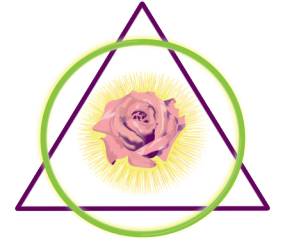


Southwestern College THE HEARTLINK



Message from President Ann Filemyr

As a very small, private, non-profit institution of higher education, we are proud of our many accomplishments. We accepted the largest entering class in the history of the school in Fall 2023 and have more students enrolled in more programs than ever before. We increased our capacity to meet the behavioral healthcare needs of our community by adding navigation and Intensive Outpatient Services at Tierra Nueva Counseling Center. We review the feedback of our students and our clients. They let us

know we are making a real difference in their personal growth, positive well-being, and capacity to flourish. And we know we could not do this without our donor partners.

Each year in the Winter Heartlink we share the names of our donors. This winter we thank everyone who contributed in 2023. Recognition is one way we express our deep gratitude for these contributions to our educational mission, vision, and values. Without donations, we are not as able to fulfill our call to service. Thank you.

The recipients of these donations are the ones who benefit most. Donor funds become scholarships for graduate students in need. Donor funds provide coverage for mental health services for uninsured and underinsured clients at Tierra Nueva Counseling Center. Donor funds support the general upkeep of our physical plant and allow us to continue to make improvements. Donor funds provide vital support as we develop new graduate programs for future students.

We cannot do all that we do without you, our donors. May you feel the depth of our gratitude flowing from our hearts to yours – the very meaning of Heartlink.

Thank You to Our Donors!

\$25,000
The John & Sophie Ottens Family Foundation

\$5,000 - \$9,999
Ikhlās & Grace Akra
\$2,000 - \$4,999
Adam Carrillo

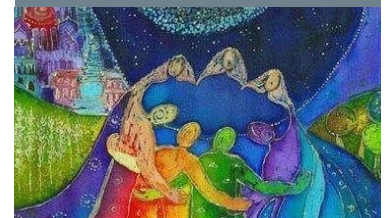
\$1,000 - \$1,999
Betty Beachum
Ann Filemyr
Tina Ludutsky-Taylor

IN THIS ISSUE:

Student Fall Art Swap



Transformation and Healing Conference



Alumni Association One Year Anniversary



Tierra Nueva Counseling Center and Meow Wolf



<p>\$500 - \$999</p> <p>Brendalyn Batchelor Allison Frank Paul Macks</p> <p>\$100 - \$499</p> <p>Amazon Smile Robert Bidal Rosvita Botkin Elizabeth Bryce Jess Clark Stavo Craft Theresa DeBonis Marguerite Dingman Janet Filemyr Natalie Goldberg Donna Harrington Joanna Haymore Henry Hooper Barbara Johnson Tess Kim Lori Landau Melanie Ludwig Katherine Ninos Caroline Planque Melissa Portell</p>	<p>Sunday ACA Meditation Meeting Kathryn Tijerina Valerie Valentine Brenna Vega Stephen Wall Robert Waterman</p> <p>\$1 - \$99</p> <p>Anonymous Miguel Acosta Cecelia Albert Jennifer Albright Knash Megan Barnum Stacy Battle Ericka Becker Delaney Bend Barbara Bickel Marcie Brooks Molly Burack Janine Burke Katie Burns Claire Caparone Wood Mary Celestin-Langlois Rebecca Chen Elijah Chong</p>	<p>Carol Christianson Edwina Claire Brenda Cruz-Flores Carol Dieckmann Marika Dillon Jennifer Drake Feinberg Madge Duus Samuel Eggebrecht Cynthia Fulreader Angelica Gabriel Lucia Garcia-Romeu Give Lively Foundation Sarah Glosenger Elizabeth Grant Ruthanne Hamrick Marna Hauk Reagon Heikes Jessica Holland Linda Hooper Diana Hoover Scot House Mary Beth Huberman Alison Janes Jean Janu Charmayne Kilcup Kacey Kim</p>	<p>Katherine Latimer Anne Lebednik Michelle Lynn Nena Martinez Anaya Christy Martinez Kimberly Massey Leslie McDonald Erin McKeever Rebecca Meyers Sheila Montoya Denise Moore DeeAnn Morgan-Holt Seren Morris Aprill Moxley Niccole Pierre-Williams Lauralyn Pryor David Riedsel Christopher Rose Gina Sagona Brii Sebastian Maria Shiel Salma Vir- Banks Sara Warber</p>
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College Funded Initiatives

