our lives and the lives of others. Thank you for being part of the Southwestern College community.

Yours,
President Ann Filemyr, PhD

*Spring
Quarter*

IN THIS ISSUE:



*Honoring
Past Presidents*



*Meet Our Incoming
President*



*On Ground &
Virtual Art Therapy
Capstone Process*



*2023 Fall
Graduation*

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MY JOURNEY TO *Southwestern College*



Introduction from our Incoming President

Thom D. Chezney, PhD

Thom begins his Presidency on July 29, 2024. He will attend the upcoming Transformation & Healing Conference in August to meet our alumni and the wider community we serve.

As a lifelong writer and storyteller, I have grown accustomed to words flowing freely from my thoughts to a page or podium. I love crafting poems, weaving narratives, engaging with my audience, and soaking in readers' and listeners' reactions to my handiwork. As I introduce myself to the Southwestern College community for the first time, I am feeling again the same curiosity, energy, and connection that first emerged when I saw the advertisement seeking your next president.

I remember it well, because it appeared near the end of a yearlong period of discernment and reflection following my second college presidency. Since starting undergraduate school in 1984, I had been on a college campus for nearly 40 consecutive years as a student, employee, or both. It is what I knew best and where I continuously discovered how much and how little I knew and why I would forever embrace lifelong learning and all its sources. From within the deep listening of my self-granted sabbatical emerged strongly the sense that whatever I was to do next in this life should be centered on the well-being of those with whom I worked and all those we were called to serve.

That Southwestern placed its bold and distinctive mission, vision, and core values so prominently in the position description resonated with me—so much so that I sent the posting immediately to my wife Noelle who also sensed something immediate and special and suggested to me that a consciousness-based college in Santa Fe, NM, was going to be unlike anything anywhere else and, considering the times

in which we all live, never more vital and needed in today's world.

My ensuing exploration and experience with SWC during the search process and continuing to this day has been uniquely inspiring, illuminating, and affirming of my original decision to apply. It is important to share this with you both for what it may reveal about me and the College alike. The week after I submitted my application materials to the search committee, I received a simple note, "I truly enjoyed reading your letter of application." To some this might seem unremarkable, but in the higher education world it is increasingly rare to have a job application acknowledged with anything more than template language or an autoreply. This already felt different. (Noelle was right!)

When a week later I was invited to a Zoom interview with the search committee, I remember the sense of calm and connection I felt in that moment. I had previously watched online Ann Filemyr's video message to the college about the search process; so, to have her personally share an interest in my candidacy and transparently offer essential information about expectations and opportunities for the next president felt authentic and inclusive. Colleges of every sort talk about being a community of learners, a supportive family of collaborators, or both. Here I was already viewing a window into Southwestern's culture and core values of Partnership, Empowerment, Mindfulness, Service, and Love.

It soon became abundantly clear through the initial interview

to campus visit to every email exchange that although the next president would be different from those previous, they must be and feel indelibly connected to their predecessors and the founding principles, participants, and history of the College. This got me thinking a lot about Ralph Waldo Emerson who I learned later is among those influencers interwoven into Southwestern’s curriculum, much as he is woven into my personal philosophy.

I shall never forget the questions—lots of them—and each one clearly designed not only to learn about me but also to reveal more about Southwestern. After each session, in a kind of post-interview denouement, I found myself reflecting (to share a few):

- What in my career had prepared me to discuss consciousness and Light Figures? (For starters, my career is but a sliver of my earthly human experience. How I have lived this life, with and for whom, and what have I learned along the way—these provided the framework of my still incomplete and evolving answer-in-progress.)
- Should I have expected a student to ask what word or phrase in the moment I felt centered in front of me, perhaps pressing against me? (Of course! And for the record it was “believe.”)
- Was it okay to wander into and meander about my spiritual journey? My beliefs about our universal connection to nature? How numerous and diverse therapies like those offered at SWC radically changed the course of our son’s life? (Yes, yes, and yes!)

In the end—which is clearly not the end at all—I was invited to join you on the journey which I now know began without my knowing before last fall and will commence in full this coming July. I am humbled by the invitation and inspired by the colleagues, students, alumni, trustees, and community members with whom I will get to collaborate to ensure that Southwestern College, the New Earth Institute, and the Tierra Nueva Counseling Center remain adaptive, secure, and resilient in their ability to transform consciousness through education for generations to come.

What can you expect from me? To be available and accessible, curious to a fault, listening to learn and lead, and a vocal and visible storyteller with and for you. Even before I arrive in Santa Fe, I invite you to connect with me on LinkedIn (Thom D. Chesney) and Instagram (thomchesney). Just as the Bhagavad Gita reminds us to “Never stop learning, because life never stops teaching,” so I come to you. I look forward to seeing you soon.



Editor: Ann Filemyr

Lay-out/Design: Tania Tapia

Contributors:

Nancy Lemmon	Allison Frank
Denise Moore	Anné Klint
Ann Filemyr	Chris Varela
Katherine Ninos	Juli Burgett
Virginia Padilla-Vigil	Dru Phoenix
Jennifer Albright Knash	Brenda Cruz-Flores
Kate Latimer	Allie Davis
Marna Hawk	Juliette Pascale

CONTENTS

My Journey to Southwestern College ..	2-3
SWC Key Accomplishments	4-6
Capstone B Virtual Gallery.....	6
Executive Vice President	7
VPASA	8
Enrollment Services Update	8
2023 Graduation	9
Art Therapy Update	10-11
Student Success	12
New Faces on Campus.....	12
PhD Update.....	13
New Earth Institute.....	14-15
Tierra Nueva	16
Junkyard Dog to Therapy Dog	17
Wild Heart Gallery	17
Diversity, Equity, Inclusion and Belonging.....	18-19
Mother's Day Event	20
Joy	20

1979-2024

HONORING THE PAST TO PREPARE FOR THE FUTURE

As we prepare to transition to new presidential leadership later this summer, we want to take a look back and acknowledge the contributions that have brought us to our current vitality.

As we know, higher education is a collective project involving a robust team of staff, faculty, and graduate students working together to support a thriving institution. The accomplishments listed belong not just to these first four presidents but to the teams they led. We express gratitude for the hard work and dedication of past and present staff, faculty, and graduate students.

We offer special recognition for Robert Waterman, the founding president, who continues to be a key part of the life of the college. As a student of the late Neva Dell Hunter, Robert was asked in 1976 by Neva Dell to serve as the first President of this unique college which was founded to serve as 'a light action' for the 21st Century and beyond. Robert accepted the assignment and immediately enrolled in a doctoral program to prepare himself for what was to come.



Dr. Robert Waterman, EdD

First President

served from 1979-1996

The College was enacted out of a spiritual impulse to embed a unique vision and mission into a higher education institution. The College's logo came through a vision to Robert. The original curriculum was created embedding the vision and mission through transformational and experiential education.

