

221 “Cactus Cuties”- Group 2

(Lauren Wilkins, Sam Haid, Anndrya Rivera, Kennedy Hull, Jamie Tanner)

Capstone 2021 Mural Description

Winter 2021

- Growth, path, surreal, dreaming, sacred
- “We loved creating this mural, we love how it turned out and we love each other”
- We first thought of ideas that represented Santa Fe and we also created a pinterest board.
- We all made quick drafts of what we were imagining
- Dre made a final draft
- Dre and Sam created the sky and mountains first
- Lauren did the southwest cactus and desert landscape
- Dre and Kennedy did the divine feminine goddess
- Jamie mailed down some stars, a moon and some butterflies to glue onto the mural

Our group created a mural, titled *Sacred Dream Path towards Surreal Growth*, that we feel encompasses our experiences both at Southwestern College and in Santa Fe over the past few years. As we were planning our mural, we reflected on our love for the land of northern New Mexico as a place of intense beauty and where we have all done a great deal of inner-work and healing. We hope that as future students return to campus, they may see our mural and gain an idea of what to expect regarding the spiritual and emotional growth they may experience over the course of their studies.

There are a variety of symbols (the divine feminine, her rooted hands, her plant head, the desert landscape, the mountains, sacred geometry, the all-seeing flower, the ladder, the stars and butterflies) included in the mural that are representative of this journey. Our process of inclusion for these symbols involved an open discussion that allowed us to express ourselves as individuals while cultivating a creative connection with one another. The divine feminine figure is representative of the empowering energy of mother earth and the resilient lifegiver. Her nurturing love permeates through us and around us creating a protective landscape for exploration and growth. Her roots and plant head represent both the growth and the grounded

state that we have aimed to achieve throughout this emotional process of studying art therapy/counseling. The all-seeing flower is representative of the third eye/intuition as a powerful tool when working with clients and in general. These symbols and more have helped to conglomerate together all that we have learned, gained, and still intend to achieve throughout the process of being art therapists.