Budget For Academic Year 2023-2024

Graduate Assistantships	\$70,200
Honorary Scholarships	40,000
Hispanic/Latinx/Chicanx & Native American New Mexican Scholarships	23,000
Staff Education Benefit/Tuition Discounts	25,000
Grace Lee Boggs PhD Scholarship	3,400
Total College Funded Student Support Budgeted For 2023-2024	\$161,600

Donor Funded Initiatives	2023 Gifts	Balance 12/31/23
Scholarships to support diversity		
John and Sophie Ottens Family Foundation	\$25,000	\$25,000
Native American Scholarships	1,383	1,863
Hispanic/Latinx/Chicanx and Native American New Mexicans	70	19,990
PhD Diversity Scholarship	6,550	7,050
Scholarships for all students		
General Scholarship Fund	1,036	3,577
Lee Cartwright Memorial Scholarship Fund	250	280
Ecotherapy Scholarships	400	334
Other Donor Funded Initiatives		
Louise Larkin Bequest to Benefit Children		15,676
Angel Fund for Student Emergencies	675	3,479
Grants and Donations for TNCC Client Services	1,100	7,500
New Academic Programs	250	250
Total Donor Funded Initiatives	\$36,714	\$59,749
Donations to the General Fund	\$9,909	
Total 2023 Contributions from Donors	\$46,623	

Student Services Announcements

New Library Hours

The Quimby Memorial Library is excited to announce new library building hours for the winter 2024 quarter! We appreciate everyone bearing with us as we had to make the physical space by appointment only for a window of time, but the library will now be open:

Monday - Thursday 12-5pm

While the library team is always here to support you and many resources are available 24/7 online, we know that having a physical space to study or peruse books on a shelf can be a very important part of the academic process. We look forward to seeing you in person or online!

Questions? Email AskTheLibrary@swc.edu

Reach Out

We're Here to Help

Struggling and need to talk it through? Need support with time management or writing that paper? Just let us know! Student Support is open to all.



StudentSupport@swc.edu

Request coaching support

bit.ly/swcsupport

Enrollment Services

We are happy to welcome 28 new students entering this Winter 2024 quarter. Included in this group are two students we are welcoming back from a hiatus, as well as new MA in Art Therapy/Counseling, MA in Counseling, and MA Consciousness in Action students. This is the largest winter class we have enrolled in the history of SWC.

Enrollment Services will be partnering with The New Earth Institute to offer prospective students and current students a information and skills building in the "Emotional Regulation Series." It entails one hour sessions offered twice a quarter. More information on this will be shared via email.

New Faces on Campus

Thank you for welcoming me, I am happy to be a part of the Southwestern College community. I am originally from upstate New York but have lived across the Northeast and Southwest. I have 29 years of higher education student services experience. While most of my experience is in student financial services, I am excited to expand my knowledge and support our students as Registrar. I have a bachelor's degree in communications and a master's in human resource management. When not working, I can be found on the pickleball court, adventuring around New Mexico and the Southwest, or traveling throughout the country and abroad.



Kathy Levine

Anné Klint (pronounced "Anna") is delighted to be working half time supporting the wonderful students of Southwestern College. Anné brings with her many years of art making, consciousness studies and several certifications in esoteric healing practices. Her most potent tools for transformation include intuitive listening, asking expansive questions and cultivating radically safe space for others to source their inner knowing, self-trust, self-compassion and healing. When she's not serving SWC students or her own private clients, you'll find her walking her one-eyed healer Luna (aka The Tunes) or writing about radical self-love and the transformation - inner and outer - that makes it possible for us individually and collectively. While you are always welcome to email Anné directly, utilizing the StudentSupport@swc.edu email address will give you access to the entire Student Support team.



