Spring 2019 Continuing Education Classes

Earn CECs, sign up for individual classes, enhance your degree or earn a certificate in a specialty area.

INDIVIDUAL CLASSES ARE OPEN TO THE PUBLIC.

3960 San Felipe Road, Santa Fe, New Mexico
www.swc.edu    www.swc.edu/blogs
direct 505.471.5756    toll free 877.471.5756
The New Earth Institute of Southwestern College offers clinically relevant certificate classes and programs with the intention of increasing your professional marketability and career options.

We proudly offer these professional certificates:

- Addictions, Abuse and Recovery
- Applied Interpersonal Neurobiology
- Children's Mental Health
- Ecotherapy
- Human Sexuality
- Infant Mental Health
- Trauma, Grief and Renewal

Certificate program classes can be taken individually, for CECs or for credit. These classes are open to the public and can be taken without registering for the full certificate. In addition to the certificate programs, the New Earth Institute provides a free quarterly lecture series, featuring cutting-edge presentations on mental health issues that are trending in our field.

The New Earth Institute also offers the annual Transformation and Healing Conference, which has featured such renowned keynote speakers as Sean McNiff, Gabor Maté, Gregg Braden, John Bradshaw, Bill O’Hanlon, James O’Dea, Sandra Ingerman, Barbara Marx-Hubbard, Bonnie Badenoch, Thomas Moore, Matthew Fox, Roshi Joan Halifax, Peter Levine, Ralph Metzner and Marion Woodman.

Registration for spring NEI classes is ongoing.

Southwestern College is an approved CEC provider for licensed counselors, art therapists and social workers.

For more information contact: Dru Phoenix, Director of Enrollment Services, 505-467-6815; toll-free: 877-471-5756, ext. 6815, or email druphoenix@swc.edu

To register for a class contact: Andrea Pacheco, Registrar: 505-467-6809, toll-free: 877-471-5756, ext. 6809, or email registrar@swc.edu
HUMAN SEXUALITY CERTIFICATE PROGRAM

HOLISTIC MODELS AND BIOLOGICAL ASPECTS IN ADDICTION AND RECOVERY AAR 5000

Saturday & Sunday, April 6 & 7, 2019, 9am–6pm

$365/16 CECs  (16 contact hours toward the AAR Certificate)

This course is designed to equip students with an overview of the biological basis of addiction. Topics will include drug classifications, drug history, pharmacokinetics/pharmacodynamics, and basic neurochemistry. The biological, social and spiritual dynamics of pleasure and reinforcement will also be explored. Pharmacotherapies will also be covered, providing students with an overview of medications that are currently being used and those in development to treat addiction.

Brian Serna, M.A., LPCC, LADAC, is the Director of the AAR Certificate program. He is an international trainer and consultant in evidence-based practices, ethics and cultural issues in behavioral healthcare. His company, Serna Solutions LLC, provides consultation services and direct behavioral health services to adults, adolescents and families.

EROTIC INTELLIGENCE AND PLEASURE LITERACY HS 5400

Friday, May 3, 2019, 6–8pm; Saturday & Sunday, May 4 & 5, 2019, 9am-6pm

$365/16 CECs  (16 contact hours toward the HS Certificate)

Because much traditional (abstinence only) sex education is associated with managing risk (pregnancy prevention, HIV) and discouraging sexual expression in young adulthood, there are often gaps in knowledge with regard to erotic intelligence. This course emphasizes helping clients to develop a more conscious, less shame-laden relationship to pleasure. Participants will refine their skills in articulating their own desires and improving communication with sexual partners. It will also help clinicians to enhance their own sexual intelligence, learn about anatomy, physiology, sex toys and role-playing, as well as sex-positive ways to impart this kind of information to clients.

Ginna Clark, PsyD., ATR-BC, LPCC, is the Director of the Human Sexuality Certificate program. She is a member of the American Art Therapy Association and the Int’l. Association for Relational Psychoanalysis and Psychotherapy. She received her doctorate from the Institute of Contemporary Psychoanalysis and Psychotherapy in Los Angeles, CA.