Robert continues to be actively engaged and serves as a voting member on the Board of Trustees as President Emeritus and Board Member Emeritus. He serves as Core Faculty in the PhD in Visionary Practice & Regenerative Leadership and teaches one of the core courses, Embodied Cosmology. Robert has been dedicated to ongoing protection and advocacy of the spiritual care and vision of the college to this day.

- The first MA degree in Transformational Education and Counseling was established and the first entering class welcomed in 1979. This degree was later replaced by Counseling.
- The campus relocated from Alamogordo to Santa Fe in 1981.
- The first Transformation & Healing Conference was held in 1981.
- The second MA degree in Creative Expressive Therapy was established and then later replaced by Art Therapy.
- The name was changed from Quimby College to Southwestern College of Life Sciences to Southwestern College.
- The NM Counseling and Practice Board was formed and SWC's degrees in Counseling and in Art Therapy were approved providing a licensure track for graduates. Previous graduates were eligible to be grandfathered in and receive a license to practice.
- The current main building of the campus was purchased and began to be renovated in 1984.
- The College received candidacy from the Higher Learning Commission (HLC) of North Central Association, the first step in accreditation.
- The Community Education Programs were established to offer Continuing Education Units (CEUs) to professionals.
- The first certificate program in Grief and Loss began. The second certificate in Psychodrama and Action Methods was launched.
- Counseling Services by student therapists-in-clinical-training under the supervision of faculty began to be offered to the public on a sliding scale.

KEY ACCOMPLISHMENTS

Dr. Marylou Butler, PhD

Second President

served from 1996-2005



- Moved from Academic Vice President to President bringing her familiarity with the College along with her analytical and organizational skills to strengthen and improve the curriculum.
- Academic program policies and procedures became more formalized.
- An Alumni Association was kickstarted.

- The Art Therapy degree received approval from the American Art Therapy Association (AATA).
- An Annual Report was launched.
- A Development Department was established to conduct fundraising and grant writing.
- The 1.5 acres of land adjacent to the college was purchased. This land now houses the Art Therapy complex and Art Therapy Studio.
- The College received initial accreditation from the Higher Learning Commission (HLC) of North Central Association. Following that the College received its first ten-year accreditation 2001-2011.
- Southwestern Counseling Center was opened on St. Michaels and served as an off-campus site for student therapists-in-training to provide counseling and art therapy services under the supervision of faculty.
- The Quimby Memorial Library building modular unit was purchased and the library was moved from the second floor of the main building to its new space.
- The Heartlink Newsletter was launched to connect College stakeholders and provide regular updates on campus activities.
- The certificate program in Transformational Eco Psychology was added.

Marylou passed away in February 2020 and many from Southwestern College attended her Memorial to honor her life and all the lives she touched through her commitment to service and excellence.



Dr. James Nolan, PhD

Third President

served from 2006-2018

- The Continuing Education Programs were renamed the New Earth Institute (NEI) and NEI Certificate programs were updated, and new ones added: Human Sexuality, Children's Mental Health, Infant Mental Health, Addiction, Abuse & Recovery. The Transformational Ecopsychology Certificate was renamed Ecotherapy.
- A focus and research on the historic underpinnings of the college resulted in a series of special Heartlink issues, which are still used to orient newcomers to the College's transformational educational roots, mission, vision, and values.
- The Art Therapy Building was designed and built with solar panels and a water capture system, and the grounds were beautifully landscaped.
- The 4.5 acre parcel next door was purchased and Tierra Nueva Counseling Center was designed, built, and opened in January 2016.
- The Graduate Assistantship (GA) program was initiated.
- The website was created, and the use of social media advanced.
- Mission documents were updated, and written values were formally adopted.
- The second ten-year reaccreditation was achieved 2011-2021.
- A major curriculum revision project, the Quality Initiative, aligned degree requirements with state licensing board requirements and national counseling and art therapy curricular imperatives.
- Staff re-organization based on internal needs and external consultants led to improvements in business function, admissions, and student services.
- The new Master of Arts for Clinical Professionals was approved by the Higher Learning Commission as the first distance degree offering.
- Technological development was initiated to support online learning.
- Changes were made to the Board By-laws adding a faculty position and recognizing the Founding President as Board Member Emeritus.

James (Jim) currently lives in Hawaii and works as a therapist in private practice. He sent a bouquet of flowers to celebrate the successful reaccreditation visit in 2022.



Dr. Ann Filemyr, PhD

Fourth President
served from 2018-2024

- A new strategic plan, Vision 2025: *Creating Our Future*, was articulated and adopted as a guiding strategy for growth.
- A focus on Diversity, Equity, Inclusion and Belonging led to curricular shifts, new faculty training, increased student services, new scholarships, and greater

student body ethnic and racial diversity.

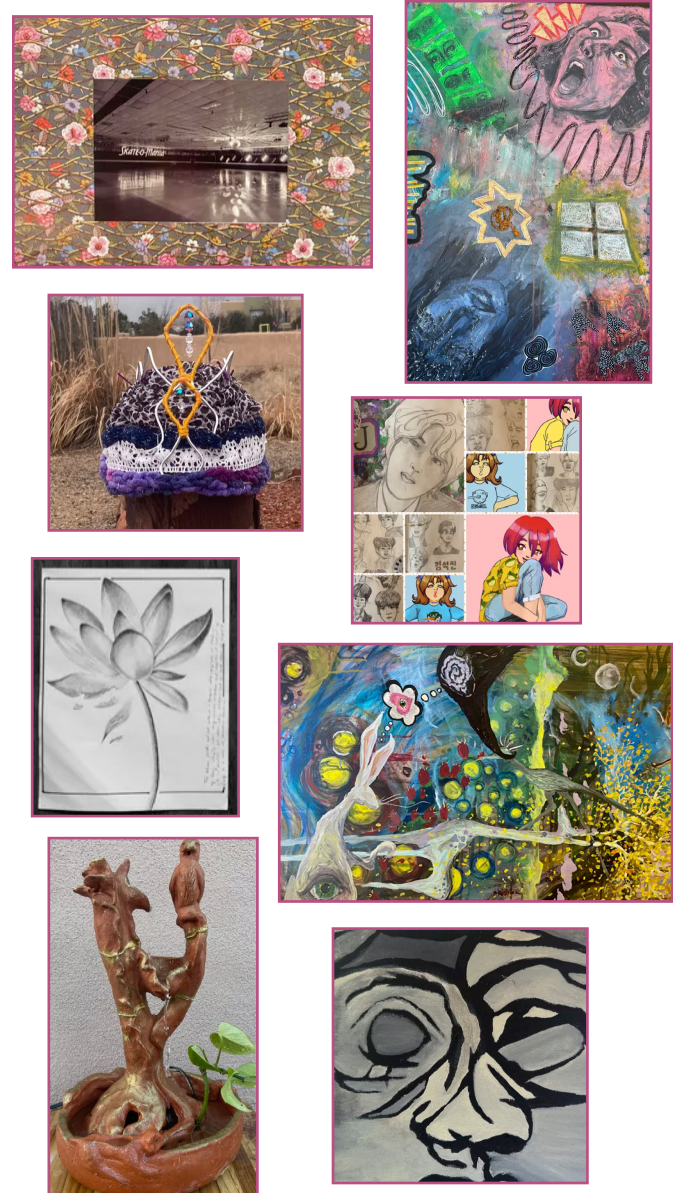
- Tierra Nueva Counseling Center (TNCC) gained state recognition as a behavioral healthcare agency allowing it to diversify services including the addition of an Intensive Outpatient Program for adults in recovery.
- TNCC hired licensed therapists, added third party billing to underwrite costs, and committed to offer bilingual services with bilingual therapists.
- Funding streams were diversified through successful grant writing and donor campaigns, including new partnerships for shared funding with other local non-profits, including EarthCare and the Railyard Conservancy.
- The third ten-year reaccreditation was accomplished 2022-2032.
- The first specialty accreditation was achieved for the Art Therapy/ Counseling degree programs through CAAHEP (Commission on Accreditation of Allied Health Education Programs).
- The MA degree, Consciousness in Action (the first non-clinical degree pathway) was approved by HLC.
- The College achieved HLC approval to offer all degree programs via distance learning. Currently the majority of students enroll via distance, and the new PhD program is a low-residency degree with on-ground residencies and zoom classes.
- Two new concentrations were added: School Counseling and Consciousness in Action.
- The Alumni Association was re-established.
- The College successfully navigated the global pandemic and emerged as a stronger institution fiscally and academically.
- The Psychedelic Studies Certificate was added.
- The first doctoral degree, the PhD in Visionary Practice & Regenerative Leadership, received approval from HLC and launched successfully in Fall 2022.