Anné Klint

Kelleen Maluski is excited to be working with the students of Southwestern to help them reach their goals! With 20 years of experience working in student support and information landscapes within higher education, Kelleen brings a background of holistic models of support and justice-based pedagogies to her work. She is thrilled to be serving as a Student Success Coordinator to further the vision of building a more robust student support system. Essentially, Kelleen's work is to assist students in their journey at Southwestern and beyond. Whether you need help with energy management or how to write a paper, she is here to support you! While you are always welcome to email Kelleen directly, utilizing the StudentSupport@swc.edu email address will give you access to the entire Student Support team.



Kelleen Maluski

Alumni Association

The Alumni Association celebrated its one year anniversary this fall and hosted two social events. The first one was a bowling night at The Alley in Santa Fe where about 10 folks showed up for an evening of good food and fun. The next event was the second annual holiday party held at the home of alum, Kate Latimer, where 25 – 30 folks attended for an afternoon of eating, socializing, and networking. Unfortunately, everyone was having such a good time that they forgot to take pics! The steering committee plans to have a social outing in Albuquerque in the spring and an event to coincide with the annual Transformation and Healing Conference.

Watch for emails announcing these. If you have not been receiving emails about any of the past events, please contact Michelle Lynn at michellelynn@swc.edu as she is working with other SWC staff to update our alumni contact list.



Visionary Practice and Regenerative Leadership Doctoral Program

It's an exciting time for the doctoral program as we enter the heart of Winter Term. Several streams of activity are flying along. The incoming cohort of students are enjoying their Winter Term doctoral courses. In VPRL 630, Dr. Greg Cajete's (Santa Clara) Traditions in Native American Thought: New Minds and New Worlds, students are learning about the life experiences and philosophical adventuring of Viola Cordova (Jicarilla Apache) while building out their deep engagement via creative journaling and discussion groups. In VPRL 640, Regenerative Leadership with Dr. Pramod Parajuli, students are exploring how dimensions of regenerative culture such as climate-responsive foodsheds, fibersheds, and doughnut economics can help them collaboratively design their vision-seed projects.

Some students are incubating the first of their self-directed studies in topics such as Color Psychology for Youth Resilience, HeartMath for Veterans, Mestiza Identity with Archival Research, Suquamish Tribal Fiber Weaving Techniques for Accessing Ancestral Design, and Appalachian Permacultural Food and Gardening Traditions. Ongoing meetings with VPRL Doctoral Mentor Faculty supports the cultivation of these unique learning opportunities.

Second-year, full-time students are proposing their research protocols and beginning to meet with their newly formed Wisdom Councils. Students are exploring how to use multi-cycle qualitative coding on arts-based responses to innovative curriculum in ethical and life-giving ways. Others are developing detailed project planning for their writing, research, travels to Africa, and heuristic inquiries in creative response to ancestral archives.

In this time of depth and nature's quiet, the program is nurturing the lunar qualities of subtle luminosity, nuance, shade, intuition, sanctuary, relationality, and flow in reciprocity with the solar qualities of brilliance, radiance, warmth, clarity, group genius, and the spirit of energizing adventure. This enriching reunification and reclamation of ways of being and knowing is nurturing regeneration from educational trauma and annealing and healing the possibilities of education itself as these inspiring learners and seekers continue to embody Southwestern's Mission, *To Transform Consciousness through Education.*



Photograph of SWC Mural by Ann Filemyr, PhD

Art Therapy Update

Congratulations were given by ACATE/ CAAHEP to the Art Therapy and Counseling Program of Southwestern College for completing the 2nd annual report. We are pleased and grateful to the Southwestern College Staff, Students, and Faculty for all of the support and assistance with this process.



New Earth Institute News

Save the Date

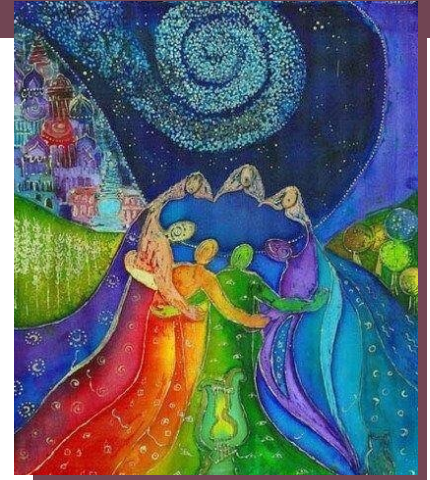
Transformation and Healing Conference 2024 | August 16th-18th! **Community Building in Turbulent Times: *Healing Collective Grief & Trauma***