Elizabeth McGrath, M.S.W., has worked as a counselor and social worker for 13 years. Currently in private practice as a Somatic Sex and Relationship Therapist, Elizabeth speaks internationally about sexual expression, sexual orientation, as well as issues of kink, sexual embodiment and sexual empowerment through physical and perceptual self-acceptance.
SACRED CONNECTIONS: PLANTS, ANIMALS, PEOPLE AND PLACE   TE 5300
Friday, May 10, 2019, 6–8pm
Saturday & Sunday, May 11 & 12, 2019, 9am–6pm
$365/16 CECs  (16 contact hours toward the Ecotherapy Certificate)

From the emergence of our development as humankind, we have been immersed in a rich field of interdependent, interrelated kinship relations with plants and animals. The human psyche has evolved from this immersive experience. We live within the flux of weather, the shifts of seasons and the lunar cycle. Though modernity has resulted in feeling removed from this ancestral connection, it remains the source of our lives. This weekend we will spend time intimately experiencing the wild natural world of forest, river and mountain to grow closer to the wild freedom we carry within ourselves.

Ann Filemyr, Ph.D., is the President of SWC and Director of the Ecotherapy Certificate Program. Dr. Filemyr trained as a traditional healer with the late Keewaydinoquay Peschel, an Ojibwe herbal medicine woman, and served as her apprentice for 20 years. Ann continues to live and teach from this tradition.

ATTACHMENT: THE HEART OF WELL-BEING   CMH 5250
Friday, May 17, 2019, 6–8pm
Saturday & Sunday, May 18 & 19, 2019, 9am–6pm
$365/16 CECs  (16 contact hours toward the Children’s Mental Health Certificate)

In this class we will explore the foundations of the early parent-child relationship and understand how that primary attachment helps to determine one’s future well-being and intimate relationships. We will learn child and parent therapy practices that repair and strengthen healthy attachment in our clients. We will do processes to strengthen our own healthy attachment to our core self, and gain an understanding of that as one of our primary tools as human beings and healing professionals. Early disrupted attachment can be resolved through deep inner work and attuned counseling that promotes healing on multiple levels. A special cultural component will be featured with Native American teacher Scott Thomas. Our collective connection to the earth will be explored for greater holistic attachment and healing.

Cynthia Fulreader, M.A., LPC, is the Director of the Children’s Mental Health Certificate. She has over 30 years professional experience as a child and family therapist and has been the director of numerous non-profits, bilingual school counselor and program consultant. She maintains a private practice.

Scott Thomas, Ph.D., LCSW, LADAC, CDVC3 will be a guest presenter.

Cynthia Fulreader, M.A., LPC, is the Director of the Children’s Mental Health Certificate. She has over 30 years professional experience as a child and family therapist and has been the director of numerous non-profits, bilingual school counselor and program consultant. She maintains a private practice.

Scott Thomas, Ph.D., LCSW, LADAC, CDVC3 will be a guest presenter.
ETHICS, SELF-COMPASSION & PROFESSIONAL ISSUES  
TGR 5600

Friday, May 31, 2019, 5:30–8:30pm  
Saturday & Sunday, June 1 & 2, 2019, 9am–5:30pm  
$365/16 CECs  
(16 contact hours toward the TGR Certificate.)

Note: 6 of the 16 CECs may be applied to the Ethics CECs required by the NM Counseling Board.

The weekend will include an in-depth exploration of Ethics, not only those required by various counseling organizations, but also the inner ethics of each of us, ethics in our times and the ethics of various cultures, plus legal tools for planning and both pre-death and post-death issues and family involvement in this process. Compassion fatigue, therapist renewal, self-care and prevention of burn-out at the mental, emotional and spiritual levels, will also be addressed.

**Sara Morgan, M.A., is the Director of the Trauma, Grief and Renewal Certificate program.**

As a deeply committed spiritual practitioner, she has made friends with grief, loss and death and found the transformational gifts within these realities. Sara’s therapeutic perspective is a blend of psychological and transpersonal realities. She has respect for all spiritual traditions, and finds an open, loving heart to be essential for all authentic healing and transformation.

