

Southwestern College *Transforming Consciousness Through Education*

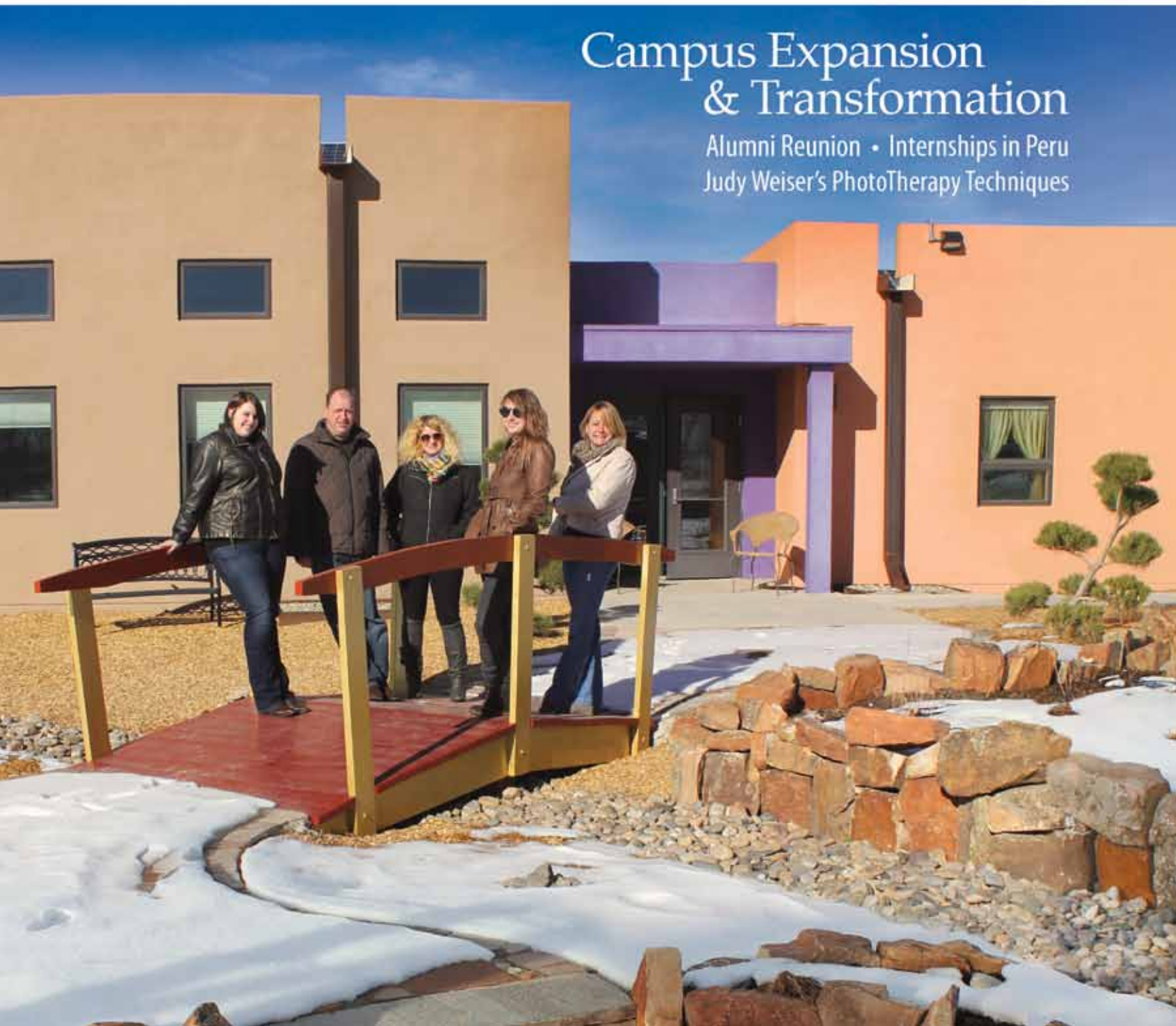


HEARTLINK

Winter 2013

Campus Expansion & Transformation

Alumni Reunion • Internships in Peru
Judy Weiser's PhotoTherapy Techniques





Southwestern College

*Transforming Consciousness
Through Education*

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Contents

News and Updates	2
Campus Improvements	3-5
SWC Highlights	6-8
T and H Conference	9
Certificate Programs.....	10-11
2012 Graduation	12-13
Alumni Updates	14-16



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News and Updates

from the President, Dr. Jim Nolan

Dear Friends and Colleagues,

We may be a small school (though actually a good-sized graduate school), but we manage to generate a fair amount of change and news. Let's jump right in...

As the radical paradigm shift known as social media continues to change the world we live in, Southwestern College continues to position itself with a robust presence on the major social media forums. Look for us on Facebook, Twitter, Google Plus, LinkedIn and Pinterest, and please subscribe to the SWC blogs at <http://swc.edu/blogs>.

This year we hired five graduate assistants to help primarily in the area of Social Media, recruitment, and related areas. We are confident that their efforts will make a difference over the next few years as we talk to more and more students about a future at Southwestern College. In addition to the graduate assistants, we awarded 6 diversity scholarships and will have offered over \$100,000.00 in scholarship money before the academic year is out.