As a global community we seem to be experiencing increasingly turbulent times with fear and anxiety related to climate change, post-pandemic fragmentation, war, violence, ethnic and racial tension, addiction, and many other destabilizing events. Withdrawal, isolation, disengagement, apathy and distrust are natural, yet further damaging, reactions. Wisdom teachings invite us to lean in, connect, and heal, through ritual, ceremony, and community building. This year's Transformation & Healing Conference is dedicated to this effort and will provide opportunities to explore alternative and ancient pathways, as well as cutting edge research and evidence-based approaches for healing collective grief and trauma.

Transformation and Healing Conference Request for Proposals Now OPEN!

Independently licensed mental health professionals are invited to propose a one-hour or three-hour continuing education session (workshop, lecture, presentation, or panel discussion) that aligns with the conference theme below. The due date for proposals is set for Friday, March 1st. A committee will review all proposals and let you know if your workshop is accepted by May 1st.

Link to Transformation and Healing Conference Request for Proposals: newearth.wufoo.com/forms/mqjif4088hk6d/



Katie Brammer Stepping in as NEI Children's Mental Health Certificate Director

We are very excited to announce that Katie Brammer, PhD, LPC, RPT™ has officially stepped in to lead the Children's Mental Health Certificate this winter! Many of you know Katie from her work as a faculty member in the Counseling Program. For those of you don't know her, her training in Play Therapy, and School Counseling makes her the ideal candidate for directing the CMH program for the New Earth Institute. Katie tailors transformational approaches into her work with the anticipation that the needs of each student and client are met. She is passionate about advocating for systemic change and providing trauma-informed spaces focused on cultural humility—valuing and affirming those who have been historically marginalized, traumatized, and impacted by ecological systems and cultural hegemony. Katie aims to facilitate culturally responsive learning spaces that create future counselors who are change agents able to effectively advocate for clients and support making improvements to the counseling field on local, national, and global levels. As a white cisgender woman, she continues to critically evaluate her privilege and unlearn her own socialized biases, unknown objectives, and stereotypical beliefs. Specifically, Katie's work with Transgender and Gender Expansive Folx and those whose affectional orientation or romantic attraction defy heteronormativity continues to influence her own personal and professional development as an antiracist, culturally responsive, counselor and counselor educator, scholar, play therapist, and clinical supervisor.



Hello All,

I want to express my gratitude for being selected as the New Earth Institute Certificate Program Director for the Children's Mental Health Certificate. I am honored to enthusiastically accept being a part of this splendid opportunity. Being a part of the advancement of anti-racist, trauma-informed, and culturally responsive education provided at Southwestern College once again is so exciting. As the program director, I aim to nurture the growth of the Children's Mental Health program, while maintaining the integrity and legacy of past directors, like Cynthia Fulreader.

I have been fortunate to work with Cynthia in many capacities and it was evident early in our relationship that she was proud of, and loved, the Child Mental Health program. Cynthia worked effortlessly to ensure trainings provided during her time as director were exciting and informative. The patience and hard work she put into developing and maintaining this program will be remembered always. Thank you Cynthia for cultivating the growth and development of the Children's Mental Health program. You are loved.

I look forward to seeing you all soon.

Much Love,

Katie Brammer PhD, LPC, RPT™

Katie will be offering a free community lecture in February, "PROCLAIMING PRIDE IN THE PLAYROOM: Conscientious Play Therapy Models for Becoming a Culturally Responsive Champion for *2SLGBTGEQIAP+Youth."

To register for Katie's lecture, visit: newearth.regfox.com/community-lecture. NM Counseling and Therapy Practice Board approved CEUs are available for a \$20 fee.

Last chance to Enroll for, Eating the Pomegranate Seeds: Reimagining Demeter, Persephone and Hecate, for a \$200 discount!

From now until Valentine's Day, February 14th, you can receive \$200 off NEI's Community Education Course, "Eating the Pomegranate Seeds: Reimagining Demeter, Persephone and Hecate" with SWC faculty member, Marialuisa Diaz de Leon. That's more than a 30% discount, to support your evolution and growth in 2024!

