

2025 WINTER BOOKLIST

List includes only resources that need to be purchased by students. Prices accurate as of 10/29/2025 (various sources), subject to change.

Blue highlighted books are available for purchase at the SWC Bookstore as supplies last.

Orange highlighted books are available online at no cost however hardcopies are also available for purchase in the SWC Bookstore as supplies last.

MASTER'S PROGRAM CLASSES

ADDICTION ASSESSMENT & TREATMENT IN COUNSELING (CN 565-3)

Required:

- \$128 Capuzzi, D., & Stauffer, M. (2019). *Foundations of addictions counseling*. Pearson. ISBN 9780135166932
- \$13 Maté, G. (2010). *In the realm of hungry ghosts: Close encounters with addiction*. North Atlantic Books. ISBN 9781556438806

ART THERAPY TECHNIQUES AND MATERIALS (AT/CN 593)

Required:

- \$58 Hinz, L. (2020). *Expressive therapies continuum: A framework for using art in therapy* (2nd Edition). Taylor & Francis Group. ISBN 9780367280420
- \$65 Moon, C. H. (2010). *Materials and media in art therapy: Critical understandings of diverse artistic vocabularies*. Routledge. ISBN 9780415993135
- \$28 Schroder, D. (2005). *Little windows into art therapy: Small openings for beginning therapists*. Jessica Kingsley Publishers. ISBN 9781843107781

Varies Different sized paper, needle (multiple sizes) and thread, fabric, glue, recycled/salvaged materials, scissors, clay (Airdry/Sculpey/Model Magic/kinetic sand/self-harvested), drawing materials of your choice (colored pencils, oil pastels, etc.), painting materials of your choice, materials for mask making (option of plaster strips, pre-made mask, cardboard, etc).

Recommended:

Varies Shaving cream/food coloring/essential oils, found objects/natural materials, tape (masking, duct, or packing), wire/feathers/beads, Vaseline (for mask making with plaster), collage material.

CAREER AND LIFE DEVELOPMENT (CN AT 625-2)

Required:

- \$88 Scharf, R. (2021). *Applying career development theory to counseling* (6th Edition). Cengage. ISBN 9780357670705

CONSCIOUSNESS I: CULTIVATING THE HEALING POWER OF PRESENCE (CN AT 530-3)

Required:

- \$10 Ruiz, D.M. (1997). *The four agreements*. Amber-Allen Publishing. ISBN 9781878424310 (Limited number of copies available at no cost online.)
- \$61 Eisler, R. & Fry, D. (2019). *Nurturing our humanity: How domination and partnership shape our brains, lives, and future*. Oxford University Press. ISBN 9780190935726 (Limited number of copies available at no cost online.)

Students will choose one of the following two texts to read with their lineage group. Groups will be formed during the first class and students will agree on their book together afterwards.

- \$13 Brach, T. (2004). *Radical acceptance: Embracing your life with the heart of a buddha*. Bantam. ISBN 9780553380996 (Limited number of copies available at no cost online.)
- \$11 Tolle, E. (2004). *The power of now: A guide to spiritual enlightenment*. New World Press. ISBN 9781577314806 (Limited number of copies available at no cost online.)

Students in collaboration with their small group choose one of the following two texts to read.

- \$24 Grof, S. (2012). *Healing our deepest wounds: The holotropic paradigm shift*. Stream of Experience Productions. ISBN 9780982607725
- \$18 Somé, M. P. (1994). *Of water and the spirit: Ritual, magic, and initiation in the life of an African shaman*. Penguin Books. ISBN 9780140194968

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FOUNDATIONS: HISTORY AND THEORIES OF COUNSELING (CN AT 542-4)

Required:

\$148 Neukrug & Hays, E., & Hays, D. G. (2023). *Counseling theory and practice* (3rd Edition). Cognella Academic Publishers. ISBN 9781793567697

FOUNDATIONS OF SCHOOL COUNSELING (SCN 500)

Required:

\$160 Erford, B.T. (2019). *Transforming the school counseling profession*. Pearson. ISBN 9780134610597

GROUP DYNAMICS (CN AT 543-2)

Required:

\$139 Corey, M., Corey, G. & Corey, S. (2018). *Groups: Process and practice* (10th Edition). Cengage. ISBN 9781305865709

\$34 Robb, M.A. (2022). *Group art therapy: Practice and research*. Routledge. ISBN 9780367527778

Varies Paper, markers, colored pencils or markers, some type of clay (even Play-Doh), magazines, glue.

HELPING RELATIONSHIPS: INTEGRATED COUNSELING SKILLS (CN AT 674)

Required:

\$96 Ivey, A. E., Ivey, M. B., & Zalaquett, C. P. (2022). *Intentional interviewing and counseling: Facilitating client development in a multicultural society*. (10th Edition). Cengage Learning. ISBN 9780357622797

MULTICULTURAL AWARENESS (CN AT 500-3)

\$24 Taylor, S. R. (2021). *The body is not an apology: The power of radical self-love* (2nd Edition). Berrett-Koehler. ISBN 9781523090990

PRACTICUM II & LAB: HELPING RELATIONSHIPS WITH GROUPS, COUPLES, & FAMILIES IN ART THERAPY/COUNSELING (AT/CN 657-2)

No required resources needed to purchase.