In this *Heartlink*, we are sharing with you the expansion, beautification and transformation of our physical campus. It has been an incredibly important initiative to enhance our outdoor learning environment as well as the self-image and future of Southwestern College. We would be extremely appreciative of any donations to help us continue this effort.

Alumni Reunion

On September 30th, Southwestern College held an alumni reunion event, which also included invitations to current students, staff and faculty. Approximately 150 people attended, and alumni from all decades since Quimby College's inception were on hand to share memories, stories and updates. This event marks a renewed effort to remain connected to our graduates and to enhance our services to them. Stay tuned for more updates and alumni page additions on our web site, and make sure you are on both our snail mail and email address lists.



Tod Dicecco '05 and Katherine Ninos '81



Jessica Calloway '07 and
Laura Lansrud-Lopez '07



Alumni Phillip Retzky '06 and Laura Bassett '07



Jim Nolan and Guests

Campus Expansion & LAND PURCHASE



Ed Nagel, Katherine Ninos and Jim Nolan at the closing of the land June 6, 2012 at Prima Title.

Land Purchase

It is very fortunate for SWC that land became available right next door in the spring of 2012. The land is a 4.39 acre plot directly to the north of the current campus, giving SWC a lot of room for future growth. Alternative education champion Ed Nagel hosted home schooling operations on that site for years, and when he decided to head north to Colorado, he wanted another alternative educational institution to have the land, if at all possible. Ed expressed that he always had a fondness for SWC and its mission and wanted to give us the opportunity to buy the land before he put it on the market. The terms for purchasing the land were favorable given its appraised value. SWC's Board of Trustees, in a quick, decisive action, approved the purchase and we closed in the summer of 2012.



Board members touring the newly purchased land



Campus Improvements

We have recently added a very significant vertical dimension to the landscaping. Eighteen foot prayer flags welcome people at the front gate as they enter our campus, and again as they move from the front of the campus to the Art Therapy complex. Several stunning tall stone pieces were placed amidst the new landscape. We also installed a beautiful wind sculpture by Santa Fe artist Mark White. It is called "Flame", and with the west winds of Santa Fe, it finds a lot of time to twirl playfully as yet another welcoming feature to the campus.



More **CAMPUS**

by Jim Nolan

IMPROVEMENTS



Kiara Ninos (center) designed the landscaping and the pergola and the pergola was built by Don Westby (left) and Brenden Nyquist (right)



Pergola ceiling painting

Quimby/Southwestern College has always had a mission as large and bold as any institution in the world. The college has cultivated a heart-based curriculum that has been embraced by thirty plus years of students, by scores of faculty over that time, and by five separate visiting accreditation teams from the Higher Learning Commission.

In terms of buildings and grounds, landscaping, learning spaces—that is, our presence in the world of form—our campus facilities have always been modest and understated. In many ways, as well, we have been “flying under the radar”, even unknown to many long-time residents of Santa Fe. Over the past couple years, something has been changing. This cover story is one of arrival, of coming forth, of taking our place in the world of higher education and as a revered institution in Santa Fe.

Here is that story...

So, in a sudden, bold action back in 2009, right when the crash of 2008 was still echoing in everyone’s psyche, we decided to build the Art Therapy Building. Some eyebrows were raised. We felt it was the right time. That was the first building Quimby/Southwestern College had ever built. It is a striking, state of the art building and includes the largest classroom on campus, a smaller classroom and beautiful office spaces. It was designed by Wayne Lloyd of Lloyd & Associates and built by Bob Kreger of Kreger Design/Build. Upon its completion, we applied for and were awarded a \$120,000.00 American Recovery and Rehabilitation Act grant that allowed us to install photovoltaic cells and huge water harvesting capacity. The local electric company now writes us checks to buy the excess electricity we create from that building, and if it ever rains again in New Mexico, we will have more than enough water to cover our landscaping needs.

So, following chronologically, we then hired a remarkably esoteric “earth sculptress” Tobi Wilde, who designed and supervised the installation of the stonework that graces the north side of the building. Kiara Ninos designed and built a koi pond and waterfall in the same area, and created a variety of innovative and strategic garden settings to both complement the stonework and to create visual and sound barriers around the perimeter of the College. Both Kiara and Tobi used a lot of found and re-cycled materials for their art.



Art Therapy Building north side stonework and koi pond.



Cassie Johnson and Ku Hampton digging trenches.

With these signature touches on the campus, Debbie Schroder, Chair of the Art Therapy/Counseling program supervised a couple of “Capstone Projects” done by graduating Art Therapy/Counseling students, and these striking murals have added immeasurably to the overall aesthetic and unique character of our campus. (See page 7 for most recent Capstone mural)



Southside of AT building while landscaping was underway

This past summer, campus improvements surged ahead. An interior decorator friend, Jennifer Ashton and my wife, Ande Hambuchen, brought creative and fresh eyes to virtually every room, and offered dozens of ideas that would end up transforming many campus areas at a minimal cost. Ande donated her time and work and over a few weeks period, changes were evident in the Spiritual Practice

Room, the Student Lounge, my office, the library, and a number of other places. New shades, window dressings, painting, upholstering and many little touches make a difference in the experience of the interior of SWC.