Register now with discount code SelfLove24

Note: This discount is only for the above course, not for NEI Certificate Courses or other CEU offerings.

6-week Online Series via Zoom: Thursdays, February 15-March 21, 10am-12pm Pacific; 11am-1pm, Mountain; 12-2pm Central; 1-3pm Eastern



Description: Myths are timeless and so is our soul. This six-week journey will provide an opportunity to explore, express and reflect on life cycles and transitions of the sacred feminine by re-imagining the ancient Greek myth of Demeter and Persephone. As the season changes from winter into spring in the Northern Hemisphere, this ancient story mirrors and helps us reconnect with the cyclic beauty of our lives as women. By re-imagining these ancient goddesses, we mobilize internal energies that have become stagnant, and allow them to inform ways in which we can restore, assert, and transform our life's narrative: past, current, and future. As a result, we reclaim that which is precious and meaningful in us and embody the courage to offer it to others. We will engage in creative inquiry, endocrine/imaginal contemplations, somatic movement, storytelling, embodied archetypes, guided imagery, and art-making utilizing the methodology of the Tamalpa Life/Art Process and The School of BodyMindMovement. The series will culminate in a circle of harvesting our collective wisdom and compassionate witnessing. All levels of experience with the arts welcome.

Presenter Bio: Marialuisa Diaz de Leon Zuloaga MA, REAT, MSMT, MSME, is a somatic movement specialist, mythologist, educator, researcher, international presenter, and performer born in Guadalajara, Mexico where she obtained her B.A. in Psychology and discovered her love of dance. Marialuisa's professional experience in psychology, somatics, and the arts, spanning over twenty years, includes work in education, private practice, and community. She is the creator of Mythic Life: Embodying Wisdom, Beauty and Courage, where she brings her expertise and passion to the work women's empowerment through the integration of myth, arts, somatic movement and archetypal psychology. Through Mythic Life (www.mythiclife.net) she focuses on working with women who are undergoing developmental transitions and/or life crisis such as: divorce, miscarriage, perimenopause/menopause, cross-cultural integration experiences, and challenges developing self-confidence and leadership in the workplace.

There is also time to register for the following NEI Certificate Courses:

To register, visit: newearth.regfox.com/nei-registration-form

The Psychedelic Experience: Transcendent Personal Growth And Transformation

Presented By: Amy Wong Hope, MA, LCSW

Dates/Times: Saturday & Sunday, 2/17 & 2/18, 9am-6:30pm | LOCATION: Zoom Synchronous

Description: Explore the mystical and transcendent experiences common in psychedelic-assisted therapy interventions. Indigenous traditions and their influence on current therapeutic usage of psychedelic compounds will be explored. The phenomenology of the transformation process from clinical and ethical standpoints, and the qualities, stages, and variables that define the psychedelic-assisted therapy experience will be discussed. Students will have the opportunity to participate and/or see experiential exercises that simulate these phenomena. Students will analyze how best to take advantage of adaptive neuro-plasticity activated to integrate changed perspectives and behaviors. Students will assess how the variables of facilitator or therapist approaches, group or individual usage, location, music, and many other aspects in the set and setting affect the psychedelic experience of the participant. 16 CEUs that toward the Psychedelic Studies Certificate.

Presenter Bio: Amy Wong Hope, MA, LCSW, is the Certificate Program Director of the Psychedelic Studies Certificate. Amy is trained as an MDMA-assisted therapist through the (MAPS) Multidisciplinary Association for Psychedelic Studies and co-author of Small Doses of Awareness: A Microdosing Companion (due to be published spring 2024). Amy maintains a private practice with a focus on trauma-informed modalities and shame-resilience approaches that support clients in restoring emotional, somatic, and relational resiliency.