Recommended:

\$45 Malchiodi, C. (2012). *Handbook of art therapy* (2nd Edition). The Guilford Press. ISBN 9781609189754

\$42 Moon, B. L. (2016). *Art-based group therapy* (2nd Edition). Charles C. Thomas Publisher. ISBN 9780398091156

\$34 Robb, M.A. (2022). *Group art therapy: Practice and research*. Routledge. ISBN 9780367527778

PRACTICUM II: HELPING RELATIONSHIPS WITH GROUPS, COUPLES, & FAMILIES IN COUNSELING (CN 657-4)

Required:

\$95 Chen, M., & Rybak, C. (2017). *Group leadership skills* (2nd Edition). Sage Publications, Inc. ISBN 9781506349305

\$99 Time2Track Subscription

PROFESSIONAL SEMINAR IN ART THERAPY/COUNSELING: PROFESSIONAL ORIENTATION (AT/CN 698-7)

Required:

Varies Art materials/media of the student's choice.

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PROFESSIONAL SEMINAR IN COUNSELING II: ORIENTATION TO THE COUNSELING PROFESSION (CN 698-9)

No required resources needed to purchase.

Recommended:

- \$110 Toporek, R. & Lewis, J. (2010). *ACA advocacy competencies: A social justice framework for counselors*. American Counseling Association. ISBN 9781556202933
- \$57 Corey, G., Herlihy, B. (2014). *ACA ethical standard casebook (7th Edition)*. American Counseling Association. ISBN 9781556203213

PSYCHOPATHOLOGY: DIAGNOSIS AND TREATMENT OF MENTAL AND EMOTIONAL DISORDERS (CN AT 581-5)

Required:

- \$157 American Psychiatric Association (2022). *DSM-5-TR: Diagnostic and statistical manual of mental disorders (5th Edition)*. American Psychiatric Association. ISBN 9780890425763
- \$80 Barnhill, J.W. (2023). *DSM-5-TR clinical cases*. American Psychiatric Association Publishing. ISBN 9781615373611
- \$10 Bernstein, R.B. & Jacobs, E. (2022). *DSM-5-TR overview: A quick study laminated reference guide*. QuickStudy Reference Guides. ISBN 9781423248934
- \$10 Please also make sure to have tabs for your DSM-5-TR for your first class.

STUDIO ART (AT/CN 594)

Required:

- \$30 Dunnewold, J. (2016). *Creative strength training*. North Light Books. ISBN 9781440344954 (Limited number of copies available at no cost online.)
- \$18 Stanton, P. (2018). *Conscious creativity*. Leaping Hare Press. ISBN 9781782406341 (Limited number of copies available at no cost online.)

Recommended:

- Varies Art materials that are new to you, that you have been wanting to explore, multi-sized paper, painting supplies, drawing supplies, scissors, glue (sticks and/or hot), found objects/recycling, sculpting supplies.

THEORIES OF ART THERAPY (AT/CN 545)

Required:

- \$46 Hogan, S. (2015). *Art therapy theories: A critical introduction*. Routledge. ISBN 9780415836340
- \$79 Rubin, J.A. (2016). *Approaches to art therapy: Theory & technique (3rd Edition)*. Routledge. ISBN 9781138884564

THEORY & PRACTICE OF FAMILY ART THERAPY/COUNSELING (AT/CN 663-2)

Required:

- Varies Nichols, M. & Davis, S. (2021). *Family therapy: Concepts and methods (12th Edition)*. Pearson. ISBN 9780135843062 (Only available as eBook or print text rental through various sources.)
- \$28 Schroder, D. (2015). *Exploring and developing the use of art-based genograms in family of origin therapy*. Charles C. Thomas. ISBN 9780398090715

THEORY AND PRACTICE OF FAMILY COUNSELING (CN 663-2)

Required:

- Varies Nichols, M. & Davis, S. (2021). *Family therapy: Concepts and methods (12th Edition)*. Pearson. ISBN 9780135843062 (Only available as eBook or print text rental through various sources.)

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NEI CERTIFICATE PROGRAMS

COUNSELING SKILLS FOR TRAUMA & GRIEF (TGR 5100)

Required:

\$77 Worden, J. W. (2009). *Grief counseling and grief therapy*. Springer Publishing Co. ISBN 9780826101204

UNDERSTANDING AND WORKING WITH SEXUAL TRAUMA (HS 5700-2)

\$18 Shershun, E. (2021). *Healing sexual trauma workbook: Somatic skills to help you feel safe in your body, create boundaries, and live with resilience*. New Harbinger Publications. ISBN 9781684036509

\$33 Treleaven, D. A. (2018). *Trauma-sensitive mindfulness: Practices for safe and transformative healing*. WW Norton & Company. Chapters 1-5. ISBN 9780393709780