Kiara Ninos was also back at it again and designed and supervised the landscape installation to the south of the Art Therapy Building. It features a pergola, 2 water features, beautiful and unique stone walkways, new flower beds, a walking bridge, and a multitude of garden settings to accommodate reflective thinking and dyadic or small group activities assigned in classes.

In 1979, who could have known that Quimby College would be blossoming like this thirty some years later? We are excited and sometimes even surprised ourselves to see how far we have come, and chances are excellent that we are nowhere near finished, especially with those four plus acres sitting next door, waiting to become something great...



Jim Nolan's Office



Student Lounge Entryway



Student Lounge



Spiritual Practice Room. Mindfulness meditation is offered on a regular basis.



Day of the Dead Mural (done in 2011)



Jim and Katherine inspect a new rock feature

SWC Highlights

New Board of Trustees

Our Board of Trustees has added four new members, as well as a new student and faculty member for academic year 2012-13.



Dr. Lorraine Freedle is the co-founder of Teambuilders, a Santa Fe mental health services organization which hires more of our students and graduates than any other organization in New Mexico.



Dr. Jesse Hoover is a Doctor of Oriental Medicine, and specializes in treating mental health issues with Chinese herbs, and when appropriate, acupuncture. His wife, Mutsumi Shoji, is a graduate of the Southwestern College Art Therapy program.



Kalyn Bastion-Gerber is co-owner of Social Media Pathways, a published author of self-help books, and a spiritual teacher who leads groups abroad for psycho-spiritual growth.



Craig McAdams is a recent graduate of Southwestern College and a former student member of the board. He completed three months of internship last year in Peru, and currently works at Teambuilders.



Gabrielle (Tatha) Viethen has been a SWC faculty member since 2010. She has been a psychotherapist in private practice for over twenty years. She was elected by faculty to serve as the faculty member of the board for the 2012-2013 term.



Jill Campoli is a second year Art Therapy student and was elected by students to serve as the student member of the board for the 2012-2013 term.

Reflections From the Academic Dean



Webb Garrison, Ph.D.

Like many, I relocated to Santa Fe in order to become a part of a community of diverse spiritual beliefs and practices, creative endeavors, and healing modalities. I also was seeking greater balance in my personal and professional life and retreat from the bustle of Long Island, NY. Little did I know at the time that I would be connected with Southwestern College, much less become the academic dean.

My experience of Southwestern can be summed up in one word: Integration. In my career, I have been a student, a clinician, a teacher, a supervisor, and an administrator. However, previously, each of these roles was performed in a distinct environment, leaving sometimes substantial challenge in weaving threads together internally and externally. Southwestern has been the natural place for this web to find its form daily. Here, I am student, clinician, teacher, supervisor, and administrator, and I am able simply to be myself, the silken connections naturally finding their places.

Over the course of the last year, I have been deeply committed to the mission of the school, in both theory and practice. I have taken Archetypal Psychology, as well as Consciousness I and II. Experiencing the curriculum directly has provided opportunity to develop deeper awareness and appreciation of the transformative process we are all in here, as individuals and as a community.

There are ways that being here eludes verbal expression; words are inadequate to capture the fullness of the experience. Similarly, I find myself struggling with this as I seek to convey the richness and fecundity that I experience on a daily basis here. Limitations of language notwithstanding, I am very excited about continuing to participate in and experience the transformative process that is simply a natural part of being here, and being able to serve our community to the best of my abilities.

New Faculty

Marcie Brooks, M.A., LPCC has over twenty years of experience as a private practitioner in psychotherapy specializing in EMDR and Brainspotting. She is known for her work in trauma, anxiety, adoption issues, attachment, grief and loss, family therapy and transformation. She has facilitated trainings in adoption, parenting and family therapy with culturally diverse populations.



Keadron Finn, M.A., ATR-BC, LPAT works with individuals of all ages, couples and families as a counselor, art therapist and play therapist, allowing her to integrate complementary methodologies and techniques to offer a personalized approach. Keadron is passionate about whole body wellness and helping people be the best versions of themselves.



Deborah Heikes, M.A., LPCC is a psychotherapist who has been practicing for over six years. The commitment that Deborah brings to her work is the courage and compassion to explore the shadow side of human nature and to illuminate and open creative possibilities for healing. She has presented Play Workshops in various settings, including the International Gestalt Creativity Conference and the New Mexico Association for Spiritual, Ethical and Religious Values in Counseling Conference.





3rd Capstone Evening

On Thursday, November 1st, the Art Therapy/Counseling Program's 3rd Capstone Evening was held. A large group of interns presented the Capstone Projects that they created during their internships. These projects are designed to enhance, compliment or reflect upon, the internship experience.

This particular Capstone Evening contained a very wide variety of responses to the Capstone Project challenge. In addition to videos sent in by out-of-state interns, we were treated to performance art, paintings, a 3-D art piece and singing. This lively evening gave our graduating interns an opportunity to share their internship journeys with family, friends and current students. Current students who are curious about internship opportunities will want to come to the next Capstone Evening, on Wednesday, April 3rd, 2013.