Ann announced in Summer 2023 her intention to transition out of the Presidency and focus on serving as the Founding Director of the PhD program. To accomplish this, she facilitated a national search to find the fifth President of Southwestern College. She is now looking forward to August when she will be able to focus exclusively on the doctoral degree program.

VIRTUAL ART GALLERY

Capstone B

Please take a look at the artwork and presentations for students completing internship.



From top left to right: Stephanie McCullough, Autonomy. Beckett Radwill, Beginnings. Molly Harnisch, Warrior Queen. Alexis Amor, El Duende Process 2 Collage. Deanne Gestes, States of Emotion. Cheryllann Goveia, Autumn El Duende 1. Gal Senderowitsch, Fountain of Inner Wisdom. Sarah Carter, 3.

https://padlet.com/ArtTherapy_SWC/capstone-b-virtual-art-gallery-15wxsgsedkd3sn9r



Southwestern College Consciousness Based Legacy

*Written by Katherine and shared with her
Consciousness II class Spring 2024*

The Consciousness classes come directly out of the vision and mission of Southwestern College, which is conscious awareness of who we are as Love (Soul awareness). This leads to creating a paradigm shift that honors and supports all life. The streams that come together for this light action include New Thought (Quimby – open at the top), Transcendentalists (Emerson, Thoreau, etc.), Steiner, Eastern philosophies and practices, metaphysical lineages, and Indigenous philosophies and practices that emphasize right relations with Nature.

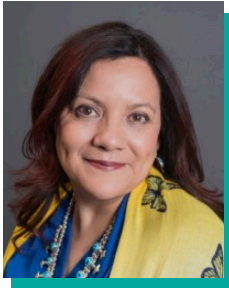
The Purpose was and is to create an educational space or light action where those who come can transform that which blocks love, such as limiting beliefs, ego identification, prejudices, judgement, trance patterns, all the isms, to better enable love, forgiveness, physical, emotional, mental, and spiritual health to flourish. This is not a bypass. It is radical, and it requires the ongoing practice of presence, partnership, felt connection to the whole, empowerment, inner knowing, and sourcing from love. The College as a Light Center was and is intended as a bridge between the Piscean and Aquarian Ages. Examples of this are the shift from viewing authority as something outside of ourselves to recognizing and engaging our inner authority. A related shift is ceasing to objectify life around us and instead living with a deep awareness and respect for our interdependence and interconnection.

In this issue, as we celebrate the past and look toward the future, we take a moment to recognize Katherine Ninos. She has been a campus leader for 44 years since soon after she entered the first class in 1979 in Alamogordo, NM. She started working for SWC in 1980 and assisted Robert Waterman in moving the college to Santa Fe in 1981. Katherine was the founder of what became the New Earth Institute, nurturing and directing it for 43 years. She produced the first Transformation and Healing Conference in 1981 with Grandfather David Monongue at 113 years old, who gave the Hopi Prophecy, as the conference's keynote event. Katherine has supported and helped to guide the college through its many stages of development and growth. She has partnered with each of the four presidents in supporting the many initiatives aforementioned. Any community that honors their legacy and plans for their continuity honors their elders. Katherine has been a shaper of the past, a contributor in the present, and will remain a key player in supporting the future of the college by helping to orient the new president. She will continue serving in her multiple roles as Executive Vice President, Secretary of the Board, Course Leader for three key courses in the Consciousness series, and Program Director for the MA Consciousness in Action.



**Thank you,
Katherine, for all
your talents, your
vision, your years
of commitment and
ongoing service!**

VICE PRESIDENT OF ACADEMIC AND STUDENT AFFAIRS



Southwestern College would like to recognize Vice President of Academic and Student Affairs Dr. Virginia Padilla-Vigil for her strength, resilience, and accomplishment. This Winter Quarter she needed to take a direct leadership role with the amazing Student Services staff and provide hands-on leadership as we search for a new Dean of Students. The search has narrowed the pool to two finalists and will be making a final selection in the coming weeks. In the meantime, Virginia has done an extraordinary job, and we thank her with heartfelt gratitude!

She was recently nominated and appointed to the New Mexico Higher Education Department's Private Postsecondary Schools' Review Committee. This committee oversees high quality programs and operations for non-accredited institutions. Her term will begin in June.

She was also recently nominated and appointed to the LANL Foundation Board, and her term will begin in May. The LANL Foundation was founded in 1997 to develop and support learning opportunities for New Mexico's children, youth, and families. They form meaningful and productive collaborations with individuals, organizations, and institutions to address educational challenges affecting New Mexico's communities.

ENROLLMENT SERVICES UPDATE



Dru Phoenix, Director of Enrollment Services (right) Brenda Cruz-Flores, Enrollment Services Associate (left)

2023-2024 New Students

This is our annual summary of students who entered in the 2023-24 academic year.

