

## **Group Art Description** Stephanie, Ruthanne, Shiloh, Kara

**Process of creating the mural:** The process of creating our group mural seemed to flow naturally among the four of us. Each group member was engaged and open to adding to the artwork as we progressed forward. We didn't have a plan going into the mural as to who would paint what and that seemed to work well for us in that it allowed us to contribute whenever we felt compelled. We found that communication was a key guidance factor in the creation of our mural and relied heavily on group consensus as we created our imagery on the wall. Support was also an element which revealed itself to be valued in our process as we were each able to contribute our piece of the mural and feel appreciated by the group. We found ourselves allowing for creativity and spontaneity in the process which generated some unexpected, yet welcomed, changes in our final image.

**Symbols represented and their meanings:** We used a variety of symbols to represent our time at SWC. The pyramid with steps represents our ascension journey at SWC. The flowers represent our growth and progression. The fire that forms the flower petals represents purifying, transformation, and the chaos that goes along with that. The rain and stormy sky represent cleansing and turbulence. The dove is our truest self that we are becoming more aware of. And the sun and moon is the place of healing and wholeness. We have experienced this process and anticipate seeing it in our work with our clients in the future.

**Hopes for how the art is received by SWC community:** We hope that those who encounter our mural on the SWC campus have the opportunity to witness our message that the notable Frida Khalo spoke, "At the end of the day, we can endure much more than we think we can".

**Title:** "We can endure"