The Latest Capstone Mural

In August we held our most recent Capstone class, an opportunity to learn about Capstone requirements and graduation, and also a time to enjoy the creation of an experiential art process. This mural was created by a small group who worked in amazing harmony together: Jamie Rogers, Linnea Knoespel, Abigail Carter and Emily Alexis.

Art Gallery

Sarah Martin-McFarlane showed a series of exuberant paintings and drawings in the spring quarter. When writing about her exhibit she explained that her work is a reflection of the joy and freedom she now feels because she has been able to go beyond restrictive societal definitions of what it means to be a true artist. She credits her deeper understanding of personal expression to the education and training she received at Southwestern.



Gale Wiseman-Davis combined natural and other found objects into the acrylic paintings that she displayed in the summer quarter. Davis explained that the integration of these elements with linear bands of color is like "ancient hieroglyphics or perhaps future

billboard art... that represent how time and experience has shaped me." She described the linear color bands as, "purposeful" and an expression of her wholeness.

In the fall quarter, recent graduate Suzanne Otter, a former organizational development consultant, showed 24 small jewel-like images from the journals she kept during her studies. She calls her journaling "self art therapy" and states "the image making and journaling was especially important to me during my internship because it marked the transition from working with clients around large system issues to the intimate and personal domain of art therapy and counseling."



SWC Highlights

continued



Craig McAdams

Craig McAdams, Becky Brandon and Cynthia Livingston in

Interns from Southwestern College, in cooperation with the Andean Research Institute, have been providing services to the children of Maras, Peru since fall quarter, 2011. Craig McAdams spent summer quarter, 2012 there, and Becky Brandon and Cynthia Livingston took over from Craig in the fall of 2012. Continuity of programming is very important in this impoverished Andean village. The moms and grandmothers of Maras have guided us every step of the way, giving us direction and feedback about their children and what they most need. After-school expressive arts have been offered every weekday to children ages 4-12, and starting in October Becky and Cindy were asked by the elementary school headmaster to work with grades 1 through 4



Becky Brandon

during school hours. Paints, crayons, paper, clay, beads, and many other supplies are donated by Southwestern College. Arts projects, games, and "gifts for Pachamama" (Earth Mother) keep the kids engaged in ways that would otherwise be impossible due to the complete lack of supplies available to them. Becky and Cindy's groups are very popular!

In addition, Craig, Becky and Cindy have all made a point to reach out to the village grandmothers, bringing them soup, providing companionship, and helping them with tasks such as gardening. On this high Andean plateau (13,000 feet) the traditional work (growing potatoes, raising sheep) has dwindled due to severe drought, so the men all seek work elsewhere, carrying packs and handling horses for international trekkers. The mothers and grandmothers take care of the children, animals, homes and gardens. Much of the traditional Quechua culture, language, weaving, and ceremonies have also waned as people in Maras attempt to make a living in the larger urban centers such as Cusco. One of Craig's popular projects in Maras was to engage the children as actors in a play written in the Quechua language and depicting Quechua customs. The children made costumes, learned the lines (even though older children speak mostly Spanish) and played the parts of Pachamama, llamas and alpacas, Apus (mountain deities) and Santatierras (fairies and elves). The village women loved it, and the children had a great



Cynthia Livingston

by Carol Parker Peru

time. This play taught Craig much about the communal ways of the villagers; the children had not been asked to speak or sing individually before. It is not customary for Quechua kids to "stand out", so Craig learned to have several kids at a time speak or sing a song. Finally, perhaps one of them would get brave enough to speak or sing alone.

Due to the lack of supplies, the teachers have always encouraged the kids to make things out of recycled materials, so Becky, Cindy and the children gathered discarded plastic bottles, bags, cans and other refuse and turned it into art constructions, woven baskets, bracelets, and toys. Many of the children show real talent, and have been able to take advantage of an art class on Saturdays taught by a volunteer art teacher from Cusco. A few of the children will probably be able to make art and sell it in the tourist market in Cusco. Few of the children can afford to go to school beyond 6th grade, so "skill building" is an important goal the mothers have for their children. To this end, our interns assist kids who have learning problems, and have also started classes in basic English.

Our interns quickly become known and loved in this small village. "Professor Craig" and "Professors Becky and Cindy" are greeted with smiles wherever they go. They give much to these children; and what they gain, and take home to their communities in the U.S. goes well beyond becoming fluent in Spanish!

2012 Transformation and Healing Conference

The 2012 Transformation & Healing Conference theme was "Through the Looking Glass: Perspectives on Systems, Trauma and Resilience." The keynote speaker was Dr. Richard Schwartz, founder of the Center for Self Leadership and creator of "Internal Family Systems." He spoke on "The Treatment of Trauma and The Internal Family Systems Model".

The final Sunday lecture was offered by Lee Cartwright, a graduate of Southwestern College and a perennial favorite among conference attendees. His topic was "Healing Trauma Across Universes: An Esoteric Approach to Trauma Therapy."