Total number of new students = 122

By degree program:

MA in Art Therapy/Counseling = 71

MA in Counseling = 33

MA in Art Therapy for Clinical Professionals = 2

MA Consciousness in Action = 1

PhD Visionary Practice and Regenerative Leadership = 15

We met the strategic goal of bringing in a

second cohort for the PhD program.

Total number of new students who identify as Black, Indigenous, People of Color (BIPOC).

Total for the Year = 31

Asian = 2

Native American = 5

Latinx = 22

African American = 2

Of the entering students the percent identifying as students of color is 25%. We continue to provide incentives through offering scholarships to our BIPOC applicants. Our strategic goal is to have 25-30% new students of color each year. This year we reached the goal of 25%.

The number of new students who are New Mexico residents is 34, which is 28% of the total new students this year. This is an increase and is the highest it has been for over 20 years. This is one of our strategic enrollment goals.

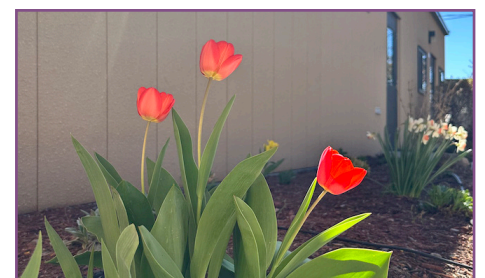
The number of new students who enrolled as distance degree seeking vs. on ground students for this academic year:
Distance = 84
(includes 15 from PhD program)

On ground = 38

These numbers are a good reflection of the continuing trend to have the majority of our students choosing the "distance" option.

The average age of all new students who entered this academic year is 33 years old. This is typically the average age.

A total of six students identified as male who entered this academic year. This number continues to be low although we do provide scholarship incentives to males. The field of art therapy is overwhelmingly female, and the field of counseling is also primarily female. Males who enter these professions are easily and quickly employed as the need is great. It is a standing strategic goal to increase the male population among the student body, but it has proven to be difficult to achieve.



Congratulations TO THE GRADUATING CLASS OF 2023

We celebrated graduation on
Saturday, November 3, 2023
at the Institute of American Indian Arts.

M.A. in Art Therapy/Counseling

Megan Marie Barnum	Jessily Lorenzo (w/SCN)
Jayni Borek	Flora Athena Natalini #
Graciela Carrillo	Kara Olson
Shiloh Celestin-Langlois	Kristin May Olson ♦ # +
Bethany Flores	Abigail Peterson
Lucia Garcia-Romeu	Niccole Pierre-Williams
Nik Garvoille	Chelstina Rae Rosera
Sarah E. Graziano (w/CINA)	Allese Renee' Scott
Ruthanne M. Hamrick	Tianna C. Skordilis ~
Sheyenne Autumn Johnson	Tina Sparks +
Laura Helen Kirsch	Salma Josephine Vir-Banks
Kaitlin Kirsch-Opfar +	(w/CINA)
Kristen Kmetz	Melissa Nicolle White Lopez
Emma Kathleen Krueger	Amanda Wright
Erica A. Kurey	Irene Zepeda



M.A. in Counseling

Edwina Claire (w/CINA)	Kimberly Kinney
Amani Shamseddine Dobbs	Stephanie Malouf
Jennifer Drake-Feinberg	Chris Rose ~
Samuel C. Eggebrecht	Nikki Sarantinos
Alexandra Esquibel	Rio Shirey
Haley Feller (w/SCN)	Mary Meera Warren ~#
Scot Arthur House	



M.A. Consciousness in Action

Christy M. Martinez	Kimberly Walker
---------------------	-----------------

Certificates and concentrations earned concurrently
with Masters degree programs:

- | | |
|---|--|
| ♦ Certificate in Addictions, Abuse and Recovery | (w/CinA) with a concentration in Consciousness in Action |
| ~ Certificate in Ecotherapy | (w/SCN) with a concentration in School Counseling |
| # Certificate in Human Sexuality | |
| + Certificate in Trauma, Grief & Renewal | |



ART THERAPY UPDATE



On Ground

Art Therapy/Counseling Capstone Process

This Spring, the Art Therapy students ended their Practicum and Capstone class with mural painting at Southwestern College. Twice a year, Art Therapy students get to share their journey and experiences by creating a mural on the walls at Southwestern College. This Spring's Art Therapy students visually shared the themes of rupture and repair, predator and prey, hope, protection, and healing. We are proud of all the work that has been shared and we wish these students well as they enter their Internship.





Julia Hummer



Will DeSmit



Sage Spencer



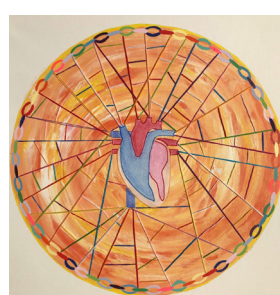
Justin Ready



Melissa Romeo



Carrie Occhino



Claire Nowinski



Maddy Navar



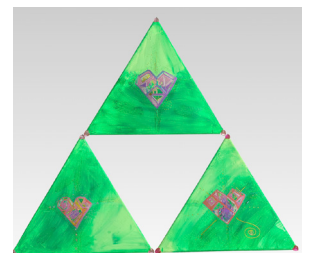
Cydney Peterson



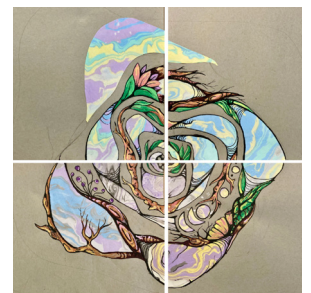
Beth Ha



Sarah Ahmed



Peace Cabaza



Michelle (Shell) Ku

Virtual Capstone A Class & Process

It was Jennifer Albright Knash's honor to facilitate the Virtual Capstone A Class and Process with an amazing group of students. They literally decided to "blow out the boxes" and to create a website that showcased their talents and their experiences at Southwestern. They chose to complete this as one group, met independently in between classes to solidify plans and to concretize their concept, collaborated with a web designer, and then were able to produce this poignant and powerful project.

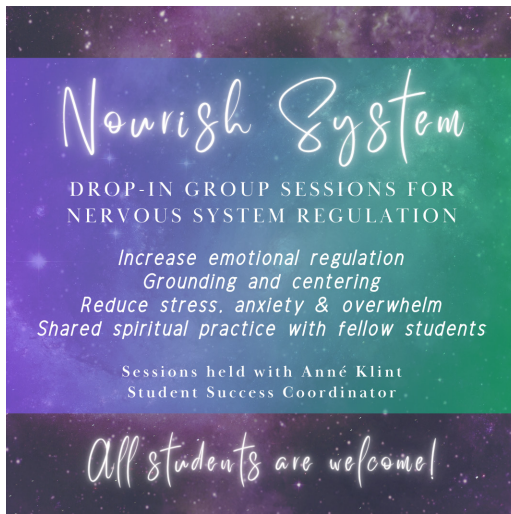
Here is their collective statement written by Cydney Peterson with input from the group:
As the first SWC student cohort to enter and complete our education through the online format, we have faced emerging challenges that on-the-ground students have, to various degrees, evaded. On-the-ground students develop a sense of community and kinship within a multidimensional framework. They are afforded in-person opportunities to connect and learn about each other in multidirectional facets.