---

APPLIED INTERPERSONAL NEUROBIOLOGY CERTIFICATE PROGRAM

THE NEUROBIOLOGICAL FOUNDATIONS OF THERAPEUTIC PRACTICE: Integrating Brain, Body and Heart Intelligence  
AIN 5000

Friday, May 31, 2019, 6–8pm  
Saturday & Sunday, June 1 & 2, 2019, 9am–6pm  
$365/16 CECs  
(16 contact hours toward the AIN Certificate)

This course introduces participants to developmental neurobiology across the life span, examining how human development, behavior and growth stem from a well-regulated, optimally functioning brain and nervous system. Using a variety of modalities including dialogue, movement, mindfulness, reflective writing and small group work, participants will explore an integrated framework for human development and the emergent knowledge of brain plasticity. Special emphasis is placed on relational and environmental factors that best facilitate optimal development, healing and growth. Participants will learn essential skills related to rebalancing and enhancing the central and autonomic nervous system pathways.

**Tim Burns, M.A., is an educator and author whose background includes over thirty years experience as a teacher, counselor, First Offender Program facilitator, drug treatment program director and professional development specialist.**

He is the author of three books related to his presentations and workshops. Tim holds a black-belt in Aikido, a martial art devoted to neutralizing aggression and redirecting conflict.
REVISITING LEADERSHIP AS AN INTERNATIONAL STUDENT
Magdalena Karlick, M.A., LPCC, ATR-BC
Wednesday, May 29, 2019. 6:30-8:30pm, SWC CAMPUS

The many roles that I have held over the years have encouraged me to look deeper at “leadership”: as a mother, teacher, art therapist, a supervisor, and as a student. This past summer I started a post graduate program at the European Graduate School in Saas-Fee Switzerland in their Expressive Arts division. Nestled in the Alps, with frozen and running waterfalls and stunning wild flowers, I became a part of an interdisciplinary and international community focused on working creatively with groups. Through this process of becoming a student again, I started contemplating the responsibility of the leader to create a “safe” space for and with a group. Using a phenomenological lens, the questions started flowing: What is safety and who defines it? When does discomfort encourage growth? When does it lead to a fight, flight or freeze response? How does the history of the United States shade my understanding of social justice within the Art Therapy field? How can a global perspective influence interpersonal choices as a leader? How do these questions relate to the education of our youth? In this lecture I will share my experiences, the imagery of creative collaboration, and how this exploration has influenced my practice as a facilitator.

Magdalena Karlick, M.A., LPCC, ATR-BC, is core faculty in the Art Therapy/Counseling program at SWC. She has been the school counselor at Santa Fe School for the Arts and Sciences since 2014. This summer, Magdalena will be finishing the qualifying phase for the Doctoral Program in Expressive Arts: Therapy, Coaching, Consulting & Education, Conflict Transformation & Peacebuilding at the European Graduate School in Saas–Fee, Switzerland. www.magdalenakarlick.com.

To reserve a seat for this lecture, email lecture@swc.edu

The New Earth Institute of Southwestern College will present the 38th Annual Transformation & Healing Conference August 21–25, 2019 in Santa Fe, New Mexico.


A full conference brochure will be available on our website by June 1st. www.swc.edu
INTRODUCING A NEW MASTER’S DEGREE PROGRAM: ART THERAPY FOR CLINICAL PROFESSIONALS

The Master’s program in Art Therapy for Clinical Professionals offers licensed, practicing clinicians the opportunity to add art therapy to their credentials. Through experiencing your own artistic processes and engaging in solid clinical training, you will be equipped to enhance your existing therapeutic client work.

The Master’s program in Art Therapy for Clinical Professionals emphasizes the use of the visual arts as a therapeutic approach in clinical, educational, community and rehabilitation settings.

This 57-unit program can be completed in approximately one year of course work and six months of internship.

Features of the program:

• Prepares graduate for licensure in New Mexico and in other states.
• The Practicum can take place at our Tierra Nueva Counseling Center
• The Internship can take place in any state.
• SWC employs a transformational, experiential learning approach

For more information about this new program or our M.A. in Art Therapy/Counseling, approved by the American Art Therapy Association, email druphoenix@swc.edu or call toll-free 877-471-5756, ex. 6815.
3960 San Felipe Road
Santa Fe, NM 87507
Return Service Requested

If you would like to be removed from our mailing list, please email unsubscribe@swc.edu