Katherine Ninos, Richard Schwartz and Jim Nolan



Dana Moore and Richard Schwartz



Lee Cartwright



Keynote speaker: Judy Weiser, R.Psych., A.T.R., Founder/Director of the PhotoTherapy Centre

Judy Weiser is a psychologist, art therapist, consultant, trainer, college instructor, author, and early pioneer of "PhotoTherapy techniques". Director of the PhotoTherapy Centre in Vancouver Canada (which she founded in 1982), author of the classic text in the field, *PhotoTherapy Techniques: Exploring the Secrets of Personal Snapshots and Family Albums*, Judy has long been considered the "world authority" on PhotoTherapy and Therapeutic Photography and has given several hundred workshops, lectures, and training intensives about these techniques worldwide during the past 30 years.



Judy Weiser

Save the Date

August 21-25, 2013

Transformation and Healing Conference

"Creative Approaches to the Healing Arts"

Saturday, August 24 — 9 to 5:30

Using Photos to Improve Well-being and Reduce Social Exclusion: A Picture is Worth Far More than a Thousand Words!

Experience for yourself how much more is "living inside" photographs than you might think! Learn how photos create meaning, connect you with feelings, hold secrets, trigger memories, and tell their own stories whether used as tools for therapy or counseling — or as activities to increase well-being and reduce social exclusion in personal individual or family self-exploration or in community-based social action projects.

This day will be about the "heart" part of photos, rather than their "art" part —and using photographs as active agents of exploration and change... (no prior photographic experience needed!)

Sunday August 25 — 1 to 4

Using Photos to Help People with Addictions: 3-hour Illustrated Presentation, plus Discussion

Psychologist and art therapist, Judy Weiser, Founder/Director of the PhotoTherapy Centre, will discuss how she has used PhotoTherapy techniques during her more than two decades of helping street-involved youth and adults with drug and other addictions to explore their lives, clarify needs and goals, find a sense of hope, meaning and purpose, and support their own attempts to make desired changes.

Her presentation (illustrated with "real-people" examples), will demonstrate how people's personal snapshots, family photos, and pictures taken by others (and the feelings, thoughts, and memories these evoke) can serve as safe and "user-friendly" catalysts for emotional communication — whether during therapy and counseling, or in related therapeutic activities — to improve addicts' wellbeing and reduce their social exclusion during their journey through harm-reduction to healing.

As you can see, the upcoming classes in each of the certificate programs offered through SWC are rich and diverse. They are clinically relevant and personally transformative. We believe that each of these programs is very distinctive in what it has to offer counselors, social workers, health care practitioners and those of you who participate for your own healing and education. Below is a sample of the amazing classes that will be offered this winter.

Please see our web site for the full winter schedule at www.swc.edu.



Advanced Clinical Infant Mental Health CERTIFICATE PROGRAM

SWC, Optum Health and CYFD have collaborated in offering an Advanced Clinical Infant Mental Health Program. This program will run one weekend each month, January-April on the SWC campus. Those registered for all 4 weekends **through SWC** will be eligible for SWC's 80 hour certificate in Infant Mental Health (IMH). Those 80 hours can then also be used toward SWC's 200 hour Children's Mental Health (CMH) Certificate. Deborah Schroder is the director of SWC's 80 hour IMH Certificate as well as SWC's 200 hour CMH Certificate program. The IMH program will be taught by Deborah Harris and Jane Clarke.

The titles of the 4 classes are:

Overview of Infant Neurobiology and the Impact of Trauma on the Developing Brain through a Neuro-Sequential Lens

Attachment and Development: Reflective Practice and Reflective Consultation

Parent-Child Interaction Observation and Assessment

Parental Reflective Functioning, Treatment Planning and Developmentally-Informed Interventions

See SWC's website or quarterly schedule for class descriptions



Deborah Harris, M.S.W., LISW, IMH-E(IV), and Jane Clarke, Ph.D., IMH-E®(IV), are the director and co-director of the Santa Fe County Infant Mental Health Team, a collaborative demonstration program addressing the needs of babies and young children in protective custody. They have extensive clinical and teaching experience that focuses on infants, toddlers and preschool age children who have been exposed to trauma, display regulatory differences and who are experiencing multiple risk factors that require specialized mental health treatment protocols.



Their combined expertise provides a comprehensive approach to assessment, intervention and treatment of the most vulnerable babies and their caregivers. Harris and Clark bring their combined expertise in infant mental health intervention, treatment, reflective practice and consultation as well as in developmental differences, assessment and trauma-informed practice.

Some of the upcoming certificate program offerings include:

GRIEF, LOSS AND TRAUMA

Self Compassion And Personal Growth For Professionals Working With Death And Bereavement GCH 504-2



facilitated by Janet Schreiber, Ph.D.

**Friday, March 15, 5-9pm;
Saturday & Sunday,
March 16 & 17, 9:30am-5:30pm**

**\$429/20 CECs or \$900/2 quarter units
(20 contact hours toward the GLT Certificate)**

This class focuses on stress management skills and personal well-being. Participants experience techniques to create a personal vision for their work. Creating supportive and productive relationships in work environments is discussed.