Online students interact with cohorts and the SWC community at large within a flattened framework. Communication and learning are flattened to digital formats, lacking multidimensional sensorial engagements, which would otherwise tell the intricate stories of those facing and communing with one another through the Zoom screen. We recognize how dichotomous it is to be digitally connected with one another, scattered across the country, yet so very disconnected in tangible terms. We have worked to develop connections and friendships beyond traditional library meetings and literature discussion coffee dates. We are a class of students who expand into multidimensional humans when we tap beyond the Zoom picture box.

Our body of work illustrates the challenges of distance learners, our efforts seeking community connection through a flat format, what it means to create long lasting connections, and the multidimensional framework of our unique personhood beyond the screen.

We are also a cohort invested in challenging norms, breaking out of socially prescribed boxes, students interested in challenging systems of oppression, and humans who break barriers to honor living as our most authentic selves. We see the irony of our student life, distilled down to picture boxes on a screen, email inboxes, and digitally compartmentalized courses. Our body of work also seeks to illustrate our lived experience and personal expressions beyond these boxes in service of increased connection and multidimensional interpersonal awareness.

STUDENT SUCCESS



We know that managing the demands of work, life and school can really take a toll on your nervous system. And we want you to know that your Student Support team is here to help!

“Nourish System” is a brand new weekly offering for students to drop in on an as-needed, as-desired basis for nervous system support and regulation.

Tuesdays at 11am and Thursdays at 4pm (MDT)

<https://calendly.com/anneklint/nourish-system> or find us on Zoom: Meeting ID: 990 0514 2511 Passcode: 996574

NEW FACES ON CAMPUS



Donna Jaramillo

We are pleased to welcome Donna Jaramillo in the new combined position of HR Coordinator and Bursar. She joined the business office Monday, March 4 and we are so happy to have her! Donna will be your “go to” for employee policy interpretation and support and all things benefit related including time off and insurance benefits. Big shout out to Nova, who has filled the bursar position the past 5+ years and who will train Donna to replace her as bursar as Nova’s role expands into more accounting for TNCC.

Donna is excited to begin serving the Southwestern College, New Earth Institute, and Tierra Nueva Counseling Center community through the roles of HR Coordinator and Bursar. Previously, she served New Mexico students through her work as a student advocate, advisor and outreach specialist at New Mexico Tech, UNM, and Northern New Mexico College. The majority of her experience has been working with TRIO grants that help provide college access to non-traditional students and other hard-to-reach populations that are underrepresented in higher education. She looks forward to expanding her experience in a way that will allow her to support staff, faculty, and therapists in addition to students. Donna is originally from the Rio Abajo region and has a BS in Biochemistry from the University of New Mexico. She enjoys gardening, crafting and exploring the mountains of new Mexico with her life partner and their pets.



Vanessa Torres McGovern

Hello my name is V. Torres McGovern, and I am excited to be joining the full time Counseling Faculty at Southwestern College.

I come to this role teaching as a Southwestern graduate in Counseling, a clinician currently working in private practice, and a songwriter and artist facilitator. I am an independently licensed therapist with experience working with individuals and groups navigating a range of issues, and bring a social justice and creative framework to my work. I am passionate about learning and transformation in a wide range of contexts including the classroom, in circle, around the dinner table, my office, in the woods or while writing and performing music.

I am committed to using a strength-based approach with students and folks I work with and believe that collaboration and curiosity are essential tenets to bring to learning. I am looking forward to new creative collaborations with others at Southwestern College, as well as the chance to deepen my learning as a teacher and therapist through my work at Southwestern College.

PHD UPDATE

We are experiencing the vibrancy of spring as the doctoral adventures continue in the PhD Program of Visionary Practice and Regenerative Leadership. Spring doctoral classes underway include several self-directed student courses and also our first wave of students out in communities, art studios, and writing studios for their doctoral fieldwork.



Dr. Molly Bigknife Antonio

We welcome Dr. Molly Bigknife Antonio as the instructor of our spring doctoral literature review course, *Roots and Streams: Finding Your Voice, Clarifying Your Vision, Mapping Your Influences*. Students in this course will create a zine along with a synthesis of scholars, future colleagues, and practitioner-visionaries in fields related to their

vision-seeds. Dr. Molly is also serving as a Mentor and Midwife for the first wave of doctoral fieldworkers.



Dr. Rose Brusafferro

We are also welcoming incoming core faculty Dr. Rose Brusafferro, who will be teaching our Introduction to Research Methods: Pathways of Insight course this summer. Dr. Rose is a visionary practitioner who directs a nature preschool in Maryland. She brings a strong background in anecdote circles and qualitative research with

children in nature education and forest schools, and their ecological identity development. Dr. Rose brings additional regenerative leadership experience in establishing culturally sustaining community gardens. During 2020-2021, Dr. Brusafferro served in a startup project in Baltimore City that revitalized a seven-acre abandoned forest patch and three-acre residential lot with a trail system, nature play space, outdoor classroom, and urban farm for public use by the neighborhood's predominantly African American residents. As the environmental education specialist on the BLISS Meadows project, she partnered with federal entities such as the National Park Service and governmental departments including the Maryland Department of Natural Resources to start programs for forest stewardship, public school outreach, early childhood outdoor education, teacher training, farm and garden education, and "green" workforce development.

We are deepening the doctoral dispositions. We want to cultivate these dispositions in faculty, students, and staff. Director Dr. Ann Filemyr recently created a blogpost on visionary practices for regenerative leaders ([Link: https://www.swc.edu/top-news/visionary-practices-for-regenerative-leaders-ann-filemyr-phd/](https://www.swc.edu/top-news/visionary-practices-for-regenerative-leaders-ann-filemyr-phd/)) as we continue to explore the deep meanings of our program. We also look to the future, as we are thrilled to be recruiting for our third cohort. If you know anyone interested, please send them to Dru Phoenix, our Director of Enrollment Services, druphoenix@swc.edu



We are inspired by a current student's reflections on the PhD in Visionary Practice and Regenerative Leadership.

I know I am meant to be in this program. This program has helped unlock latent capacities within myself as I continue to learn about myself and the world. This is the first program I have been in where I feel encouraged to bring my full multidimensional self. It is helping me develop holistically and creatively. My vision continues to evolve as I do, and I feel supported through the process of birthing something new in the world. I highly recommend this if you're looking for ways to develop spiritually, grow intellectually and creatively, bring out your inner rebel and inner priestess, and serve wholeheartedly.