Theories of the Grief Process

Presented by: Rev. Ted Wiard, EdD, LPCC, CCMHC

Dates/Times: Saturday & Sunday, 2/24 & 2/25, 9am-6:00pm | LOCATION: Zoom Synchronous

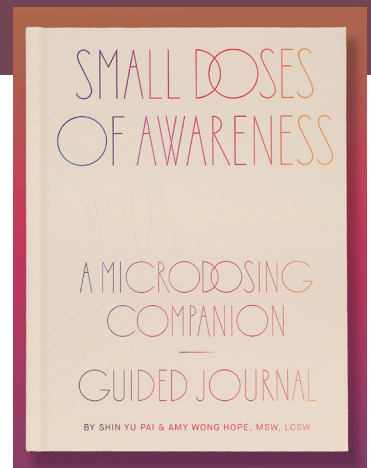
Description: Grief gives us the chance to continuously heal and grow so that we can find balance in our lives, with joy and sorrow bridging an always changing world. This course describes the grief process from various perspectives and treatment models, including interpersonal neurobiology, cognitive behavioral theory, positive psychology, and the work of Elizabeth Kubler-Ross. Students will have the opportunity to examine their own experiences of grief and loss including tracking common stages of the grief healing process moving from futility to hope. Cultural considerations for marginalized populations, complex bereavement, disenfranchised grief, traumatic grief, disease-related grief, and the creation of effective support systems will also be explored. 16 CEUs that toward the Trauma, Grief and Renewal Certificate.

Presenter Bio: Rev. Dr. Ted Wiard, EdD, LPCC, CGC, for the last twenty-five years has worked with transformation from loss through the lens of his own experience and as a therapist, researcher, and author. He founded Golden Willow Retreat outside of Taos, NM, an emotional healing sanctuary focused on loss, trauma, and grief. Dr. Wiard is the director of the grief, loss, and renewal certificate program at Southwestern College. Ted co-authored Witnessing Ted: The Journey to Potential through Grief and Loss. Ted's passion lies in supporting healthy transformation for people, families, communities, and organizations in the midst of change.

Announcing the publication of *Small Doses of Awareness: A Microdosing Companion*, published by Chronicle Prism on February 20, 2024.

Southwestern College's faculty instructor, Amy Wong Hope has coauthored this book with Shin Yu Pai, civic poet laureate of Seattle and podcast host. This is a 12-week companion guide to deepening your reflections and integrating the knowledge gained through your microdosing experiences. Each of the twelve weeks has a different focus—from journeying inward, to questioning and deconstructing self-limiting beliefs, to aligning with your values and exploring your identity, to harnessing the power of mindfulness and creativity, and more. This book is available NOW to PRE-ORDER: smarturl.it/SmallDosesofAwareness.

If you would like more information, please visit www.amywonghope.com to join the mailing list. As well, learn more about the Southwestern College's New Earth Institute Psychedelic Studies program swc.edu/applying-to-certificate-specialty-programs/applying-to-cpsychedelic-studies-certificate-program/.



Tierra Nueva Counseling Center

Meet Our New Staff

With the growing need for quality mental health in our community, TNCC is stepping up by increasing our outpatient services! We welcome to our team four recent graduates from SWC!

- » Samuel Eggebrecht MA, LMHC, Counseling
- » Alexandra Esquibel MA, LMHC, Counseling
- » Flora Natalini MA, LMHC, Art Therapy/Counseling
- » Chris Rose MA, LMH, Counseling

We have also maintained our Navigation Program through the support of SWC Graduate Assistance. Please welcome our new Graduate Assistant Navigators!

- » Abigail Carlin-Le, Graduate Assistant Navigator
- » Lindsay Hulterstrum, Graduate Assistant Navigator
- » Zane Jones, Graduate Assistant Navigator

Please visit our website at www.tierranuevacounseling.org to read more about our growing staff and team as well as learn more about all the wonderful services we offer!



Samuel Eggebrecht
MA, LMHC



Alexandra Esquibel
MA, LMHC



Flora Natalini
MA, LMHC



Chris Rose
MA, LMHC

Tierra Nueva Counseling Center is a proud recipient of the Meow Wolf Foundation!



TNCC has been awarded \$7,500 to provide direct therapy services for individuals, relationships/couples, and families who are uninsured and underinsured and who cannot afford an out-of-pocket fee.

We know that at least 10% of clients cannot access insurance or healthcare and this support increase our ability to help heal our community and make an impact on overall wellness!!

We are grateful for this partnership and look forward to an ongoing connection.

Donate Now!!!