TRANSFORMATIONAL ECOPSYCHOLOGY



Vision Quest TE 550A
Death Valley, CA

facilitated by Carol Parker, Ph.D., LPCC

March 20-28, 2013

**\$900/20 CECs or 2 quarter units
(60 contact hours toward the TEco Certificate)**

The ceremony of Vision Quest has long been practiced in indigenous cultures to assist with major life transitions. Death Valley is a particularly powerful place for this intense ceremony of transformation and healing. Participants will spend four days alone on the land without food and with a minimum of material comforts, guided by experienced facilitators. Preparation includes teachings about the Medicine Wheel as a map for healing, as well as safety, logistics and intention-setting.

INTERPERSONAL NEUROBIOLOGY, SOMATICS AND ACTION METHODS



**Save The Date: April 5-7
Bonnie Badenoch and Kate Cook**

**Secondary Trauma,
Secondary Healing - The
Art of Co-Suffering Well**

Introduction to Judy Weiser's PhotoTherapy Techniques 3-Day Introductory Workshop

Friday, March 8th, 2013, 12:30pm – 9pm

Saturday and Sunday, March 9th and 10th, 9am - 6pm

\$525.00/ 25 CECs or \$900/2 quarter units



PhotoTherapy Techniques use clients' own personal snapshots, family albums, and pictures taken by others (and the feelings, memories, and thoughts, these evoke) to deepen and enhance therapeutic communication in ways not possible using words (or inner self-reflection) alone. Since the emo-

tional contents of any photograph are far more important than its visual details, clients' snapshots and family photos can be powerful yet safe nonverbal "bridges" that quickly connect them with memories, feelings, values, and information far below conscious awareness -- along with deeply-held beliefs, assumptions, expectations, and judgments that these produce.

This 3-day Introductory Educational Workshop is a great opportunity for mental health professionals and graduate students in Counseling or Art Therapy to learn new practice techniques and skills that will help clients benefit from exploring the "why" of the photographs they take, appear in, and keep (or not!).

Slide- and video-illustrated presentations about PhotoTherapy theory and applications (about the "what", "why", and "how" of the five major techniques) -- including case illustrations, demonstration role-plays, viewing of tapes of "live" sessions (if time permits), and interactive discussions -- will be followed by many opportunities to encounter most of the techniques personally* during supervised/ guided experiential-practice sessions.

***IMPORTANT:** Participation in practice exercises and personal sharing is voluntary -- This event is for the purpose of education, not personal therapy.



NOTE: Participants will need to bring copies of photos; instructions will be sent upon receipt of payment. Prior experience with cameras or photographic art is not required! However, some pre-reading will be required (so that time is not taken by hearing things you could have just as easily already read in advance!)

CERTIFICATE PROGRAM

PhotoTherapy Techniques: 6-Day Intensive Training in Judy Weiser's PhotoTherapy Techniques

December 8-13, 2013, 9am - 6pm

\$1275/40 CECs



Limited enrollment, early registration advised

Instructor: Judy Weiser, R.Psych., A.T.R. -- Founder & Director of the PhotoTherapy Centre (Vancouver, Canada). Author of the book "PhotoTherapy Techniques: Exploring the Secrets of Personal Snapshots and Family Albums." Learn through slide-illustrated presentations, instructor-guided role plays and numerous experiential practice sessions, how incorporating clients' own personal and family photographs into your mental health practice can improve your ability to help them.

Learn and practice (under guided supervision) how to use photos to improve your therapy practice!

This Certificate Program is an intensive training experience, open to therapists, counselors, and other mental health professionals with postgraduate education and supervised clinical experience. SWC graduate students will also be considered. If you are a degree seeking SWC student interested in this training please begin by contacting CEP Director Katherine Ninos for an initial interview.



For more about PhotoTherapy techniques, see:
www.phototherapy-centre.com

For more about training content and admissions requirements, contact: Judy Weiser,
jweiser@phototherapy-centre.com

For information regarding academic credit, admissions, or questions about Southwestern College, contact:
Dru Phoenix, Director of Admissions at admissions@swc.edu

For registration details, contact: officemgr@swc.edu

2012 Graduation



Board Member Ann Filemyr gave the graduation address



Left to right: Webb Garrison, Katherine Ninos, Antonio Nuñez and Jim Nolan

Southwestern College Awarded 51 Masters' Degrees during the 31st annual graduation ceremony on Saturday, November 3rd, 2012 at the James A. Little Theater. Art Therapy/Counseling Program Chair Deborah Schroder and faculty member Dr. Deborah John awarded 29 Masters of Arts in Art Therapy/Counseling degrees. Masters of Arts in Counseling degrees were awarded to 20 graduates by Academic Dean Dr. Webb Garrison and Counseling Program Chair Dr. Carol Parker. 2 graduates were awarded a Masters of Arts in Counseling with a concentration in Grief, Loss and Trauma.



Graduates Patricia Spurio and Karen Wennberg



Graduate Stephanie Murphy (Center)



Deborah Schroder and graduate Ashley Simpson



Graduate Candace Briles



Graduate Jessica Ventura-Ewing



Graduate Crystal Hoffman, student Eric Castonguay and faculty member Antonio Nuñez



Graduate Devon Moore (right), with friend (left) and alumna Shannon Greenlee (center)



Board of Trustees Chair, Michael Johl and wife, Wendy Johl



Graduate Cristina Ventura-George (left)



Graduate Cynthia Alexis



Graduate Stephanie Albury and faculty member Constance Buck



Vice President Katherine Ninos with faculty member Scott Thomas who gave this year's invocation



Graduate Hailee Strassner



Graduate Renee Borsberry



Graduates Emilie Ferran, Sarah Snowden, with Katherine Luz (student) and graduate Karlene Waters



Carol Parker and graduate Amanda Vanlandingham



Alumna Kristine Nystrom and graduate Hedy Parks



Graduates Ericka Becker (center) and Janice Burnaman (right)



Graduate Hannah Fernandez (center) with friend and son.