-Jessica Harding



Southwestern College & New Earth Institute is now a Nationally Approved Continuing Education Provider!

After months of anticipation, we have finally received news that Southwestern College & New Earth Institute has become an Approved Continuing Education Provider of the National Board of Certified Counselors. This designation will allow us to meet continuing education requirements for state counseling boards across the nation, and facilitate licensure renewal for mental health providers in all 50 states. This designation will be clearly communicated for all future qualifying CEU offerings, which include both in-person and synchronous online workshops, NEI Certificate Program courses and Transformation & Healing Conference sessions. This has been a long-term goal for the college and for NEI, so we hope you will celebrate our successful application and approval process!

New Director for the Addictions, Abuse, and Recovery Certificate



After several years of searching, we are delighted that Richard Pelfrey, BA, LADAC, NCAC, counseling program adjunct faculty member and long time addictions specialist, will be taking on directorship of the Addictions, Abuse, and Recovery Certificate this Spring! Richard has been holding space for the resolution and reintegration of trauma and addictions of all forms for over a decade. While becoming licensed as an addictions counselor, Richard heard the call to expand his work with people beyond traditional models and began exploring alternative methods for the resolution of trauma. Richard is trained and certified in Trauma Sensitive Yoga, Wim Hoff method, and Brainspotting, meditation leadership and grief counseling, and incorporates all of these modalities as well as a decade of apprenticeship in the Toltec wisdom path and traditional earth-based ceremony in his focused work with individuals and groups for the purpose of healing and finding our highest joy and artistry in life.

Please consider attending his upcoming Zoom synchronous Addiction, Abuse, and Recovery Certificate course: Ethical and Cultural Issues in Addiction, Saturday & Sunday, 4/27 & 4/28, 9am–6:30pm where students will explore the ethical issues that are shared with other fields in psychotherapy and those that are unique to the addiction treatment arena. Issues such as professional boundaries, confidentiality (HIPAA and 42 CFR), and cultural considerations (colonization, historical trauma, and class issues) will also be explored.

Spring NEI Courses

Ecotherapy Certificate:

Somatic Healing with Nature: Transforming Trauma and Living Into Aliveness

Presented by: Rochelle Calvert, PhD, CMT, SEP,
Saturday & Sunday, 5/4 & 5/5 | 9am–6:30pm

Psychedelic Studies Certificate:

**This is Your Brain on Psychedelics:
Neuroscience, Brain Plasticity, Creativity**
Presented by: Amy Wong Hope, MA, LCSW,
Saturday & Sunday, 5/11 & 5/12 | 9am–6pm
(includes working lunch)

Applied Interpersonal Neurobiology Certificate:

All Aboard: Strategies for Experientially Engaging Parts Work

Presented by: Scott Van Note, MA, LMHC
Saturday & Sunday, 5/18 & 5/19 | 9am–6:30pm

Children's Mental Health AND Human Sexuality Certificates

Beyond The Birds and The Bees: Strengthening Healthy Gender and Sexual Development in Children and Teens

Presented by: Katie Brammer PhD, LPC, LPCC
Saturday & Sunday, 6/1 & 6/2 | 9am–6:30pm

Register for upcoming Spring NEI Certificate Courses here:
<https://newearth.regfox.com/nei-registration-form>

Call for Artwork!

The New Earth Institute is now accepting submissions for the 2024 Transformation & Healing Conference brochure cover! Submissions should visually reflect our conference theme: Community Building in Turbulent Times: Healing Collective Grief & Trauma. Please email NEI Director, Kate Latimer, (katelatimer@swc.edu) with a high-resolution photo of your artwork, along with a brief artist statement (300 words max), bio (150 words max) and headshot by Monday, May 6th. If your submission is selected your artwork will be featured on the cover of the Transformation and Healing brochure with appropriate credits, and highlighted on a special page within the brochure with your artist statement, bio and photo! You will also be allowed to attend one regular conference workshop session free of charge!

TRANSFORMATION & HEALING

Conference



Keynote Speakers for 2024!

We are excited to announce this year's Keynote Presentation, scheduled for Saturday, August 17th, 9am-12pm, "The Creative High Film Experience: Exploring Substance Use Disorder and Mental Health through the Art of the Documentary," with Filmmakers, Dianne Griffin and Adriana Marchione. Expressive arts therapist Adriana Marchione and film collaborator Dianne Griffin will engage us through film and expressive therapies enhancing our work as clinicians by exploring how the arts support recovery from substance use disorders. Accessing a contemplative and expressive arts approach, this event will include introspection and experiential engagement in response to viewing their documentary film, "The Creative High." The film features nine artists in recovery from addiction who are transformed by creativity in their search for identity and freedom.

Following the presentation of their film, "The Creative High," we will explore how creativity moves us and helps us to make sense of the world. We will inquire into our own addictive tendencies and our work as counselors and therapists as related to mental health. Through this lens, we will discuss how the arts can open us up to our true selves inspired by the artists in the film, and actively engage personal material using mindfulness practices and the arts (i.e. drawing, movement and writing exercises). This presentation will examine how past traumas, difficult feelings, thoughts and memories can be channeled into creative expression to safeguard those in recovery from falling back into unhealthy behaviors. As well, we will outline how art allows people with addictions the opportunity to feel empowered and rejuvenate themselves, in addition to incorporating new tools to enliven their recovery as effective methods of treatment. All are invited, no creative art skills required.



Adriana Marchione, MA, REAT, RSMT has been involved in the arts for over thirty years as an award-winning filmmaker, dancer, photographer and is internationally recognized in her work as a movement-based expressive arts therapist and educator. Since 2002, Adriana has mentored thousands of students as faculty member of the renowned Tamalpa Institute, WHEAT Institute in Canada, and through her thriving business 'Art Cures' where she coaches clients and teaches courses. She has presented her creative healing approach with a focus on addiction, eating disorders, trauma and grief, at festivals, conferences, and treatment centers including South by Southwest, the National Council on Drug and Alcohol Dependence, and the Commonwealth Club. Over the last decade, she has been moonlighting as a filmmaker, producing two successful documentaries. The first one, *When the Fall Comes* (2014) was

based on her own life story encountering intimate grief and loss. Her latest film, *The Creative High* (2022), a feature documentary featuring artists in recovery from addiction has screened at film festivals around the world receiving numerous awards. Notably, she has received the Courage Tribute Award in 2023 from Constellational Behavioral Health for empowering the substance use recovery and mental health communities through advocacy, leadership, and courage.