\$75 can help a client in need have a session at no cost to them! Consider partnering with us to increase access to our uninsured and underinsured clients.

swc.populiweb.com/router/donate?donate_page_id=2605

Student GAs

On/Off Campus Student Events 23/24

Hello Southwesterners! My name is Maria Shiel and I am a second year graduate student in the Art Therapy Counseling program. My role at SWC has been to assist with planning events for the Campus and a team of us have been doing this through various music gatherings and events that started last summer. Some of the on and off campus highlights in 2023 were:

- » **A lunchtime concert series**
- » **Late Summer Art Party**
- » **Samhain/Halloween firepit gathering**
- » **End of term music and pizza night (off-campus)**

The end of term music night was a huge success where students got a chance to mingle and some even played and sang their own songs.

This year we plan to continue the tradition of happy, artistic happenings so please keep an eye on any email notifications that might be sent out. Some of the more immediate things that will be happening are "Welcome 2024!" gathering at our new Student Lounge. The other group we are looking to start up will be a Southwestern College Choir. It is open to all students musical or not so please drop a line to my email below if you'd like to be involved! We already have some great ideas for songs and performances so please don't hesitate at all to come forward!

All are welcome! You can contact me directly at mariashiel@swc.edu All the best to you and hope you have a great 2024!



Southwestern College end of term party, Lamy Tavern, December, 2024

Fall Art Swap

In efforts to foster interconnectedness through creativity within the Southwestern College cohort, around 35 SWC students voluntarily participated in a Fall Art Swap. Both on-ground and online students were randomly matched in pairs and were responsible for creating and exchanging small works of art, either in person or through mail, with their art pen pals. In honor of celebrating the start of the Fall 2023 quarter, the theme was open-ended, permitting the freedom to choose how each partner desired to "meet" one another. To no surprise, a multitude of dynamic illustrations, painting, collages, and various mixed media pieces journeyed across the country to their new owners and were received with open hearts and arms. In trading works of art, participants were reminded of the deep connections we as human beings can facilitate through art and expression. Sending a piece of art to a stranger can certainly seem exciting, but it also entails expressing a sense of vulnerability. Through sharing art, we are reminded that we are also sharing parts of ourselves. The success of the Fall Art Swap was yet another reminder of how passionate and committed SWC students are to facilitating a community rooted in heartfelt connection and creativity. When we delve into the communicative power of practicing art, the energy transferred into this process often encourages us to embrace the possibilities of fostering new relationships within communities that value curiosity, radical acceptance, and unwavering support.



By Diana Torres

Stay tuned for information on a Winter/Spring Swap!
Juliette Pascale (She/her) MA Art Therapy and Counseling candidate
Art Therapy Graduate Assistant

See insert for more pictures from the Fall Art Swap.

Call For Submissions!

Hello everyone, we are coordinating an online art gallery space and would love your art to be featured! This quarter's theme is going to be "Out of Sight," so try to channel feelings of fantasy, subconscious, the surreal, and/or dreamlike in your artmaking. Artwork will be available in the online gallery for public viewing for a month, and we will have a remote opening reception where artists will share the process/story behind their work. Submissions due by February 16th via a Google form that will be sent out later this week with more details and instructions for submissions. Please keep artwork in dimensions that are easily scannable if you are creating a physical piece.

Feel free to contact Emma Shahin (remote outreach GA) at emmashahin@swc.edu if you have any questions!

Best,
Emma Shahin

On-Ground and Online Students Fall Art Swap



Fall's Love Notes
by Camille Acker



Second Trimester
by Juliette Pascale



Vertical Memories
by Hannah Zechman



Persist
by Stephanie Guillen



Greetings from New Mexico
by Abigail Skojec



Sweet Tender Feeling
by Dolores Cortez



By Emma Shahin



Sunset Forest
by Stephanie Guillen



By Diana Torres



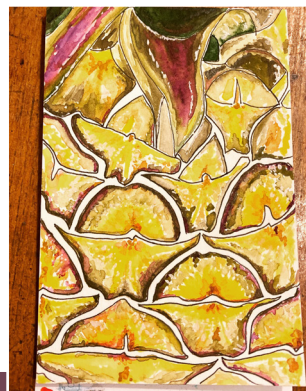
Untitled
by Amy Tremper



Let Me See You
by Kerianne New



Watched Sight
by Marion Lyding



Pineapple
by Lorrie Taylor



Groovin' Mushroom
by Kailyn Cook