Founder Robert Waterman



Webb Garrison, Carol Parker and graduate Craig McAdams



Graduate Eliza Buck (right) and friend



Graduate Jessica Cary



Graduate Diana Chavez and friend



Peg Helmholz and graduate Lisa Stern



Graduate Anna Mills and Deborah John



Graduates Sara Martin-McFarlane and Senona Ortiz



Graduate Gina Letizia

ALUMNI Profiles

2010

Shauna Perry, M.A., LPC

I graduated from the Art therapy and Counseling program at Southwestern College in the Fall of 2010. I am currently living in Denver, CO and working for Jewish Family Services as a school based therapist for refugee and immigrant students at two Denver Public High Schools and one Middle School. My work involves offering individual counseling to refugee and immigrant students as well as facilitating different types of counseling groups at the schools: cultural adjustment groups, discussion groups, newcomer groups, refugee leadership initiatives, specialized and art based groups. I also consult with educators working with refugees on cultural adjustment and trauma issues affecting refugee youth. I am very passionate about my work and truly honored to work with this population! I have a deep appreciation for my students and their stories. I admire their strength and resilience. I serve as a board member for the American Art Therapy Association of Colorado; my current position is secretary. I am working toward obtaining my ATR and I am interested in continuing education in trauma informed methods and multicultural counseling. I am also considering obtaining an ELA teaching certification this summer!

I enjoy life in Denver and I engage in creative endeavors, hiking, and spending time with friends. I have a beautiful and sweet blue heeler; Mabel. She keeps me very active and I absolutely adore her! I continue to make art for relaxation, community connection, and to facilitate self awareness and personal growth.



2009

David Hudson, M.A., ATR-BC, LPCC,

is employed by the U.S. Dept. of Veterans Affairs as a Readjustment Counseling Therapist. He specializes in the treatment of chronic, combat-related post-traumatic stress disorder, as well as military sexual trauma. Using a variety of modalities and interventions in long- and short-term psychotherapy, he serves veterans from the conflicts in Iraq, Afghanistan, the Persian Gulf, Vietnam, Korea and World War II, as well as active-duty military personnel. David also counsels bereaved families who have lost a loved one in combat, and spouses of veterans afflicted by post-traumatic stress disorder. He conducts outreach to underserved and homeless populations of veterans, provides briefings to professionals who interface with veterans and is involved in clinical program development within the Readjustment Counseling Services Division of the VA Medical System. David is the recipient of an Outstanding Service Award from the Army National Guard for his work with the Yellow Ribbon Program, a federal initiative serving active-duty personnel pre- and post-deployment and is presently participating in the Vet Success Program, a federal initiative bringing counseling services to veterans on college campuses. He lives with his wife in Albuquerque, NM.



2008



Jaffa V. Frank, M.A., LMHC After graduating with my M.A. in Grief, Loss, and Trauma Counseling at Southwestern College in

2008, I did hospice bereavement counseling in Albuquerque, which was cut short by serious personal health issues. Having come through surgery healthier than ever, I decided to pursue my long-time dream and in September of 2011, I began work on a Ph.D. in Mythological Studies and Depth Psychology at Pacifica Graduate Institute. I commute from Placitas to Santa Barbara monthly and am thrilled to be doing it. I am also maintaining my LMHC for the future when I hope to combine my passions for healing, nature and story. My husband and I continue to parent and be inspired by our daughters; the oldest attends University of Redlands in CA and the youngest is a junior at New Mexico School for the Arts in Santa Fe. The rich opportunity for personal growth, experientially-based learning and access to outstanding faculty that I received at SWC has been an ongoing blessing as I continue my studies.



Brian Miller, M.A., LPCC Hello dear friends and colleagues, This has been a busy few years for me since graduation in 2008. I continue to live in Albuquerque, New Mexico with my wife and our two sons, Sebastian (age 4) and Liam (age 2), who encourage us lovingly to learn more and more about loving and respectful parenting.

I have been working part time at a high school for at-risk adolescents as well as in private practice. I continue to work with clients suffering compulsive gambling, drug and alcohol addiction, and phase of life issues. I recently travelled to Silver Spring, Maryland and underwent training to treat Trichotillomania (chronic hair pulling disorder) and became a professional

member of the Trichotillomania Learning Center (www.trich.org) - the only one in New Mexico!! In addition I am very much looking forward to undertaking training in PhotoTherapy this spring at Southwestern College.

This past year I passed my national board exam and became an independently licensed counselor. I have also been working diligently to join insurance panels including Blue Cross/Blue Shield, Presbyterian Health Systems, Optum/United Behavioral Health, Medicaid, and Lovelace. More information is available on my counseling website www.koipondcounseling.com.