Dianne Griffin, an award-winning international filmmaker based in San Francisco, California, offers a unique perspective on the world, deeply influenced by Zen Buddhism and a dedicated recovery practice. Her impactful documentary work has been showcased at prestigious film festivals worldwide and curated series such as MOMA New York, the Lincoln Center, and Harvard Film Archive. With national broadcasts on PBS, theatrical releases, and availability on streaming platforms, her films have reached diverse audiences globally. Dianne's feature-length documentary portfolio encompasses 'Painted Nails,' chronicling the journey of a Vietnamese salon owner's rise to activism amidst adversity, and 'White Hotel,' a personal documentary shot in Eritrea, where unforeseen choices and risks shape the narrative.

Her latest collaboration with Adriana Marchione, 'The Creative High,' delves into the transformative nature of creativity. Actively engaged in the documentary community, Dianne shares her experience by teaching filmmaking, including crowdfunding and social media marketing. With over 25 years of experience, Dianne has served as a juror for the United Nations Film Festival out of Stanford University, evaluating thousands of films. Dianne Griffin's documentaries serve as catalysts for empathy and social change, encouraging audiences to engage with the complexities of the human experience.

Stay tuned for registration information by signing up for NEI emails and checking the Transformation & Healing Conference website. We hope you can join us on Saturday August 17th, 9am-12pm, either online or in-person, for this very special film experience and workshop!

TIERRA NUEVA UPDATE



Adjusting to the New Reality at TNCC

In the wake of the official end of the Public Emergency and COVID-19 funding, Tierra Nueva Counseling Center is experiencing a troubling trend: a staggering 40% increase in clients losing their insurance coverage, resulting in a surge of individuals forced to pay out-of-pocket for vital mental health services. This alarming spike places an immense financial strain on our community, threatening the accessibility of essential therapeutic services for many.

We are working proactively to help with this increased need by partnering with other organizations, like Meow Wolf, to provide the much-needed care.

But we cannot do this alone.

By donating just \$75, you can cover the cost of a session for someone who is uninsured or underinsured, providing them with care during these troubling times. Your generosity will directly impact the lives of those most vulnerable in our community, offering them

Join us in our mission to provide quality care for all, regardless of someone's ability to pay. Your support is not only appreciated but essential in creating a healthier, more resilient community for us all. Thank you for your compassion and generosity.

Donate Now!

(Link: https://www.swc.populiweb.com/router/donate?donate_page_id=2605)

New Staff

We welcomed four new clinical practicum students this quarter who are bringing their theoretical learnings to practice! We are always excited to add new learners to our community and to continue to increase service capacity in our state.



Kate Barnett



Tahoma Wrubleski



Tereza North



Zane Jones

Sand Play Coming Soon!

Nature Based Sand Play is a free family event. Join us every Saturday starting 10am-Noon, June 1st-August 24th! Come play in our sand and mud in our beautiful Sand Play Area at Tierra Nueva Counseling Center!

**All are welcome!
We will see you there!**



JUNKYARD DOG TO THERAPY DOG

Remi's Story Will Pull At Your Heartstrings

Introducing Remi (formerly known as Ramirez), who lived across the street from SWC at the towing company. Remi was a junkyard dog peeking through the black fence at a different world, perhaps sensing the goodness that embodies our collective. Remi lived a life in chains, shackles, and shock collars. He longed for freedom and would escape across the busy street to venture onto our campus grounds. Our groundskeepers embraced Remi and offered love and affection to this lovely dog whose sad brown eyes spoke volumes to everyone he encountered. At the end of the day, slowly, reluctantly, and apprehensively he was returned to the tow yard.

"His gaze is from the passing of bars so exhausted, that it doesn't hold a thing anymore. For him, it's as if there were thousands of bars and behind the thousands of bars no world." (Rainer Maria Rilke)

Remi's story is one of transformation as the heartstrings of those that he encountered were pulled and inspired an action of love to save him from the lonely life that he endured. The inherent need for loving kindness propelled this beautiful dog to escape his torment. Remi touched the lives of everyone that he encountered as his sad eyes said, "Save me." One day, the tow yard owner released ownership as the binds that tied him no longer could hold him. In one day, Ramirez was transformed into Remi and as SWC staff foster this loving creature he has truly become the wounded healer, uniting us and acting as a reminder to us all to make a difference in the world with acts of kindness.



WILD HEART GALLERY

Black and White

The Wild Heart Gallery would like to take a moment to recognize its current show on campus, "Black and White." The five participating artists (a combination of alumni, staff, and students) graciously submitted works of art that coincide with the show's title, resulting in a charming, multi-media anthology of work. Ranging in size, material, and subject matter, this compilation of artwork showcases the duality black and white representations can possess and evoke. Black and white imagery provides us with juxtapositions waiting to be digested— simplicity alongside chaos, a dance between reality and mysticism, touches of nostalgia — the list goes on. If you have the opportunity, please stop by to view these fantastic works.

Thank you to all participants who contributed: Alissa Patrosoniak ("Historic Santa Fe"), Deborah John ("May/June 2014"), Laura Fragua Cota ("Grain Offering"), Monica Dick ("Star-Merkaba, in Absence"), and Juliette Pascale ("Shedding").



Submitted by Juliette Pascale

DIVERSITY, EQUITY, INCLUSION



This four-year summary of Diversity, Equity, Inclusion, and Belonging (DEIB) activities and initiatives taken by Southwestern College and Tierra Nueva Counseling Center highlights our commitment and accomplishments. We see this as an ongoing work in progress.

Thank you to all faculty, staff, students, and Board of Trustee members who have sustained a deep commitment to this cultural and community work. This work builds on our Institutional Learning Outcome #3 Demonstrate a commitment to multicultural awareness and competency.

Year One | 2020 - 2021

1. Inauguration of the President's Student Task Force on Diversity, Equity & Inclusion. Facilitated by SWC alum Maqueita Eleazer, this group met monthly for the 2020-21 academic year and wrote the school's Land Acknowledgement that we now use for important gatherings and events.
2. Faculty DEIB Reading Groups
Faculty were provided with copies of the following books to discuss in faculty meetings.
White Fragility by Robin D'Angelo.
My Grandmother's Hands by Resmaa Menaken.
Teaching Across Cultural Strengths by Alicia Chavez and Susan Longersbeam
3. Listening Session – focused on Consciousness I & II opportunity for students to provide feedback on the curriculum. They identified a need for trauma-informed approaches to in-class directives and experientials, inclusion of diverse voices/authors, establishing explicit links between course material and preparation for the profession, clearly articulating the purpose/relevance of the Consciousness series of courses.
4. Curriculum Review & Revision
Inclusion of diverse authors for required reading and diverse perspectives for required viewing. Courses that were revised included: Multicultural Awareness, Consciousness I and II.
5. Surveyed institutional practices, policies and procedures for inclusivity and equity and adjusted our policies concerning Paid Time Off to be more equitable for part-time employees.
6. The Art Therapy/Counseling Program committed to checking all syllabi to see if they are as decolonized as possible, focusing on readings and resources.
7. The PhD Program in Visionary Practice & Regenerative Leadership in its inception committed to hiring at least 50% of the faculty with BIPOC and/or LGBTQIA++ identities and every course would include at least 50% of required reading by BIPOC and/or LGBTQIA++ authors.
8. Established the PhD Program Learning Outcome: Engage decolonizing and indigenous practices and methods.
9. Initiated the five-year plan to increase student body racial/ethnic diversity.