I am very excited that I have been selected to present about Trichotillomania at the annual Head to Toe Conference in Albuquerque in May this year. Please look for me there and come say hi!

On the personal side, I continue my fascination with photography, particularly focusing on stories of culture, meaning, and belonging. I was awarded a fellowship from "RearCurtain Magazine" (www.rearcurtain.com) to support my current project, "On the Bench" a story about nearly being good enough to play on the field of sport. My photographic journey can be followed at www.lomimonk.com.

My best wishes of love, health and connection in the new year!

2006



Lori A. Brown, M.A., ATR-BC, LPC, has worked for the St. Francis Medical Center in Monroe, LA for five and a half years. Lori is the counselor at their school-based health center in the Carroll Jr.

High with the Carroll High School next to it. She has recently been accepted into the Doctorate of Art Therapy Program at Mount Mary College in Milwaukee, WI., and will be specializing in trauma. She received the "Franciscan Award" from the

St. Francis Medical Center in April 2011. She has volunteered at The Ouachita Parish Correctional Center, doing art therapy with children displaced by Katrina and at the Louisiana Methodist Children's Home in Ruston, LA. Lori has four children and 3 grandsons. She has received her ATR-BC and a LPC license in Louisiana. She was the vice president for the Northeast Louisiana Suicide Prevention Coalition in Monroe, LA.

2005



Don Sherry, M.A., is the grief and loss support group counselor for Presbyterian Hospice in Albuquerque. He became co-owner of The Guild Cinema movie theater in Albuquerque this past July.

In his spare time, he is laboring away on a series of short stories and essays entitled "Dallas Cowboy Cheerleaders Rock Mogadishu." Soon, he hopes, after its publication, to be a movie in a theater near you

2003



Jeff Stahl, M.A., LPCC

I recently started my own private practice in May of this year after belonging to a group practice for many years.

www.jeffstahlcounseling.com

2000



Melissa Pickett M.A., LPCC I followed the breadcrumbs of inner nudgings to the SWC double doors in 1996, graduating a transformed self in 2000. Since graduating, I built a successful spiritual counseling, teaching and energy therapy practice in Santa Fe. I raised two very incredible boys who have now graduated college and are well on their way into their own life journeys. As of a few months ago, I became the proud mother-in-law of a beautiful young woman who has begun her own journey at SWC.

I really couldn't have imagined that 20 years ago, in 1992, when I answered the phone to the spiritual wake-up call, my life would be as amazing and wonderful as it is now. It is quite scary to answer a call that doesn't reveal its plan, but it has been more than worth taking that risk. I now find myself wiser, more intimately connected with me, and living a wonderful, rich life beyond my wildest imagination.

I am grateful for the grounded foundation, introduction into the mystery and transformational experiences that the college provided. SWC sits squarely in the center of what hindsight reveals has been an incredible 20-year spiritual-growth process. I suppose all of life is that. I was very happy to give back to the college, serving as board chair from 2006-2009.

In October, 2012, I retired my counseling practice and am off to new adventures, promoting my new workbook, "Matrix Magic Playbook: New Vibes for a New You Living on a New Earth" and traveling the roads of fun and play with my beloved soul mate and husband, yellow lab, and cantankerous cat. You can check out the Playbook website at www.matrix-magicplaybook.com and follow me on my blog at matrixmagicplaybook.blogspot.com.

1997



Matthew David, M.A., LPCC I live with my wife Nancy in our very modest hand made straw bale home south of Madrid and off grid, where we have been for the past 21 1/2 years. Our daughter Terra, now 26, has been living and studying toward her Masters in Curriculum Studies/Bi-Lingual Education in Tel Aviv for the past year and a half. She has become an Israeli citizen, and is in the process of formally converting to

Judaism. She is following her spiritual path with depth and vitality. Our son Aaron, now 30, will shortly be making his third trip to West Africa, Senegal and perhaps Mali, to continue his studies and performance of drumming, and to assist in coordinating a program of study for some Japanese students of one of his teachers. Recently he was invited and went to Japan, to teach. He has been working on the new San Francisco Bay Bridge as a union ironworker. He wanted to show me pictures of himself some several hundreds of feet above the Bay, but I declined. Yikes! Nancy is in her 14th year at Capshaw Middle School as a counselor/educator/group leader, and has 1½ years more until she retires to pursue her more passionate interest of healing work combining psychotherapy and flower essence consulting. She is in the process of becoming certified by the Flower Essence Society of Northern California.

In Memory



Jennifer (Jenn) Marie Camp, 27, passed away on June 4, 2012. She graduated from Cheyenne Mountain High School in Colorado in 2003 and went on to graduate from Colorado College with a BA in Studio Art in

2007. She received a masters in Counseling/ Art Therapy from Southwestern College, Santa Fe, in 2012. She started a small private practice in Santa Fe shortly after graduating. She had many hopes and dreams for her future including expanding her practice. Jenn was a talented, warm, loving, gentle and giving person. She had been active in the 4-H program and enjoyed being with family and friends, gardening, cooking, traveling, the outdoors, reading, quilting and knitting. She will be greatly missed by everyone who knew her including her family, the families she worked for, her colleagues, her professors and her many friends from schools and activities.

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