10. Vice President of Academic & Student Affairs Virginia Padilla-Vigil in partnership with students formed the Student Coalition for Diversity, Equity, & Inclusion (DEI).
11. Student Coalition for DEI developed a Diversity Plan, which was presented to Academic Council for review, feedback, and approval.
12. Dispositions Task Force was formed to develop a dispositions assessment rubric and process to replace the Professional Fitness Evaluation.
13. Faculty Advising Task Force was formed to create a coherent and clearly articulated faculty advisement structure to build stronger relationships between faculty advisors and students to better support retention and success.
14. Expanded cultural identity portion of the New Student Orientation to include Intersectionality and Cultural Iceberg exercise and sharing.
15. Created and implemented the ePortfolio to replace Core Curriculum Exam – shift toward more authentic and holistic assessments that allow for student voice and choice in how they demonstrate their learning/proficiency.

Year Two | 2021-2022

1. Student Coalition for DEI developed Diversity Climate Survey – sent out annually to provide students with an opportunity to share their perceptions of equity, inclusion, and belonging. Data is shared at Academic Assessment Retreat and with the Coalition.
2. The Summer Academic Assessment Retreat reviewed the student survey and discussed results and identified the need for ongoing improvement.
3. New Faculty Training & Onboarding – integrated culturally responsive teaching component.
4. The Student Coalition for DEI created definitions of Culturally Responsive Teaching and Culturally Responsive Curriculum.
5. The Student Coalition for DEI created questions for the midterm and end of term course evaluations focused on assessing culturally responsive teaching and culturally responsive curriculum to provide faculty with direct feedback from students on this aspect of their teaching and the

AND BELONGING 2020-2024



curriculum.

6. Data on culturally responsive teaching/curriculum is reviewed annually during Academic Assessment Retreats.
7. Increased scholarships for recruiting ethnically/racially diverse students.
8. Raised funds for a special scholarship for Native American students.
9. The Board created a scholarship from endowment earnings specifically to recruit and retain New Mexican Native American and Hispanic/Latinx/Chicanx students.
10. Distance Degree programs approved in the summer of 2021 which allowed students to enroll who did not plan to relocate to Santa Fe.
11. Learning Circle focused on improving the Multicultural Perspectives in Counseling and Diverse Populations course.
12. Listening session was held to get feedback from students on their experience as learners at SWC i.e., what's working well, what's not working well, and recommendations.
13. Chief Academic Officer facilitated opening at the August Board of Trustees focused on cultural identity/Cultural Iceberg.
14. The President created Memorandi of Understanding with two tribal colleges and a Hispanic Serving Institution to open the door for applications from and meet the needs of their diverse students, staff, and faculty:
 - a. Institute of American Indian Arts
 - b. Ashiwi College and Career Center of the Zuni Nation
 - c. Northern New Mexico College

Year Three | 2022-2023

1. Accepted the first PhD cohort. Five of the fifteen students identified as BIPOC. Three of the five as African American and two as both Latinx and Indigenous American (Quechua and Nahuatl).
2. Increased the number of Spanish-speaking licensed therapists and staff at Tierra Nueva Counseling Center (TNCC) to better serve our local immigrant community.
3. Added Navigation Services at TNCC to better assist low-income clients to meet their needs for food, shelter, clothing, transportation, and childcare.
4. Added an Intensive Outpatient Program at TNCC to better serve local low-income residents in recovery.
5. Added the outdoor Summer Sandplay and opened it to all local residents for Saturday morning healthy family play facilitated by TNCC interns.
6. Second Diversity, Equity, & Inclusion survey administered with students.
7. Reviewed and refined the faculty advisement structure to strengthen support for students.
8. Student Coalition for DEI reviewed policies from a diversity and equity lens and made recommendations for revisions (e.g.,

Student Conduct Policy, Professional Fitness Evaluation & Student Support Referral, Academic Referral, and Dispositional Referral).

9. Transitioned from Professional Fitness Evaluation to Dispositions Rubric/Assessment – dispositions introduced at New Student Orientation and students engage in a benchmarking self-reflection/self-evaluation.
10. Annual Faculty Retreat provided a mandatory training on culturally responsive teaching for all adjunct and full-time faculty and Academic Council. We brought in an outside trainer to facilitate, who is an expert in the field.
11. Monthly faculty meetings focused on culturally responsive teaching.
12. Associate Dean offered listening sessions during spring quarter (one for online students and one for on ground students) to hear about student's experiences and get feedback. Data was compiled and shared at the Academic Assessment Retreat.
13. Student Coalition for DEI updated mission, vision, deliverables, communication agreements, and onboarding process.
14. BIPOC support group formed.
15. Culturally responsive teaching/curriculum data from mid-term and end of course evaluations shared with Board of Trustees at the May meeting.
16. Program Learning Outcomes related to Art Therapy/Counseling that focus on diversity and multiculturalism were evaluated as part of our CAAHEP annual report.

Year Four | 2023-2024

1. Accepted the second PhD cohort. Five of the fifteen identify as Indigenous American from Cree First Nations in Canada to Afro-Taina from Puerto Rico.
2. Added both a Star of David and the Moon and Crescent to represent Judaism and Islam in the campus Spiritual Practice Room.
3. Invited a local Rabbi to address the faculty in the March faculty meeting on Anti-Semitism.
4. Inviting a speaker on Islamophobia for the May faculty meeting.
5. See also the President's Spring letter addressing diversity Heartlink cover story.
6. Annual Faculty Retreat provided training on Trauma-Informed Teaching.
7. Monthly faculty meetings focused on Trauma-Informed Teaching.
8. Developed a coaching structure/framework and coaching plans to ensure targeted and personalized coaching for students. Hired new staff to help with coaching.
9. Added trauma-informed statement to master syllabi template.
10. Program Chair for Art Therapy/Counseling developed a trauma-informed course.
11. In development a new Trauma-Informed Concentration.

MOTHER'S DAY *Celebration*



Join Us

May 9th | 4:30-7:00pm

at Tierra Nueva Counseling Center
to celebrate and honor our mothers and
caregivers with food, fun, art, and play!

J O Y

Seeing the sun and then the moon

opens my heart each day.

The trees that sway, my kids at play

The birds that sing carry me away.

The smiles on faces even with tears

The beauty in each passing year.

The light, the love in all our hearts

That's where joy and gratitude start.

-Katherine Ninos



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FOR COUNSELING AND ART THERAPY

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